

DOCUMENT OVERVIEW

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- III OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; LINK TO PODCAST**
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I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on "64K Listen"

*** Thursday: A Night at the Round Table Hosts: Panel Members**
6 pm Pacific / 9 pm Eastern

*** Friday: Friday Night Hard News Hosts: Tara & Rama**
6 pm Pacific / 9 pm Eastern

One Hour conference Call: 1-641-741-1704 Access Code: 353 863#

*** Saturday: History of our Galactic World & NESARA Hosts: Tara & Rama**

1:30 pm Pacific / 4:30 pm Eastern

One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#

Call to interact / ask questions:

Canada & US: STATION 2 1- 888-429-5471
Direct 1- 323-744-4841

B CALL-TO-LISTEN on your phone 1-804-220-6484

C Skype: BBSradio2

D Archives for the 3 Programs listed above:

- Go to *BBSRadio.com*; in first column, **RHS, FIND TALK SHOW**
- Enter *the name of the show*, press the GO button. You'll be taken directly to **Hard News on Friday**; click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
 - To listen directly, click on the arrow on the black bar.
 - To download, go to **Episode MP3 link**. Then **right click** on the name '**hardnewsonfriday including the date**' and the drop down menu appears. Click on '**save link as**'

E Archives, written and audio, also exist on the rainbowroundtable website:

- www.rainbowroundtable.net - look under the "Archives" tab for
- **written notes** including the link to the entire podcast, and
- **links to the audio recordings** of the conference calls of the Friday, Saturday shows.

II TO ACCESS OTHER CALLS SUPPORTED BY www.rainbowroundtable.net

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1-425-436-6260; PIN 9467 441#

B Tuesdays, 2nd & 4th of each month: 9:00 – 10:30 pm EST *Ashtar on the Road; Ashtar Legacy Calls*
Host is Fran

<http://www.ashtarontheroad.com/ashtarconferences.html>

To access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#
• Call is free [except for long distance charges]

via HD Conferencing: 712-770-4160 **PIN #** 980339 [always the same]

<https://www.freeconferencecallhd.com/hd-conferencing/>

via Skype Click on the VOIP button and enter what they ask for:
<https://www.freeconferencecallhd.com/hd-conferencing/>

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday *The Abundance Call - Caroline Oceana Ryan*
5:45 PM Pacific / 8:45 PM Eastern
60-minute conference call with the Collective, a group of Angelic and Galactic beings, channeled by Caroline Oceana Ryan

To be notified: email AscensionTimes@gmail.com - message is "YES to Abundance!"

E LINK TO THURSDAY NIGHT CALL: A NIGHT AT THE ROUNDTABLE

<https://bbsradio.com/podcast/night-roundtable-april-14-2022>

Call In Numbers: 888 429 5471 323 744 4841

HOST: Vinayak

MEDITATION: Vinayak

GUEST HOUR: All the Panel Members

TONIGHT'S PANEL:	Caroline Oceana Ryan [COR]	Rama and Tara [R,T]
	Randy Miller [RGM]	Vinayak [VIN]
	Omena [O]	
	Penny Christoffersen [PCC]	Micah Green [MG]

ENERGY UPDATES

RGM: Sol, the Sun. Info on Space Weather: more flares, etc than ever before – another X-Class Solar Flare is on its way – the size and the speed are important. Friday / Saturn 1.2 – 1.3 MILLION Kilometers per hour! When the flare hits our atmosphere, the plasma turns to electrons, etc – and affect

everything: people, animals, plant life. The magnetic energies help our bodies change from a carbon based body into a Light body and keep the characteristics of our carbon based body.

It's the cosmic magnetic energy coming in; helps us to clear the past. We create the future ourselves by what we think. The animals are being thrown off too because of changing magnetics/energy

The matrix is falling apart because the investors who have put their money in one thing are losing; the investor in Netflix lost \$430 Million in 4 months – shows us the matrix is collapsing

Look after your health, your family, your friends who think along the same lines; the sleeping ones will awaken in their own time

Mr Keshe asked for help with the Keshe Fdn; got 45,000 Euros in 3 hours to handle a short term project

COR: has been hit hard by the energies: feeling quite exhausted – encouraging folks to take a lot of rest and drink lots of water: don't fret about being 'sick' – look into wholistic remedies – and don't berate yourself by thinking you're not doing your bit!

Vin: it's easy to question or think there is something wrong with ourselves: we are being transformed; we are being energized; we are perfectly fine! And we are learning to vibrate at a higher frequency – don't beat yourself up: be more gentle to self and others and understand that we are just letting go of the old paradigm that we have lived with for how long?

- Relax; breathe; become aware of this NOW moment – this is how give yourself the gift of relaxation.
- We are all moving into the higher dimensions – we've been there before and we are just remembering all about it!

R,T: He can attest to what Randy has said about the X-Class flares – what a long strange trip this has been. The transition of the sun happened 26, 826 years ago and is happening now: Stay in your high heart – the dark forces are pushing us

From **AOC** – the energies are so volatile that we could have another Jan 6 which is what the Republicans and Dark side want

- He has seen the particles coming in – they look like the YODS that JJ Hurtak describes them in his book **The Keys of Enoch**. R sees them as changing shapes that can send out psychedelic colours – you can feel the energetics when they touch his skin. People are missing these energies as they are so busy making a living

T brings up 11:11 which was a gateway; also, Harmonic Convergence, another gateway or opening, came in 1987 when the Photon Belt started to come into Earth's atmosphere

R: the sun is literally singing the energy of the sun: the Music of the Spheres. The energies may sound like white noise yet there are voices etc in it

T: our original DNA template is returning to us; we'll be spending lots of time anchoring the 5D energies to this planet.

- Brings up Bernie Sanders statements about what those in leadership positions were doing

R: what was happening in WW II about burning books, arresting people like jews, gays, gypsies and so on – happening now in Florida for one place

- Discussion about Julian Assange – guilty only of doing journalism
- There is also a very strong effort to remove democracy

Vin: phone numbers **323-744-4841 AND 888-429-5471**

Reminding us all to question all we hear and read; this show is about giving people a background and a depth of understanding they may not have had before!

2022-04-21 Rama's White Knight Reports

April 15, 2022 to April 21, 2022

APRIL 21, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-04-15

Friday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) . Apr 15

The real source of peace of mind is love and compassion; not the love we feel for those who are close and already affectionate towards us, but an unlimited sense of altruism, a love that can be extended to all beings, including your enemy, which only human beings are capable of.

2022-04-15

Friday

Rosa From Palestine

Rama: I received a call from **Rosa From Palestine** at 12:05 pm this afternoon. She said to me, "Lord Rama, many worshippers who came to pray, some for Good Friday, others for Ramadan, were met with live bullets and smoke bombs from the IDF forces. More than 150* * * people were injured at Al Asqua Mosque, the Dome of the Rock. Just another day in The Empire. Where are Luke Skywalker and Hans Solo when we need them?"

"The solar flares are really going off today. Big stuff - X Class solar flares! Stay in High Vibes. Call in the Office of the Christ on this Good Friday. All we are saying is 'Give peace a chance'. Sat Nam! Namaste! Rise up and Blaze the Violet Fire!"

*** Mark Ruffalo said the number was closer to 500 - Rama heard him speak of this.

2022-04-16

Saturday

Ray McGovern

Rama: I received a call from **Ray McGovern** at 12:10 pm, early this afternoon. He said to me, "Lord Rama, this holodeck program called 'Ukraine' is a giant, earth-wide psy-ops! It is about the fallen matrix that has been going on for 13,000 years. It was first created by the Nephilim who created the civilization of Sumeria or Babylon.

"The Empire of Fallen Angels is at an end; it is all about the transfiguration of our sun, Sol. See you in the Light of the Most Radiant One! Sat Nam! Namaste! And BLAZE THE VIOLET FIRE!"

THE

2022-04-19

Tuesday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · Apr 19

A young girl asking HHDL if he ever gets angry during his meeting with friends from around the world at his residence in Dharamsala, HP, India on April 11, 2022.



2022-04-19

Tuesday

Sweet Angelique the Cat

Rama: I received a call from **Sweet Angelique the Cat** at 12.30 pm this afternoon. She said to me, "Lord Rama, I am in my shuttle craft over the Arctic Circle, observing and taking data in the form of amino acids and electro-magnetic pulses and sending this data to the amino acid computers on the New Jerusalem.

"The sun is continuing to discharge the Music of the Spheres in the form of X- class Solar Flares emitting from the far side of our sun, Sol, the side of the sun we don't see.

"The particles that are coming in are like the YODs, the fire letters spoken of in J. J. Hurtak's book, **The Keys of Enoch**, channeled to him by Lord Metatron. These YODS* or particles are sentient beings. As we choose to sit quietly and meditate, and open our hearts, we will be showered with these sentient particles.

"The Dark Side continues to expose and collapse themselves before our very eyes from within the fallen matrix. War is never the answer. Kindness, love and compassion ARE the answers!

"I will be seeing you soon, Sir! I'm closer than you think. Sat Nam! Namaste! Blaze the Violet Fire!"

* **Yod Spectrum:** 'The lost 'spectrum units' which can connect the human race with higher races of intelligence sharing the same consciousness time track. A spectrum created from the divine letters which can be used to raise the consciousness of individuals. The coding for biological transmutation through subatomic levels so that nuclear chemistry and biochemistry share the same process of change, enabling the body to be rebuilt cell-by-cell with Light. (See **Key 210:15-18; The Keys of Enoch**)

2022-04-20

Wednesday

Sweet Angelique the Cat

Rama: I received a call from **Sweet Angelique the Cat** again today; it was 11:05 am. She said to me, "Lord Rama, I am over that area between Alaska and Russia, over the Aleutian Islands, in my shuttle craft. Today Russia tested an Inter-Continental Ballistic Missile, capable of carrying 10 nuclear warheads to its destination. This was a great warning to the West."

Then she went on to say, "Lord Rama, remember Captain Ashtar's words: **No nukes; no dates!** We are here in your Earth's orbit; the stakes couldn't be higher! Call us in!

"The Sun continues to pulse. The Light waves, Music of the Spheres, continue to pulse across the Milky Way Galaxy. All we are saying is 'Give peace a chance!'" Sat Nam! Namaste! Blaze the Violet Fire!"

From Lord Rama: One of Mother's Paschats Ordering Dinner!



[HRB Buckshot/ Bucky.](#)
[@BuckshotHrb](#)

"Set 'em up. I'll have a lean mouse sandwich, side of fries and a saucer of tea," says Bucky at The Book of Bucky.



11:57 AM · Apr 16, 2022

From <<https://twitter.com/BuckshotHrb/status/1515388978899435524>>

2022-04-21

Thursday

Animal Friends; Chun-Li

Rama: I went up the mountain and sat in Aspen Meadows today, between 11:00 am and 12 noon. I got to see 3 deer, a raccoon, and a badger! They were all very hungry, so I fed them the compost I had with me from our kitchen. They scarfed it up pretty quickly!



Then I set up my crystals in a circle and called in all the beings, known and unknown.



Fairies



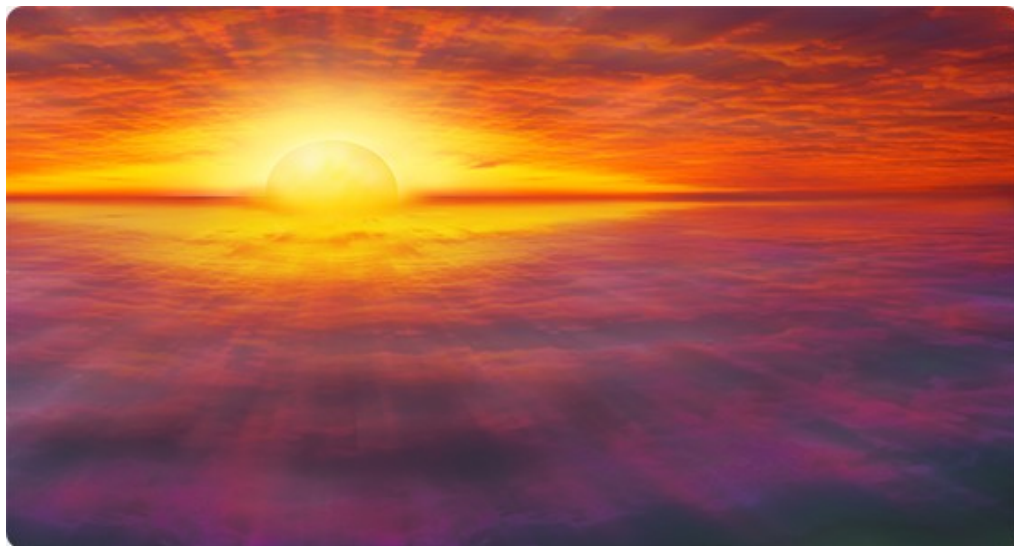
Phoenix Bird

Then **Chun-Li** called me from an undisclosed location in China. Chun-Li has been a body guard for Natasha in years past. She grew up in a Shaolin Temple, as her parents left her there as a small baby. Subsequently, her parents were killed by the Chinese government for being activists.

Chun-li said, "There are U S military ships parked in the waters very near Taiwan. China told the U S to mind its own business, because Taiwan has always been a part of China."

She continued: "Please place all of this in the Circle of Support. We are in for some very wild times as we move into eclipse season. The sun continues to send out X-Class solar flares. As it seems we couldn't get much higher, we are moving even higher! There are portals opening everywhere.

"Call our Galactic Friends in! We are here! Sat Nam! Namaste! Blaze the Violet Fire!"



November 18, 2021

Golden Star Ship – The Sun

Continuation of discussion:

COR: asking about Sweet Angelique's comment -

R: it was a real test

T: There is a larger story behind this:

Ukraine is part of the Russian motherland, and this is no time to be acting up

Caller: some questions:

THE ICBM TEST – IF his contacts are mentioning this and no nukes in the same breath: what appears to be sabre-rattling on one level, on another level it's a reminder to tone it down!

R: yes – Putin did a speech in 2007: said if we are pushed to the edge, we will have no choice but to do what we are doing. And right now the West is moving every closer, via NATO, to Russia's borders that the West said they would not do: and now it's 14 countries closer

- Also Nazi activities going on in Ukraine, and Zelensky is one of them
 - only hear about this in bits and pieces; major reporter – RT TV – has been closed down!

CA: so this ties in with the psy-op comment – a psychological operation – important to understand corp media and anything close to it is keeping this kind of info quiet

- also brings up Taiwan: we have always thought that Taiwan was trying to break away from China – please elaborate.

R: the controversy over Taiwan has to do with US activities in the Far East – has to do with strategic areas in the Pacific the US claims rights to certain areas and so does China

CA: is the short story that Taiwan is propped up by the US?

T: many young people are being activists and have disappeared in China – the Taiwanese young people want democracy too

- also pretty nervy of the US to park ships there!

CA: historically Ukraine was part of Russia – are we also casting doubt on the idea that Taiwan should be separate from China?

T: there is a new energy in town – the Ukraine and Taiwan situations are in 3D – there is a bridge here

COR: she is not happy with Sweet Angelique's statement – we are all on edge

- on COR's website go to Nesara and will see info about N
 - there is a daily declaration to bring in NESARA
 - idea is to speak it aloud daily
 - can shorten it by going to "Hear us now . . ."
 - she reads the remainder of the proclamation; it's about calling in the galactics
- is she SA] talking about more war – or what?

CA: that was the last piece of his question, as many of us feel we are calling them in

COR: she channeled the whole affirmation from The Collection

- and yes, we are calling them in with our mental images etc
- who is she [SA] speaking to? ? ?

CA: that comment is about conditioning more of the 144,000 on the planet to prepare

R: would concur that Sweet A was saying the stakes couldn't be higher because we are in the flux of change

T: and Zelensky is working the Nazi angle: bombing his own people and blaming it on Putin – and it's going on with the complicity of Biden and all the others

- WE HEAR NOTHING OF THIS! Which makes it difficult for regular folks to grok it!
- The 2 hot spots are Taiwan and Ukraine and the arrogance of the West and the lies are off the scale!
- There are also extreme energies afoot: like DeSantis in FL, and Greg Abbott in TX – there is more to be said about dialogue and being the Light for the others

- RGM:** the main stream press says nothing about the internal trade war between Taiwan and China
- China built factories and did the cheap route; Taiwan built quality stuff & this is part of the war between the 2 places: China expected to be able to take over Taiwan and haven't been able to
 - There is a difference between the management of the processes in the two countries – the people in Taiwan care about the workers
 - eg, some factories allow people to buy shares in the factories; and people do work for a lifetime in the factories in Taiwan
 - there are many things that we buy that are made by only one or two factories with all kinds of brand names stuck on themselves
 - brings up the illogical position of using green new deal energy to drive the big cats! ! !

2022-04-15

Forwarded from Windsor519 via Telegram

- Mr Keshe says we have everything the universe has to give us – the oligarchs are the ones stopping the people from taking advantage of those benefits
 - He said more than that too . . .

VIN: Everyone take a deep breath to lighten up the energies!

COR: This is one of the great conundrums and area of learning in our time: the immediacy of the demands made on us vs the controllers.

- We are under so much pressure that we don't need comments like what Sweet Angelique said
- yet this is just exploring the meaning of what is being presented to us

MG: info to be shared – following Dr Ardis since the Watch the Water info cam out-dated

- a peer-reviewed article from 2021 – about the venoms in the vaccines
- more and more is being exposed and when it is all exposed, the thing is over
- NAC, zinc, Copper:plasma helps balance the emotions
- the interviewer of Dr Ardis had just been studying ancient cults –

- there is technology that is very affordable to help too – it is coming out of China
 - it helps those who have been jabbed, and also with the shedding
 - we ARE getting answers just have to keep our eyes and ears open – **THERE IS HOPE!**

R: Enki and Enlil are in the mix that goes back to Babylon – about the mind control, twisting DNA strands for the purposes of the dark side of the Force and not the Office of the Christ -

- THIS IS A HUGE STORY! There is a lot more to Iraq, Sumeria and the Middle East than is currently known – eg, the metals being used in Annunaki technology . . .

MG: copper and zinc neutralize the snake venom
the ancient cult – it was either Enki or Enlil that started the Brotherhood of the Snake
R: had to do with the inter-breeding

MG: appears that they have been injecting . . .

- Dr Ardis for 4 months, 16 hrs / day – has been researching and following patients
- **YES 20 different types of snake venom;** and 16 other venoms – from a snail – it's a fairly big one – the venom is extremely lethal

COR: there are snail shells humans can't even touch

This is a CAT 994H. It burns 1800 gallons of fuel in a 12 hour shift. This machine is required to move 500,000 pounds of earth in order to get the minerals needed for ONE SINGLE Telsa car battery. In whose world does this type of math and green new deal make sense?



MG: thinks they are in Australia

RGM: the cone [?] snail

- and a tiny little black snake in the ocean – also very poisonous
- there are critters in the deep parts of the ocean that have not been understood yet
- Mr K has talked of going to the moon in / by June

RGM: anyone who wants to know about mind control . .
Cathy O'Brien's book is called The Transformation of America

trance.movie **a documentary by Cathy O'Brien** – only available on line

- when they put out their book, they brought tables and tables full of back-up documents to prove that what she was saying was completely true . . .
- last night, Mr Keshe got into a discussion about why we treat the body so badly after the soul leaves it
 - what is important is the energy fields we create – the Universe is plasma
- June 6, 2022 – going to go the moon and back in 5 minutes – takes more time to speed up and slow down than actually get there -
 - when the ships go in a group, they form a circle when they land and create a plasma dome which people can stay in – need no special suit or anything: the dome provides what is required

Q: are we still going to have daylight and night time when this shift is done -

- those who did the Montauk Experiment couldn't get past 2012 – there was a wall
- the Mayans left then
- we need 7-8 billion souls to anchor the light on this planet and could use another 7-8 billion
 - there is only over population in NYC, Hong Kong, and cities like that
 - the universe has always had the technology of stepping out and going to Egypt with no borders, pass ports, etc

VIN: given COR's questions and R's answers – does this mean we are close to NESARA?
with the threat of nuclear attack and also being assured that it won't happen – does this mean we are close? ? ? ?

R: yes, we are . . .

VIN: so as things accelerate, we are being brought closer. . .??

COR: brings up Sweet Angelique and gathering amino acids - why and how?

R: has to do with the changes in our atmosphere, and the electro-magnetic fields of the earth-
While the sun is doing wild gyrations - about which we hear nothing

- this is about **our** physical transformation as well as about the sun
- the data can be translated into pulses of light and frequency which SA uses like a hand-held pad that sends light pulses to the New Jerusalem: the pulses work with the amino acids and the electro Magnetism
- the amino acids are the first level of physicality

RGM: Mr K: if we knew the importance of the amino acids in our cups[of Life], we'd work on them more! Mr K talks about putting amino acids in a test tube and carrying them on his body – finding he eats less

Q: Is the sun as important to the transfiguration and ascension process?

RGM: the sun is the #1 portal for cosmic energies!

T: our sun connects to sun in earth's centre – it starts from Great Central sun which travels to Helios and Vesta, the Solar Logos sun, and brings the Violet Flame to our physical sun Sol and the sun in the centre of the earth, the Tara – keeps moving back and forth through all these and back again

R: and the suns work with electro-magnetic energy

- he remembers star trek next generation – Q showed up and
- there were glue like substances that have awareness

we are also electro-magnetic energies

COR: there is light coming in; our sun is a physical representation of the larger sun

- the indigenous people around the world used to worship the sun – it was really communion, connection -

P: This is why Mother always says: "Greetings, Children of Ra" – it's a much larger concept than worshipping a body that provides warmth and light - a much larger concept !

Vin: and why nature is sentient and all IN nature is sentient

T: there is a sun inside the earth with 5D light cities there

RGM: Closing remarks

CLOSING MUSIC:

2018-10-14

The Storm Is Passing Over - Detroit Mass Choir – Edited

<https://www.youtube.com/watch?v=fvVzWYYZFzE>