

February 2, 2023 – February 9, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

To find more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-02-06

Monday

[Dalai Lama](#)



[Dalai Lama @DalaiLama · Feb 6](#)

It is important to be honest and truthful in all our dealings with others. A meaningful life is one that is based on moral integrity, honesty and truthfulness.

2023-02-03

Friday

**Tom the Ringtailed Cat, Larry, Curly, Mo**

**Rama:** Today I received a test message from **Tom the Ringtailed Cat, Larry, Curly, and Mo** at 1:10 pm. They all said to me, "Lord Rama, the Chinese balloon has swallowed up the air in the Pentagon. All the news media agencies are putting out fear stories about the Chinese balloon. We can tell you, Lord Rama, this is another attempt of the Deep State to create a false flag event and blame China and escalate the sabre-rattling.

Larry said at this point: "Lord Rama, this is a plot right of the cartoon called *Rocky and Bullwinkle* from the 60s. Let us blaze the Violet Fire and send more love to all these wayward souls. The true path to peace is kindness and compassion. All we are saying is 'Give peace a chance.' Sat Nam! Namaste! Blaze the Violet Fire!"

2023-02-06

Monday

[Dalai Lama](#)



**Dalai Lama** @DalaiLama · 15h

I offer my condolences to those families who have lost loved ones and pray for all those affected by the devastating earthquakes that have struck Turkey and Syria.



[dalailama.com](http://dalailama.com)  
Offering Support to Rescue and Relief Efforts in Tur...  
The Official Website of The Office of His Holiness the 14th Dalai Lama

192 1,285 9,734 478.6K

2023-02-06

Monday

The Poppy Lady

**Rama:** I received a text message from **The Poppy Lady** at 12:21 pm this afternoon. She said to me, "Lord Rama, we are here at the site of 2 big earthquakes. The first one was 7.8 on the Richter scale; the second one was 7.5 on the Richter scale, just a few hours later. The quakes were felt as far away as Lebanon, Jordan, Israel and Egypt.

"I am here with my crew, and we are blending in with the other First Responders and international Aid Teams.

"We have an inkling that the activation of the **full moon in Leo at 1:29 pm eastern time** yesterday afternoon, Sunday, **Feburary 5<sup>th</sup>**, along with a very tight and tense T-square of Uranus with both the Sun and the Moon, created this sudden and unexpected double quake event. Please place this situation and other trouble spots on Mother Gaia in the Circle of Support and Blaze, Blaze, Blaze the Violet Fire! ! ! Sat Nam! Namaste!"

**Full Moon -  
Oracle of Delphi, Greece**



2023-02-07

Tuesday

Lady Nada; Mr X; Tom, Curly and Mo

**Rama:** I went up the hill and created a Jedi Council above 10,000 Waves. It was 12:15 pm early this afternoon. The hill lit up like there were spotlights on it and **Lady Nada** showed up, along with **Mr X and Tom, Larry and Curly** in the Jedi Council. They said to me, "Lord Rama, even though it looks like the darkest day in Mordor, the energies pouring in from Creator Source are raising all of us even higher. Archangel Michael is here with Excaliber. The sapphire blue rays are transforming all the darkness. There are thousands of starships over the affected areas of Turkey and Syria, where the 2 major earthquakes hit yesterday, very early in the morning: the first one at 7.8 on the Richter scale between 4 and 4:30 am, and the second quake about 2 hours later."

**Mr X** said at this point: "There are 7,000 + people who have gone over the rainbow; there could be, when all is said and done, 10,000 souls who will have gone over the rainbow."

**Tom, Larry and Curly** continued: "As we the people can blaze the Violet Fire and send the rose-coloured healing rays, it will greatly uplift and transform the people who have requested our support there, and bring good vibrations over all the land."

They all said to me, "Lord Rama, as we work with our hearts, the Love can transform any disorder or disharmony anywhere across our world. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

**The Bit-Frost rainbow bridge coming down from Asgard to the Mountains.of Turkey.... Help is on the Way!!!**



**2023-02-08**

**Wednesday**

**Grandmother Beatrice**

**Rama:** I received a text message from **Grandmother Beatrice** of the Zuni Nation at 12:51 pm this afternoon. She said to me, "Lord Rama, the Dark Forces have abused their power and are no longer in control of the matrix. They are no longer in control of using the people as slaves. They are desperate; they need love. For so many eons of time, they have bargained with the devil in the backyard. The devil is gone. The Light has won! Expect the kachinas to return as we enter fully the Age of Aquarius in March. In Lak'éch AHO! Sat Nam! Namaste! Blaze the Violet Fire!"

**2023-03-09**

**Thursday**

**Lady Nada**

**Rama:** I received a text message from **Lady Nada** at 12:07 pm, early this afternoon. She said to me, "Lord Rama, I am in an undisclosed location. Due to the quakes, the death toll has passed 20,000 in southern Turkey and north western Syria. These changes going on have to do with the new 5<sup>th</sup> dimensional timeline which is presently anchoring itself on Mother Gaia. We have been told by the Galactic Councils that there would be some earth changes during this period of time. Yet that was in the past; many of these earth changes that have been prophesied for this time have now been mitigated greatly.

"The sabre-rattling between Russia [really, the United States Deep State] and Ukraine [also the United States Deep State] continues." Lady Nada went on to say: "President Zelensky went to Brussels to beg for war planes and he got them! Let us put all of this into the Circle of Support and Blaze the Violet Fire! War is never the answer! I have presided over many civilizations who have bitter differences between each other; we have always come to mutual respect and agreement after a period of disharmony. This was in the ancient past of our solar system and Milky Way Galaxy. We are in a new timeline; it is getting better all the time! Stay



in the radiant energy of The Violet Flame! This is our salvation. See you in the Light of the Most Radiant One! Sat Nam! Namaste! All we are saying is 'give peace a chance!'"



**Portal  
Opening over  
one of the  
pyramids of  
Giza**

Taken by Tom  
the Ring-tailed  
Cat and sent to  
Rama for  
sharing.



**Crater Lake,  
Oregon**

<https://www.facebook.com/inlakeshband/posts/in-la-keshin-mayan-tradition-there-is-a-greeting-that-many-people-working-with-m/687290954747313/>

In Mayan tradition, there is a greeting that many people working with Mayan wisdom know of. It is the law of ***In Lak'ech Ala K'in***, which means I am another yourself (A modern day interpretation). It also means I am you, and you are me.

We have come to understand that this Mayan greeting is an honoring for each other. It is a statement of unity and oneness. When this sacred greeting is given, there is always an action of placing the hands over the heart. The more I walk the Mayan path, the more I understand the depth that *In Lak'ech Ala K'in* teaches. This greeting has become more than a simple, honorable greeting. It has evolved into a moral code, and a way to create a positive reality for all life. Every action we take in our lives affects all living things. We understand that if we act negatively, our actions impact all life negatively. When we act positively, we affect all life in a positive manner. When we live the code of *In Lak'ech Ala K'in*, we know that every action we take is out of respect for all life, and we are living and giving from our hearts. We can give our hearts in a positive manner every day by saying *In Lak'ech Ala K'in* to each other, to the trees, to the sky, to the birds, and to the stars. You can greet each sunrise by saying *In Lak'ech Ala K'in*. Each and every day we have together is sacred, so acknowledge this day by giving it your heart. Remember when you give in this way, you are also giving to yourself! You are not giving your energy away to something separate from yourself. You are giving to another part of yourself!

Understand the challenges in staying positive in these days where the energy is so compressed that we can hardly breathe! There is one simple exercise that can turn it all around for me! Each day, simply walk in gratefulness. Say *In Lak'ech Ala K'in* to that which gives us life everyday, and that is the heart of the Great Spirit. Instead of solely taking from the Great Spirit by asking for insight and direction, give back your heart, love, and appreciation. You will be amazed at the results. If we open our hearts and send gratitude, it opens all doors that were previously closed. Remember you are a part of Greater Spirit! When you give to Great Spirit, you are giving to yourself.

Practice *In Lak'ech Ala K'in* tirelessly, because when and what we give to others is giving energy to ourselves. When we give, we receive. So how do we know if we giving right? It is really simple. When we are energized by our giving, we know we are giving from our hearts and from the code of *In Lak'ech Ala K'in*. If we feel drained or exhausted, it is possible that we gave out of fear, lack, obligation, ego, or a need to be accepted or liked. The more one practices *In Lak'ech Ala K'in*, the clearer we will become about our motivations regarding our actions, and the more we will receive. Remember . . . what goes around comes around exactly the way it was sent out. If you don't like what life is sending to you, look at what you are sending out to life.

When we begin to live and practice *In Lak'ech Ala K'in*, a lot of our old ways of doing things will no longer work for us. For instance, we cannot act like victims anymore, and we cannot live out of fear either. We find ourselves no longer preparing for disaster; instead we anticipate a glorious future! The past will become just a bad dream, and the future will become a beautiful vision of which we will create right now. Practice *In Lak'ech Ala K'in*; quit being neutral in our world; understand that Spirit works with those that take action. Take action by adding to the positive experience of this dimension. What kind of world do you want? Don't just stand there waiting for the world to appear in front of you. Create: you are a divine creation.

With my hand on my heart i'm grateful for life and love and all of you!

In la Kesh Ala K'in my sisters and brothers.

<https://archive.org/.../InLaKeshLive2015-07-18...>