

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-04-22

Friday

Dalai Lama

His Holiness the Dalai Lama's Message for Earth Day 2022 April 22, 2022

On Earth Day 2022, let us remember that everybody wants to live a happy life. Not only human beings, but animals, birds and insects too. All of us should be concerned about our collective existence. As human beings our marvellous brains provide us with remarkable opportunities to do good, but if we look at how the world is today, we should be able to do better. We need a more holistic education, an education that incorporates inner values, such as a compassionate concern for others' well-being.



Our world is heavily interdependent. New challenges, like the climate crisis that affect us all, as well as our participation in the global economy, mean that we must take the whole of humanity into account. We have to put the global interest first.

We need to take urgent steps to reduce our reliance on fossil fuels and to adopt renewable sources of energy such as those that rely on the wind and the power of the sun. We must pay attention to deforestation and protect the environment better. We have to plant and care for more trees. In my own life I have witnessed the decline in snowfall, first in Tibet and later in Dharamsala. Indeed, some scientists have told me that there is a risk of places like Tibet eventually becoming deserts. That is why I am committed to speaking out for the protection of Tibet's fragile environment.

Our life is based on hope, a desire for things to turn out well. Hope is concerned with the future. Although nothing about the future can be guaranteed, we remain hopeful, which is much better than being pessimistic. Even as global warming increases in intensity, many young people in particular are working together to find and share solutions. They are our hope.

Nowadays, when we face serious problems as a result of the climate crisis, we have to help each other by setting a timetable for change. As human beings, living on this one planet, we must make an effort to live happily together. The threat of climate change is not limited by national boundaries—it affects us all. We must work to protect nature and the planet, which is our only home.

The Dalai Lama

22 April 2022



2022-04-22

Friday

Tom the Ring Tailed Cat

Rama: I received a text message from **Tom the Ring Tailed Cat** at 12:20 pm early this afternoon. He said to me, "Lord Rama, we can neither confirm nor deny that there are Ukrainian people taken to Siberian Gulag Labour camps." At this time, Tom the Cat alluded to the fact that this has to do with the fallen angels.

Tom the Cat continued: "There were M Class and X Class Solar Flared today. This is what's causing the wild weather. We must talk to the angels, the elementals, all the beings who work with the five elements: earth, air, fire, water, ether. The Dark Side is pushing right to the edge. Our choice is to send more love, and have compassion for souls who have forgotten who they are. Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-23

Saturday

Mr X

Rama: I received a text from Mr X at 12: 21 pm early this afternoon. He said to me, "Lord Rama, I have been on the 3rd planet circling the Alpha Centauri sun which is 4.1 light years from earth. You can get there in 4 hours earth time, at warp speed 6 or 7.

"I have been meeting with galactic ambassadors who have been travelling between Alpha Centauri system and Earth. This is all about Full Disclosure and First Contact. There are many situations going on, on Mother Gaia about trying to keep the old timeline going. **IT IS OVER ! ! ! ALL THE GALACTIC FORCES ARE HERE!** Call them in! Sanat Kumara is among us.

"The Galactic Forces are here! I will be seeing you soon! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-25

Monday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · **14h**

We must continually consider the oneness of humanity, remembering that we all want to be happy. And indeed, everyone has a right to a happy life. We may face problems, but we must not lose hope. We must keep up our determination without being impatient to achieve quick results.

2022-04-25

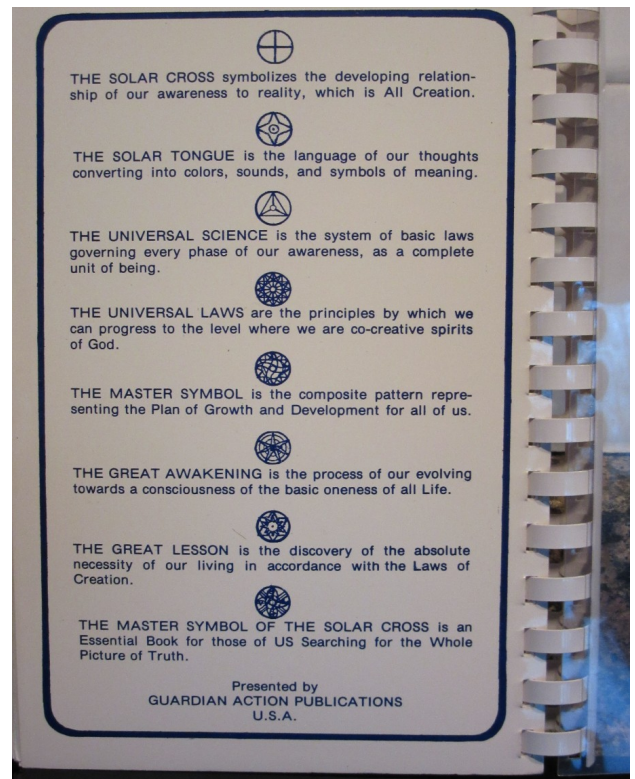
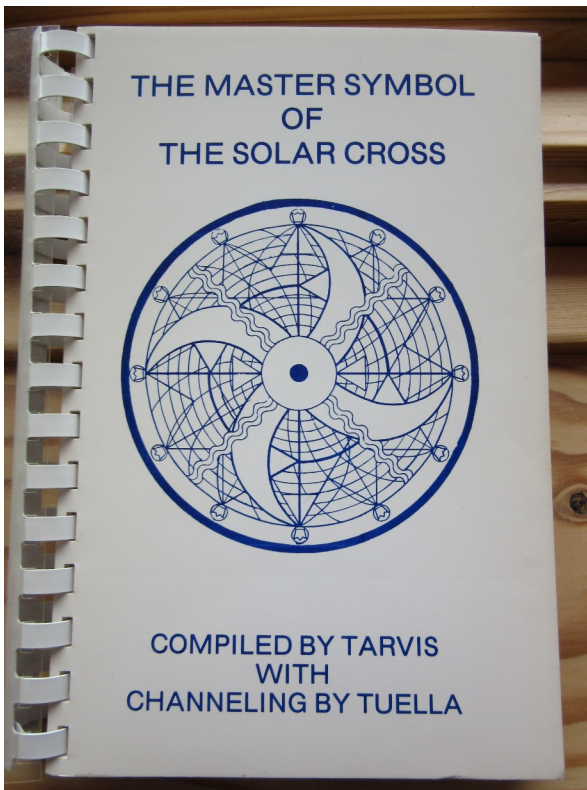
Monday

Chris Hedges, Dr Cornell West

Rama: I was listening to Pirate Cat radio from Santa Cruz, California today. It was 11:25 am, and Chris Hedges and Dr Cornell West were discussing Ukraine. They were saying, as Mr Keshe has said to us months ago, that Ukraine has always been part of Mother Russia! Dr Cornell West said, "Joe Biden is tied in with the Deep State, and Ukraine is all about Deep State Hegemony. The United States is broke, and they need a war."

Dr West went on, "Putin is not the enemy. The real story is the media is lying. It is time we listened to His Holiness, the Dalai Lama, who has said 'Stop the war. We need to forgive each other and dialogue. War is never the answer.' "

R: Later between 2:00 and 2:30 MDT this afternoon, I received a text message from Lady Nada. She said to me, "Lord Rama, go and look at the geometric symbols in the book **The Master Symbols of the Solar Cross** by Tuella. Sat Nam! Namaste! Blaze the Violet Fire!"



2022-04-26

Tuesday

Lady Lianara

Rama: I called Lianara today at 11:30 am this morning. I asked her "Lady Lianara, what is going on with the world situation?"

She said to me, "Lord Rama, there are many things going on, **and they are all good!** The solar flares are only increasing; we are at the end of the old timeline. The Annunaki, the Nephilim, are being exposed. This moment is about sending more love than we ever thought possible! There are so many galactic forces here in our skies.

"Whatever the news is saying, the galactic forces have the situation in THEIR divine hands! We are in the most auspicious time ever! This eclipse could be the feather of Ma'at that changes everything!

"I will be seeing you soon! Sat Nam! Namaste! Blaze the Violet Fire!"





Stonehenge – April 26, 2022 - From Tom the Ringtailed Cat, and Sweet Angelique the Cat

2022-04-27

Wednesday

Tom the Ring-tailed Cat, Sweet Angelique the Cat

Rama: I received a call from Tom the Ring-tailed Cat and Sweet Angelique the Cat at 11:50 am this morning. They said to me, "Lord Rama, we are Stonehenge – again! - for sunrise! The sky is blood red from the fires going around the planet. This is called climate disruption, and it is happening at an exponential rate. It is also about the sun transfiguring. As we can sit down and meditate and talk to the 5 elements, things can change very fast. It is all about our thought forms. This is imperative that we change our thought forms to align with higher consciousness in order to change our world. We are connected symbiotically with Mother Gaia; as we talk to all life, life speaks to us. "

They said that the most important thing at this moment is this simple prayer: "Lord make me an instrument of thy peace. Where there is such hatred, let me sow Love. Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-28

Thursday

The Poppy Lady

Rama: I received a call from the Poppy Lady at 12:15 pm this afternoon. She said to me, "Lord Rama, I am at the Al-Aqsa Mosque, located at the Dome of the Rock in East Jerusalem. It is close to the end of Ramadan, and there are more than 250,000 people here.

"The end of the empire is at hand. We heard through BBC World News that the U.S. of A. is broke. There was an announcement made by the Biden Administration that they may use the Russian Oligarchs money that was seized by sanction to fund Ukraine. What the f***!

"This eclipse may just be the feather of Lady Master Ma'at, where everything is transformed to the Sat Yuga timeline. Stay safe. It is a very intense time on Mother Gaia. The Dark Side wants to play with a false flag event. Ashtar is here! Sat Nam! Namaste! Blaze the Violet Fire!"

Note from Rama: Today, in the passenger seat of Blue Sapphire, my shuttle craft, on the way from Santa Fe, I saw an image of Mother Sekhmet, licking her paws, and her paws were red!"

42 Ideals of Ma'at

1. I honor virtue
2. I benefit with gratitude
3. I am peaceful
4. I respect the property of others
5. I affirm that all life is sacred
6. I give offerings that are genuine
7. I live in truth
8. I regard all altars with respect
9. I speak with sincerity
10. I consume only my fair share
11. I offer words of good intent
12. I relate in peace
13. I honor animals with reverence
14. I can be trusted
15. I care for the earth
16. I keep my own council
17. I speak positively of others
18. I remain in balance with my emotions
19. I am trustful in my relationships
20. I hold purity in high esteem
21. I spread joy
22. I do the best I can
23. I communicate with compassion
24. I listen to opposing opinions
25. I create harmony
26. I invoke laughter
27. I am open to love in various forms
28. I am forgiving
29. I am kind
30. I act respectfully of others
31. I am accepting
32. I follow my inner guidance
33. I converse with awareness
34. I do good
35. I give blessings
36. I keep the waters pure
37. I speak with good intent
38. I praise the Goddess and the God
39. I am humble
40. I achieve with integrity
41. I advance through my own abilities
42. I embrace the All

