

2024-01-04

# A NIGHT AT THE ROUNDTABLE

## DOCUMENT OVERVIEW

### I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY Internet / BBS Radio CALLS
- B ARCHIVES - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST

### II OPENING MEDITATION; ENERGY UPDATE

### III HARD NEWS

### IV GUEST HOUR

### I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2<sup>nd</sup> CONFERENCE CALL # for both Friday, Saturday  
**605-313-5166**  
 Pin Code: 353 863#

<b>B B S RADIO STATION 1</b>	<b>B B S RADIO STATION 2</b>
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### INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable  
 Friday Night Hard News

Saturday History Call

### LISTEN ON LINE



CLICK ON **AUDIO ICON**

**1-641-793-8120**



CLICK ON **AUDIO ICON**

**1-804-220-6484**

### LISTEN BY PHONE

[NO code needed]

[No code needed]

### CALL IN TO INTERACT *Only during live calls*

**888-627-6008**  
 Direct: 323-744-4831

**1- 888-429-5471**  
 Direct: 323-744-4841

### ACCESS CUSTOMER SERVICE

Toll Free:  
 1-888-710-8061

Direct Line:  
 1-323-744-4828

### OTHER BBS SERVICES **FREE**

- PHONE APPS**
- [Free BBS Radio Android phone app](#)
  - [Free BBS Radio iPhone and iPad app](#)

**I - B ARCHIVES - provided by BBS and by Rainbow Roundtable**

**ARCHIVES: B B S**

- Go to [www.bbsradio.com](http://www.bbsradio.com)
- In **Search** box, enter the name of the required program;
- scroll down to the heading  
**TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

**ARCHIVES: Rainbow Roundtable**

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to "Archives" tab for audio links on LHS:  
includes BBS podcast + Conference Call Links

**I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable**

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	<b>Wednesday</b> 6:00 – 7:30 MST	<b>Telephone Only</b>	1- 605 - 472 – 5406 <b>PIN 402-493#</b>
<b>Abundance Call</b> Caroline Oceana Ryan	<b>Every 2<sup>nd</sup> Wednesday</b> <b>5:45 PM PT/ 8:45 PM ET</b>	<b>Telephone</b> <b>ZOOM</b>	<b>To be notified: email <a href="https://www.ascensiontimes.com/the-abundance-group">https://www.ascensiontimes.com/the-abundance-group</a> Scroll down to the sign-up sheet and enter the requested info.</b>
<b>Ascension Call</b> Cheryl Croci	<b>Every Sunday, Monday</b> <b>9 – 10:30 EST</b>	<b>Telephone Only</b>	1-425-436-6260 <b>PIN 9467 441#</b> Call Cheryl for # in your area
<b>Ashtar Legacy Calls***</b> Fran Pearre	<b>Every 2<sup>nd</sup>, 4<sup>th</sup> Tuesday</b> 5 <sup>th</sup> Tuesday – no call <b>9:00 – 10:00 pm EST</b>	<b>Telephone</b> <b>VOIP/ H D</b> <b>via Skype</b>	1-717-908-1834 <b>PIN 980 339#</b> Call is free; LD charges are not 1-717-908-1834 <b>PIN #980 339#</b> <a href="https://www.freeconferencecallhd.com/hd-conferencing/">https://www.freeconferencecallhd.com/hd-conferencing/</a> Click on VOIP button and enter info as requested

\*\*\* To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://Ashtar Legacy Teleconferences (ashtarontheroad.com))

**Call In Numbers: 888 627 6008 323 744 4831**

**LINK TO BBS PODCAST:**

<https://bbsradio.com/podcast/night-roundtable-january-4-2024>

**OPENING:** COR  
**MEDITATION:** COR  
**HOST:** Rama, Tara

**TONIGHT'S PANEL:**

Caroline Oceana Ryan	[COR]	Micah Green	[MG]
Rama, Tara	[R,T]	Penny Christoffersen	[PCC]
		Randy Miller	[RGM]

**THE LAW OF ONE**

We are all One  
When One is helped, all are helped.  
Therefore in the name of the I AM – and I AM One with All there is -  
I ask only that the Highest Good of all concerned – Happen.  
And I give thanks that this is done!  
So Be It!

**MEDITATION by COR**

**Weekly Energy updates from around the table:**

**R, T:** Happy New Year to all! Thank all for coming to the program!  
**T:** this is the year for World Group Service!

**COR:** feeling the presence of many more angels on the earth – her energetic visions working on a program on golden pyramids – inside the sun keeps seeing pyramids and golden frequencies coming in whatever feelings are coming up strongly, let them out

**R:** crying out his grief during every day

- wondering why Russia, Ukraine exchanging prisoners yet don't think of stopping the war

**T:** because this is what the Empire wants (US, UK, etc)

- part of our job is the spiritualizing of ourselves, our bodies – we're finding common ground now

**MG:** Please listen to the call

**R:** is seeing tremendous change for the higher good!

**PCC:** sometimes headaches, sometimes overwhelming tiredness

**T:** talking of riddles – Dolores Cannon was always asking questions

**Movie recommend:**

**The Healer | Full Drama Movie | Oliver Jackson-Cohen | Camilla Luddington 1:46:44**  
[https://www.youtube.com/watch?v=bzt98mr\\_jdM](https://www.youtube.com/watch?v=bzt98mr_jdM)

**The Healer** - A man discovers that he has the family gift of healing. As he struggles to understand his new reality, a cancer patient inspires him to believe, and by helping others, he will find his life purpose.

**RGM:** has to be peace inside of each of us to promote peace across the worldwide - asking Rama to check into what happened in the Florida mall – something is going on there – over 100 police cars in, and 45 helicopters – and it was supposed to be kids in the mall, fighting with sticks. Really? ? ?

- speaks of our bodies as energy transmitting units – those of us living in the country and going into the city feel the stuff affecting the people in those cities
- talks of farmers and farming operations being hit with big bills and saw a bill for carbon tax on one farm!
- Brings up the lithium battery factory in Windsor Ontario for Electric Cars – and no Canadians to be hired!

### **R: reads the W K Report**

**COR:** what is this about using light and sound to balance – why does Mr X mention this?

**R:** talks about the 3 fold flame bringing bodies to balance: there are sound frequencies associated with the 3 Fold Flame -

- Israel losing more soldiers than being said
- explosions in Iran
- and US not a bastion of goodness

- all this has to do with the increased energies and the technologies from ones not interested in seeing peace
- Congress has not made a resolution to declare war! ! ! there was a resolution forced on Congress to enter the Iraq war, but not now
- change is coming from the energies pouring in! From 2012 to now there has been a shift in the energy fields of our galaxy and the galaxies around us (the other 26)

discussing the dissolution of the matrix and the results of same

- it's about the fear of what's been happening for so long: the folks are fearing the effects of what the Light may do to them . . . and there are so many souls crying
- as more truth comes out that the sun is a giant portal – go through it and go back and forth in time

what did Netanyahu do that is called 'lighting the fuse' -

- sent drones in to Iran during the funeral services of a . . . someone (?)
- Israel developed their own nukes, with the help of the US

- the 4 major currencies - the yen, the US dollar, the UK pound, the German mark - HAVE NO VALUE NOW!
- How long can that go on? ? ? And people don't know what's behind / coming in with the Light

**R:** have given their power away to the fake leaders . . .

**COR:** how will the large coronal hole in the sun affect us?

**R:** there are ships from other parts of our galaxies and other galaxies; the portal allows them to come into our realm – only Theresa Bullard and Nassim talk of this –

- there are many realms intersecting with this one - the place we are in is called Midgard – the different legends from the different American Indian nations bring up the idea of shepherds for forest, for example; beings that take care of rivers

- yes, there are planetary guardians and more and more of it is coming out – yet might think it's too little, too late
  - No, it's not: we are more ready to hear it now! And it feels a lot lighter than it used to be -
- the story of Chris Bedloe – the 3 hours of the man having ET experiences in his own back yard and the son Ryan Bedloe

**COR:** has trouble watching MSNBC due to the energies

**T:** 2024 is our heroic year as per Tania Gabrielle! ! !

## **CLOSING MUSIC**

**2024-01-04 "Galaxy Song" - Eric Idle & Dr. Brian Cox**

**SEE PAGE 8**



2024-01-03

Wednesday

4 deer, 2 crows; Lady Master Nada  
Tom the Ring-tailed Cat; Larry, Curly and Mo; Sweet Angelique the Cat

**Rama:** I went up the mountain to above 10,000 Waves Health Spa and created a Jedi Council at 10:40 am, late this morning. There were **4 deer and 2 crows** in attendance at the proceedings. Then **Lady Master Nada** showed up at the Council Circle, along with **Tom the Ring-tailed Cat, Larry, Curly and Mo**, as well as **Sweet Angelique the Cat**. They all said to me, "Lord Rama, Israel is pushing the river towards World War 3. Ashtar has said NO NUKES ! ! ! What is going on here is a dangerous brinkmanship game, and it goes back 26, 826 years to the beginning of Kali Yuga."

Lady Nada said to me, "I can tell you this, Lord Rama, as Graham Hancock comes out on the YouTube channels, they censor him for telling these stories that Zacharia Sitchin has been writing about for decades. This is about Mother's ancient children. The Middle East, known as, and generally accepted as, the 'Cradle of Civilization', is where this matrix story begins. Put all of this in the Circle of Support. [Sat Nam!](#)  
[Namaste! Blaze the Violet Fire!](#)"

**From Lord Rama and The Cats!  
Somewhere in Norway. . . .**



2024-01-04

Thursday

**Rama:** I received a text message from Mr X at 11:09 am, late this morning. He said to me, "Lord Rama, Prime Minister Netanyahu of Israel has lit the fuse, yet there will be justice. There are galactic councils meeting at this present time, discussing how to quell the violence and bring peace and civility to the Middle East.

Lord Serapis Bey and Master Kuthumi are asking us to work with the sound frequencies to calm the mind and the body. There are actions being taken by the galactics to quell the violence there. They're using light frequencies and sound to disrupt the matrix and bring people's minds and bodies back into balance.

Meanwhile, there was was a moderate M Class Flare of 3.8 today. This may sound small, yet **it is huge** because this gentler energy coming from this moderate M Class Flare can be received by many more people. It can also affect, in a positive and gentle way, all of Nature toward the good. We are in the most auspicious time ever. Tune into the Force; It will impart all the wisdom you will ever need!

"See you in the Light of the Most Radiant One! **Sat Nam! Namaste! Blaze the Violet Fire!**"

From Lord Rama

Somewhere in the  
Canadian Rockies!



## CLOSING MUSIC

2024-01-04 "Galaxy Song" - Eric Idle & Dr. Brian Cox

[https://www.youtube.com/watch?v=\\_IFGH11uxaI](https://www.youtube.com/watch?v=_IFGH11uxaI)



Jun 27, 2021

In 2018 Eric Idle released a sortautobiography titled "Always look on the bright side of Life".

On Monday, October 22nd, he sat down with Professor Brian Cox to have a little chat about that book on stage of the Barbican Hall, London. At the end of that evening, Eric performed "The Galaxy Song" (from Monty Python's "Meaning Of Life") with Brian commenting live on how accurate the information given in the lyrics really is.

Wonderfull!

(Professor Brian Cox is an English physicist and Professor of Particle Physics in the School of Physics and Astronomy at the University of Manchester in the UK.)