

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead  
<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

**DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

**I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS** <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

**NOTE: 2<sup>nd</sup> CONFERENCE CALL # for both Friday, Saturday**  
**605-313-5166**  
 Pin Code: 353 863#

**ADDITIONAL HELP FOR LISTENERS**

**B B S LISTENER TOOLS**

**B B S RADIO STATION 1**

**B B S RADIO STATION 2**

- A Night at the Roundtable
  - Friday Night Hard News
- CLICK ON **AUDIO ICON**

Saturday History Call

CLICK ON **AUDIO ICON**



**LISTEN ON LINE**

**LISTEN BY PHONE**

**1-631-359-9353**  
 [NO code needed]

**1-804-220-6484**  
 [No code needed]

**CALL IN TO INTERACT**

*Only during live calls*

**1-866-627-6008**  
 Direct: 323-744-4831

**1-888-429-5471**  
 Direct: 323-744-4841

**ACCESS CUSTOMER SERVICE**

Toll Free:  
 1-888-710-8061

Direct Line:  
 1-323-744-4828

**FREE PHONE APPS**

- [Free BBS Radio Android phone app](#)
- [Free BBS Radio iPhone and iPad app](#)

**B B S ARCHIVES**

- go to [www.bbsradio.com](http://www.bbsradio.com)
- In **Search** box, enter the name of the required program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

**II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable**

<b>NAME OF CALL / HOST</b>	<b>WEEKDAY / TIME</b>	<b>ACCESS POINT</b>	<b>TELEPHONE NUMBER</b>
Aboriginal Moabite Nation Call Grand Goddess Lillie	<b>Wednesday</b> 6:00 – 7:30 MST	<b>Telephone Only</b>	1- 605 - 472 – 5406 <b>PIN 402-493#</b>
<b>Abundance Call</b> Caroline Oceana Ryan	<b>Every 2<sup>nd</sup> Wednesday</b> <b>5:45 PM PT/ 8:45 PM ET</b>	<b>Telephone</b> <b>ZOOM</b>	
<b>To be notified: email <a href="https://www.ascensiontimes.com/the-abundance-group">https://www.ascensiontimes.com/the-abundance-group</a> Scroll down to the sign-up sheet and enter the requested info.</b>			
<b>Ascension Call</b> Cheryl Croci	<b>Every Sunday, Monday</b> <b>9 – 10:30 EST</b>	<b>Telephone Only</b>	1-425-436-6260 <b>PIN 9467 441#</b> Call Cheryl for # in your area
<b>Ashtar Legacy Calls</b> Fran Pearre	<b>Every 2<sup>nd</sup>, 4<sup>th</sup> Tuesday</b> 5 <sup>th</sup> Tuesday – no call <b>9:00 – 10:00 pm EST</b>	<b>Telephone</b> <b>VOIP/ H D</b>	1-717-908-1834 <b>PIN 980 339#</b> Call is free; LD charges are not 1-717-908-1834 <b>PIN #980 339#</b> <a href="https://www.freeconferencecallhd.com/hd-conferencing/">https://www.freeconferencecallhd.com/hd-conferencing/</a> <b>via Skype</b> Click on VOIP button and enter info as requested
<b>To access past ALC calls, go to <a href="http://ashtarontheroad.com">Ashtar Legacy Teleconferences (ashtarontheroad.com)</a></b>			

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: Cheryl Croci**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week

- Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

- The mailing address for those who do not like paying electronically:  
**B B S RADIO** [Please put **“Attention Don”** on the envelope]  
**17419 Wilton Park CT** [Note inside that it’s for T & R calls]  
**Spring, TX 77379** [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

## OTHER FINANCIAL REQUIREMENTS

**FOOD MONEY:** VIA PAYPAL OR See the PAGE ON [www.rainbowroundtable.net](http://www.rainbowroundtable.net)

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

### Financial Requirements

#### WEEKLY

**B B S RADIO/week**

\$ 570 + \$300 The \$570 is for last 2 wks + \$300 for this week - **THANKS!**

#### PERSONAL

Gas, food, etc

\$400

Bills

\$ 95 **2 bills**

Miscellaneous/Other

\$465 a new coat + printer \$400

#### MONTHLY

**Rent - \$1,150 / mo**

**\$000 Paid - THANKS**

### CONTACT INFO

- **Please notify Rama when sending something** [koran9999@comcast.net](mailto:koran9999@comcast.net)
- **Mailing address for checks, money orders, etc**  
Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567

**EVERY \$5 HELPS - ALL GRATEFULLY RECEIVED**

**PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH**

- **Remember you can book a session with Mother, as well!**

**\*\* [www.rainbowroundtable.net /page/donate](http://www.rainbowroundtable.net/page/donate) \*\***

- Your donation supports an account set up for Tara & Rama with **Beneficial Farms Community Supported Agriculture in Santa Fe, NM**

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

<https://www.nugenmart/tarram>

CHECK OUT THE WEBSITE

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
- all the products have much to offer, so take a look!
  - check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.

**The returns also help RainbowRoundtable**

**THE NUGEN COIN:** <https://www.nugencoin.com/tarram>

To help Marshall and support him by signing up under his name:

<https://www.nugencoin.com/marnor>

**TO GET HELP, Call Carolyn[Rainbird] or Micah**

Carolyn's E-mail: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

Micah's E-mail: [thegreenalchemist@gmail.com](mailto:thegreenalchemist@gmail.com)

**EITHER ONE will help WITH REGISTRATION / ANY ISSUES RELATED TO NUGEN COINS**

**C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

Contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

**One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life -  
Production and Application Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

**KF Wiki** <https://www.kfwiki.org>  
The free Plasma Cyclopdia of the Keshe Foundation

**Keshe Foundation Store** <https://store.keshefoundation.org/store/?alias=store>

**D: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-november-19-2022>

**E: THE NEW WEBSITE AND ADDRESS:** [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET)

**Saturday Hard News!**

- Thanks to all for being here!
- Lots going on: enough to scramble your brain! !!
- Where we are going – **the Faction 3 White Knights say we have already won!**

**R: on Counter Spin: Greg Palast, Nomi Prinz** – discussing president elect Lula who said he is going to hold Bolsonero accountable for the destruction of the Amazon Rain Forest Also the ins and outs of financial corruption in Brazil and how the US has its fingers in the pie – none of this is reported on the MSM – Blaze the Violet Fire!

**Today's story: KOS text** – pres Joe Biden essentially pardoned Bin Salmon of the murder of Jamal Kashosggi, who is an America citizen – it's a war crime!  
Joe Biden ordered to do so by the Vatican – called in George Tennant to start the 9/11 process  
The Vatican's role in the lives of the indigenous peoples of Turtle Island . . .

**AUDIO: RISING UP with Sonali Guest: JOHN NICHOL [COMPLETION OF THIS FROM Friday]**

<https://vimeo.com/771298790>

GUEST: John Nichols, national affairs correspondent for The Nation magazine and host of the podcast, 'Next Left.' He is a contributing writer for The Progressive and In These Times and the associate editor of the Capital Times. He is also the author of numerous books including Horsemen of the Trumpocalypse, The Fight for the Soul of the Democratic Party, and Coronavirus Criminals and Pandemic Profiteers.

BACKGROUND: Democrats have retained control of the U.S. Senate in the 2022 midterm elections, flipping one seat from red to blue. A runoff race in Georgia that could yield a reelection win for Senator Raphael Warnock would give the party 51 out of 100 seats. But Republicans are on the verge of wresting control of the House from Democrats. As of Tuesday November 15, the GOP has 217 seats, only 1 short of the 218 needed for a majority.

As former president Donald Trump is expected soon to announce his decision to run for the 2024 presidential race, what jumps out from the midterm results is that Trump's Midas touch appears to have



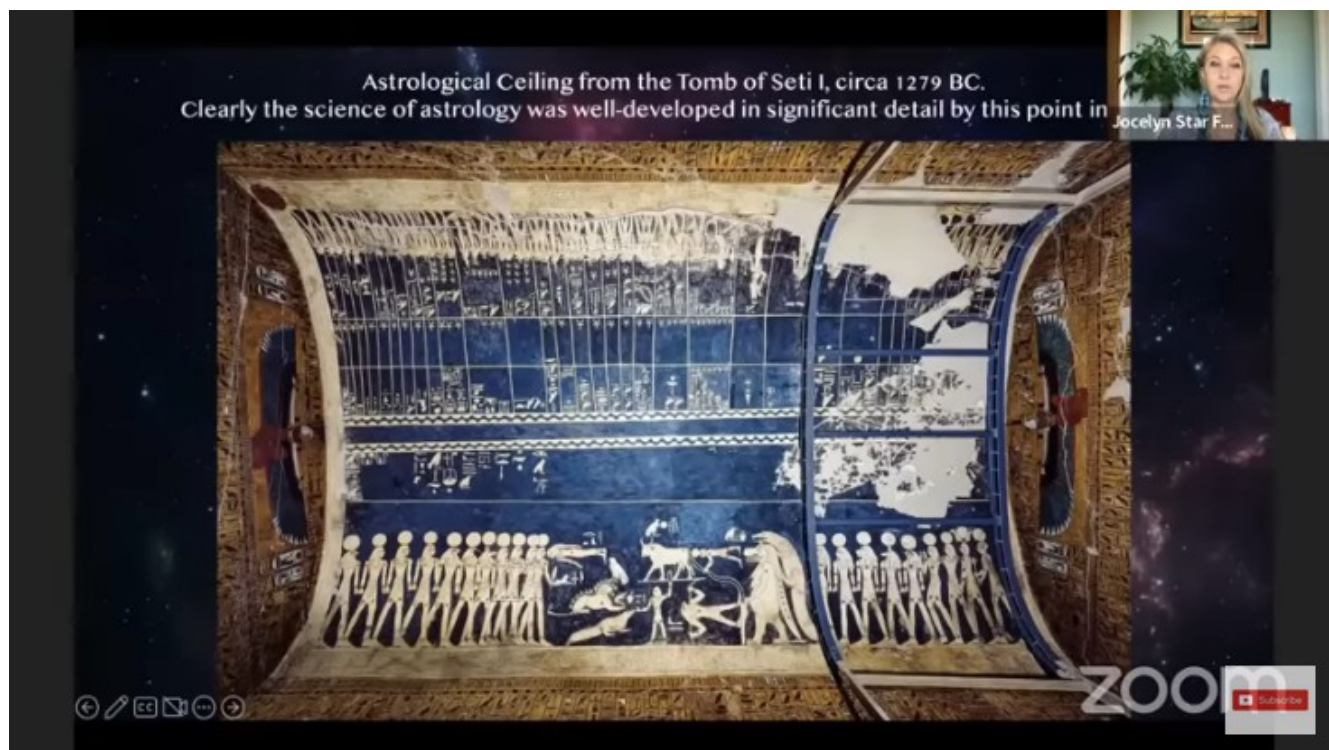
faded as many of the most extreme Trump-backed candidates, including election 2020 deniers who ran for secretaries of state, lost their races.

**T:** Will now play the most powerful & important astrological transits of 2023, 24, 25 – a friend of Kaypacha,

**AUDIO: The Most Powerful & Important Astrological Transits of 2023, 2024, and 2025 ~ Jocelyn Star Feather 1:22:33**

[https://www.youtube.com/watch?v=F3IVbDphoz8&ab\\_channel=SacredPlanet](https://www.youtube.com/watch?v=F3IVbDphoz8&ab_channel=SacredPlanet)

**Overview: #1 Why does Astrology Matter?**



## **#2 Why Does Astrology Work?**

Quantum entanglement is the point here

We've all been together before; we'll all be together again – there is a pull between us all.

**AUDIO: Kryon NOVEMBER 2022 » Recalibration of The Crystalline Grid**

<https://www.youtube.com/watch?v=8SR500xAaOg>

**AUDIO: A THOM HARTMANN PIECE**

# ASTROLOGY

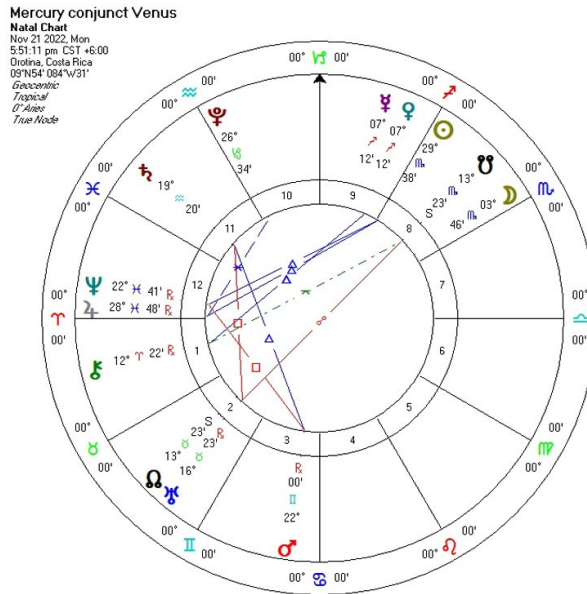
## 2022-11-16 Pele Reports

November 16, 2022 Astrology Forecast

<https://www.youtube.com/watch?v=-yBI6z5XNNo>

**My spirit is indomitable,  
I shall not fail,  
To feed the fires of love on earth,  
That wisdom and truth prevail.**

[Click here to listen to the Pele Report](#)



### Hola, Underworld Visitors!

**Yes, we've all been abducted by Pluto into the underworld, just like Persephone.** Do you remember the myth? The law is that no one returns from Pluto's underworld of death, especially after partaking in its fruits. So as fast as he could, he gave Persephone the pomegranate to eat. She ate six seeds and, as a result, was destined to spend six months of every year down in the underworld for all eternity. Her mother, Demeter, the goddess of nature, mourned her daughter's loss; thus, from then on, the frost and cold of winter last for six months while she grieves before six months of summer returns.

These last three weeks, since the solar eclipse on October 25th (which seems like years ago!), **we've all been taken down into the underworld of intense feelings one way or another.** The lesson is to not overeat the fruit while there! Careful! Life will have its ups and downs, days and nights, rain and shine. As conscious, powerful beings, our task is to master ourselves in, with, and through these changes and not be dragged down unconsciously INTO them and make them "real."

Yes, the world is going down the rabbit hole. Rudolf Steiner said it would last for three and a half years as humans would not be able to stand it any longer (more on that in my upcoming webinar on 2023 next month!) than that. But his main message was that these times are a necessary part of human evolution and that the important thing is for us to stay conscious through these changes lest Ahriman (more on him, too, perhaps) take us unaware and pull our evolution off track. **Consciousness is key.** Escaping, denying,



avoiding, distracting, ignoring, pretending, deceiving ourselves, or numbing out in various ways will be the end of us. So staying awake and helping to awaken others is vital.

This is what I mean by “feeding the fires of love, That wisdom and truth prevail.” We’re talking more long-term here than short-term, as time is the test of truth. While we are now being fed a feast of lies, we will know in time what is true and what is false, fake, unnatural, and sick/distorted. **And it will be the indomitable spirits who, having remained awake and in service to love through the dark night, will blow the trumpets and sound the horns heralding a new age.** Let’s do this!

My spirit is indomitable,  
I shall not fail,  
To feed the fires of love on earth,  
That wisdom and truth prevail.

So this week/weekend, until **the Sun goes into Sag on Tuesday and we have a new Moon on Wednesday**, repeat this mantra over and over whenever you feel like you’re losing, losing it, or things are going to hell (the underworld of Scorpio). The more we center ourselves in Spirit as opposed to the ego and things/people of this world, the more able we are to **let go, trust, and move on in peace, truth, and harmony.**

That doesn’t mean sitting back and being taken advantage of, used, or exploited, mind you! Instead, you may need to feed those fires with bold speech/action and bring down-home wisdom to the table!

**Sometimes, it’s not about losing and letting go as much as it is about leaving and saying goodbye.** Both are losses and should be felt and grieved, and thanked. It is always better to thank someone for the good times rather than blast them for the (perhaps long list of) bad times. Just know to follow your guidance sooner next time, so things finish in a timely manner rather than drag on and pull everyone down the rabbit hole.

Remember to [Live and Let Die.](#)

**So Much Love,  
Kaypacha**

**AUDIO: Tania Gabrielle**

**2022-11-19 Sagittarius New Moon**

<https://taniagabrielle.com/ep-180-sagittarius-new-moon-delightful-new-beginnings/>

A beautiful, optimistic New Moon in Sagittarius is enhanced by the Sun and Moon trine to Jupiter – ruler of Sagittarius! This lightens up the energy with enthusiasm and joy, a welcome blessing after the intense Total Lunar Eclipse in Scorpio. Discover what blossoms in you at the time of this fortunate lunation.

<https://youtu.be/sLYKd0vqT1E>



[https://www.youtube.com/watch?v=sLYKd0vqT1E&ab\\_channel=TaniaGabrielle](https://www.youtube.com/watch?v=sLYKd0vqT1E&ab_channel=TaniaGabrielle)

**RI: presents, discusses some of the Sabian symbols related to the current situation**



## CONFERENCE CALL

#714 <https://fccdl.in/Xsqv5NV8W9>

**Caller:** in answer to his question, yes – it’s cold in the west!

Heard tons of stories about the people who lost everything in the latest hurricane!

Question about the info from Kryon, from the astrologer we just listened to, and to what we know about NESARA

About breath – Prana Yama

Question about the Counsel Smith who will be presiding over the Drumpf trial . . .

Pluto moving into Aquarius – most people don’t get to see their Pluto return

Ongoing discussion about Epson printers for cost and shipping time . . .

## B B S RADIO

### Rama’s music

Snatnam Kaur

the minister/singer from London Ont

Paul the horn player in the pyramids or in India

## AUDIO: Ancient Civilizations Japanese Megaliths & the Mu Empire

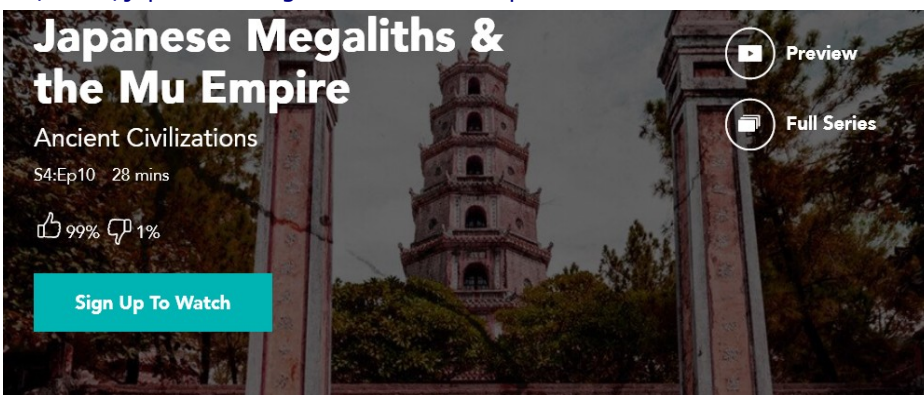
S4 Ep 10 <https://www.gaia.com/video/japanese-megaliths-the-mu-empire> 28 mins

What ancient clues are leading researchers to dive deeper into texts and traditions of Japan to answer questions about their connection to the stars? Connecting megalithic architecture styles of Osaka Castle, Yonaguni Monument, and Ishi-no-Hoden with similar mysterious sites like Easter Island and Tiwanaku, experts are piecing together a puzzle that could include the empire of Mu.

Explore the underwater architecture that experts are uncovering to connect the advanced civilizations lost to the Great Flood.

Featuring: Gregg Braden, Freddy Silva, Hugh Newman, Rita Louise, Andrew Collins, Kaedrich Olsen, Andrew Collins, Michael Cremona, Billy Carson, William Henry

Audio Languages: English





**AUDIO: Regina Meredith: OPEN MINDS**

**Mechanics of Dreaming & Astral Travel**

**Episode 4 45 minutes**

<https://www.gaia.com/series/open-minds/season-23>

Where do we go in dream travel? Spiritual medium and channel Sheila Gillette shares insights on how to use travel during sleep and out-of-body-experience (OBE).



**AUDIO: Jimmy Church – INTO THE VORTEX - Geometric Structures beyond Duality**

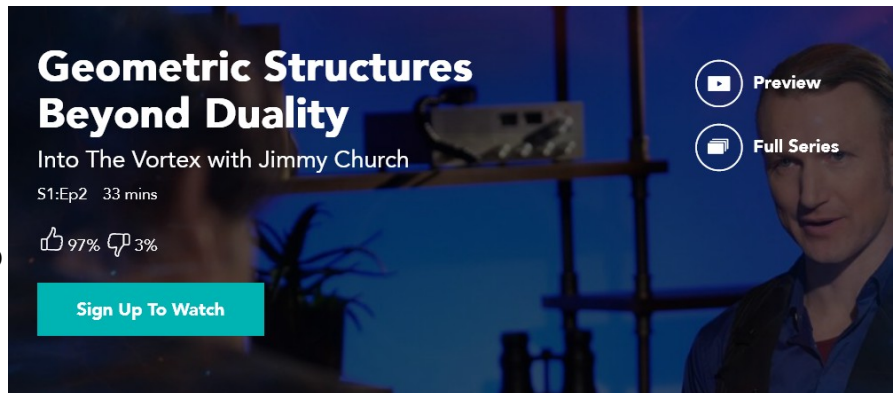
**S1:EP 2 <https://www.gaia.com/video/geometric-structures-beyond-duality> 33 min**

Are new scientific discoveries linking consciousness and spacetime? Delving into the cosmic connections of consciousness, Superluminal Systems CEO Adam Apollo shares the evolving history of humanity's understanding of our place in the

universe. From the matching geometry of DNA and proton structures to quantum physics rewriting science itself, Apollo pushes us to move beyond duality and resonate within the harmonic universe.

Instructor/Host: Jimmy Church

Featuring: Adam Apollo Audio Languages: English



**AUDIO: Beyond Belief – Uniting UFO Narratives - George Noory and Roderick Martin**

Episode 9 <https://www.gaia.com/series/beyond-belief/season-20>  
44 mins

Why is the African American perspective largely missing from the UFO disclosure conversation? Roderick Martin, an African American investigator with MUFON (Mutual UFO Network), discusses his work.



**CLOSING: Rainbird**

**Rama's Alan Watts – don't take life too seriously!**

[https://www.youtube.com/watch?v=h4wa0tSBdOU&ab\\_channel=Wiara](https://www.youtube.com/watch?v=h4wa0tSBdOU&ab_channel=Wiara)