

**DOCUMENT OVERVIEW**

**I INFORMATION REGARDING ACCESS TO**

- A THE THREE WEEKLY** Internet / BBS Radio CALLS
- B ARCHIVES** - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED** by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST**


- II OPENING MEDITATION; ENERGY UPDATE**
- III HARD NEWS**
- IV GUEST HOUR**
- V CLOSING MUSIC**

**I INFORMATION REGARDING ACCESS TO**

**I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>**

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

**NOTE: 2<sup>nd</sup> CONFERENCE CALL # for both Friday, Saturday  
605-313-5166  
Pin Code: 353 863#**

	B B S RADIO STATION 1	B B S RADIO STATION 2
<b>INFORMATION RE: OPTIONS FOR LISTENERS are listed below</b>	A Night at the Roundtable Friday Night Hard News	Saturday History Call
<b>LISTEN ON LINE</b>	 CLICK ON <b>AUDIO ICON</b>	 CLICK ON <b>AUDIO ICON</b>
<b>LISTEN BY PHONE</b>	<b>1-631-359-9353</b> [NO code needed]	<b>1-804-220-6484</b> [No code needed]
<b>CALL IN TO INTERACT</b>	<b>888-627-6008</b> Direct: 323-744-4831	<b>1- 888-429-5471</b> Direct: 323-744-4841
<b>ACCESS CUSTOMER SERVICE</b>	Toll Free: 1-888-710-8061	Direct Line: 1-323-744-4828

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**I - B ARCHIVES - provided by BBS and by Rainbow Roundtable**

**ARCHIVES: B B S**

- Go to [www.bbsradio.com](http://www.bbsradio.com)
- In **Search** box, enter the name of the required program;
- scroll down to the heading  
**TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

**ARCHIVES: Rainbow Roundtable**

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to Archives" tab for audio links on LHS:  
includes BBS podcast + Conference Call Links

**I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable**

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	<b>Wednesday</b> 6:00 – 7:30 MST	<b>Telephone Only</b>	1- 605 - 472 – 5406 <b>PIN 402-493#</b>
<b>Abundance Call</b> Caroline Oceana Ryan	<b>Every 2<sup>nd</sup> Wednesday</b> <b>5:45 PM PT/ 8:45 PM ET</b>	<b>Telephone</b> <b>ZOOM</b>	
<b>To be notified: email <a href="https://www.ascensiontimes.com/the-abundance-group">https://www.ascensiontimes.com/the-abundance-group</a> Scroll down to the sign-up sheet and enter the requested info.</b>			
<b>Ascension Call</b> Cheryl Croci	<b>Every Sunday, Monday</b> <b>9 – 10:30 EST</b>	<b>Telephone Only</b>	1-425-436-6260 <b>PIN 9467 441#</b> Call Cheryl for # in your area
<b>Ashtar Legacy Calls</b> Fran Pearre	<b>Every 2<sup>nd</sup>, 4<sup>th</sup> Tuesday</b> 5 <sup>th</sup> Tuesday – no call <b>9:00 – 10:00 pm EST</b>	<b>Telephone</b> <b>VOIP/ H D</b> <b>via Skype</b>	1-717-908-1834 <b>PIN 980 339#</b> Call is free; LD charges are not 1-717-908-1834 <b>PIN #980 339#</b> <a href="https://www.freeconferencecallhd.com/hd-conferencing/">https://www.freeconferencecallhd.com/hd-conferencing/</a> Click on VOIP button and enter info as requested
<b>To access past ALC calls, go to <a href="http://ashtarontheroad.com">Ashtar Legacy Teleconferences (ashtarontheroad.com)</a></b>			

**Call In Numbers: 888 627 6008 323 744 4831**

**LINK TO BBS PODCAST:**

<https://bbsradio.com/podcast/night-roundtable-march-2-2023>

**HOST:** Randy / / Rama, Tara

**MEDITATION:** Caroline Oceana Ryan

**GUEST HOUR:** The Panel and callers

**TONIGHT'S PANEL:** Caroline Oceana Ryan [COR] Micah Green [MG]  
Penny Christoffersen [PCC] Omena [O]  
Rama, Tara [R,T] Randy Miller [RGM]

### THE LAW OF ONE

We are all One.

When One is harmed, all are harmed. When One is helped, all are helped.

Therefore in the name of Who I AM – and I AM One with All there is -

I ask only that the Highest Good of all concerned – Happen.

And I give thanks that this is done!

So Be It!

### ENERGY REPORTS

**R:** the intensity of issues on the planet are being brought more to the light thanks to the solar flares!  
Reveiw some other current events – Rupert Murdoch's son being charged with murder

**COR:** we are increasingly aware in ways we haven't been for a long time – for example: return of telepathy being reported; also the ability to see and sense energy patterns – in time all our siddhas/ gifts will return to all of us

- Will also be able to create new things as well
- Bonnie Serratore and COR did a presentation on March energies which can only be considered to be constantly variable / changeable over the month
- Start with meditation every day so you know you are never alone – we need to live with the awareness of the strength of the energies we now have to work with

**Omena:** what keeps us healthy – boundaries! And they are important when you want to spread love around!

- How do you know you are full of light when you go out in the world? People will come up to talk to you – be kind to them when you talk to them, let them know you have to go – maintain your energy by maintaining your boundaries with others; excuse yourself as necessary to maintain your own energies
- If you don't wake up feeling you are full of light, fake it ! Be the Light! Be the Peace! Be Happy! Bless 'em, keep going – we are all on our own journeys and need to recognize and maintain our own boundaries.

**RGM:** the roller coaster ride these last few days have been immense: the cosmic energies are about raising the energy levels of every thing so we can contribute to raising the galaxy and the universe.  
**Lots of ups and downs**

**PCC:**

- all the signs of spring and of change:
- the 'gold dust' on the snow: newly fallen seeds from the birch trees, seen on fresh snow
- the comprehensive reports appearing about the Canadian truckers convoys and the light they brought to Canada and other countries around the planet
- the visit of the European parliamentarian to Canada because of her admiration for the peaceful protest of the truckers which encouraged others around the planet to protest the unreasonable and unnecessary estrictions laid on the people

**R:** a general introduction to the galactic beings he knows: the King of Swords is a human assisting St Germain and the galactics, all of whom are working towards the enactment of NESARA

2023-03-02

Rama's White Knight Report

MARCH 2, 2023

February 23, 2023 – March 02, 2023

**To our readers: Rama's White Knights Report**, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

**To find more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to**

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-02-24

Friday

[Dalai Lama](#)

[Dalai Lama @DalaiLama · Feb 24](#)

Compassion and love are not a luxury; they are essential to our existence. Without a sense of caring, there can be no sense of community. We must learn to work not just for our own self, family, or nation, but for the benefit of all humankind.

2023-02-24

Friday

**Lady Nada**

**Rama:** I received a text message from **Lady Master Nada** at 12:30 pm, early this afternoon. She said to me, "Lord Rama, there were two massive solar flares today – X2 and X3 class. The energies continue to be as high as they can go. Listen to Theresa Bullard's message "*Down the Quantum Rabbit Hole*" \*\*\*; she was talking about the Kabbalah and the mystical arts.

"Leave the dark side alone. Things are extremely imminent. Sat Nam! Namaste! **Blaze the Violet Fire!**

\*\*\* <https://www.gaia.com/video/down-the-quantum-rabbit-hole>

**From the Awakening Conference, held in Blackpool, Lancashire, England**

2023-02-25

Saturday

**Tom the Cat and Sweet Angelique The Cat**

**Rama:** I received a text message from **Tom the Cat and Sweet Angelique The Cat** at 12:38 pm this afternoon. They said to me, "Lord Rama, intense gamma ray light is coming in from Great Central Sun to our sun, Sol. Everything is being raised up. All the galactic forces are here. Earth is becoming 5D earth RIGHT NOW!

"Pay no attention to the Dark Side. They have used up all their power. They can embrace the light or they can go kicking and screaming. Ascension is assured. Sat Nam! Namaste! **Blaze the Violet Fire!**"

2023-02-27

Monday

**Lady Nada**

**Rama:** I received a text message from **Lady Master Nada** at 12:20 early this afternoon. She said to me, "Lord Rama, the massive solar flares continue to go on. These ones are geo-magnetic storms that are of the G2 and G3 class and there are big aurora borealis showing up in such places as Sweden, Maine, Lake Superior and even as far south as Colorado.

[and also in Canada – see below]

At Preeceville, Saskatchewan



Larry Hubich  
@LHubich



Aurora Borealis is dancing tonight.



9:38 PM · Feb 26, 2023 · 23.8K Views

<https://twitter.com/LHubich/status/1630064833004556289?t=eMRedbMjVVFqg8UyvAVPIw&s=19>

\*\*\*\*\*

“There are secret, high level meetings going on in an undisclosed location. These secret meetings are going on between galactic ambassadors and the world’s so-called leaders, primarily the G7 and the G 20. the Galactic Ambassadors have shown these so-called world leaders the red line in the sand AND they have crossed it! ! ! Therefore, it is the prerogative of the galactics to step into the affairs of Earth!

“There have been rumours of nuclear threats put out by the fake Putin and the oligarchs of Russia who control him. They are threatening to deploy tactical nukes on the battlefield of Ukraine.

“Meanwhile, the US AND Ukrainian representatives at this secret meeting are threatening to do the same!”

At this point, Nada said; “Lord Rama, **THE NUKES WON’T WORK! ! !** Lord Michael’s legions upon legions are here; this IS THE END GAME FOR THE DARK SIDE!

“All I can tell you about this end game unfolding is – I will see you, Lord Rama and your beloved, for a cup of tea at the Tea House up on Canyon road! See you in the Light of the Most Radiant One! Embrace this light coming in! It is a gift from Creator Source. Sat Nam! Namaste! **Blaze the Violet Fire!**”

2023-02-28

Tuesday

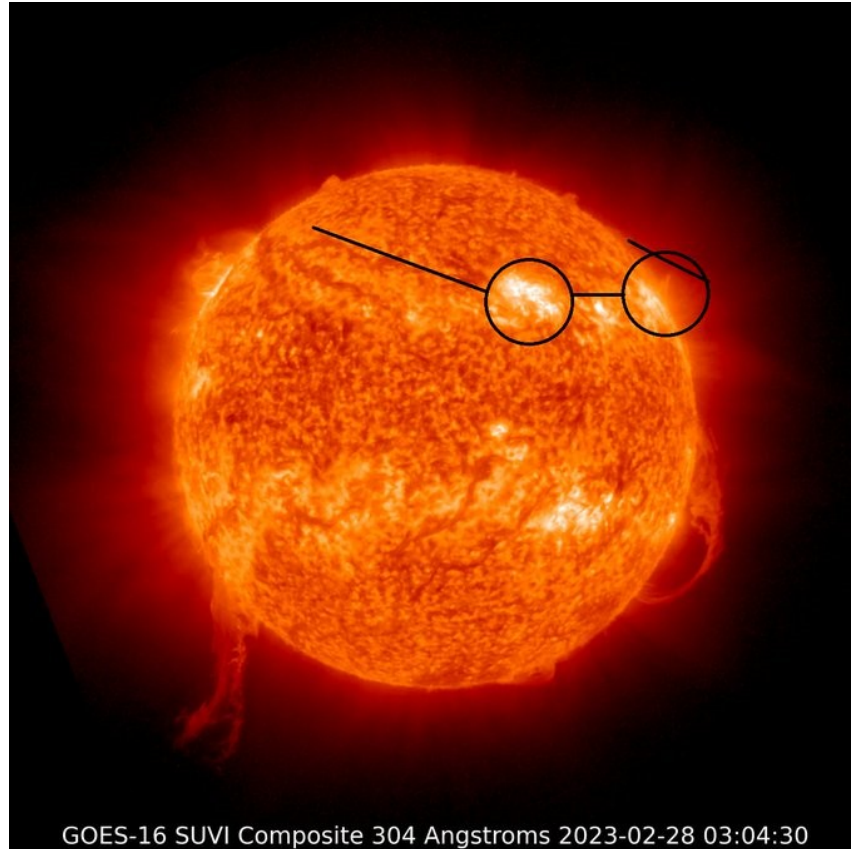
Tom the Ring-tailed the Cat, Sweet Angelique the Cat

**Rama:** I received a text message from **Tom the Ring-tailed the Cat and Sweet Angelique the Cat** at 12:09 pm this afternoon. They said to me, “Lord Rama, there are BIG solar flares again today! The aurora borealis continue to be amazing. These auroras are the manifestation of the Quantum Field for us to see. Please embrace this light which is coming

in from Great Central Sun for us to heal and celebrate! Everything that is going on is moving us up another octave. The Captain and Lord Michael's legions are at the ready!  
"The Dark continues to go down in flames. We must continue to hold each other in the Light of the Violet Flame and in the monoatomic golden light of the Most Radiant One.

"Whatever is being said about nuclear war – SET IT ASIDE! War is NOT the answer! **WAR IS CANCELLED! !** What we have got going on here is a group of immortal beings who have conveniently forgotten their divinity, yet Mother is here to remind them. We hold you and everyone in the Circle of Support who are having difficult times right now.

"The Ascension is assured. Stay in the Light of the Most Radiant One. Sat Nam! Namaste!  
**Blaze, blaze blaze the Violet Fire!"**



**Night Lights (@NightLights\_AM) tweeted at 10:49 AM on Thu, Mar 02, 2023:**

### **AURORA BOREALIS AS SEEN OVER LAPLAND**

The double solar storm punch that created a G3 (max) geomagnetic storm on Feb 26th-28th brought colors we hadn't seen in at least 5 years in Lapland ☐ <https://t.co/8Gjd4zvpPC>

[https://twitter.com/NightLights\\_AM/status/1631351094713409542?t=C-hIpk8\\_y75yhqHteNkdTA&s=03](https://twitter.com/NightLights_AM/status/1631351094713409542?t=C-hIpk8_y75yhqHteNkdTA&s=03)

**TO ALL READERS: The link above is a short video of moving, absolutely gorgeous, fascinating auroras! Printing the Tweet does no justice to them: to see the beauty and awesomeness of these energies, please copy and paste the link ! ! !**

**Mr X said:** "This is the Light of Creator Source coming in to grace us." (See **Thursday** report.)



2023-03-01

Wednesday

The Poppy Lady

**Rama:** I received a text message from **The Poppy Lady** at 12:10 pm early this afternoon. She said to me, "Lord Rama, we are still over southern Turkey and the north west corner of Syria. There are well over 50,000 + people who have gone over the rainbow in that area since the quake began, 3+ weeks ago. Yet this has become a back page story. Where are the main media cameras pointed at? They are pointed at the last dead President of 2017 to 2020 and the present dead President of 2021 to the present! They always talk about aid that comes in trickles and then peters out and the story is forgotten. This is about the pattern of lies that began in the early 80s with Ronald Reagan's famous statement: "I'm from the government, and I'm here to help."

"There are many starships assisting here in this area of Turkey / Syria and beyond. I can say no more. Send more love.

"The Solar flares are bringing in the shift we want to see. See you in the Light of the Most Radiant One! Sat Nam! Namaste! **Blaze the Violet Fire!**"

2023-03-02

Thursday

Mr X

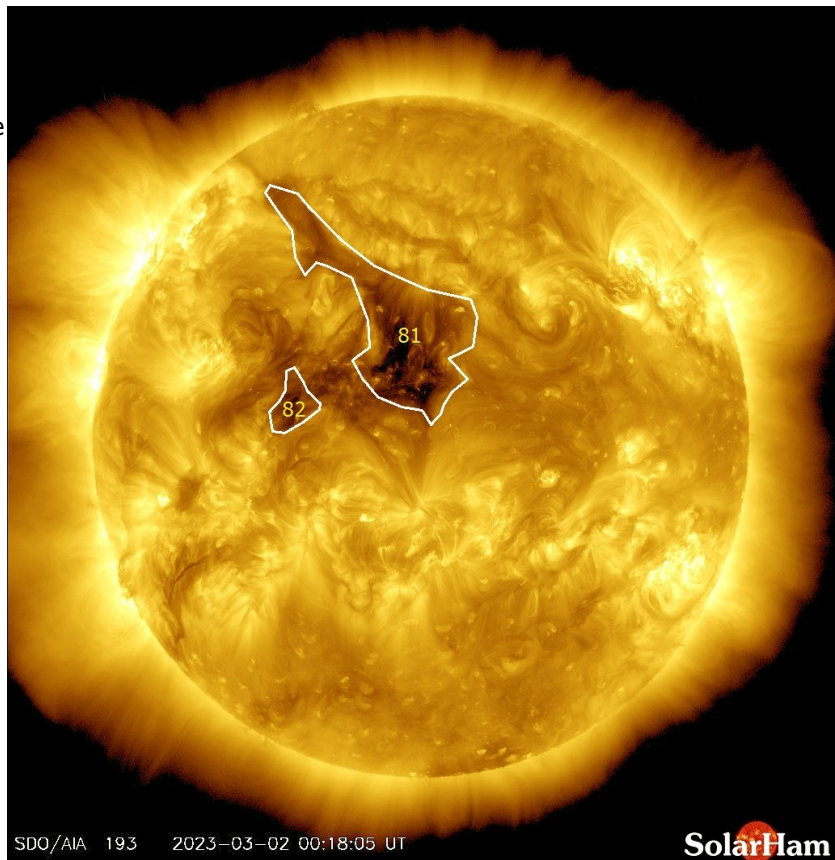
**Rama:** I received a text message from **Mr X** at 12:21 pm, early this afternoon. He said to me, "Lord Rama, a group of scientists have found a new passageway inside the Great Pyramid of Giza. This passageway could very possibly and probably lead to Pharaoh Khufu's sarcophagus which has yet to be found. (See article at the end of the Report.)

"Meanwhile, the solar flares continue to barrel in and the Aurora Borealis are amazing to behold! This is the Light of Creator Source coming in to grace us. Lord Michael and his legions and all the federations are here!

"There was a G20 meeting that began today in New Delhi, India. Prime Minister Modi presided. The biggest issue on the table was the Ukraine /Russia conflict. Russia and the United States, standing in for Ukraine, are haggling over how to create a cease fire as well as end the war. Russia is claiming Ukraine is sabotaging the efforts to end the war – WHICH IS TRUE!"

Mr X went on: "Lord Rama, let me state this for the record: **Russia never started this war; the US Empire DID!** It is time to stop all war! This is why our star family is here. Send only love. Sat Nam! Namaste! **Blaze the Violet Fire!**"

**Note:** The areas set out in white lines are of coronal holes aka portals. Interdimensional and inter galactic beings come through these portals to bring aid to us on the planet. (Rama)



## 2023-03-02 Scientists reveal hidden corridor in Great Pyramid of Giza

<https://www.reuters.com/world/middle-east/scientists-discover-corridor-great-pyramid-giza-2023-03-02/>

By [Aidan Lewis](#)

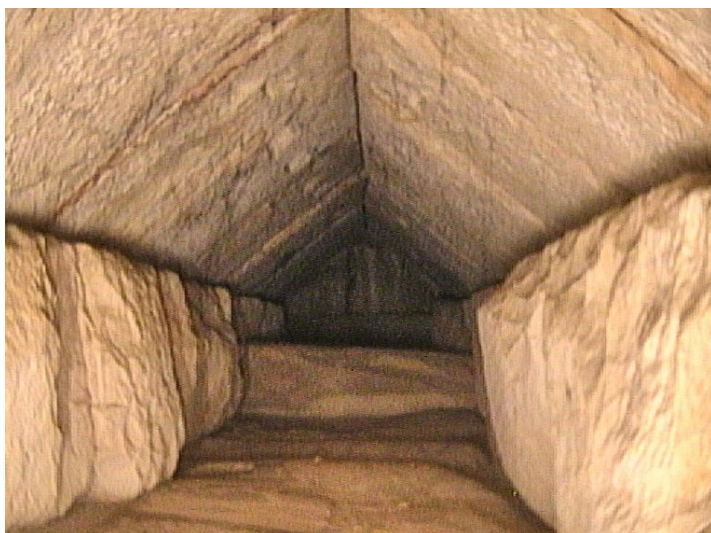
Reporting by Aidan Lewis; editing by Mark Heinrich

CAIRO, March 2 (Reuters) - A hidden corridor nine metres (30 feet) long has been discovered close to the main entrance of the 4,500-year-old Great Pyramid of Giza, and this could lead to further findings, Egyptian antiquities officials said on Thursday.

The discovery within the pyramid, the last of the Seven Wonders of the Ancient World still standing, was made under the Scan Pyramids project that since 2015 has been using non-invasive technology including infrared thermography, 3D simulations, and cosmic-ray imaging to peer inside the structure.

[An article published](#) in the journal Nature on Thursday said the discovery could contribute to knowledge about the construction of the pyramid and the purpose of a gabled limestone structure that sits in front of the corridor.

The Great Pyramid was constructed as a monumental tomb around 2560 BC during the reign of the Pharaoh Khufu, or Cheops. Built to a height of 146 metres (479 feet), it now stands at 139 metres and was the tallest structure made by humans until the Eiffel Tower in Paris in 1889.



**[1/4]** A hidden corridor inside the Great Pyramid of Giza discovered by researchers from the the Scan Pyramids project by the Egyptian Tourism Ministry of Antiquities is seen in Giza, Egypt March 2, 2023. The Egyptian Ministry of Antiquities/Handout via REUTERS

The unfinished corridor was likely created to redistribute the pyramid's weight around either the main entrance now used by tourists, almost seven metres away, or around another as yet undiscovered chamber or space, said Mostafa Waziri, head of Egypt's Supreme Council of Antiquities.

"We're going to continue our scanning so we will see what we can do ... to figure out what we can find out beneath it, or just by the end of this corridor," he told reporters after a press conference in front of the pyramid.

Five rooms atop the king's burial chamber in another part of the pyramid are also thought to have been built to redistribute the weight of the massive structure. It was possible the pharaoh had more than one burial chamber, Waziri added.

Scientists detected the corridor through cosmic-ray muon radiography, before retrieving images of it by feeding a 6mm-thick endoscope from Japan through a tiny joint in the pyramid's stones.

In 2017, Scan Pyramids researchers [announced the discovery](#) of a void at least 30 metres long inside the Great Pyramid, the first major inner structure found since the 19th century.



**T: the issue of Fox news now being discussed**

- Chuck Schumer, Senator of NY, demands that Fox retract their position regarding Trump  
It was during the 1980s when media companies began saying whatever was required, with no verification - now 5 corporate media companies are running the world!
- Son of Rupert Murdoch accused of murdering wife and son -  
accountability is on the table for everyone: said by Katie Fang, an MSNBC news anchor

**O: watched part of the trial:** arrogance is part of the story – the son blamed his addiction for everything that happened: when asked if he killed his wife and son said he would never hurt them

- His arrogance resulted in his conviction in the end; he seemed to think that the jury would feel sorry for him and let him go free.
- He will be in isolation for one month, and then into the general population of the prison.

**T:** At the same time, a long list of financial crimes was also revealed – jury found him guilty on ALL charges: for lying about his part re: financial events, and murder . . . 30 years to life with no chance for parole

**O:** there were 2 counts of fire arms included too

**T:** describes the way the prison system will be reformed as part of NESARA enactment

**O:** the US is a young country, with young souls /adolescents running the county – time to grow up!

**GUEST: Kathleen Acker Ramsey See Guest Biography on page 10.**

**PLEASE LISTEN TO THE PODCAST: IT’S A COMPLEX DISCUSSION**

<https://www.kathleenackerconsulting.com/>

**CLOSING MUSIC: Jon Batiste - Freedom (Live Performance) | Vevo**

0:01 / 3:22

Aug 10, 2021 [#JonBatiste](#) [#Vevo](#) [#FREEDOM](#)



Jon Batiste - FREEDOM. An exclusive live performance for Vevo. For more than half a decade, we’ve watched Jon Batiste light up 'The Late Show' with his high-wattage charisma as Stephen Colbert’s bandleader. Many of us were introduced to the charming multi-hyphenate via his distinguished TV gig, and asked: where’d this guy come from? Those who had a grip on the New Orleans’ music scene were already familiar — especially with the Batiste surname. Jon grew up playing in his family’s respected brass and funk bands. On 2005’s 'Times In New Orleans,' the 18-year-old deftly composed odes to his Crescent City home, at the same time displaying deep piano skills that made him a Julliard freshman at the time.

'WE ARE' is Batiste’s latest album. It’s jubilant and nostalgic. Talking with NPR, the pianist remarked that he wanted to show “people in the world that genres don’t exist. There’s no such thing. It’s only music.” This “FREEDOM” performance, complete with a six person choir, broke conventional walls for sure; you can be excused for taking your eyes off the screen only if it’s to dance along.

**GUEST:** Kathleen Acker Ramsey

**Guest Website** <https://thegameoflife101.com/>

**Guest Category**

- [Courses & Training](#)
- [Health & Lifestyle](#)
- [Kids & Family](#)
- [Paranormal](#)
- [Philosophy](#)
- [Self Help](#)
- [Society and Culture](#)
- [Spiritual](#)
- [Access Consciousness](#)



**Guest Biography**

Kathleen is a courageous woman and mother of two amazing sons, two dogs and a cat. With over 28 years in a corporate legal field, she specializes in contracts. Kathleen has studied and learned from a variety of teachers on many subjects from quantum physics, modern psychology, breathing techniques, some of the greatest to date motivational speakers/teachers and much more.

She is very passionate about finding the balance of logical and spiritual aspects of life. Transitioning in life and work, she is dedicated with leveraging her career experience, her passion of inner standing **The Game of Life** and discovering all that is hidden in plain sight, to help people across the country and around the world step into their true power and become the HERO they are born to be.

With a focus on the gift of freedom, Kathleen helps people fully gain insight into their soul's purpose here at this time. She does this through her teaching the difference between man-made legal system vs law of God. This process requires a deep dive into self-discovery, accountability and with a heart of compassion to bring about the change you desire to see in the world. Her process empowers you to mindfully and joyfully play.

**The Game of Life**

Kathleen is dedicated to having positive impact on the world by helping men and woman to question their core be.**LIE**.f's, becoming open and willing to see life as a **Game** to be played mindfully.

When you perceive life as a **Game**, you take control of your life, you find your definite of purpose and your true power. Kathleen's book, workbook and teachings open the portal of the consciousness to gain knowledge of our God given rights and self-reflection. She gives simple "**Dash Action**" steps to apply to your life.

The **Dash Actions** are the moments in our lives that are lived, from the day you are born until you transcend that dash on the head stone equals all your moments in life.

Live your Life with purpose, happiness, fun filled days and anchor yourself to fulfill all you desire to be and have in life.

Kathleen guides you along a journey to become the change you desire to see in the world, challenges you to have courage, to explore the unknown and play **The Game of Life** with **definite of purpose**.

The time has come in **The Game of Life** where a major change is upon us, and a SHIFT in perception is required. For some this shift has been happening for a while and changes have been taking place, for others it's going to be more like a bucket of cold water being thrown on them.

I'm not sure where you are on the Game, but I am here to assist you. I can't do it for you. No one else can do it for you.

Only you can be the change you desire to see in the world you live in. You have the power to be that change.

### **YOU ARE A HERO!**

Many have gone forth to pave the way and this means not only that it can be done, but they helped to make it easier. Think about an athlete who wants to break a record, someone is behind them following them to set new records all the time. This is to show it can be done and keep improving on the method to accomplish obtaining that goal that record.

Kathleen has been on a journey of self-discovery and finding inner strength. At times she got off the path, took detours. Made some stops that lasted too long in a pit hole that was not serving her highest best self. She had earth shattering times that rocked her to her core. At times it seemed like life threw ice cold water on her to shift her perception of how she saw a person or situation. She gives gratitude for all of her experiences because it made her who she is, which gave her the courage to move forward and to help others do the same.

You are not alone; support is all around you. Most important that support is inside you. As Glenda, the good witch in the **Wizard of Oz** said to Dorothy "You always had the power, my dear, you just had to learn it for yourself."

**Are you ready to unleash the power inside you?**

**Are you ready to become the hero you were born to be?**

**The time is now!**

Let's play this Game and *SHIFT* to the next level together.

**Product | Book Link**

<https://thegameoflife101.com/>

