

2023-10-14

SATURDAY HISTORY CALL

“Never doubt that a small group of thoughtful, committed, organized citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead
https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS https://bbsradio.com/

Table with 6 columns: DAY, B B S Station, TIME, PROGRAM, CONFERENCE CALL, HOSTS. Rows include Thursday, Friday, and Saturday programs like 'A Night at the Round Table', 'Friday Night Hard News', and 'History of our Galactic World & NESARA'.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday 605-313-5166 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

LISTEN ON LINE

LISTEN BY PHONE

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B B S ARCHIVES

B B S RADIO STATION 1

- A Night at the Roundtable
Friday Night Hard News
CLICK ON AUDIO ICON



1-631-359-9353 [NO code needed]

1-866-627-6008 Direct: 323-744-4831

Toll Free: 1-888-710-8061

- Free BBS Radio Android phone app
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- go to www.bbsradio.com
In Search box, enter the name of the required program;
scroll down to the heading TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.
Find the table listing the dates. Click on required date.

B B S RADIO STATION 2

Saturday History Call

CLICK ON AUDIO ICON



1-804-220-6484 [No code needed]

1-888-429-5471 Direct: 323-744-4841

Direct Line: 1-323-744-4828

**II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable**

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
<b>Aboriginal Moabite Nation Call</b> Grand Goddess Lillie	<b>Wednesday</b> 6:00 – 7:30 MST	<b>Telephone Only</b>	1- 605 - 472 – 5406 <b>PIN 402-493#</b>
<b>Abundance Call</b> Caroline Oceana Ryan	<b>Every 2<sup>nd</sup> Wednesday</b> <b>5:45 PM PT/ 8:45 PM ET</b>	<b>Telephone</b> <b>ZOOM</b>	
<b>To be notified: email <a href="https://www.ascensiontimes.com/the-abundance-group">https://www.ascensiontimes.com/the-abundance-group</a> Scroll down to the sign-up sheet and enter the requested info.</b>			
<b>Ascension Call</b> Cheryl Croci	<b>Every Sunday, Monday</b> <b>9 – 10:30 EST</b>	<b>Telephone Only</b>	1-425-436-6260 <b>PIN 9467 441#</b> Call Cheryl for # in your area
<b>Ashtar Legacy Calls</b> Fran Pearre	<b>Every 2<sup>nd</sup>, 4<sup>th</sup> Tuesday</b> 5 <sup>th</sup> Tuesday – no call <b>9:00 – 10:00 pm EST</b>	<b>Telephone</b> <b>VOIP/ H D</b>	1-717-908-1834 <b>PIN 980 339#</b> Call is free; LD charges are not 1-717-908-1834 <b>PIN #980 339#</b> <a href="https://www.freeconferencecallhd.com/hd-conferencing/">https://www.freeconferencecallhd.com/hd-conferencing/</a> <b>via Skype</b> Click on VOIP button and enter info as requested
<b>To access past ALC calls</b> , go to <a href="http://Ashtar Legacy Teleconferences (ashtarontheroad.com)">Ashtar Legacy Teleconferences (ashtarontheroad.com)</a>			

**III OPENING MEDITATION; HOUSEKEEPING; INFORMATION SOURCES**

**RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

- A. Opening Meditation: Rainbird**
- B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**All BBS archives can be accessed for free**, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

- [www.rainbowroundtable.net](http://www.rainbowroundtable.net) has archives, too.
  - Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
  - BBS appreciates getting checks via the mail: no Paypal fees!
- The mailing address for those who do not like paying electronically:

**B B S RADIO**  
**17419 Wilton Park CT**  
**Spring, TX 77379**

[Please put **“Attention Don”** on the envelope]  
 [Note inside that it’s for T & R calls  
 [& the Thursday call, as well]]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

## OTHER FINANCIAL REQUIREMENTS

**FOOD MONEY:** VIA PAYPAL OR See the MENU PAGE ON [www.rainbowroundtable.net](http://www.rainbowroundtable.net)

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

### Financial Requirements

#### WEEKLY

**B B S RADIO/week**

**\$ 718.00** There are 3 programs: Thurs, Fri, Sat

\*\*Includes some extra as we catch up on February payments, as well as the current weeks in Sept.

**Thank you, thank you, thank you! !  
for your generosity**

#### PERSONAL

Gas, food, etc  
Bills

**\$200.00** General living expenses (inc food, gas)  
**49.49 ! Most bills taken care of - THANKS!**

Miscellaneous/Other

**ALSO see GO FUND-ME A/C**

**MONTHLY  
\$1150 / mo**

### CONTACT INFO

- **Please notify Rama when sending something** [koran999@comcast.net](mailto:koran999@comcast.net)
- **Mailing address for checks, money orders, etc**  
Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567

### PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- **Remember you can book a session with Mother, as well!**

**Please donate: VIA PAYPAL**, either your own a/c or Rama's a/c [koran9999]

There is also a donate link on [www.rainbowroundtable.net](http://www.rainbowroundtable.net)

**\*\* [www.rainbowroundtable.net/page/donate](http://www.rainbowroundtable.net/page/donate) \*\***

**EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED**

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

<https://www.nugenmart/tarram> CHECK OUT THE WEBSITE

- Freemart is a private shoppers club; it's **FREE TO JOIN**.
- all the products have much to offer, so take a look!
  - check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.

**The returns also help RainbowRoundtable**

**THE NUGEN COIN:** <https://www.nugencoin.com/tarram>

To help Marshall and support him by signing up under his name:

<https://www.nugencoin.com/marnor>

**TO GET HELP, Call Carolyn/ Rainbird:** Carolyn's E-mail: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

**C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

**Contact Rainbird with questions:** [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

**One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus)

**KF Wiki** <https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

**Keshe Foundation Store** <https://store.keshefoundation.org/store/?alias=store>

**D: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-october-14-2023>

**E: THE NEW WEBSITE AND ADDRESS:** [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET)

**RAMA, TARA:**

**Greetings – Happy New Moon!**

They are starting with the new story! And yes, NESARA is close

The galactics are here, whether the MSM reports that or not!

Thanks for the generosity as they have caught up with bills and most of BBS back-log.

**R:** sat with the horse for about an hour today; he laid down and so did the horse

- text from Tom, Larry and Sweet Angelique the cat – at Stonehenge this morning, calling in the energies: so many portals open around the planet. New timeline is where we are

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**AUDIO: 2023-10-13 Eclipse Portal October 2023: Patterns of Liberation, Self Care is KEY, Follow Your Highest Integrity**

[https://www.youtube.com/watch?v=Mr\\_nRv8x8Uc&ab\\_channel=SacredPlanet](https://www.youtube.com/watch?v=Mr_nRv8x8Uc&ab_channel=SacredPlanet)

We will have an extremely powerful New Moon Solar Eclipse in Libra (which will be a 'Ring of Fire' eclipse) on October 14th. This will be followed by a 2-week Eclipse Portal, ending with a Full Moon Lunar Eclipse in Taurus on October 28th. Pluto is squaring the nodes, creating extreme amounts of tension.



Self-care is my biggest recommendation to everyone this month. Watch this video to learn all about the October 2023 Eclipse Portal and how our Patterns of Liberation are highly supported at this time. Here is my free gift to you: The Alchemical Astrology Chart Reading Guide! Click this link to receive it: <https://sacred-planet.ck.page/5d38d3230f>

Love and blessings, Jocelyn Star Feather S  
piritual Alchemist & Visibility Coach for Visionary Entrepreneurs Founder of Sacred Planet  
<https://www.wearesacredplanet.com>

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### AUDIO: THE SECRETS OF SOLOMON'S TEMPLE, REVEALED

[https://www.youtube.com/watch?v=PjDsHAKwzWM&ab\\_channel=ZoharStarGateAncientDiscoveries](https://www.youtube.com/watch?v=PjDsHAKwzWM&ab_channel=ZoharStarGateAncientDiscoveries)



2023-10-10 Premiered @zoharstargateancientdiscoveries

This documentary dives deep into the mysteries surrounding Jerusalem's Solomon's Temple with Philip Gardiner, the author renowned for unmasking esoteric knowledge held for centuries. Gardner explores the alluring secrets of the Temple, a fascination for scholars and dreamers alike, as Gardner reveals answers to questions that puzzled generations. With Gardner's unique perspective from engaging with secret societies and a spirit relentless in pursuit of truth, this documentary unfolds the esoteric secrets long known but seldom shared.

All content on this channel is licensed, and or produced by Zohar Entertainment Group/Awakening Expo/Phenomena Magazine

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2023-10-07 Navigating Saturn Neptune | Ethann Fox & Micheila Sheldan | AAE Podcast 16 | 10.7.23

<https://www.youtube.com/watch?v=GHFcV4cpiCE> 1:06:44

If you don't have YouTube Premium and are seeing Ads on this video, you can now watch us Ad free on Rumble (Search for AAE) or Awake And Empowered Podcast on Spotify, Apple Podcasts, Google Podcasts, iHeart Radio, Alexa, and others. We will also soon be launching on many more platforms without Ads.



2023-10-14

SATURDAY HISTORY C

Join hosts, Ethann Fox and Micheila Sheldan for another episode of the Awake and Empowered Podcast to explore cutting edge advancements, channeled transmissions and practical solutions to peacefully navigate an incredible age of awakening.

Pioneering voices in the movement to higher consciousness, Ethann and Micheila perfectly balance masculine and feminine energies to share wisdom and insights through higher dimensional access. You will walk away feeling vibrationally uplifted, inspired and excited to contribute to this incredible period of vibrational acceleration on planet Earth.

In this episode, Micheila and Ethann discuss the upcoming Saturn conjunction to Neptune and its implications on the global experience.

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## ASTROLOGY

Richard [RI]

### 2023-10-11 Pele Reports

<https://newparadigmastrology.com/october-11-2023-astrology-forecast/>

### October 11, 2023 Astrology Forecast

I will not take sides  
But do my best to listen,  
As only together  
Can we end this division.

[Click here to listen to the Pele Report](#)

<https://newparadigmastrology.com/october-11-2023-astrology-forecast/>

### Hola New Paradigmers!

**Welcome to the eclipse season!** Eclipses have been known throughout history to bring on sudden, unexpected events that blow our minds and seem to come from deep space or out of nowhere (the deep collective unconscious). This one is no exception with the Israeli/Hamas uprising on the world stage, and I'm sure you are having surprises (not all bad) in your personal world, too.

It's like having Uranus camp out in your living room. **It can be very unsettling, jarring, and traumatic, but the truth has to come out from under the rug, and the eclipses will do it!** As I mentioned in the report, Saturday will be the time to set conscious intentions for yourself and your relationships that you are ready to discuss and implement over the next six months. Especially look at the house position of the north node at 25 degrees Taurus as the activities of the house are the best place for you to focus your energies. Blessings on your journey!



I will not take sides,  
But do my best to listen,  
As only together,  
Can we end this division.

**NEW DATES!** [Bali & Patagonia](#)

**I have great hope for this eclipse season.** We have serious, deep wounds that need our attention, and this is a time to deal with them! With the ruler of the south node, Venus, moving through Virgo we can expect a thorough, organized analysis of what is wrong and what needs fixing. With Mars now in Scorpio, we can expect an unrelenting, passionate search for the deeper reasons behind the problems that we're having and straightforward, honest conversations about our most intimate desires and fears.

The Sun/Mercury opposition to Chiron is the scalpel cutting open the wound that needs healing, but their inconjunct to Uranus in Taurus indicates that original and "fly in the face of convention" ideas that may have otherwise been ignored may be put on the table. Lastly, let's not forget our good friend Jupiter in Taurus! **We are all on a quest, personally and collectively, for new ways to survive and better ways to be comfortable in our bodies, ourselves, and here on planet Earth.** Jupiter in Taurus is promising when it comes to finding practical solutions to our problems.

One thing is for sure, with Saturn going direct this week, Neptune and Chiron soon, and mostly Jupiter in December, we're under "reconstruction" until next February. **This is a time to be flexible, communicative, compromising, and compassionate so your life blossoms next year!**

This week's song? [We Can Work It Out!](#)

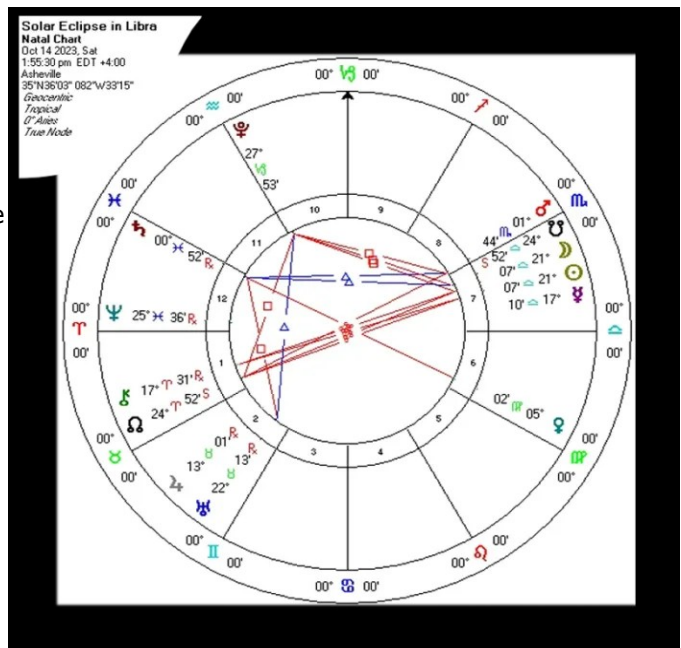
**So Much Love,  
Kaypacha**

**RI:** By next Saturday, Mars will be at 7 Scorpio; Venus will be at 12 Virgo = trine Jupiter in Taurus by the 28<sup>th</sup>, the moon will be 9 Taurus, and 3\* past full moon and will be at 9 Scorpio  
Potent full moon on Hallowe'en

**AUDIO: TANYA GABRIELLE**

**2023-10-09 Pluto Moves DIRECT: Powerful Shifts and Changes [Astrology Numerology Forecast] 15:51**

[https://www.youtube.com/watch?v=wYgFxCt8A\\_w&ab\\_channel=TaniaGabrielle](https://www.youtube.com/watch?v=wYgFxCt8A_w&ab_channel=TaniaGabrielle)



## 2023-10-09 Pluto Moves DIRECT: Powerful Shifts and Changes [Astrology Numerology Forecast] 15:51

[https://www.youtube.com/watch?v=wYgFxct8A\\_w&ab\\_channel=TaniaGabriell](https://www.youtube.com/watch?v=wYgFxct8A_w&ab_channel=TaniaGabriell)

Pluto moves direct tomorrow – on 10.10 in the Americas and 10.11 elsewhere in the world.

With Mars square Pluto exact right beforehand, we have entered an especially intense period of change, transformation and shift.

The inner awakening is definitely intensifying.  
One thing about Pluto is that **it brings up what is unconscious.**

Pluto shines the light on the TRUTH of the **behavior** and **thought patterns** that **have kept us in the dark.**

There is day and there's night.  
There is the light of Truth and the darkness of deception.

Darkness brings great illumination.  
Because when it's dark outside and look at the sky, you are awed and humbled at what you are apart of..

**The truth is the whole picture**, not just the mind's point of view of what happened or will happen.  
The truth includes the whole truth, a **higher** perspective, the **soul's** perspective, which is something many often don't have access to.

They don't see the whole picture...**the true purpose an event might be serving for the soul.**

- Every event serves the soul.

To be at peace with life, this needs to be acknowledged.

Pluto's movement into direct motion tomorrow opens up spiritual and intuitive pathways that will guide you with strength, courage and inner resolve.

You will release and forgive more quickly and effortlessly, and embrace making highly conscious decisions.

It helps to know your own code of joy and fortune!

Jupiter's placement in your birth chart reveals [your 3 personal wealth and happiness activators.](#)

To help you stay in the flow, feel the goodness in all things and leverage opportunities, *discover how you are personally designed to manifest abundance and fulfillment on ALL levels.*

[Click here to discover your Jupiter Wealth Code!](#)

Blessings and Love,

Tania Gabrielle

P.S. If there is one planet aligned with fortunate shifts, abundance and joyful outcomes, it is Jupiter – making this a wonderful time to discover [your 3 Jupiter Wealth Zones](#). Discover how you **naturally** manifest abundance and happiness.

**All is revealed in Your Jupiter Wealth Code... [click here!](#)**

## CONFERENCE CALL

- Talking of Dove of Oneness who went over the rainbow in 2010

**Birdman:** listened to Jennifer Lee a lot

**T:** did some really good reports on her calls

- Many people watching the eclipse -

**RB:** also saw it AND also saw a stealth bomber really low , moving over her property – could hear the noise after it passed: so slow and so low

**CL:** time to pray that evacuation of Gaza is stopped

**RB:** on Thursday, Omema said Jesus was in Jerusalem - so RB thought of KOS

**CL:** asking about the dragons in RB's back yard

**RB:** saw them through her son: they were pearl white dragons – he was a kid and he had no veil – died twice during the birth process! ! !

- Lots of people were born in mangers . . .

**RB:** Her son used to share a lot of these things -

**T:** we chose to come together to bring this through -

**Pad:** Spectacular Vernacular

**PCC:** clear sky; Goldies present –

Name of app: **night sky app** – go to the play store and get it: helps you find and name constellations

**MG:** has great news after a conversation with a lady who has worked with John Austen of Shop Freemart

- she has just started a new program – to start, only at \$10 and \$15; money back guarantee in 30 days
- Will pay it forward for T and R -
- from a \$15 investment, can make a \$30,000 return -
- the lady has recycled through the program several times

**T:** energies asking us to focus on the big stories – humanity as a race has said 'no more war'

**R:** those who do the killing: there is more to the story as he doesn't know – but it's about how deep the rabbit hole is! And it steps into the realm of ancient beings with power without love – they don't know what Love is –

what he is being told by the beings he connect with: THIS IS IT! We'll see where the chips fall after • this eclipse –

- the people have been screaming in the face of Netanyahu "NO MORE WAR"
- Uncle Sam needs a distraction and the hologram is wearing out

RB: has found an app called STALARIUM for mobile phones

## B B S RADIO

### Rama's Music

#### 2023-10-14 OPEN MINDS - [Hopi Prophecy & Transhumanism](#)

[An indigenous hieroglyph on a stone in Arizona shows two paths... revhumanism and transhumanism.](#)

**S 25:Ep 12** [https://www.gaia.com/share/clnn8yqep000501cb1pac5fg9?language\[\]=en&utm\\_source=share](https://www.gaia.com/share/clnn8yqep000501cb1pac5fg9?language[]=en&utm_source=share) 38 minutes

An indigenous hieroglyph on a stone in Arizona shows two paths representing humanity's choicepoint... between revhumanism and transhumanism.

Mystic Cynthia Sue Larson returns to Open Minds and continues a conversation with Regina Meredith about quantum possibilities represented in Hopi Prophecy. If transhumanism is a vanishing timeline, Larson proposes we tune into conscious agency and unify our will, which she defines as revhumanism.



"How good can today get?" This question frames our focus and allows us to apply intention, explains Larson. She follows-up on past interviews with Meredith, expanding on new academic inquiry into The Mandela Effect.

Host: Regina Meredith    Featuring: Cynthia Sue Larson    Audio Languages: English    Subtitles: English

Cynthia Sue can be reached at **Realityshifters.com**

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**AUDIO: Beyond Belief    [Channeling Light Beings](#)**

S 22: Ep 12    [https://www.gaia.com/share/clnq5yxmz001001ar3rcwe256?language\[\]=en&utm\\_source=share](https://www.gaia.com/share/clnq5yxmz001001ar3rcwe256?language[]=en&utm_source=share) 44 minutes

Channel Bree Melanson receives higher information from light beings on Pleidian and Arcturian frequencies. In this episode, she charts a course for: remembering intuitive muscles, following initial nudges, quieting ego, opening the ethereal body, removing barriers to source, practicing discernment, and tuning into soul consciousness.

From Melanson's awakening to her intuitive talent and her practice of "becoming a mic" for interdimensional entities, she covers protective resonance and boundaries to move through "fear portals" which allow her identity to recede from "the driver's seat" and trust the intuitive flow of frequencies. She describes ET contact in loose terms, offers photo proof of possible encounters intended as energetic upgrades, but does not understand herself to be an alien abductee. She touches on meeting and matching frequencies to channel for best and highest good.



Host: George Noory    Featuring: Bree Melanson    Audio Languages: English    Subtitles: English

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**2023-10-14 Beyond Belief    [Draco Tech & Activating DNA](#)**

**S 22: Ep 18** [https://www.gaia.com/share/clnn93tn8001101943lw2bxmw?language\[\]=en&utm\\_source=share](https://www.gaia.com/share/clnn93tn8001101943lw2bxmw?language[]=en&utm_source=share) 41 minutes

Is it possible to use an energetic blowtorch to remove Draco tech in humans?

Antonio Arilo uses an arsenal of spiritual tools and principles to identify and clear entity attachments — as well as to scan and activate his clients’ galactic DNA strands. He teaches practices for optimizing multidimensional life and navigating alignment with the highest self.

Watch sessions of Arilo working with clients to clear Draco tech implants, and activate roots of Pleiadian DNA. Hear how he navigates crystalline grids on the trajectory for Earth’s highest timeline while avoiding consciousness traps of disinformation using discernment.



Host: George Noory

Featuring: Antonio Arilo

Audio Languages: English

Subtitles: English

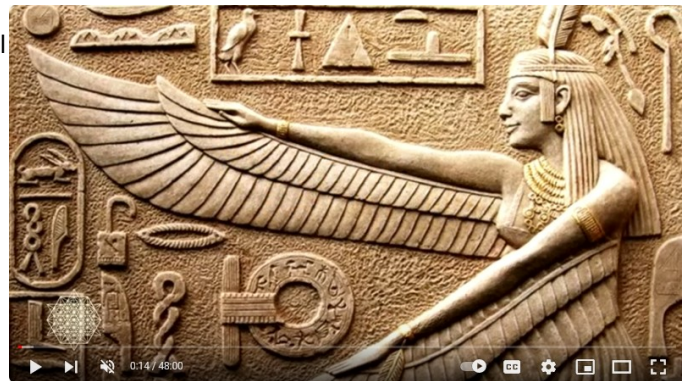
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**AUDIO: 2023-05-26 The Goddess Ma’at Transmission: Rebalancing Your Light. Aligning with the New 5D World That is Coming.**

[https://www.youtube.com/watch?v=vvVNp8XoTwM&ab\\_channel=SteveNobel](https://www.youtube.com/watch?v=vvVNp8XoTwM&ab_channel=SteveNobel)

**The Goddess Ma’at...**

Commonly, the Goddess Ma’at was depicted as a beautiful woman with arms outstretched as wings. Often with a feather on her head and sometimes appearing with a sceptre in one hand and an ankh in the other. The Egyptian goddess Ma’at, was known as “*She who keeps the world in balance*”.



**Starseeds and Balance...**

Starseeds are here to help the planet shift from the darkness of the old 3D world to the higher frequencies and consciousness of the new 5D world. Starseeds, regardless of physical gender or chosen gender or sexual orientation, naturally have a stronger balance between masculine and feminine energies. This enables them to work more powerfully with the rising power of the Goddess that has been absent from this world for so long.

**In this Transmission...**

In this remastered transmission (originally created January 2020 and recreated May 2023) we invoke the Goddess Ma’at to work within three of the nine bodies of light, as understood and practised by the ancient Egyptians. Herein we work on Khat, the physical body as sacred temple of light, then Ka, the etheric body as sacred flame and finally Ab, the heart as holy altar. (I began recording this 11:11 on the 12th January 2020.)

**CLOSING: Rainbird**

**T:** reminder of the meditations by Cheryl Croci on Sunday and Monday evenings; SEE INFO ON PAGE 2

**Reading: 2023-10-14 – Aurora Ray**

**SEE BELOW**

**2023-10-14 Awakening Your Light Body: The Key to Your Personal Transformation**

## INFORMATION RELATED TO THE NOTES

**2023-10-13 Lucky Friday the 13th!**

**Tania Gabrielle** <[newsletter@taniagabrielle.com](mailto:newsletter@taniagabrielle.com)>

Get ready for some fun surprises! Friday the 13th (especially this one) activates a code of excitement!

Contrary to popular belief, Friday the 13th is a fortunate day.

Friday is the day of the week dedicated to Venus, goddess of LOVE.

On any Friday the 13th, Venus joins the number 13 and the Moon to blend beauty, love and powerful shifts:

- **13** is aligned with the Moon: there are **13 lunar cycles** in a year and **13 weeks** in every season.
- **13** represents fearlessness, transformation and the *divine feminine*.
- **13** symbolizes an eternally evolving cycle of birth, death and rebirth.
- **13** reminds you of your *constantly evolving journey of self-discovery*.

And today, October 13, 2023, emits a transformational star code:

- **Mars trine Saturn** is exact today, lighting up inner confidence as you embrace your willpower with perseverance, planning and concentration.

**13** reduces to **4** – vibration of organization, concentration and manifestation.

**1** allows you to forge ahead with new ideas and a single-mindedness and purpose, allowing your uniqueness to express itself totally independently.

**3** represents of creative perfection - the mother, father, child principle of creation – the joy and connection with the divine.

This is why 13/4 is so powerful - **it embodies creative implementation.**

**13** stands for your natural ability to manifest and transform.

With the connection to the Moon, 13 is aligned to the rhythm of nature, the celestial music of the stars, and the *natural changes of life, death, rebirth here on Earth*.

So today **say goodbye** to your beliefs and ideas that have outlived their welcome, people who aren't delighted by you and support you unconditionally, and even take a look at a direction in your career you may have outgrown.

Say a big **HELLO!** to fresh ideas, caring people who energize and inspire you and a vocation that inspires.

In any **13** cycle unexpected events WILL invite you to just let it all go.

Welcome stimulating new conditions (especially with the Libra NEW MOON ECLIPSE **tomorrow!**).

The universe is designed to bring you what you need in order to thrive and grow in any given moment.

Find the silver lining in *any* shift...and stand strong.

Happy Friday the 13th!

Love and Blessings,  
Tania Gabrielle

P.S. 13/4 is a number of planning and organization. Follow **your soul's roadmap** in Your Next 12 Month Blueprint - your personal numerology guide to manifesting success, love and abundance *over the next 12 months*.

**\*\*Includes a special list of your most fortunate days for EVERY month!**



## 2023-10-14 Awakening Your Light Body: The Key to Your Personal Transformation

[https://thegalacticfederation.com/014-4?sessionId=85c0a0d1-fb11-46c0-b034-a43ca2d4e4ac&trigger\\_link=rAR0PpYhIQ3XqScv2jxt](https://thegalacticfederation.com/014-4?sessionId=85c0a0d1-fb11-46c0-b034-a43ca2d4e4ac&trigger_link=rAR0PpYhIQ3XqScv2jxt)

The process of our evolution involves developing and integrating what we call a "light body." Think of it as a part of yourself that needs nurturing, exercise, and expansion to fully awaken.

One crucial aspect of this journey is having a clear understanding of who you wish to become in your reality.

Your light body operates on the principle that your thoughts have creative power and connect you to the very fabric of creation. It opens pathways to different timelines, granting access to complex scenarios and challenges that seem both new and strangely familiar.

You are now connected to the vast web of existence, and your task is to make sense of this newfound awareness and apply it to your current life.



Remember, there is a higher purpose guiding this transformation. Your mission is to translate this purpose into your physical being and manifest it on Earth. This purpose has the profound effect of reshaping various aspects of reality, all converging in the present moment. To explore the many facets of reality, you must first take a deeper look at your physical body.

Think of your light body as the essence of your multidimensional identity, accessible through your desire to unite with your greater self. With it, you can shift your conscious intent from one perspective to another, like changing channels on a television.

Your light body holds encoded information, translating messages from other worlds and realities through your physical body to your conscious self. Your task is to notice the subtle cues and synchronicities that guide you.

Imagine yourself as a multilayered being, each layer with its distinct body connected to the others. You are a physical, mental, emotional, and spiritual entity, all bound together by a radiant body of light that connects you to an infinite array of light beings.

Matter, in its essence, is trapped light. As you build your light body, your molecular structure undergoes a transformation, gradually releasing your attachment to materialism allowing spiritual understanding to guide your daily life. Through the spirit, you can truly comprehend the changes occurring in our world.

As your light body develops, you will witness remarkable changes in your physical form. It will become more vibrant, more beautiful, stronger, and more capable of incredible feats. Your body will evolve into a sophisticated processor of vast amounts of information.

To accommodate this transformation, your body must accommodate a higher vibrational frequency. This surge of energy will unlock hidden talents and awaken dormant psychic abilities like clairvoyance, clairaudience, telepathy, and a deep sense of knowing.

As the higher vibrational frequency fuses with your body, it creates new pathways that bypass conventional structures, allowing you to communicate and exchange data in previously unimaginable ways!

Get ready for a transformative journey, ascending towards a fresh outlook on reality!

In the near future, this higher vibrational frequency will impact everyone, regardless of age. It has the potential to rejuvenate your physical body by healing long-held separations. Embracing the idea that thoughts create life sets you free from the constraints of powerlessness. Hold onto your vision and let your light body infuse purpose into everything you do.

To prepare for this energy, find a quiet moment, close your eyes, and visualize your body filling with light. Imagine this light cleansing and revitalizing every cell. Ask all parts of your body to work together harmoniously in their ideal forms.

When your inner self operates in unity, you will find it easier to collaborate and connect with others outside yourself. Those who are unwell on the inside often struggle to work effectively with the world outside. Take care of your inner mechanisms and envision the reality you desire.

As you continue on this remarkable journey of transforming your light body, you'll find that your everyday experiences become more vibrant and alive. Your physical body will become healthier, stronger, and more capable. And the way you think and understand the world around you will expand in incredible ways. It's like unlocking hidden superpowers within yourself, allowing you to see and do things you never thought possible.

In the profound dimension of this evolution, your consciousness is expanding like a beautiful sunrise, and it's closely intertwined with the growth of your light body. As you become more aware of the deeper connections within the universe, you'll also discover a significant connection with your own inner light.

This is an open invitation to explore this newfound awareness, to meditate, reflect, and strengthen the bond between your consciousness and your light body.

This journey is not just about personal growth; it's a call to action. It's urging you to embrace your spiritual development and the nurturing of your light body. By sharing your positive energy and insights, you can play a part in making the world a better place for everyone!

We love you dearly,

We are here with you,

We are your family of light,

We are the Galactic Federation.

A'HO

Aurora Ray

Ambassador of the Galactic Federation

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