

2023-08-10

A NIGHT AT THE ROUNDTABLE

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY Internet / BBS Radio CALLS
- B ARCHIVES - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST

- II OPENING MEDITATION; ENERGY UPDATE
- III HARD NEWS
- IV GUEST HOUR

I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

B B S RADIO STATION 1	B B S RADIO STATION 2
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INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable
Friday Night Hard News

Saturday History Call

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I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading
TALK SHOW PROGRAM ARCHIVES FOR PODCASTING
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to "Archives" tab for audio links on LHS:
includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested
To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)			

Call In Numbers: 888 627 6008 323 744 4831

LINK TO BBS PODCAST:

<https://bbsradio.com/podcast/night-roundtable-august-10-2023>

HOST: Tara, Rama
MEDITATION: Omena
GUEST: Panel members and Callers

TONIGHT'S PANEL:

Caroline Oceana Ryan	[COR]	Penny Christoffersen	[PCC]
Micah Green	[MG]	Omena	[O]
Rama, Tara	[R,T]	Randy Miller	[RGM]

THE LAW OF ONE

We are all One.
When One is harmed, all are harmed. When One is helped, all are helped.
Therefore in the name of Who I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

Guest: Bernadette Wulf

Faehallows School of Magic

This is something you have to listen to for the full benefit of what they are discussing – and all about the fairies

She says the thing she likes best is that the fairies live in joy – they don't let the heaviness of the events that affect humans affect them! They take steps to divest themselves of that energy

ENERGY UPDATES

PCC – overview of an article called *Ascension Activities are Piking up Speed and you should too* – from dna-awakening.org **THE ARTICLE IS AT THE END OF THE NOTES**

O – drifting in and out of dimensions; need to trust the process

RGM: question to Rama: the event in Hawaii is the result of a directed energy weapon

- has heard that some Pleiadians have been taken out too
- the devastation is enormous
- **SEND LOVE – DO NOT HATE which only feeds the dark ones! ! !**
- as for Keshe: think he's going to demonstrate teleportation – he works with the universe! ! !
- his mission is to bring peace to the planet
- And Pres XI is calling the army 'the army of peace'
- The energies of Lions Gate are still going on and are still powerful

T: there are 3 presidents regardless of what has happened in the past who **HAVE ALWAYS BEEN WORKING FOR THE LIGHT – XI, the real PUTIN, OBAMA . . .**

RGM: When McTurtle speaks these days, people are chanting RETIRE, RETIRE, RETIRE

COR: Nina Turner was on Democracy Now Wednesday -

- talking of how much support the republicans are losing – the party is so narrow and so extreme and the leadership is not listening
- people questioning if the Supreme Court should exist
- Things are changing ! ! !

MG: Mr Keshe: one of the new projects with the China gov't – going to be nullifying the GMO seeds on the planet – and thus helping the planet come back to balance! ! !

R: his energy update –

- what Bernadette brought through in the beginning: he's been seeing beings since he was 3 - part of his daily life, as normal to see the beings as to buy gas, eat, etc
- the deer and the crows saw the holograms of LM Natasha and LM Nada
 - he's seeing all the realms merging with this one – and all are getting higher – there are 9th dimensional beings walking the planet right now – a wonderful time to be on the planet, as well as precarious
 - what happened in Hawaii: has to do with the downfall of the Dark Ones – and playing with the technology of death as they are running out of loosh (the energy we create for them when we react with fear)
 - he is being pushed to work with the higher energies – it is also affecting the other realms we interact with, as well as the ones having to do with everyday life – can only BLAZE THE VIOLET FIRE – it is illogical what the human race is doing as being on a death cycle – and we are being transformed !
 - As he sees every day what is unfolding: the karmic Board of the higher realms that work with the galactic councils and ascended masters – accountability is on the table! ! !
 - he sees the Dark Side trying to create an avenger kind of event – the Pleiadians are landing and others are coming here to earth
 - another piece of news: singer songwriter Robbie Robinson went over the rainbow – Canadian Native American who sang with Mirabel, sang with indigenous people on both sides of the equator

Mirabel - Free concert on August 15, 5 pm in the plaza of Santa Fe : bring your own chair!

2023-08-10

Rama's White Knight Report

AUGUST 10, 2023

August 03, 2023 – August 10, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

For more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-08-05

Saturday

Tom the Cat, Sweet Angelique the Cat

Rama: I received a text message from Tom the Cat and Sweet Angelique the Cat. They told him about the extreme geo-magnetic storm with a KP index of 7, and that there was the possibility of seeing auroras from as far north as Yellowknife, NWT, and Edmonton, AB, all the way down to Seattle, WA and Oregon.

He also saw 6 deer and 4 crows, all of whom were hungry – they would eat either raw or cooked: didn't matter as long as it was food! He also talked to a horse today and had an apple to feed him.

2023-08-07

Monday

Dalai Lama

[Dalai Lama @DalaiLama · Aug 7](#)

HHDL enjoying cultural performances by students while attending the Golden Jubilee celebrations at Lamdon Model Senior Secondary School in Leh, Ladakh, India on August 7, 2023. Photo by Tenzin Choejor



2023-08-07

Monday

Tom the Cat, Sweet Angelique the Cat

Rama: I received a text message from **Tom the Cat and Sweet Angelique the Cat** at 1:03 pm, early this afternoon. They said to me, "Lord Rama, in the last couple of days there have been HUGE!, HUGE! solar flares, and big geo-magnetic storms. We are getting very, very close to that flash!

"As these energies are playing out, it is raising the vibration of all the dimensions and this is affecting the Dark Side who want to play with causing extinction level events. For instance, they want to play with the Zaporizhzhia Nuclear Power Plant by shutting it down which would cause a reactor nuclear melt down. Yet the galactics can read their minds and would preemptively stop them from taking such a disastrous action!

"Meanwhile, the Pleiadians have been landing in key locations around our planet, briefing the people. These are certain areas of Mother Gaia where there are select individuals from earth who will be making announcements about the arrival of our galactic friends and family.

"Please stay in your High Heart!
Share loving kindness
with all you meet on this good
red road to Ascension.

"See you in the Light of the
Most Radiant One. Sat Nam!
Namaste! Blaze the Violet Fire.
Om Shiva!"



2023-08-08

Tuesday

Darby O'Dell

Rama: I received a text message from **Darby O'Dell** at 12:31 pm, early this afternoon. He said to me, "Lord Rama, Happy 8-8 Lions Gate! It is an awesome day in August. May you send Love and Light and the Violet Flame to Sinead O'Connor as, on this day, she was laid to rest in the coast town of Bray, Ireland, in the north County Wicklow. There were thousands of people who showed up to give their respects at her funeral procession and burial. It was rumoured that Bono and Elton John attended to pay their respects as well.

"Meanwhile, there were more X Class solar flares today, one at X Class 1.6 and another X Class 1.5. These solar flares are tremendous! They are bringing in the light of 10 trillion suns. May we all breathe deeply and send Love and Light, Peace and Joy to all the dark corners of Mother Gaia. It is also International Cat Day today. [See you in the Light of the Most Radiant One. Sat Nam! Namaste! Blaze the Violet Fire.](#)"



2023-08-09

Wednesday

Lady Natasha

Rama: I received a text message from **Lady Natasha** 12:10 pm early this afternoon. She said to me, "Lord Rama, the sun is priming the pump for the big Solar Flash! These solar flares that are M Class and X Class are just a preview to the giant Solar Flash. **This will not be an extinction level event! ! !**

"What it **will be is the hand of Creator Source blessing this planet** with an upgrade. These solar particles are changing our physical body; they are sentient molecules of magic! The biggest test right now, as I see it, is the adventure of the heart. This adventure is about what His Holiness teaches which is loving kindness and compassion.

"Meanwhile, the energies continue to get higher. The Dark Side continues to go lower. [See you in the Light of the Most Radiant One. Sat Nam! Namaste! Blaze the Violet Fire.](#) "

**A NEBULA CALLED
THOR'S HELMET**



2023-08-10

Thursday Lady Nada, Lady Natasha in the Jedi Circle

Rama: I went up the mountain, a bit above 10,000 Ways, the world famous hot springs and Spa on the mountain near Santa Fe. I found a spot off the road, completely in the forest, and created a Jedi Council. As I was laying my crystals out in the circle, 15 deer and 4 crows showed up, cozied up, and sat down beside me.

Then **Lady Nada and Lady Natasha showed up in the Jedi Circle.** They said to me, "Lord Rama, we are in a very transformative and transfigurative time. We need to blaze the ruby pink ray, the sunshine yellow ray, and the emerald green ray: let us blaze, blaze, blaze these rays all around Mother Gaia. Even though events look very dark right now, **the LIGHT HAS WON!**

There are rumours King Charles is going to announce the presence of the galactics. Let us just say, there is a couple of angels whispering in his ears! Since King Charles is the head of the Anglican Church of England, he is Head of both Church and State. There are top British officials and military members who have had personal encounters with the E Ts. They have warned King Charles that, as he does not spill the beans, they will ! ! ! These encounters go back to WW 2 and before! It is time that we all live in peace and abundance.



"We leave you with this message:

Your father will be activating your Metatronic chip in your Crown Chakra at any time! We will be seeing you in 10 Forward! **Sat Nam! Namaste! Blaze the Violet Fire."**

COR: what interesting stuff will happen when his Metatronic chip is activated?

R: He gets his briefing orders – we are very close to some sort of announcement regardless of the source. He senses that his gifts and abilities will increase: he gets his info directly from Source – also he has to do is articulate what he hears

- as you get used to meeting inter-dimensional beings – all colours of the rainbow- the crux of what is circling the story going on in DC – the issue is if we are going to meet our galactic family, we gotta drop our 'stuff'
- some eat differently – absorb energy through their hands, and also water through their hands as opposed to 'drinking 'it'
 - others – will get food directly out of the ether !

• All the messages: to create heaven on earth, it starts with us and Love is the Answer right now, the biggest thing he sees is the energies that are going on right now with the insanity of events – send more love to those life forms who have chosen the dark side

COR: had not heard about the Pleiadians in Hawaii -

- Sinead O'Connor came through a channeling that one of her friends spoke of – said the love pouring out of people at the moment have been helping her heal on the other side!
- About the 3 rays mentioned: pink – Lord Lanto to bring in love and compassion – need for tremendous love and healing
 - sunshine yellow: Kuthumi Lord of L, Wisdom , and Discernment
 - emerald green – Lord Hilarion on the 5th ray – healing; it's also on the 4th ray –
 - Serapis Bey holds the eternal flame in the paw of the sphinx which has been there for 40,000 years +
 - Emerald Green Ray

O: AA Raphael is in charge of the emerald green ray - ask him to come in for healing – will always come

COR: about Charles & announcing the galactic presence

O: will be a shock for the world! Thinks William would be quite willing to handle such a change

- He hasn't been following the standard line of the monarchy – he's a feminine essence which hasn't made him popular – he's not a warrior kind
- All she says is "God bless him!"
- he's been subject to criticism all his life: wonders if he has the courage to do that kind of announcement – yes, something else would have to shift

T: this is not the first time the galactic presence has been announced in England – 1977 - was the first time . .

CLOSING MUSIC

https://www.youtube.com/watch?v=kzVZxrZWuvA&ab_channel=SirTony

Lion King, Circle of Life. Flash Mob for Parc Attraction Land, Paris 2019 4:26

INFORMATION RELATED TO THE NOTES

Guest **Bernadette Wulf**

Guest Website <https://www.celticmysteryschool.com/>

Guest Category [Arts](#)
[Business](#)
[Earth & Space](#)
[Health & Lifestyle](#)
[Energy Healing](#)
[Kids & Family](#)
[Paranormal](#)
[Society and Culture](#)
[Spiritual](#)



Guest Occupation

visionary artist, writer, Reiki Master,
director of Faehallows School of Magic

Guest Biography

Bernadette Wulf is a visionary artist, writer, Reiki Master and director of Faehallows School of Magic.

She invites you to step into the New Earth reality now — where effortless prosperity and thriving in harmony with all life is the new normal.

Bernadette is passionate about living a magical life, protecting the environment, whole plant foods nutrition, organic gardening and helping people activate the templates of the New Earth through connecting with the faery realm.

She has decades of experience teaching Celtic faery magic and Arthurian lore in her written Courses and online guided shamanic journey workshops.

Bernadette is also a plant-based health coach and intuitive energy healer.

Bernadette's Free Gifts Page: <https://www.wulfworks.com/magical-free-gifts/>

Link to her magic school: <https://www.celticmysteryschool.com/>

More about faeries: <https://www.fairysource.com/>

More about whole plant foods nutrition: <https://www.plantbasedvegancoach.com/>

2023-08-10

Ascension Activities Are Picking Up Speed and You Should, Too!

<https://dna-awakening.org/ascension-activities-are-picking-up-speed-and-you-should-too/>

DNA AWAKENING UPDATE <contact@dna-awakening.org>

If you are feeling a surge of energy, light, and love in your body, mind, and soul, you are not alone. The ascension activities have been accelerated in the past few weeks, and many people are experiencing the effects of this cosmic shift. In this blog post, I will explain what is happening, why it is happening, and how you can align yourself with the higher frequencies of the new earth.



But what are the ascension activities, and why have they been accelerated? In this blog post, we will explore some of the factors that are contributing to this phenomenon and how you can prepare yourself for the changes that are coming.

What are the ascension activities?

Ascension is the process of raising your vibration and consciousness to a higher level of awareness and existence. It is a natural and evolutionary step for humanity, as we are moving from a 3D reality of separation, fear, and limitation, to a 5D reality of unity, love, and abundance. Ascension is not something that happens overnight, but rather a gradual and ongoing journey of awakening and transformation.

The ascension activities are the various ways that the divine plan for the Earth and humanity is being implemented. They include:

1. **The influx of high-frequency** light and energy from the galactic center and other sources is activating our DNA, awakening our dormant potentials, and triggering our spiritual growth.
2. **The intervention of benevolent extraterrestrial beings**, such as the Pleiadians, who are assisting us in our ascension process by providing guidance, healing, protection, and inspiration.
3. **The emergence of new paradigms**, technologies, systems, and movements that are based on love, cooperation, harmony, and sustainability and that are challenging the old structures of fear, separation, domination, and exploitation.
4. **The increase of synchronicities**, miracles, manifestations, and intuitive insights is showing us that we are co-creators of our reality and that we have the power to shape our destiny.

5. **The expansion of our consciousness** beyond the physical realm and into the multidimensional aspects of our being, where we can access higher wisdom, knowledge, and abilities.

Why have they been accelerated?

The Lion's Gate Portal happens every year around this time, but this year it is especially significant because it coincides with other astrological events that are creating a shift in the collective consciousness. Some of these events include:

- **Venus retrograde in Leo:** Venus is the planet of love, beauty, and harmony. It goes retrograde from July 23 to September 3, 2023, inviting us to reevaluate our relationships, values, and self-worth. Venus retrograde in Leo asks us to reclaim our sovereignty, authenticity, and creativity in our expressions of love.
- **Venus Cazimi:** On August 13, 2023, Venus will be in exact conjunction with the sun, creating a rare phenomenon known as Venus Cazimi. This means that Venus will be at its brightest and most powerful point, shining like a diamond in the sky. Venus Cazimi can bring clarity, insight, and illumination to our desires and passions.
- **New Moon in Leo:** On August 16, 2023, there will be a new moon in Leo, marking a new lunar cycle and a fresh start. New moons are ideal for setting intentions and planting seeds for the future. A new moon in Leo can inspire us to be bold, confident, and creative in pursuing our goals.

These astrological events are creating a window of opportunity for us to tap into our inner lion and roar our truth to the world. They are also preparing us for the next phase of our ascension journey, as we enter into a new era of light and love.

How can you prepare yourself for the changes?

The changes that are occurring as a result of the ascension activities are inevitable and unavoidable. However, how you experience them depends largely on your attitude, perspective, and choices. **Here are some tips to help you prepare yourself for the changes:**

- Stay grounded in the present moment and focus on what is positive and meaningful in your life. Avoid letting worry, fear, or negativity distract you.
- Keep your vibration high by meditating, praying, expressing gratitude, being kind, having fun, and doing what makes you happy. Avoid lower-vibrational activities such as consuming alcohol, drugs, junk food, or violent media.
- Follow your intuition and trust your inner guidance. Listen to your heart and follow your passion. Be authentic and express yourself freely.
- Connect with like-minded people who share your vision and values. Support each other and collaborate on projects that benefit humanity and the planet.
- Learn as much as you can about the ascension process and what is happening on the planet. Seek out reliable sources of information and discernment. Be open-minded, but not gullible.
- Be flexible and adaptable to change. Embrace the unknown and expect the unexpected. Be ready to let go of what no longer serves you and welcome what is new and better.

Conclusion

The ascension activities have been accelerated for a reason. They are part of a divine plan that is leading us to a glorious future. We are all invited to participate in this process and to co-create our new reality. We hope this blog post has helped you understand more about the ascension activities that have been accelerated during this time. Keep in mind that the universe is loving and supporting you on this journey and that you are not alone. We are all in this together, and we are all ascending to a higher reality.

Namaste.