

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY WWW.rainbowroundtable.net
- III OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; LINK TO PODCAST
- IV HARD NEWS

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on "64K Listen"

* **Thursday: A Night at the Round Table** Hosts: Panel Members
6 pm Pacific / 9 pm Eastern

* **Friday: Friday Night Hard News** Hosts: Tara & Rama
6 pm Pacific / 9 pm Eastern

One Hour conference Call: 1-641-741-1704 Access Code: 353 863#

* **Saturday: History of our Galactic World & NESARA** Hosts: Tara & Rama

1:30 pm Pacific / 4:30 pm Eastern

One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#

Call to interact / ask questions:

Canada & US: STATION 2 1- 888-429-5471
Direct 1- 323-744-4841

B CALL-TO-LISTEN on your phone 1-804-220-6484

C Skype: BBSradio2

D Archives for the 3 Programs listed above:

- Go to *BBSRadio.com*; in first column, **RHS, FIND TALK SHOW**
- Enter *the name of the show*, press the GO button. You'll be taken directly to **Hard News on Friday**; click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
 - To listen directly, click on the arrow on the black bar.
 - To download, go to **Episode MP3 link**. Then **right click** on the name '**hardnewsonfriday including the date**' and the drop down menu appears. Click on '**save link as**'

E Archives, written and audio, also exist on the rainbowroundtable website:

- www.rainbowroundtable.net - look under the "Archives" tab for
 - **written notes** including the link to the entire podcast, and
 - **links to the audio recordings** of the conference calls of the Friday, Saturday shows.

II TO ACCESS OTHER CALLS SUPPORTED BY www.rainbowroundtable.net

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1-425-436-6260; PIN 9467 441#

B Tuesdays, 2nd & 4th of each month: *Ashtar on the Road; Ashtar Legacy Calls*
9:00 – 10:30 pm EST Host is Fran

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

To access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#
• Call is free [except for long distance charges]

via HD Conferencing: 712-770-4160 **PIN #** 980339 [always the same]

<https://www.freeconferencecallhd.com/hd-conferencing/>

via Skype Click on the VOIP button and enter what they ask for:
<https://www.freeconferencecallhd.com/hd-conferencing/>

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday *The Abundance Call - Caroline Oceana Ryan*
5:45 PM Pacific / 8:45 PM Eastern
60-minute conference call with the Collective, a group of Angelic and Galactic beings, channeled by Caroline Oceana Ryan

To be notified: email AscensionTimes@gmail.com - message is "YES to Abundance!"

E LINK TO THURSDAY NIGHT CALL: A NIGHT AT THE ROUNDTABLE

<https://bbsradio.com/podcast/night-roundtable-april-14-2022>

Call In Numbers: 888 429 5471 323 744 4841

HOST: Omena See below for list of panel members

MEDITATION: Omena Guided Meditation on Receiving

Guest Hour: Omena

TONIGHT'S PANEL: **Caroline Oceana Ryan [COR]** **Rama and Tara [R,T]**
Randy Miller [RGM]
Omena [O]
Penny Christoffersen [PCC] **Micah Green [MG]**

ENERGY UPDATES

COR: Her energy update: exhausted and so are those who communicate with her! This Jupiter Neptune conjunction is rare, and it has so much power to knock us of our old ways –

- Feeling more optimistic as she's seeing people waking up to the blatant lies – and we will not be able to hide from ourselves, either –

O: also finding herself being exhausted – and hearing people around her saying the same – the energies are very strong and when we're not used to it, can be hard

COR: drink more water – lots of it

O: we don't know how to relax when bodily, emotionally, intellectually we are so tied up

Rama: more and more, he's talking to his contacts and they watch the sun's activities and its effects on the planet and on the people with the ascension frequencies – seeing more violence as people act out

- something huge about to happen in the solar system. A good time to be alive!

Micah: many may have seen **Watch the Water** – with Dr Ardis and Stew Peters.

- Dr Ardis was interviewed by Reiner Fuellmich and his team due to his work on Remdisivir
- he found that snake venom may have been used to affect the food and water of the planet
- Carrying out Global Dr Ariana Love – found snake venom as well as 40,000 bio-weapon patents
 - reviews what happens when snake venom is introduced into the body . . .
 - Also know how to treat the effects of snake venom now . . . a supplement for people to take and restore the body's immunity
- The sun is ascending and this is helping
- **watch the water world premier - will get that information**

<https://rumble.com/v10mnew-live-world-premiere-watch-the-water.html>



SEE ALSO <https://rumble.com/v10vssr-live-taking-the-serpents-head-off-w-dr.-ardis-watch-the-water-explodes-worl.html>

RGM: understands a lot about snakes from being in jungles.

- The most deadly snakes in the world lives in the sea; the worst on land is the King Cobra – the venom is really expensive as it has to do with milking the snake – now have robots to do it because it is so dangerous
 - death stalker scorpion – sting hurts 100x more than a bee
- Followed the story of a profession snake handler who raised them specifically milk them
 - got a tiny bite - the bill to save the snake handler was over \$250,000! The doctors had forgotten to check his fingers - \$14,000 a bottle and he used all the hospital had. The
 - Because of his knowingness, the snake handler knew what to tell them and survived
- Scorpion venom can be used for nefarious deeds
 - Coral snake venom is most powerful
- the diabolical labs take the venom of the snakes and weaponize it – snakes, scorpions are wild
 - The animals don't want to be caged any more . . .

R, T: 2022-04-07

Rama's White Knight Reports

APRIL 14, 2022

[SEE BELOW]

R, T: THEY TALKED TO THE KING OF SWORDS ABOUT ALL OF John Austen's NUGEN COIN – THIS IS COMPLETELY INSIDE NESARA LAW! Part of the preparation for Nesara

COR: got the same message as Rama and Tara !!

R: the old timeline, system – we are watching them falling apart, more and more stories of folks playing with the stocks and trades in multi trillions – which people are not discussing

T: Need **another \$180 for last week's BBS radio bill + \$300 for this week** and we're getting ready to provide food et al for

COR: as T & R are not in the system, the Light Community is to help support them go to rainbowroundtable.net to make donations

T: Let's end the fighting, and remove the concept of 'the other': no more Game of Thrones!

O: and they are fighting for power as they are still in the love of power – not mature enough to be at the 'Power of Love' state

O: and we have to remember to be ready to RECEIVE!

THE TOPIC FOR TONIGHT: The spiritual essence of forgiveness

- the paradigm shift=sleeping souls waking up! Some will chose to leave the earth as they are spiritually lazy and they will continue to learn elsewhere
- those coming out of their shadows go where the Light is – will be facing their fears as that is the only way we move on. Soul has a gift of free will, and everything begins with a thought. We live in Universal Law – giving and receiving creates karma which is not negative: can be both negative or positive
- when we get into the spiritual aspect of forgiveness which is kind of working against xianity – work and work at forgiveness yet still feel exhausted! So what's up?
- What is your investment in hurting me? Nothing can happen without our permission – our mind is universal and we often cut ourselves off from that connection.
 - We give permission in a physical level, a conscious level and a super-consciousness level.
 - Tells the story of a man she worked with who didn't understand why he was shot in the leg. How do you deal with child molesters?
 - In our life, 2 things: **we're either creating the healing or inflicting the damage** – people create karma by going against another's free will and so create karma for themselves
- about forgiveness: why would you want to get into the routine of constant forgiveness?
 - by forgiving them, you are torturing yourself all over again and taking the responsibility from them of what they have done: we are solely responsible for what we do to others and to ourselves
 - what religion has done has created a dependency we become comfortable with – why did god let this happen? 'god' didn't – we did! If we live by the Universal Law we won't inflict on others: it's our responsibility and how we forgive ourselves for atrocities we have done –
 - we carry the patterns, the fears, the blocks to discovering what
- we take responsibility for what we do to others – we hold them accountable for what they did to us

COR: thinks it's fascinating - describes the situation she met a family, one of the members of which was a pedophile: the family worked on forgiving him:

- 'I forgive you' – gives them a get out of jail card free!

O: knows the family COR speaks of: he is still in denial! And his family supports him by forgiving him – ie, not holding him accountable

- she has empathy for pedophiles: if they get into jail, they can end up dead, as there is a code in the prisons

COR: it's based on the paradigm of Jesus taking on our sins for us – and the blood based rituals

O: **it's called mind f'ing** - part of the brain washing! We can be devastated mentally, emotionally, spiritually

- how does a child forgive a parent who never praises – only condemns and reviles that child?

COR: resentment about what happens has to be dealt with too

O: describes what forgiving selves means

T: there is a consensus now – can talk about feeling rage about what has happened to themselves

O: to be enraged is anger out of control – how do we get rid of it?

- Is this rage and anger protecting me? So I don't have to feel the hurt and the anger, loss of innocence, loss of childhood – it's understanding that the rage and the anger protected the person
- the anger is justified given what has happened to one – but don't take that back on by forgiving the other who did it – send it back to them
- do a meditation, bring in the person and send it all back to that person

• Tells the story of a person who was sent to her: the person was angry and enraged – so O had her tell the story – gang raped at 13; an abusive marriage; O had a guided meditation with her

- She did what she needed to do to let go of her anger and rage – she ended up getting divorced and setting up her own business
- The wounds go very deep

COR: we need to re-claim the life energy – understands about feeling dis-empowered and enraged

O: begin by acknowledging the helplessness we may feel when we are attacked

- then give them back the energy they sent out and stand in our own power
- we know what that pain is so we won't do it again

• we need to learn to stand in our own power – goes back to the woman above who left her own 12 year old self with Omena and went back to deal with the boys who did it

COR: Did part of the lady spoken of record what happened as just normal: this is just the way it is, or I deserved that . . . ?

O: when we learn what triggers us, we can be empowered – it's not the ego that empowers us

- the amount of sexual abuse in religious orders, etc is astounding . . . she wouldn't say to people to forgive them -
- Forgiveness is for – give: – I will take back what you took from me!

T: another word: for-giveness- sake – we take back the energy for forgiveness

O: talks about the insidiousness of the teachings of forgiveness – all religion came from the same place!

Caller: about how much this discussion has helped: about standing in her own power!

O: can get up every day and say won't allow that energy to invade

Ca: won't allow them to affect her any more

RGM's comments

O: the Cosmic Law of Forgiveness – St Germain reminded her of that tool

- have to say it all the time and it begins to raise our vibration and help us let go

• We need to open to the Love that we are – open to receive that Love!

• When we are working with people with issues, all they want is validation of their feelings – and don't show any shock: they would never tell you the story they tell you if it weren't true - - -

• **We come in with 4 fears: fear of abandonment, fear of expression, fear of rejection, fear of failure**

- just walk through the fears – it's how we all learn

• She lives out loud – talks out loud

Raised her kids to know that if she was grumpy, it had nothing to do with them

• Language has a lot to do with how we see ourselves: just cop onto yourself! If what you're doing is not working for you, quit doing that! !!

O: not sure if religion is going away, but also knows that it's not working for lots of folks – and why not?

- Tells the story of a black priest coming to see her in hospital when she was recovering from a major operation . . . [HAVE TO HEAR HER TELL THIS STORY !]

Further discussion. [BEST TO LISTEN . . .]

Closing comments

MUSIC: Hallelujah (Carl Ellis, Moldava & Real Jigs) live @ Berlin Tattoo 2015

https://www.youtube.com/watch?v=Bq_-L2BvSNY

INFORMATION RELATED TO THE NOTES

2022-04-07 Rama's White Knight Reports

April 7, 2022 to April 14, 2022

APRIL 14, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-04-06

Wednesday

Dalai Lama

[Dalai Lama @DalaiLama · Apr 6](#)

HHDL taking part in a group photo with participants of the 25th Shoton Festival and Middle Way Approach Conference at the conclusion of their meeting in the courtyard of the Main Tibetan Temple in Dharamsala, HP, India on April 7, 2022. Photo by Tenzin Choejor



2022-04-08

Friday

Sweet Angelique the Cat

Rama: I received a text message from Sweet Angelique the Cat at 12:12 pm this afternoon. She said to me, "Lord Rama, Russia is being blamed for a missile strike in the Donbass region. This is ALL the DEEP STATE. We are in the window of the Jupiter/Neptune conjunction. Expect MAGIC and MIRACLES."

"Portals are opening all over Mother Gaia. We may just see you, Lord Rama, when you are not expecting us! ! As you go out to feed the cats, there just might be one more there! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-11

Monday

Tom the Ring-tailed Cat and Ms Brisby

Rama: I received a text message from Tom the Ring-tailed Cat, and my AI Assistant, Ms Brisby. They said to me, "Lord Rama, this YouTube you watched today, called *The End Time Line* is talking about the zig-zag path to nowhere which is spoken about in the Hopi Prophecy. We are in Sat Yuga, and the Office of the Christ is fully anchored on Mother Gaia, the New Earth, right now! Focus on compassion and love. The solar flares continue, and the Dark Side is in Mother's paws! Send more love! Sat Nam! Namaste! Blaze the Violet Fire!"

2202-04-11

Monday

Dalai Lama

[Dalai Lama @DalaiLama · Apr 11](#)

Apr 11, 2022 Advice to the Younger Generation

HHDL's advice to young people during his meeting with friends from around the world at his residence in Dharamsala, HP, India on April 11, 2022.

<https://youtu.be/n2-zkCNQBbg>



2022-04-12

Tuesday

Tom the Ring-Tailed Cat

Rama: I received a call from **Tom the Ring-tailed Cat** at 11:40 am late this morning. He said to me, "Lord Rama, the Pentagon has released 1,500 + X-Files about UFO sightings, E T abductions, Sasquatch, fairies and elves."

Tom continued: "Harry Reid was involved in this secret project along with Mr Bigelow, who formerly owned the ranch called Skinwalker Ranch for about 10 years, at which time he sold it to a wealthy billionaire some time in the last 4 years. Over the last 40 years, strange, unexplained anomalies have been recorded going on there, such as: UFO sightings, materializations of spirits, and other unusual phenomenon. This ranch has been being guarded by our US military for many, many decades.

"Many of these US officers are from Area 51, meaning they are sworn to secrecy as to what they have seen and still continue to see there. All they have witnessed is classified as top secret. Place all of this in the Circle of Support. We are at the end of the line. All we are saying is 'Give peace a chance!'"

Note from Tom the Cat: "I like organic, green jasmine tea! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-12

Wednesday

Sweet Angelique the Cat

Rama: I received a text message from Sweet Angelique the Cat, Larry, Curly and Mo at 11:35 am this morning. Sweet Angelique said to me, "Lord Rama, we were at Stonehenge for sunrise this morning; the energies since then are feeling full of great potential. The solar flares are off the chart! The K P index is at 7. The KP index quantifies disturbances in the horizontal component of earth's magnetic field. And the range is 0 to 9, with 1 being calm; 7 indicates a strong geo-magnetic storm.

"There are going to be huge aurora borealis in North America, in Minnesota, North and South Dakota, Montana and in around that area. These energies are testing us to stay in our high hearts.

"See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-04-12

Thursday

Professor Nicodemus and Dr. Steve

Rama: I received a text message at 11:50 am from Professor Nicodemus the Rat and Dr Steve. Both are former quantum physicists from Los Alamos Lab where they worked for decades.

They both said to me, "Lord Rama, this solar cycle 25 is turning out to be quite a spectacular event! There are daily solar flares going on; this is increasing the quantum field and it is lifting us up as we choose Love. The increase in violence around the planet is directly related to this solar cycle because some are resisting the Light.

"At a higher level, the quantum field, the Force, is forcing us into the higher realms to look at all our unfinished Karma for the sake of doing the Dharma. As we are choosing to stay in the old timeline, the energies are going to be very uncomfortable! As we choose to stay in Love and have Compassion and Grace for all living beings, we will make it through. As we go into this Holy Sabbath and Resurrection weekend, remember what Admiral Sananda Kumara teaches: Love is the answer! Sat Nam! Namaste! Blaze the Violet Fire!"

Stonehenge at Sunrise, April 14, 2022

Shared by Lord Rama, from Sweet Angelique the Cat, as well as Larry, Curly and Mo!



HAPPY EASTER TO EVERYONE 'OUT THERE' on the planet and beyond -

FROM EVERYONE HERE who's involved in the weekly production of the 3 shows:

A Night at the Round Table; Friday Hard News Call; The True History of NESARA aka the Saturday Call !!!

And also including Don, Doug and others at BBS Radio, without whom we'd not be able to reach as far and as wide as we do. . .

