

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY** Internet / BBS Radio CALLS
- B ARCHIVES** - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED** by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST**



- II OPENING MEDITATION; ENERGY UPDATE**
- III HARD NEWS**
- IV GUEST HOUR**
- V CLOSING MUSIC**

I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

**NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
Pin Code: 353 863#**

	B B S RADIO STATION 1	B B S RADIO STATION 2
INFORMATION RE: OPTIONS FOR LISTENERS are listed below	A Night at the Roundtable Friday Night Hard News	Saturday History Call
LISTEN ON LINE	CLICK ON AUDIO ICON 	CLICK ON AUDIO ICON 
LISTEN BY PHONE	1-631-359-9353 [NO code needed]	1-804-220-6484 [No code needed]
CALL IN TO INTERACT	Only during live calls 888-627-6008 Direct: 323-744-4831	1-888-429-5471 Direct: 323-744-4841
ACCESS CUSTOMER SERVICE	Toll Free: 1-888-710-8061	Direct Line: 1-323-744-4828
OTHER BBS SERVICES	FREE PHONE APPS	
	<ul style="list-style-type: none"> • Free BBS Radio Android phone app • Free BBS Radio iPhone and iPad app 	

I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading
TALK SHOW PROGRAM ARCHIVES FOR PODCASTING
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to Archives" tab for audio links on LHS:
includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested

To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://Ashtar Legacy Teleconferences (ashtarontheroad.com))

LINK TO BBS PODCAST:

<https://bbsradio.com/podcast/night-roundtable-november-3-2022>

Call In Numbers: 866 627 6008 323 744 4831

HOSTS: Rama and Tara
MEDITATION: Omena
GUEST HOUR: A Roundtable Discussion

TONIGHT'S PANEL: Caroline Oceana Ryan [COR] Micah Green [MG]
Omena [O] Penny Christoffersen [PCC]
Rama, Tara [R,T] Randy Miller [RGM]
Vinayak [VIN]

THE LAW OF ONE

We are all One.
When One is harmed, all are harmed. When One is helped, all are helped.
Therefore in the name of Who I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

O: The book she got the meditations from is one that is many years old **50 Spiritual Powerful Meditations by Margaret Rogers. 1993.**

Energy Updates

COR: is adjusting to seeing snowflakes in Santa Fe! The full moon lunar eclipse is powerful too. We are being presented with things we have to finish dealing with – and it is important not to get dragged down by the news media because so much is happening at once. She's letting others have their paths . . .

• Rama met snow flurries on his way home today!

O: talking about on line dating on Facebook – gets lots of requests to check people out - usually widows and with 1 child; people are vulnerable if you're lonely or needy, then you can get hooked!

- She looked up one of the links and found out it was scammers .
- Romance.com/scam – can use this site to check out the names you may get
- they are very consistent in the way they approach things: usually professionals of some sort. . .

Discussion of fairies and what they can do to help people – **The Autobiography of a Fairy** – Dora Van Gelder Kunst is the author

PCC: information from Kryon – that the integrity of truth is emerging! [see below for entire note]

and we are also hearing this from The Collective and Mother Sekhmet as well

T: once the positive energies are apparent, people start to change

RGM: reminds us

- the telephone companies hire the kind of individuals who try to
- the effect of some businesses which are detrimental to other businesses
 - a trade show on in Las Vega called SOMA - one man's spot used to cost \$6,500 and now \$20,000 for the same sized spot and \$3600 for hanging a sign – and this year there is to be no selling, no giving away of samples – unless they go upstairs and hire a room to make a deal – It's so bad that Ford and GM have pulled out of the trade show because it would cost them \$1 Million or more to set up the way they usually do and want!
- today the solar storms were fantastically fast – the energies are strong and increasing
 - solar storms, flex energies all kinds of energies - and our bodies are continually adjusting to these energies as well as Mother Earth and the so-called disappearance of some rivers
- Individuals have a lot of power and we can use it to help the planet

- People are waking up and the ones with the money are slowly drying up and they don't know seem to realize they are doing it to themselves
 - one night it was warm; the next morning there was a foot of snow on the ground – that's how fast things can change!

T: we're going through a cosmic throw up given the energies

R on the energies:

- we are solidly anchoring in the 5th dimension and the Dark Side is freaking – it is OVER with the old time line of death, destruction and Samsara – now we focus on the Light coming and the full moon
- the next time this will happen in 23rd or 24th century, will be on November 8th again
- Things are moving and shifting tremendous energies – all the ascension symptoms and the pushing of the fear factor . .

2022-11-03 Rama's White Knight Report NOVEMBER 03, 2022

October 28, 2022 – November 03, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well – at

<https://www.rainbowroundtable.net/rama-s-contacts>

2022-10- 28 Friday Dalai Lama



[Dalai Lama @DalaiLama · Oct 28](#)

The basic orientation of our hearts needs to be altruistic. The peace of mind that results from this brings us physical comfort too. We have better health and sounder sleep, and we can make the best use of our inner resources.

2022-10-28 Friday The Poppy Lady, Fing DelKnorr

Rama: At 12:11 pm, early this afternoon, I received a text message from **The Poppy Lady** and her friend, **Fing DelKnorr**, a 12' tall Sasquatch Being of Light. They said to me, "Lord Rama, we are over Pakistan, still helping with food, water, medicine and supplies. The waters are slowly receding; there are so many who have lost everything.

"I can tell you, Lord Rama, this is the time and the place where it all changes. We must end the racism inside ourselves; it takes all of us to heal this story. I have been to many lands and seen many cultures; the one thing everyone is saying is 'War is not the answer.' In terms of the big story all the Forces of Light are here. Happy Samhain and the changing of the seasons. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-10-31 Monday Dalai Lama

[Dalai Lama@DalaiLama · Oct 31](#)

Generally speaking, whether or not technology can be thought of as good or bad depends on how it is used. We human beings should not be slaves to technology or machines. We should be in charge.

2022-10-31 Monday The Poppy Lady

Rama: I received a text message from **The Poppy Lady** at 11:59 am at the last minute of this morning. She said to me, "Lord Rama, we are still over Pakistan helping the people. The UN and the US Agency of International Development (USAID) are doing all they can to help the Pakistani people yet they are too little, too late. What we can do with our technology from the ships is far greater than earth-based ships. Please put the land of Pakistan in the Circle of Support, and blaze the Violet Fire. May all her required needs be met with grace and ease, for the highest good of all concerned to happen here.

"The protests continue in Iraq; this is the end of all empires across Mother Gaia. Our families from the stars are here. I know this road has been a long one, Lord Rama; we are at the end of this story. WE HAVE WON! ! ! In the Light of the Most Radiant One, Sat Nam! Namaste! Blaze the Violet Fire!"

2011-11-01 Tuesday Tom the Cat and Sweet Angelique the Cat

Rama: I received a text message from **Tom the Cat and Sweet Angelique the Cat** at 12:19 pm this afternoon. They said to me, "Lord Rama, we were over Stonehenge exactly when the veil between worlds was the thinnest on Hallowe'en night, also known as Samhain. The solar flares continue. We are approaching a lunar eclipse. And there is lots of divine chaos out and about. The Light is sorting this out. As we go through this next eclipse, there are lots of hints of false flag events. As a matter of fact, this full moon is a blood moon and a total lunar eclipse at 6:02 Eastern time right on November 8th, Election Day.

"Please hold Planet Earth in the Circle of Support, and Blaze the Violet Fire! See you in the Light of the Most Radiant One! Sat Nam! Namaste!"



<https://www.facebook.com/korankor.gowron/posts/pfbid02kLHymmsqaote6EgfUNSkQ2YH9stoadsaf9XfrqAVC3GSD9DAdZn8Mt6tQ3YmbJjpl>

2022-11-03 Thursday

Plasma Field; Lady Nada

Rama: I went and sat in the **Plasma Field** today at 12:15 pm early this afternoon. It showed me the total Lunar Eclipse in Taurus on November 8th in a simulcast with a full moon/ Blood Moon at 6:01, 6:02 am EST that morning. The kicker is that November 8th is also Election Day for the US of A. The shadow of the full blood moon / total eclipse will cover a major portion of the United States and it will definitely still be dark at 6:01 in the morning!

The Plasma Field said to me: "Lord Rama, focus on Love in the image of Amaji and of the Great Mother Goddess Durga, who comes with compassion and love, and sits on a tiger. Another form of Durga is Kali Ma who wears a necklace of skulls around her neck, representing skeletons in the closet. The Dark Side has to face all their skeletons in their closets, both metaphorically speaking as well as in real time. Kali Ma takes no prisoners, as Mother Sekhmet says as well.

"Mother Gaia wants peace. She has sent out a signal across this local sector of the Milky Way Galaxy, called the Alpha Quadrant. The starships of the Ashtar Command have responded."

Then the Plasma field started showing me starships over Mother Gaia all around the world. Then the Plasma Field continued: "Lord Rama, as you focus on these images, it is already being made manifest."



Lady Nada sent me a text message as well, saying "Lord Rama, focus on the total lunar eclipse and the light of 10 trillion suns coming in right now. And the wicked witch with her doomsday story will melt away. Sat Nam! Namaste! Blaze the Violet Fire!"

T: much has happened today! Amy of Democracy Now spoke of a war starting 2 years ago today – Ethiopia into peace with Tigray group – the peace talk does not include the closest country 800,000 people killed in the last 2 years in that place

Obama is talking about democracy being on the ballot –
"Democracy may not survive the GOP election deniers" is what he said.
all kinds of GOP deniers of the voting process are on the tickets.

The power of having both the full blood moon and the total lunar eclipse at the same time is not to be ignored

- with reference to Tania Gabrielle's latest report

[see below]

MG: Brings news from the Keshe Foundation

- Latest Knowledge Seekers Workshop PLUS news of upcoming and exciting events
- Keshe also said we will be having visitors / travellers of the Universe

LISTEN TO THIS PRESENTATION ABOUT THE LATEST KESHE TECHNOLOGY

COR: Several questions and Rama's responses . . .

O: need only to think the energy to be it – don't have to feel it or she'd stay in that ecstasy of Oneness all the time – so for her the way to deal with this is to THINK of the energy we are not faking it, but inviting the energy in – it's like a total, peaceful State of Grace walk around knowing you're a Master, and allow it – and love yourself enough to

COR: talks about stretching or
don't wait to be in an ecstasy situation – reach out for the energy – we can have the energy as we are changing

R: this is happening more and more for all of us

O: if we're going to be in the Oneness,
she just walks and talks to the Masters as she goes through her day
when you walk and talk with the Masters, you don't see anything wrong with them

WE are THE MASTERS!

COR: it takes practice to do this -

R: it's about getting the ego out of the way

O: it's like bringing in the white light to heal the body

COR: about the divine Chaos Tom The Cat and Angelique the Cat mentioned

R: thinks of the sun and the light codes coming in : stirs the pot and people are feeling that

R: not just in Iran but all over the planet: tired of being told what to do!

COR: do your contacts ever talk of the Supreme Court – what will become of them?

R: behind the scenes, they are slaves to the old Empire, the Vatican and ultimately the fallen angels

- John Roberts and others will be facing accountability
- More and more faulty choices being made with finances – Roberts and others have committed crimes against humanity for making it hard to vote
- the big thing is Racism – this goes back to Enki and Enlil who wanted to create a slave race
- mind control is added to this, creating ideologies about people on the planet and then there are false religions
- All the skeletons in our closets have to be dealt with
- We've been fed a line of c*** about what's in the Good Book

COR: the whole story about Jeshua, archangels, jehoval etc etc

COR: Faction 2 has infiltrated the channeling world -

- she's asking people not to believe everything they hear
 - she calls in The Collective: **if someone passes and sees the Light, yes they are to go toward it! ! !**
 - When you go into the Light, you are moving into the higher realms and meeting others you know and love . . .
- She mentions no names – doesn't know if they're being paid or if they are deceived themselves!

COR: when the Plasma Field talks about the ships, what does that mean? ? ?

R: it's already happening – every day, he's seen starships in the sky – half cloaked, decloaked, cloaked

- something has lifted as their presence is more prominent than before

T: the door is open, as Randy said – so they can walk in and say HI now! !!

Martin Luther King's words: "The arc of the moral universe is long, but it bends toward justice."
change takes a long time, but it does happen.

CLOSING MUSIC:

The closing music was not what was requested – glitches of some kind . . .

2022-11-03 Kryon The Integrity of Truth is Emerging

Let's examine a quote from Kryon: **"Light will find its highest level, truth will find its highest level and it just takes time."**

What does Kryon mean by that phrase?

I want everybody to take a deep breath for a moment. This statement is new for our time. It really is. It's beautiful. It wasn't always this way on the planet. Have you got that? In fact, in an older energy, everyone knew that corruption and untruth won the day.

Our history is filled with it, folks. I mean, it's just absolutely filled with this. Humans in leadership positions in the past often created wars to sell weapons so they could profit. You know this. War became a business, and probably still is. Conquerors wanted resources for that. That's why they went to war.

Human life didn't matter much. Look at how many people got killed. How long did that go on? The answer of course is that it was always the way of it. Right now in certain parts of the planet, it still is.

I think you know that, but what is changing is the awareness of light. Suddenly, with this new energy on the planet, the very core of how we perceive things is changing. Things that were in the dark, that was the way of it for centuries, are starting to show themselves.

Did you notice? Awful things that used to be the norm, seemingly forever, are starting to be revealed, and it is no longer okay. So a new premise is upon us.

Truth, and the light of truth, and the integrity of truth will eventually emerge. You can't stop it, folks. You can't stop it. You can suppress it, you can bury it, you can deny it, but you can't stop the emergence of truth and light.

"Lee, I don't believe you." You can deny it, but the truth and light are always going to float to the top.

That's what's going on right now. I love this.

Love and Blessings,

~Lee Carroll and Monika Muranyi



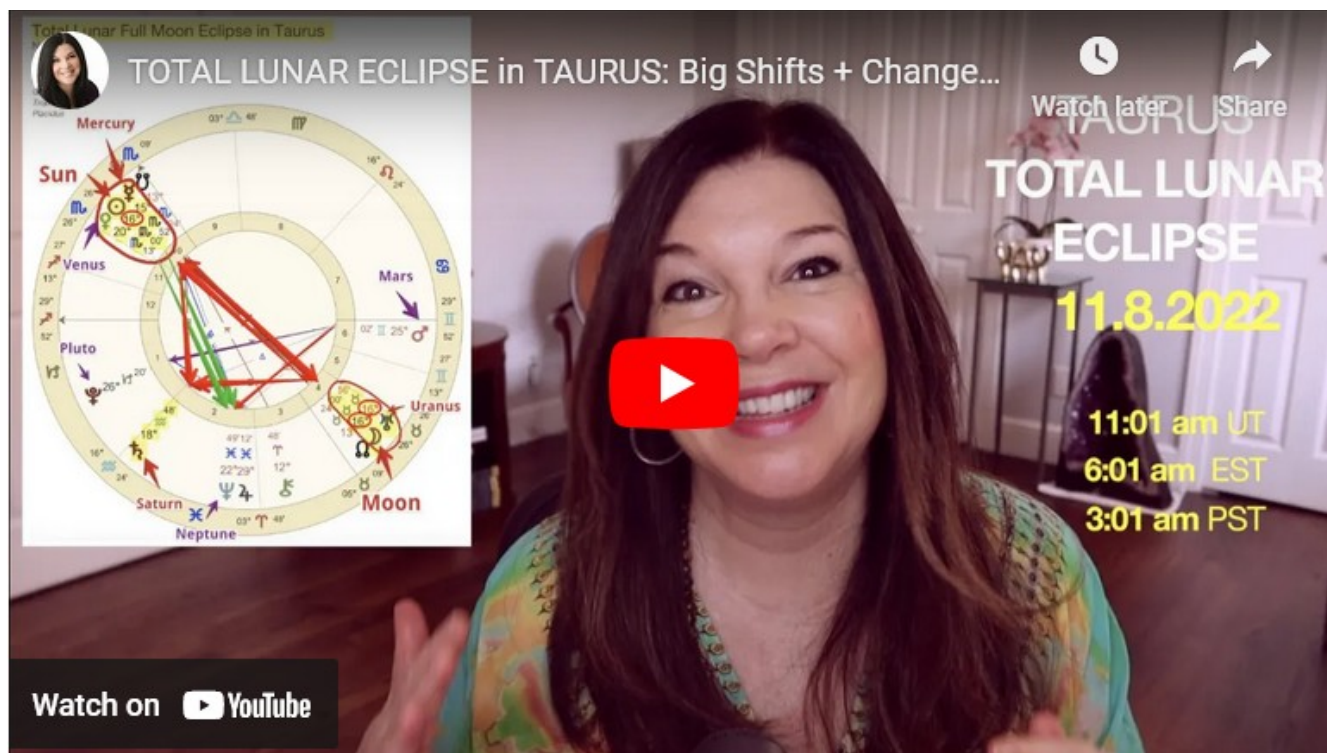
Monika Muranyi
Researcher & Kryon Archivist
Author of 4 Kryon Companion Books



Lee Carroll 
"Original Kryon Channel" since 1989
Author of 17 books, translated into
more than 25 languages worldwide.

2022-11- 03 16:16:16:16 + 8:8 Taurus Total LUNAR ECLIPSE [Nov 8, 2022]

https://taniagabrielle.com/16161616-88-taurus-total-lunar-eclipse-nov-8-2022/?inf_contact_key=7fcfa80946cedeeb16201afc7dca3e604dfbc39d7283b2cb89d5189540b69330



The pivotal Total Lunar Eclipse in Taurus on November 8 will profoundly shift you from the inside out.

The Moon is **exactly conjunct Uranus** – agent of breakthroughs and change – and the Sun is merged with **Venus** and **Mercury**, while all five are square to Saturn, creating tension and a profound yearning for release from the past.

- The total lunar eclipse is exact on November **8** at 11:01 am UT, 6:01 am, 3:01 am ET.
- November is an **8** Universal Month.

So a powerful, empowering double **8:8** code is activated.

- Amazingly, the degree number Moon opposite Sun is **16°**.
- Uranus is exactly conjunct the Sun – so also at **16°**.
- And the Universal Date for November 8, 2022 is

That activates a quadruple **16:16:16:16** code!

16 evokes the same surprises and unexpected breakthrough energy as Uranus conjunct the Moon.

Uranus and 16 both activate your intuition – which is crucial to connecting you to your heart, not your mind, as you navigate this stunning total lunar eclipse and the month of November.

Plus there is that tight and intense T-square to Saturn, ruler of Timing.

Moon and Uranus in Taurus, and Sun, Mercury and Venus in Scorpio are ALL in a T-square to Saturn. That means it is TIME to take **responsibility** for every moment of your life – the keyword for Saturn.

This overall intense astro-numerology code can either activate more polarity – or take you into your heart to rise above the polarization.

Of course you can change a polarized state at any moment.

It is just a **choice** you make.

The Full Moon opposition represents that choice.

So be vigilant – *especially during this eclipse season* – about **choosing wholeness and harmony** rather than **separation and division**.

With Venus conjunct the Sun and Venus Ruler of this Taurus Total Eclipse, discover how Venus with Mars is transforming how you create joyful, harmonious outcomes in ANY situation.

It's all revealed in the [free webinar](#) "Venus and Mars: Balancing the Divine Feminine and Sacred Masculine".

Discover the beautiful:

- **5-pointed Star of Venus**
- Secret Meaning of letters **V & M**
- **13 Phases of Venus**
- Origins of the **Mayan Calendar**

...and so much more – [and you can watch it all absolutely free here.](#)

Love and Joyful Blessings,

Tania Gabrielle

P.S. This free training contains secrets about Venus and Mars and the tremendous cosmic changes for Humanity unfolding now.