

**"Never doubt that a small group of thoughtful, committed, organized citizens can change the world; indeed, it's the only thing that ever has."** Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### **DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST**
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS**

#### **I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on "64K Listen"

\* **Thursday: A Night at the Round Table** Hosts: Panel Members  
6 pm Pacific / 9 pm Eastern

\* **Friday: Friday Night Hard News** Hosts: Tara & Rama  
6 pm Pacific / 9 pm Eastern

One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#

\* **Saturday: History of our Galactic World & NESARA** Hosts: Tara & Rama  
1:30 pm Pacific / 4:30 pm Eastern

One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#

Call to interact / ask questions: Canada & US: **STATION 2** 1- 888-429-5471  
Direct 1- 323-744-4841

**C Skype:** BBSradio2

#### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You'll be taken directly to the True History call: click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory **including the date**' and the drop down menu appears. Click on '**save link as**'

#### **E Archives, both written and audio, also exist on the 2013 website:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes** plus **audio recordings** of the conference calls plus the entire podcast.

#### **II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: 9 – 10:30 EST** *Cheryl Croci's Activation Calls*  
By telephone only: 1-425-436-6260; PIN 9467 441#

**B Tuesdays, 2<sup>nd</sup> & 4<sup>th</sup> of each month: *Ashtar on the Road; Ashtar Legacy Calls*  
9:00 – 10:30 pm EST Host is Fran**

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

Access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#  
• Call is free [except for long distance charges]

**via HD Conferencing:** 712-770-4160 **PIN #** 980339 [always the same]  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**via Skype** **Click on the VOIP button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call***  
By telephone only: 1-712-432-0900 PIN 666238#  
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday *The Abundance Call - Caroline Oceana Ryan***  
**5:45 PM Pacific / 8:45 PM Eastern** 60-minute conference call with the Collective,  
a group of Angelic and Galactic beings, channeled by

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message "YES to Abundance!"**

## **II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: *Cheryl Croci's Activation Calls***  
**6 pm Pacific/ 9 pm Eastern**  
By telephone only: 1 – 605-475-4120; PIN 946 7441#

**B Tuesdays *Ashtar on the Road***  
**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month  
**6 pm Pacific/9 pm Eastern**  
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330  
• Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN #** 980339 [always the same]

**via Skype** **Click on the voip button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays: *The Friends of The Aboriginal Moabite Nation Call***  
**7:00 – 9:00 EST**  
By telephone only: 1-712-432-0900 PIN 666238#  
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday *The Abundance Call***  
**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**  
with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana Ryan

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message "YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: RAINBIRD**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**Need \$300 for this week. Thanks for keeping us up-to-date!**

**All BBS archives can be accessed for free**, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

• **2013 Rainbow Roundtable has archives, too.**

• Go to BBSradio.com/Station2; find **Hard News** call listing & **Paypal** button

• BBS appreciates getting checks via the mail: no Paypal fees!

• The mailing address for those who do not like paying electronically:

**B B S RADIO** [Please put "**Attention Don**" on the envelope]  
1500 Pleasant Hill RD [Note inside that it's for T & R calls]  
Lafayette, CA 94549 [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas, and access to BBS Radio in order to compile and distribute this information to the world.

• Donations via Paypal button on the **homepage of 2013 Rainbow Roundtable**

**FOOD MONEY, BASICS:** They need **\$ for food, basics, gas + \$450 FOR BILLS + \$1,150 FOR RENT**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

**THANKS TO EVERYONE FOR THEIR GENEROSITY: \$ for BBS RADIO, FOOD & EXPENSES**

• **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)  
**EVERY \$5 HELPS ALL GRATEFULLY RECEIVED**

• Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567

• **Remember: you can book a session with Mother, as well!**

• To make donations to the **Fresh Produce Fund** for Tara & Rama -

**\*\* go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and find the link to the donation button**

**[koran9999@hotmail.com](mailto:koran9999@hotmail.com) is the link to use with Paypal**

• Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM

- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama.  
They and the sponsors are very grateful for your assistance.
- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:**            <https://www.shopfreemart.com/tarram>    a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN**.
  - all the products have much to offer, so take a look!
  - check out the headings called **READ MORE** - it's definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.            **The returns also help 2013 Rainbow Roundtable**

### **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0>            **(CHECK THIS OUT)**

### **One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_-\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

#### **KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

#### **Keshe Foundation Store**

<https://store.keshfoundation.org/store/?alias=store>

#### **Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies using the plasma technology with covid patients**

[www.plasmatimes.com](http://www.plasmatimes.com)

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/archive-description/audio/listen/255638>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) –**

Still under construction, but already in use: take a peek . . . all of Caroline Oceana Ryan's updates are posted there too

## HARD NEWS

Rama, Tara [R, T] • • •

**R:** Thanks to Cheryl, Rainbird, all . . .

**T:** Cheryl was telling us we've won, too late for the dark side to mount a successful rebuttal of any kind . . .

### Rama Speaking

- Call from **Sweet Angelique the Cat [SWC], the Poppy Lady [TPL]** today at 11 am
  - Lord Rama – these new energies coming in from the Great Central Sun, the Centre of the Milky Way Galaxy and our sun are raising all things up, including animal, vegetable, mineral – ALL is being transformed and transfigured right at this time!
  - They are saying the dark side continues to play with energies intended to prevent the sunlight from coming in to transform us. Yet chemtrails, geo-engineering attempts are not working
    - the energies are going higher and higher and we the people are working with the higher energies more rapidly than they can stop us
    - the 13 families have lost; Goddess with be talking with us any time now & that time is now
  - they said other things, but this is the nuts and bolts. See more statements below . . .
  - They are playing with chemtrails, geo-engineering and other kinds of particles to create a kind of fence around our atmosphere so we won't be affected by the higher energies – THIS IS NOT WORKING!
    - There IS NO VIRUS
    - T:** and they know we will not take their medicine which is poison – it's at a point where higher beings are stepping in who are immune to what is going on here!
    - R:** The 2 above were jokingly saying that St Nicholas is immune to the virus! And laughed . . .

**R:** He has the true story of Christmas which is about St Nick feeding magic mushrooms to the reindeer and the people who go on a journey and meet the higher beings and get the wisdom for handling the coming year

- and ST NICHOLAS IS AN ASCENDED MASTER, part of the group of those masters who make up the Wise Councils of Elders across the planet

**T:** TPL and SWC also said that, at the darker end of the spectrum, there is something very evil and convoluted about the CDC, the FDA and Homeland Security (a term which came in with 9/11 – which is Hitlerian language to scare us & make us amenable to being controlled)

- they are spreading the virus with sound frequencies plus some technologies they have which have not been shared with us; the Poppy Lady, SA the Cat cannot discuss this as it would change the time line -
  - and Ashtar has said they cannot violate the timeline as that means violating the people's free will choice: which would mean the experiment fails and then we'd have to start over again and repeat the last 450 BILLION YEARS
- It means the people have to participate to make the changes; it is up to us to change things: as long as the financing of the old timeline stays in power and continues to cause harm to the people , the old money making timeline helps nothing in terms of ascension

- The world will find out immediately - if not sooner - of all we speak about. Has less to do with the increased energies of the sun and how the solar energies are changing the structure of our bodies, the veggie kingdom and .. than it has to do with what they are chemtrailing all of humanity with, including massive radiation poisoning - chemicals that are lethal to human life - destroying of the water, the land, the air - all kinds of life as well as our bodies.
  - This demands the life change for all of us and which we have to take part in together - which is why we are gathering now IN WORLD GROUP SERVICE -
  - we are going beyond the artificial boundaries: nature does not change because of a border between countries - it is the corrupt governmental bodies create the issues for people crossing those borders
- The chemtrails have lethal toxins - the race for them [dark side] is to reduce the human population and they want to get richer [than they already are!] - Jacob Rothschild who is an undead entity for the last 500 years - with \$500 TRILLION !!!
  - The positive sun energies coming in are getting past the barriers - yet are we getting past our own barriers of lack of knowledge about spiritual ideas? And wisdom which goes along with love

**LISTEN TO THE PODCAST FOR THIS SECTION . . . 1.02 MARK** - talks about Lianara who was alive in Atlantis when much of this first started, and she remembers it!  
Solar cars; no more fossil fuels;

**R:** those hoarding their money and not using it to help everyone - there is karma attached!  
• And Karma means suffering and pain and death if you continue with the old thinking of money as the source of everything - which is what lies being the old timeline

**R:** has not met one ethical politician on this planet - yet. Bernie IS ETHICAL and there are a few more: AOC, the members of the Squad: the group the Qanon bunch refer to as evil.

- Those who wish to keep money as the equivocator need to consider as evil what they are doing.
  - All four of the Squad are female AND people of colour. The Fox News bunch and the money/old timeline bunch who see POC as lesser than white people - and white people of money as more valuable than white "trash" /useless eaters - this is Ayanism reversed.
  - Ayanism was originally an East Indian practice about purity of heart; the Nazis translated it into the idea of white skin with money: all the rest are expendable/slave labour

- The pandemic was used at the beginning - after they worked out the correct sound frequencies - and planted the virus in the bats, sold on the open markets to the Chinese people and got the virus into the people - this operation goes back to 2018 and even earlier

**R:** also has to do with how we as a civilization have interrupted nature, the flow of life of all the animals etc

**T:** it has to do with the carnivorous part of us eg, the Laplanders - very cold where they live with some milder weather for a short period (summer) - when it is time for a reindeer to be removed, there is a ceremony which involves the people going into a trance and so does the reindeer; they do ceremony before they eat it, and how they deal with the body of the reindeer - consider themselves and the animals as equal

- In the Congo – hundreds of billions of dollars of natural resources – the people are considered subservient – reads from a document about the wrong-headed attitude started by the Vatican – the **Doctrine of Discovery** by Pope Alexander VI –
  - people of colour are considered more like animals, and the doctrine gives legal coverage to pillage, destroy non-white civilizations around the world –
  - were killing 10s of 1000s of people, and today it's millions – AFTER rape, enslavement, and kill – all for profit – and Mother comes to change this: the Mother inside OF US ALL!

**THERE ARE 4 BILLION PEOPLE WHO HAVE BEEN REMOVED FROM THE PLANET IN THE LAST 15-18 MONTHS**

**R:** YES THERE ARE WHITE KNIGHTS ARE TAKING STEPS TO

**T:** we are all one: when one is harmed, all are harmed – and because we cannot see what has happened doesn't lessen the fact that others HAVE BEEN REMOVED!

- THE POSITIVE ENERGIES COMING IN ARE GETTING PAST ALL THE BARRIERS . . . the question is whether we, the people, are lowering our barriers to access those energies, as well as acquire the wisdom which is an integration process using the pillars of ascension: Love – and need to be calm;

**T:** refers to a question raised by a listener: why do we have to wear masks?

**R:** there are things going on he doesn't know about particularly – but there is a great transformation, transfiguration going on

**T:** Leonara – librarian in a special section of St John University in Santa Fe - has been **20,000 years in the one body** – he has never seen her eat anything

- Tells story of the father of her East Indian teacher who told his entire family when he would die: a date, a day, a time of day, at which point he would be finished his mission, and would be picking up another mission, and body; 30-40 years later, he did it – as we deal with the idea of that kind of thing, we have the ability to live as long as we wish – to be in control of our lives
- the only life we will be able to live here is the live where we take in those energies and maintain them – this is based in our spiritual embracing of the higher frequencies: an attitude of gratitude, not money and power
- when we are at home with those energies, in a state of peace, drinking GANS water every day; changing to a balanced approach to everything including food
  - considering our past and taking responsibility for what happened to us – this change is right here

**AUDIO: [Beyond Belief with George Noory](#) Pyramids & Hydrogen Power with J.J. and Desiree Hurtak**

S15:Ep17

39 mins

December 23, 2020

<https://www.gaia.com/video/pyramids-hydrogen-power-jjand-desiree-hurtak>

Did ancient Egyptians have light bulbs and the means to power them? J.J. and Desiree Hurtak explore the technology available on the Giza plateau to produce hydrogen that could have been used to generate electricity. Many mysteries and differing opinions pervade archeology concerning the function of monuments in ancient Egypt, but there is agreement that the mathematical sophistication and precision is unprecedented in history. New evidence comes forth suggesting the

pyramids may have been built for the production of electrical power and advancements in human consciousness.

Instructor/Host: George Noory

Featuring: J.J. and Desiree Hurtak

Rama: has been in the Kings Chamber: it IS a portal

### AUDIO: Mr Keshe – a Christmas message

Topic » [The 360th Knowledge Seekers Workshop December 24th, 2020](#)

<https://www.youtube.com/playlist?list=PLpCKWzA-bp9t9ZvKEiUhfCrSpuGDaNtRK>

Mr. Mehran Keshe delivers the Knowledge of the Universe and latest news from the Keshe Foundation, live in the Knowledge Seekers Workshop each Thursday. This is a broadcast from Keshe Foundation Spaceship Institute (KF SSI) Education, and is part of the KF Public Teachings in English

The 360th Knowledge Seekers Workshop broadcasts live Thursday, December 24th, 2020 at 9:00 am CET from public Zoom room 939-474-503 and also on Youtube and Livestream at the following links:

### ASTROLOGY

RICHARD [RI]

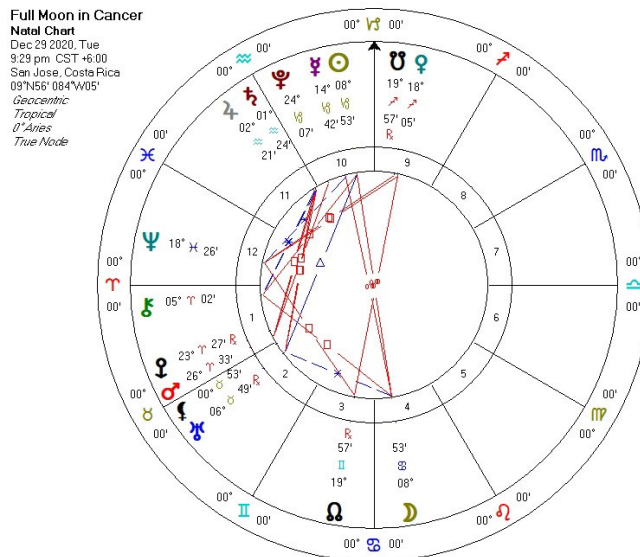
#### Has been thinking a lot about Neptune and illusion

- in about 2 weeks, planets will be clustered in a lop-sided zone

### Astrology Forecast December 23, 2020

Astrology for the Soul [https://youtu.be/CR\\_rVGDCXYI](https://youtu.be/CR_rVGDCXYI)

[Click here to download/listen to the Pele Report](#)





*In the third dimension of separation,  
My ego needs to be right.  
But Spirit keeps calling me up and out  
To a world of warmth, love and light.*

Happy Holidays!

**Wow! What a year to remember, or try to forget! As I mention in today's report, we are ending cycle upon cycle upon cycle and beginning several new ones.** That equals CHAOS! That is where we are, and that is where we are going to be, intensely for another month, and less intensely for a few more years. Our next New Moon in Capricorn and then Full Moon in Leo will pack in a load of surprises, both happy and sad. **This is a time to expand your capacity to hold a greater spectrum of emotion.** The definition of maturity is the ability to "hold." Capricorn is the sign of "maturity," so it is time for us to build those muscles!

There is so much happening that it can hardly be addressed in a "weekly" report. These are long term cycles that work deep within the interior psyche and cannot be unraveled in a matter of minutes. I was invited by Awoken TV to present a 90-minute explanation of our times, and even that wasn't enough! **Therefore, I am going forward with a [1-day workshop](#) to discuss the future cycles unfolding externally and internally.** And take some of these aspects around the wheel of your own chart, through each of the rising signs. **Check the replay of my talk "Where We Have Been, Where We Are, and Where We're Going" and the invitation to join my workshop on January 3 [HERE](#).**

**I've also posted two pdfs regarding the end of Kali Yuga, Patriarchy, and the initiation we are currently going through.** They can be found on the website's homepage under "Helpful Resources" or by clicking [HERE](#). **I see 2021 as The Year of Initiation; Gestation in Preparation for Creative Manifestation.** I will be discussing the stages of initiation and how the second involves "gestation" in the upcoming online workshop and through 2021. **[I hope you can join me!](#)**

**Overall, this difficult period of isolation, forcing contemplation is part of an initiation designed to assist each of us in shedding "skins," baggage, outworn beliefs, and our delusions/illusions.** While preparing for an awakened state of consciousness soon to appear within reach, it can be terribly uncomfortable "not knowing," like sitting in a sailboat and the wind dies down to nothing. **The powers of faith, hope, and love will be the vehicles through which we may enter spirit worlds.**

---

*In the third dimension of separation,  
My ego needs to be right.  
But Spirit keeps calling me up and out,  
To a world of warmth, love and light.*

---

### **2021: The Year of Initiation: Gestation in Preparation for Creative Manifestation.**

It's a pretty sober holiday season for so many this year, and we are all at least somewhat confined, so let's say it's a good week for everybody to stay home, chill, reflect, and connect with loved ones! **The Moon moving through Taurus to Cancer and forming a beautiful Full Moon next Tuesday can shine a light on our deepest emotional needs and fears.** Keeping

in mind that feelings are not linear or logical and don't always lend themselves to rational explanation can help us openly accept and listen to their important messages. These messages can then help us decide, plan, and innovate new ways to meet these needs and those of the ones we love.

**May you be opened to love and allow it to guide your life.**

***So Much Love,  
Kaypacha***

["Your Astrology for 2021"](#) including replay of *"Where We've Been, Where We Are, and Where We're Going"*

[21st Century Schizoid Man](#) – King Crimson

[We're off to see the Wizard of Oz](#)

**AUDIO: Cancer Full Moon – Final Lunation of the Year**

<https://taniagabrielle.com/ep-88-cancer-full-moon-love-entrancement/>

This is the third consecutive Full Moon at 8 in the loving sign of Cancer and ends 2020 on a beautiful note by creating a fortunate connection to Uranus – ruler of the Age of Aquarius. Discover the liberating and enchanting message of this final lunation of the year.



**2020-12-21 Cancer FULL MOON [Dec 29 & 30]  
Nurture Your Divine Self! Astrology Numerology Forecast**

[https://www.youtube.com/watch?v=b\\_fEv4dVKfM&feature=emb\\_title](https://www.youtube.com/watch?v=b_fEv4dVKfM&feature=emb_title)

**CONFERENCE CALL**

<https://fccdl.in/s11nTYpGmz>

**Ca/RGM:** more intel about what happened in Nashville, TN

- a sonic wave form energy before – READS THE ENTIRE MATERIAL –

**R:** the Trump – Clinton crime family trying to do something

- the symbology and technology – sound frequencies, geometrical shapes – the geographical location of the pentagon in DC is part of the sacred geometry of that area -
- Nashville – fits into it via the grid lines
- they created this to make a major distraction -

**RGM:** trying to disrupt communications between people

**T:** the higher energies coming are beyond their ability to change or stop things: WE HAVE WON!

**R:** heard today that they found some remains of a life form in the exploded RV in TN – does not know what kind of remains – human, animal, etc

**RGM:** Nashville as MK ULTRA HEADQUARTERS

**R:** the country and western tend to be xian, a bit red, vote repub

**Ca/Zoe:** thinking that Dolly Parton is not really human any more – something missing; looks odd!

**Ca/So:** Nashville – Is it an exercise? similar to the 9/11 practice in Chile in 1973 when Salvador Allende was taken out

**T:** the establishment Democrats did 9/11 + Bush, Cheney and Hillary a team since 1991 when HRC took over the mob from her father

**RGM:** after Capone died, Hillary's father took over the mob and when the father died, HRC took over

**R:** Ghislane's lawyer trying to negotiate a \$2.5 million lawsuit and bail – the Justice Dep't WON'T LET HER OUT because Barr, Drumpf and others still

**T:** the galactics are stopping them in so many ways: keep running into blockages the way reporting is going, something is going to pop soon . . .

**PLEASE LISTEN TO THE RE-PLAY OF THIS CALL . . .**

## **B B S RADIO**

### **Rama's Choices**

**Taos Pueblo sisters** singing their own creation

**The Storm is passing over . . .**

**DETROIT MASS CHOIR - THE STORM IS PASSING OVER**

[https://www.youtube.com/watch?v=d3jgPsGQsDQ&ab\\_channel=MarcelWest](https://www.youtube.com/watch?v=d3jgPsGQsDQ&ab_channel=MarcelWest)

**AUDIO: BALANCE OF TANIA GABRIELLE – ASTROLOGY**

**AUDIO: [Down the Quantum Rabbit Hole](#) Power of the Mind**

<https://www.gaia.com/video/power-mind>

S1:Ep8

36 mins

2006

Simply put, your thoughts affect your body and create your reality. In this episode, we learn how changing one's attitude to the circumstances of their life changes their physical health. This is the foundation of mind over matter, as the mind influences the health of the body. We learn that the struggles in our lives are actually lessons for the soul, and what it takes to address the things we have come to hate about ourselves. As we bring spirituality back into the science of our health and experiences, we stand on the verge of a new paradigm for humanity.

**Featuring: Actors:** Marlee Matlin, Elaine Hendrix. **Interviews:** Fred Alan Wolf, Dean Radin, John Hagelin, Candace Pert, Joe Dispenza, Amit Goswami, Jeffrey Satinover, Daniel Monti, David Albert, William Tiller, Micheal Ledwith, Masaru Emoto, Ramtha

**AUDIO:**     [Down the Quantum Rabbit Hole](https://www.gaia.com/video/your-impact-upon-collective)     **Your Impact Upon the Collective**

<https://www.gaia.com/video/your-impact-upon-collective>

S1:Ep9

30 mins

2006

Collectively, we create the present. Collectively, we are creating the future. As conscious beings, it is up to do the right things to create a future that is best for all of us. In this final episode of the Ultra-Extended Quantum Rabbit Hole series we explore the depths of our interconnectedness with all of humanity. Meaning what you do for you, to wake up your soul and treat yourself right, has a profound impact on the whole of the collective consciousness of humanity.

**Featuring: Actors:** Marlee Matlin, Elaine Hendrix. **Interviews:** Fred Alan Wolf, Dean Radin, John Hagelin, Candace Pert, Joe Dispenza, Amit Goswami, Jeffrey Satinover, Daniel Monti, David Albert, William Tiller, Micheal Ledwith, Masaru Emoto, Ramtha

**AUDIO:**     [Cosmic Disclosure with Emery Smith](https://www.gaia.com/video/interstellar-travel)

**Interstellar Travel**

S12:Ep8

37 mins

December 22, 2020

<https://www.gaia.com/video/interstellar-travel>

How do aliens traverse the vast distances of interstellar space without violating Einsteinian physics? According to David Adair, they don't. Rather they make use of an unknown loophole that theoretical physicists are just now discovering. As part of this discussion of interstellar travel, we explore various methods for powering space craft. David shares what he knows from his own work and speculates on what advanced civilizations may be using to power their spaceships.

Instructor/Host: Emery Smith

Featuring: David Adair

**AUDIO:**     **Going Underground Ex-Brazilian president Lula da Silva: The US NEVER accepted Brazil as an international player! (E920)**

**RE-PLAY of September 12, 2020**

**VIDEO:** <https://www.rt.com/shows/going-underground/500553-us-never-accepted-brazil/>

**PODCAST:** <https://soundcloud.com/rttv/lula-da-silva-on-going-underground-the-us-never-accepted-brazil-as-an-international-player>

On this episode of *Going Underground*, we speak to former president of Brazil Lula da Silva, credited with lifting 20 million of his fellow Brazilians out of poverty and into education.



He discusses the pandemic, slams the response of Brazil's government, and reviews the role of Cuban doctors in the fight against coronavirus;

- ponders the reason why he's no longer the president and Jair Bolsonaro is;
- explores the role of the US State Department, the CIA, and the US Department of Justice in removing the Workers' Party (PT) from power and in the "*coup*" against Dilma Rousseff;
- talks about the alleged corruption of judge Sergio Moro and state prosecutor Deltan Dallagnol;
- looks back on the achievements of his administration in alleviating hunger, and its rise again;
- puts in context Brazil's foreign policy on his watch and the US' refusal to accept his nation as an international player;
- condemns the attempts to extradite Julian Assange to the United States and the oligarchic media structure in Brazil, and more!

**T: gives some background on Lula**

**Closing:**

**Rama's choices –**

**Alan Watts ~ If you're listening to this lecture then you're ready to wake up...**

**[https://www.youtube.com/watch?v=YFzeCv\\_WFnY](https://www.youtube.com/watch?v=YFzeCv_WFnY)**