

February 09, 2023 – February 16, 2023

**To our readers: Rama's White Knights Report**, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

**To find more info on the folks Rama talks to** – who keep **ALL OF US in the loop** as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-02-10

Friday

[Dalai Lama](#)

[Dalai Lama @DalaiLama](#) Feb 10

Compassion is a state of mind unable to bear the sufferings of others. If we all had more compassion, there would be greater peace in the world.

2023-02-10

Friday

**Tom the Ring-tailed Cat, Larry, Curly**

**Rama:** I received a text message from **Tom the Ring-tailed Cat, Larry and Curly** at 12:35 pm early this afternoon. They said to me, "Lord Rama, we are at Stonehenge – again! We have opened another portal and we could see through the portal, that Mother Gaia is sending out the emerald green ray and the rose-coloured ray of Lady Master Mother Mary. We ask all of you to also send these healing rays to Turkey and Syria in particular, for the 23,000 to 25,000 people, now gone over the rainbow in the last four days, due to these quakes.

"The energies continue to flow in, way up there – meaning: the solar flares continue to send mass coronal ejections to the earth. As you call on us, we will be there. There are over 200 galactic civilizations alone, helping all of us and Mother Gaia to ascend. As we focus on this, it changes our vibrations - this is the best time ever to be here, NOW. We are already making it happen, whether we are on that side of the veil or your side of the veil. In fact, there is no veil.

"We see you; you see us. Stay in the Light of the Violet Flame. Sat Nam! Namaste! Blaze the Violet Fire!"

2023-02-12

Sunday

**Rama visits with 10 deer**

**Rama:** I went and sat by the river at 1:35 pm this afternoon. There were 10 deer who showed up and gathered around me; as I sat with them, I took out my crystals and, on the ground in front of me, I laid them out in a circular formation. I played music on my cell phone from "Singng Wire", the Native American Calling radio show. It was Native American singing and drumming music.

Four of the young fawns laid their heads in my lap, and I gently stroked their heads. At this point, I attempted to take a picture with my cell phone of the four fawns with their heads in my lap. They saw me pointing my cell phone at them, and all 10 deer took off like the wind.

Then I knew that it was time to go. Deer are the dolphins of the land. In the Medicine Cards they are # 4, and represent kindness and gentleness of spirit. Their message to me that I share with you today is: be kind and gentle and loving in every NOW moment. Let us be at peace now, no matter what chaos may be going on in the world.

In closing, I share with you this original mantra, inspired by Moabites Thelma Williams.  
"Life is a song; sing it. Life is a game; play it! Life is a challenge; meet it!  
Life is a dream; realize it! Life is Love: enjoy it!

Peace can never be obtained from the outside world; rather, it must be obtained from within.  
So giggle for an immediate return to your youth and so, we wish you Love, Truth, Peace and  
Justice and Beauty for all that can be. So it is! So be it!

Sat Nam! Namaste! Blaze the Violet Fire! May Peace prevail on earth!



2023-02-13

Monday

[Dalai Lama](#)

[Dalai Lama @DalaiLama](#) · 14h

We must strive to cultivate feelings of kindness, compassion, and love for others, viewing our fellow human beings as brothers and sisters, regardless of their race, nationality or religion. A warm heart can bring joy to our own lives and to the lives of those around us.

2023-02-13

Monday

**The Poppy Lady.**

**Rama:** I received a text message at 12:40 pm MST this afternoon from **The Poppy Lady**. She said to me, "Lord Rama, there are already 40,000 – 50,000 people who have gone over the rainbow, due to the two quakes that occurred last Monday, early in the morning in northwest Syria and southern Turkey. This is an update to Amy Goodman's *Democracy Now* report today: she reported 36,000 dead as of 8:00 am EST.

"The energies remain as high as cosmic law will allow. There are lots of solar flares continuing to come in from our sun, Sol, every day.

"The galactic forces are over Turkey and Syria with their star ships, and they are helping people on the ground by beaming down with food, water and medicine. This as much as I can tell you, Lord Rama.

"Please place all of this in the Circle of Support, and Blaze the Violet Fire! See you in the Light of the Most Radiant One! Sat Nam! Namaste!"

2023-02-14

Tuesday

Lady Master Nada

**Rama:** I received a text message from **Lady Master Nada** at 1:10 pm, early this afternoon. She said to me, "Lord Rama, I am on the ground here in Turkey with a galactic group of first responders. There are other galactic groups here in Turkey and Syria as well. We are all blending in with the local people. We are helping the wounded and those who have gone over the rainbow. We are helping the people with food, water, clothing and other basic necessities. In addition, we are beaming people onto the ships into sick bays, rejuvenating them and returning them to safe and undisclosed locations on the ground.

"By the way, Happy Valentine's Day to you and your Beloved! I can tell you, Lord Rama, that the 5<sup>th</sup> Dimension is being fully anchored on the earth. On this Valentine's Day, it is time to focus on loving kindness and compassion for all of humanity and Mother Gaia and especially to all the troubled spots all over the world. At this very moment we are in, there is an abundance of miraculous events going on: as above, so below! As we take the time, each one of us, to go into the inner silence and ask our galactic family to show up in the physical, THEY WILL! ! ! May Peace prevail on earth! Sat Nam! Namaste! Blaze the Violet Fire!"



2023-02-15

Wednesday

Tom the Ring-Tailed Cat, Sweet Angelique the Cat

**Rama:** I received a text message from **Tom the Ring-Tailed Cat and Sweet Angelique the Cat** at 11:38 this morning. They said to me, "Lord Rama, there are massive solar flares going on; the Schumann Resonance is all the way up there!"

Tom said, "As your head feels like it's in a vice grip, and the Hulk is turning the handle on the vice grip, rest assured you're in good company!"

Tom and Sweet Angelique continued: " What we can tell you Lord Rama is the fallen ones continue to fall. They hold no power except in your mind, as you choose to give them power. They have been playing the psy ops game for the last Kali Yuga of 26, 826 years. Sat Yuga is here, and is 4x longer than the Kali Yuga, and therefore we are entering 100,000+ years of peace! Goddess is here! It is time! Send more Love! Sat Nam! Namaste! Blaze the Violet Fire!"

2023-02-16

Thursday

Tom the Ring-tailed Cat, Sweet Angelique the Cat

**Rama:** I received a text message from **Tom the Ring-tailed Cat and Sweet Angelique the Cat – again!** - at 11:49 am this morning. They said to me, "Lord Rama, the plasmatic Light, the photonic Light, is pouring in from our sun, Sol. It's pouring in from our sun, Sol, as well as from our god-parents, Helios and Vesta, from the sun behind the sun, the Solar Logos.

"People are seeing these actual particles of light coming into our atmosphere, and landing on the ground and on us. They are posting pictures of this phenomena on Twitter and Face Book. These particles of Light are monoatomic gold particles, sometimes called the 'gold dust'.

"As the gold dust filters through our atmosphere, it takes on all colours of the rainbow rays as we see in an aurora borealis, yet the gold dust is even more than that! It is the fabric of life itself. It is made up of nutrinons, photons, electrons and cosmic rays. This is the stuff that makes up all of life. Mother Gaia needs this, and we need this.

"Some folks are seeing many cosmic beings, thousands of feet tall, who are surrounding the earth, and these are not man-made programs; these are Wayshowers who are lighting the path to Ascension for all of us. (These Wayshowers are called Kachinas in the Native American teachings.)

"On the other hand, Lord Rama, the dark side is playing around with False Flag Events. As we use discernment and our 3<sup>rd</sup> eye, we gain wisdom to know the difference between the darkness and the Light. Lord make me an instrument of thy peace . . . Please place all of this in the Circle of Support. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire! May Peace prevail on Earth! "



**Auroras in New Zealand, sent by Tom the Ring-tailed Cat to Lord Rama**