

**"Never doubt that a small group of thoughtful, committed, organized citizens can change the world; indeed, it's the only thing that ever has."** Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### **DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST**
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS**

### **I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on "64K Listen"

**\* Thursday: *A Night at the Round Table*** Hosts: Panel Members  
6 pm Pacific / 9 pm Eastern

**\* Friday: *Friday Night Hard News*** Hosts: Tara & Rama  
6 pm Pacific / 9 pm Eastern

**One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#**

**\* Saturday: *History of our Galactic World & NESARA*** Hosts: Tara & Rama  
1:30 pm Pacific / 4:30 pm Eastern

**One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#**

**Call to interact / ask questions: Canada & US: STATION 2 1- 888-429-5471**  
**Direct 1- 323-744-4841**

**C Skype: BBSradio2**

### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You'll be taken directly to the True History call: click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory **including the date**' and the drop down menu appears. Click on '**save link as**'

**E Archives, both written and audio, also exist on the 2013 website:**  
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes plus audio recordings** of the conference calls plus the entire podcast.

### **II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: *Cheryl Croci's Activation Calls***  
**6 pm Pacific/ 9 pm Eastern**  
By telephone only: 1 – 605-475-4120; PIN 946 7441#

**B Tuesdays**

***Ashtar on the Road***

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month  
**6 pm Pacific/9 pm Eastern**  
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330  
• Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN # 980339** [always the same]

**via Skype**

**Click on the voip button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays:**

***The Friends of The Aboriginal Moabite Nation Call***

**7:00 – 9:00 EST**

By telephone only: 1-712-432-0900 PIN 666238#  
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday *The Abundance Call***

**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**

with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana *Ryan*

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message  
"YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION  
SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: Cheryl Croci**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**Need \$300 for this week. Thanks for keeping us up-to-date!**

**All BBS archives can be accessed for free**, including the podcasts for  
the Thursday, Friday, Saturday calls, listed above.

• **2013 Rainbow Roundtable has archives, too.**

- Go to [BBSradio.com/Station2](http://BBSradio.com/Station2); find **Hard News** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

- The mailing address for those who do not like paying electronically:

**B B S RADIO** [Please put **"Attention Don"** on the envelope]  
1500 Pleasant Hill RD [Note inside that it's for T & R calls]  
Lafayette, CA 94549 [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to  
what is really going on behind the artificial world we see around us.  
They don't ask for anything but they do require food, a home, gas  
for the car, and access to BBS Radio in order to compile and  
distribute this information to the world.

- Donations via Paypal button on the **homepage of 2013 Rainbow Roundtable**

**FOOD MONEY, BASICS:** They need **\$ for food, basics, gas, bills - \$600**

**NOTE: Rama needs \$ for food for his gas tank, and food for his Paschats! ! !**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

- **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)  
**EVERY \$5 HELPS ALL GRATEFULLY RECEIVED**

- Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567
- **Remember: you can book a session with Mother, as well!**
- To make donations to the **Fresh Produce Fund for Tara & Rama -**

**\*\* go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and find the link to the donation button**

**[koran9999@hotmail.com](mailto:koran9999@hotmail.com) is the link to use with Paypal**

- Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM
- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama.  
They and the sponsors are very grateful for your assistance.
- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
  - all the products have much to offer, so take a look!
  - check out the headings called **READ MORE** - it's definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there. **The returns also help 2013 Rainbow Roundtable**

## **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> **(CHECK THIS OUT)**

### **One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_-\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

#### **KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

**Keshe Foundation Store**

<https://store.keshefoundation.org/store/?alias=store>

**Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies using the plasma technology with covid patients**

[www.plasmatimes.com](http://www.plasmatimes.com)

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-march-6-2021>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) –**

Still under construction, but already in use: take a peek . . . all of Caroline Oceana Ryan's updates are posted there too

**Rama, Tara:**

**Greetings to all! They are glad to be with us!**

**What Lady Master M Said on Thursday**

**R:** looked up when galactics intervened: it was 1977 – BBC news in Great Britain –

Commander Vrilon of the Ashtar Command got on line, spoke to entire world

- essentially said it's time to dismantle your weapons of mass destruct6ion: nukes
- and they have shown how it's done by showing up over Nuclear silos and military bases and frying the circuits!
- As Mr Keshe says: at a certain point, guns won't fire; trucks won't roll;
- Rama sent this info to Vinayak, due to a previous conversations and the question from someone about "what is truth?"

**T:** how many people know that since 1949, Israel has been the 51<sup>st</sup> state of the Union? and the U S doesn't have a country: it's only a Corporation – so not one single person in the land is party to the Constitution

- As we come together, we are living a democratic process together – yet there is a disturbance in the Force, which is so disturbed at the moment: killing for profit – which is what Capitalism is based on – means killing nature and leaving the mess!
- Taking fossil fuels – and people don't know that there are 60,000 technologies for the last 70 years which have been suppressed. These technologies - first 6000 will be brought forth – although quite a few have been brought forth, though not yet brought forth to the people: up to this point, they have been used for military purposes, etc
- Then at one point, Rama said of the Poppy Lady in Afghanistan that she was going for a ride in a Sasquatch space ship – and now she's being allowed to be the

driver and her friend, Fing Del Mor, is the passenger and keeps an eye on things.

- They've been involved in a galactic operation: the US soldiers are ordered to bust into family homes and kill all they find in the building
- One of T & R's Native American friends said that is in fact the order and what he did: and he is being helped to heal by his own people
  - Martin Luther King Jr said the US is the worst purveyor of violence on the planet
  - Brings Up **Manly Palmer Hall, the reincarnation of Madam Blavatsky** – we find out who St Germain really is – and the republican/fascist state they are living in is a domestic terrorist group.
- KOS told Rama some time ago that Republican party will be banished from this planet -

**R:** none of the Republicans voted for the **H.R.1** bill, now passed the Senate vote.

**T:** Al Sharpton's show, **Politics Nation** – said Bernie said today after the passing of the Senate version of the American Rescue Plan – after 25 hours and 20 min - 50 Yays and 49 nays

- Manchin from West VA – Blue Dog Democrats or Republican Lite – they are being paid to behave as they do
  - there was a compromise, and Joe Biden and some Democratic senators had a chat with Joe Manchin, and he agreed that, instead of the original house version which stated there would be \$400 / week until end of August – the compromise was to go \$300 /week and add a week until Sept 6<sup>th</sup>.
- There were other items too – **listen to the podcast for all details !**
- Up to a certain amount is non-taxable
- Bernie said this is the biggest victory for working families in this latest time AND it is bi-partisan – the best since Ronnie Reagan!  
We need to have a 2<sup>nd</sup> Bill of rights as was put in place by FDR

**R:** Pope Francis – went to Iraq and to Ur, supposedly the burial place of Abraham – an area of Iraq where there are giant ziggaurats – they help keep the planet in balance and they have electric magnetic generators

- The Tigris Euphrates area is where Mother's children landed and started interfering with the people on the planet – the leaders knew there was something coming in [Nibiru] that would cause a flood but they didn't tell the people
- Also, a deadline to get out of Afghanistan is coming up

**T:** Bernie never gave up his electoral votes when he stepped down as presidential candidate when Hillary ran, and made sure to steal the votes so Bernie would not be a candidate in the end

- we know we have a clone here [Biden] to overcome his stuttering, inability to focus and/or talk coherently
- and Kamala was read into the ACIO at 35 levels above the president – she has a direct connection to the galactic level and gets visited by the Ashtar Command – and will have something to say
- Joe spent 47 years in congress and he knows how to make deals – and Barack Obama did the same kind of thing, with Hillary breathing down his neck
- Biden is white, anglo-saxon and catholic – and a good catholic.

- All being said, the vatican control is being loosened through Biden – and Patti Cota Robles and Cheryl Croci, also catholics, bring the awareness of higher principles into play - this gives us leverage

**R:** Sweet Angelique the Cat (SAC) a shape-shifting paschat who lives in Paris in a rather nice apartment who can only reveal herself to certain people like Rama and Polly Boyko who is a Faction 3 White Knight who works from London

**SAC says:** there are many things coming out about the pre-flood people, the pre-adomic people, and the stories about the giant structures in Antarctica and around the planet – and how this relates to the hidden history of the planet

- We haven't been told us of the ancient visitors we had
- she spoke of Mr Francis visiting Baghdad – significant in that the stories of the ancient visitors will be brought forth - ? ? and Abram 1/2 alien, 1/2human – had to do with the inter action between the aliens and the – no interbreeding between species as it changes the timelines and the DNA – and Sekmet is back

**T:** some of us who have a long memory of what happened in the past; as solar beings in the Pleiades, she and Rama were to bring the truth every time they were born on earth.

- She talked to son Micah about brother Danny – he was W E B deBois and he came right back after that incarnation –
  - 1961 he was at the Star Nations Conference – also attending - JFK, China, the EU, Kissenger, Rockefeller, Queen at age 35 – they read her mind and she felt – she's a reptilian and it is about the beings in the Universe: we are all telepathic and that has never gone away -
- Patrick Fitzgerald headed the first War Crimes Tribunals
  - Nada told Rama on Thursday: we have opened a war crimes tribunal through the ICC and the subject is Net and he represents the entire Khazarian empire which the Caucus Mountains are not jews!
  - the DNA from the haplo groups – the galactics came in through the Caucus mts – the DNA that came in with them had all the colours of the rainbow
  - will be more people of colour than white in the USA – and even people who look as white as can be still have some coloured background as a result of the inter marriage which has been going on for centuries . . .

**Caller:** the question put to T was about the galactics who came in via the Caucus Mtns in eastern Europe however long ago – they ultimately became the ones who killed, robbed and stole the wealth and identity of those who travelled what came to be called The Silk Road between the Far East and Turkey, Egypt, Syria etc – the Middle East.

- They were known as Khazarians because they came from an area of the same name in those mountains; the people of the time called in Russia because it was the only country big enough and strong enough to control the marauders – which is why certain segments of those who call themselves jews hate Russia – to put it mildly.

**T and caller:** a very long discussion

**PLEASE LISTEN TO THE PODCAST AS IT WAS LONG AND COMPLICATED – and there are still questions ! ! !**

Also, **please got to the website** at <https://www.rainbowroundtable.net/hidden-history>

and **look for the following article** which provides much background regarding the Khazarians:

**2015-03-08 The Hidden History of the Incredibly Evil Khazarian Mafia (Updated) KOS Version.**

**T:** Rama told by Sweet Angelique to play this film for us all

**AUDIO: 2021-01-06 Ancient Civilizations | Stargates - Ancient Aliens, Portals & The Inner Earth. With Graham Hancock**

<https://www.youtube.com/watch?v=P0CnZIX0gXU>

Follow this link [http://bit.ly/NEW\\_AncientDiscoveries](http://bit.ly/NEW_AncientDiscoveries)

To Watch More Amazing Programs & Documentaries! Full Episodes List & Links Here :

<https://www.gaia.com/5thkind> - Plus Watch A FREE Episode! Courtesy of Gaia.com!

The 5th Kind have been fortunate enough to collaborate with Gaia for the past few years. Bringing you some Amazing content from Gaia series Ancient Civilizations featuring high profile guests such as Graham Hancock, Linda Mouton Howe, Jack Cary, Anton Parks, Billy Carson, Gregg Braden, Freddy Silva, Shawn Stone, Jonathan Young, Andrew Collins and more!

This video production documentary has been created using clips from the Gaia series ancient civilizations and is licenced and brought to you partnership with Gaia.com

Topics in the video include:

**Portals to the Universe** intricately placed in astronomical alignment, may have once opened portals to the universe, permitting entry for entities from other worlds and dimensions.

**Tower of Babel** - Legends tells us that language once unified all of humanity, but a detrimental blunder led to this once-unifying force becoming a means of mass confusion. Beyond the biblical account, researchers found most modern languages do indeed stem from a singular matrix language.

**The intricate tunnels and cave systems** throughout the American Southwest have been used for sacred ceremonies and military programs alike.

Piece together Hopi and Zuni folklore with eyewitness accounts to unlock the **secrets of the four corners** and its history of extraterrestrial influence.

Is there an ancient code which points **the way to inner earth civilizations like Agharta and Patala?** Oral traditions from indigenous cultures, throughout the world, all point to ancient advanced civilizations thriving deep under the earth.

**Was Göbekli Tepe** built as a sacred interstellar portal connecting the people of Earth with extraterrestrial civilizations?

**Denisovans:** They Might Be Giants Is there a kernel of truth to be found within the ancient legends of giants? Lost Cities Beneath the Ocean.

Arcane accounts from Egypt, Greece, Rome and Sumeria tell startling similar stories of the oceanic destruction of advanced civilizations which vanished into the world's oceans and forgotten to the ravages of time.

## ASTROLOGY

Richard [Ri]

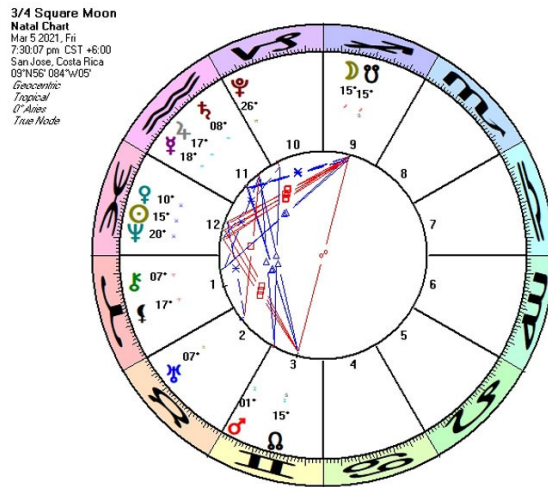
Talks about Saturn and Jupiter separating – by the time Saturn gets out of Capricorn will open things up; brings up the language politicians are using, and the way they are using it

### March 3, 2021 Astrology Forecast

[Astrology for the Soul March 3, 2021](#)

[https://youtu.be/84XRrOaYm\\_M](https://youtu.be/84XRrOaYm_M)

[Click here to download/listen to the Pele Report](#)



***I accept the challenge  
Of visiting planet earth,  
To not lose my identity  
But rather give it birth.***

**Hola Guests of Planet Earth!**

**Indeed! These are the days to tap into the infinite spiritual Self and sink into that timeless feeling of endless bliss.** In fact, now that I think of it, something I didn't mention in the Pele Report regarding this week (and next) is that inward contemplation is not only advised but also cosmically ordained. **Some of us may experience setbacks, blocks, or hindrances if we have been stumbling forward blindly without "checking in."** Some "ill-begotten" plans may dissolve into the great void if they haven't gotten the soul/spirit go-ahead. If that's the case for you, it is an invitation to go within and find the deeper cause.

**But in most cases, these are a great couple of weeks to head out to the beach or sit under the night sky and dream new dreams.**

Pull that old paint set out of the closet, pick up that dusty guitar, and compose a new song. Get together with some friends and co-create something none of you could do alone. **A wonderful, imaginative time when the doors of perception are open to spirit realms.** May you step on through to the other side!



**Here at NPA, we're cookin' up some goodies in the kitchen. It's a tad bit soon to make announcements but stay tuned for some new offerings.** I just finished "[All About Virgo,](#)" one of many live, free, weekly videos that I do for the [NPA Community](#). It's only one of many benefits you'll love if you are into astrology and want to learn more. **We've got a great group of excited Astro-folks you might want to join.** Check it out [HERE!](#) Or, you may wish to visit our collection of videos and online courses available [HERE!](#)

**Identity is a funny word in that it can have different meanings to different people and be based on any number of things.** We can base our identity on our vocation, race, creed, color, values, memories, past choices, and the list goes on and on. **New Paradigm Astrology asserts that our identity is "in progress" as we evolve, grow, and expand.** As we shed the identities that we have either adopted or been given by external "authorities," and more fully embody our soul/spiritual truth.

**With Uranus transiting Taurus (until 2026), we can see that radical new values are being discovered, needed, and expressed.** These new, individualized, "awakened" values are at odds with many socially prevalent values, rules, laws, and groups. It is as if we are walking a tightrope between being swallowed up by family, social, or peer pressure to be "something" and resisting/rebelling against the pressure.

**Both of these can drain us of time and energy, which can be spent so much more productively by creating ourselves anew and expressing that creation.**

More power to you!

***So Much Love,  
Kaypacha***

This week's song "[Dreamer](#)" by Supertramp!

Here's [a new creation by Kristinne](#) to help you charge up your physical body.

**RI:** In last 2 weeks of Gemini: planning time! Long term, short term; writing – working with words! He's starting with his garden and getting rid of last year's 'stuff'

**AUDIO: Ep. 98: Pisces New Moon: Fall in Love with Life**

[https://youtu.be/OE3y7y7\\_nmM](https://youtu.be/OE3y7y7_nmM)

A lovely, joyful New Moon in Pisces on March 13 brings many blessings of love and beauty. As the final of six consecutive New Moon's at 23° the potential for spiritual rebirth and a bounty of blessings is exponential. Discover the exciting Star Code activations of this New Moon!



**Ri:** Reads from **An Astrological Mandala**

**GEMINI 1° : A GLASS-BOTTOMED BOAT REVEALS UNDERSEA WONDERS.**

**KEYNOTE:** *The revelation of unconscious energies and submerged psychic structures.*

Within the relative security of a "boat," an individual person can learn to be aware of the as yet hidden contents of man's collective Unconscious — provided this boat (that is to say, his ego that separates him from the collective planetary psyche of mankind) has been given a glass bottom. The conscious mind must have become, in part at least, translucent. This translucency is not direct openness. The window of the mind remains closed, but through it the individual can become aware of the outside — here "outside" means the psychic depths below the normal level of consciousness.

At this first stage of the "discovery" process one can only speak of vision, not identification. The feeling is one of wonder. "I did not know this could exist! How beautiful!" or "How exciting!" **A NEW DIMENSION OF REALITY** is perceived by the earnest inquirer.

A discussion of becoming one's own psychiatrist . . .

We're in a boat with a glass bottom, looking at the collective unconscious – which has to be healed . . . or something . . . .

## **CONFERENCE CALL**

**Ca/VA:** about making the GANS water -

**RGM:** Using a fully charged battery is a bit too much – get a battery tester too – and don't use rechargeable. Got one at Canadian Tire for \$9

- A good exchange between those present about visiting Canada to access a Canadian Tire store—only place to get a cheap battery tester – much laughter! ! !

**T:** talks about what the US military did in Afghanistan, and especially the Poppy Lady's family – only the Poppy Lady and her daughter are left

- The soldiers were ordered to do this, and if they didn't, there was another line of soldiers who would kill the soldiers who disobeyed . . . .
- Discussion about what NESARA brings in – the total change to what is going on now
- About Nada and the International Criminal Court
- Behind the scenes, all is in readiness – materials ready for presentation in courts of law

**Ca/Pa:** has sent this document out to people and has gotten no response

**See below for the document 40 *Outrageous Facts Most People Don't Know***

**Ca/So:** what is happening now is the release of enslavement

**T:** talking about making spherical structures – and create it to play 432 Htz

**RGM:** the only way will get 432 htz is to use natural instruments: the current instruments are tuned to 440 htz and are locked in

all the old churches built in the 17 - 1800s were pitch perfect

**Question:** are there bathrooms on the ships? ? ? [MUCH LAUGHTER IN THE LISTENING AUDIENCE!]

**R:** has interacted with many different folks on the New Jerusalem and The Dove – they are just like us – yet if we are still in that realm where we need to use the facilities, they are there

**Ca/So:** we are beings of Light – so there is no waste! ! !

- used to ask when she was a kid if Jesus got constipated – got a story from the Gospel of Thomas – even as a child, Jesus had the power! And as for showers: walk through spaces that use rays – come out squeaky clean!

**RGM:** the food coming from replicators will be made to provide exactly what your particular body needs/can use

**Ca/Pa:** SB-145 – a law passing in California – paedophilia is now legal in CA – has anyone else heard about it? ? ? ?

**Ca/So:** will make inquiries – this is sick! It's an act – want to amend certain things

- Discussion about sex and various laws – Hillary threatened Pelosi to have sex with an underage girl and if you don't, I'll kill one of your daughters
- and tapes are made of all kinds of these situations
- Drumpf killed and violently murdered a 12 year old

**T:** there are parties held for politicians – 2 week long – can have any thing you want – the kids are food for the sharks in due course

**Ca/Pa:** there must be a special group of Andromedans who help the people who have been traumatized by sexual deviance

**Ca/So:** Drunvalo Melchizedek offered a program to the Canadians and one person volunteered to take the program – when he was done, he was back in balance – no anger, etc etc – people didn't recognize him – doesn't know what happened afterwards

**T:** there is a lockdown around the planet for about 10 years – the dark ones can't get out, and new dark energy cannot get in ! ! ! Earth and her consciousness is ascending . . .

**Question: Any updates on the Getty Centre?** Someone is concerned with what is happening in the underground there, trying to do something about it – not succeeding . . .

**Ca/SO:** If the Light can take care of the particles in the vaccines, this can be done too

**RGM:** confirmed that beings would be helping

## **B B S Radio**

### **Rama's Musical Choices - 3 of them -**

2 by Cat Stevens: Yusuf Islam commonly known by his stage names Cat Stevens, Yusuf, and Yusuf / Cat Stevens, is a British singer-songwriter and multi-instrumentalist.

**AUDIO: [Open Minds with Regina Meredith](#)**

2021-03-04

**Truth and Disclosure in UFOlogy with Glenn Steckling**

<https://www.gaia.com/video/truth-and-disclosure-ufology-glenn-steckling>

S 18:Ep 9

59 mins

March 4, 2021

Can truth prevail in the journey toward disclosure? Glenn Steckling's search for what is known in the field of UFOlogy has taken him from Project Blue Book to current research. His investigations have hit unexpected roadblocks from precarious infighting within the UFO research community. He explains that even though much has been concealed by opposing forces, trickles of evidence are coming to light, and soon we may see new signs of extraterrestrial life within our own solar system.

Instructor/Host: Regina Meredith      Featuring: Glenn Steckling      Video Language: English

**AUDIO: On Contact: America's endless war**

**2021-05-07**

**VIDEO:** <https://www.rt.com/shows/on-contact/517339-america-endless-war-edstrom/>

**PODCAST:** <https://soundcloud.com/rttv/on-contact-americas-endless-war>

On the show this week, Chris Hedges talks to Erik Edstrom, combat veteran and former platoon commander, about America's endless war. Edstrom is a decorated soldier who led combat missions in Afghanistan. His memoir is '*Un-American: A Soldier's Reckoning Of Our Longest War*'.



**AUDIO: [Ancient Civilizations](#)      Stone Circle Time Portals**

2021-03-01

S 3: Ep8

28 mins

March 1, 2021

<https://www.gaia.com/video/stone-circle-time-portals>

Many stone circles around the world bear strong resemblances to each other and would have been used in similar ways, primarily as the hub of ceremonial activities. As our team of investigators delve into the mysteries of sites like Adams Calendar, Gobekli Tepe, and Stonehenge, we see that they also could have been used to communicate with ascended ancestors, extraterrestrials, and multiple interdimensional intelligences. The strange acoustic properties built into their materials and design could have produced altered states of consciousness, created tears between time periods acting as a time portal, and even producing an anti-gravity effect.

Video Language: English

**AUDIO:** [Cosmic Disclosure with Emery Smith](#)    **The Aviary with Richard Doty**

<https://www.gaia.com/video/aviary>

S 12: Ep 18

34 mins

March 2, 2021

In 1980, a group of people were brought together to form a clandestine close-knit group called The Aviary to discuss what the government knows about UFOs and E.T. contact. Richard Doty was a part of this group, and he reveals what they discussed and names the names of the who's who from government and military agencies that made up this secret council. For five years they met, and we get an inside glimpse into what they discussed, the materials they reviewed, and what became of it all.

Instructor/Host: Emery Smith

Featuring: Richard Doty    Video Language: English

**AUDIO: LAST HALF OF Friday Night's REDACTED TONIGHT**

**2021-03-05**

<https://www.portable.tv/series/redactedtonight>

Ending homelessness is a real possibility but the capitalists who run our system refuse to solve a problem whose existence boosts their profits.

Lee Camp dives into the problem of homelessness in the USA in the 21st Century.

While hundreds of thousands of people live on the streets and millions face eviction some people are taking to law-breaking to get people into empty homes. We live in a society that's fine with leaving people on the streets because of how much money they own and that shouldn't be acceptable.



Also in this episode: Lee also goes over the opening of Joe Biden's presidency, and provides an update on the assassination of Malcolm X.

**Naomi Karavani** reports on price gouging in the energy industry's which was highlighted during the recent snow storm. Texas energy companies raised prices on Texans while the electrical grid was failing and people were freezing. But they aren't the only energy company guilty of price gouging while their customers suffer and with climate change intensifying big business is looking for more profit-making opportunities.

**Natalie McGill** takes on a doomed voting rights act passed in the House, a new study on cities that saw Black Lives Matter protests last summer, and more.

**READING:** 2021-03-05 A Message to Lightworkers – March 5, 2021 by Caroline Oceana Ryan

**SEE THE MESSAGE BELOW**

**CLOSING:**    **Rainbird**

**Rama's choices**

**2021-02-25 Alan Watts ~ Living Without Fear**

<https://www.youtube.com/watch?v=ZHJ5cqB3UaA>

## INFORMATION RELATED TO THE NOTES

### 2021-03-06 (2018-10-21) 40 Outrageous Facts Most People Don't Know

<http://in5d.com/40-outrageous-facts-most-people-dont-know/>

**PLEASE NOTE: THIS DOCUMENT HAD TO BE RE-DOWNLOADED, re-worked.**

**THE FORMAT OF THE ORIGINAL ONE WAS CHANGED, AND THE PHOTOGRAPHS IN THAT DOCUMENT WERE no longer available to print with the document.**

**The videos are newly inserted.**

1. **The IRS is not a U.S. Government Agency.** It is an Agency of the IMF. (Diversified Metal Products v. IRS et al. CV-93-405E-EJE U.S.D.C.D.I., Public Law 94-564, Senate Report 94-1148 pg. 5967, Reorganization Plan No. 26, Public Law 102-391.)  
[US Corporation, UCC Maritime Admiralty Law, Occult Symbolism - Jordan Maxwell 2016 NEW 28 december](#) <https://youtu.be/oAGI2TXFueY>
2. **The IMF is an Agency of the UN.** (Blacks Law Dictionary 6th Ed. Pg. 816)
3. **The U.S. Has not had a Treasury since 1921.** (41 Stat. Ch.214 pg. 654)
4. **The U.S. Treasury is now the IMF.** (Presidential Documents Volume 29-No.4 pg. 113, 22 U.S.C. 285-288)
5. **The United States does not have any employees because there is no longer a United States.** No more reorganizations. After over 200 years of operating under bankruptcy its finally over. (Executive Order 12803) Do not personate one of the creditors or share holders or you will go to Prison.18 U.S.C. 914
6. **The FCC, CIA, FBI, NASA and all of the other alphabet gangs were never part of the United States government.** Even though the "US Government" held shares of stock in the various Agencies. (U.S. V. Strang , 254 US 491, Lewis v. US, 680 F.2d, 1239)
7. **Social Security Numbers are issued by the UN through the IMF.** The Application for a Social Security Number is the SS5 form. The Department of the Treasury (IMF) issues the SS5 not the Social Security Administration. The new SS5 forms do not state who or what publishes them, the earlier SS5 forms state that they are Department of the Treasury forms. You can get a copy of the SS5 you filled out by sending form SSA-L996 to the SS Administration. (20 CFR chapter 111, subpart B 42 2.103 (b) (2) (2) Read the cites above)  
  
**2010-07-08 YOUR BIRTH CERTIFICATE IS A STOCK ON THE NYSE! YOU'RE ALL SLAVES, SOLD AS COLLATERAL TO THE BANK THAT BOUGHT U IN 1932!**  
[https://www.youtube.com/watch?v=R63AH\\_LneaQ](https://www.youtube.com/watch?v=R63AH_LneaQ)
8. **There are no Judicial courts in America and there has not been since 1789.** Judges do not enforce Statutes and Codes. Executive Administrators enforce Statutes and Codes. (FRC v. GE 281 US 464, Keller v. PE 261 US 428, 1 Stat. 138-178)
9. **There have not been any Judges in America since 1789. There have just been Administrators.** (FRC v. GE 281 US 464, Keller v. PE 261 US 428 1Stat. 138-178)

10. **According to the GATT you must have a Social Security number.** House Report (103-826)
11. **We have One World Government, One World Law and a One World Monetary System.**
12. **The UN is a One World Super Government.**
13. **No one on this planet has ever been free. This planet is a Slave Colony.** There has always been a One World Government. It is just that now it is much better organized and has changed its name as of 1945 to the United Nations.
14. **New York City is defined in the Federal Regulations as the United Nations.** Rudolph Gulliani stated on C-Span that "New York City was the capital of the World" and he was correct. (20 CFR chapter 111, subpart B 422.103 (b) (2) (2))
15. **Social Security is not insurance or a contract, nor is there a Trust Fund.** (Helvering v. Davis 301 US 619, Steward Co. V. Davis 301 US 548.)
16. **Your Social Security check comes directly from the IMF which is an Agency of the UN.** (Look at it if you receive one. It should have written on the top left United States Treasury.)
17. **You own no property; slaves can't own property.** Read the Deed to the property that you think is yours. You are listed as a Tenant. (Senate Document 43, 73rd Congress 1st Session)
18. **The most powerful court in America is not the United States Supreme Court but the Supreme Court of Pennsylvania.** (42 Pa.C.S.A. 502)
19. **The Revolutionary War was a fraud.** See (22, 23 and 24)
20. **The King of England financially backed both sides of the Revolutionary war.** (Treaty at Versailles July 16, 1782, Treaty of Peace 8 Stat 80)  
 ...and as history repeats itself, **Prescott Bush**, father of George HW Bush and grandfather of George W. Bush, **funded both sides of World War II**. The Bush family have been traitors to the American citizens for decades.  
**"Sarah, if the American people had ever known the truth about what we Bushes have done to this nation, we would be chased down in the streets and lynched."**  
*George Bush Senior speaking in an interview with Sarah McClendon in December 1992*
21. **You can not use the Constitution to defend yourself because you are not a party to it.** (Padelford Fay & Co. v. The Mayor and Alderman of The City of Savannah 14 Georgia 438, 520)
22. **America is a British Colony.** (THE UNITED STATES IS A CORPORATION, NOT A LAND MASS AND IT EXISTED BEFORE THE REVOLUTIONARY WAR AND THE BRITISH TROOPS DID NOT LEAVE UNTIL 1796.) Respublica v. Sweers 1 Dallas 43, Treaty of Commerce 8 Stat 116, The Society for Propagating the Gospel, &c. V. New Haven 8 Wheat 464, Treaty of Peace 8 Stat 80, IRS Publication 6209, Articles of Association October 20, 1774.)
23. **Britain is owned by the Vatican.** (Treaty of 1213)

**2016-03-09 The Crown is owned and operated by the Roman Cult, and has been since 1213**

<https://www.youtube.com/watch?v=8S1jz-peZ2A>

The Definitive Treaty of Peace of 1783 says that King George was the Arch Treasurer and Prince Elector of the Holy Roman Empire and the United States of America. This video goes through how the Roman Cult orchestrated the slave trade, then the War of Independence, then the War of 1812, then the Civil War, then WW1, WW2, and now they are building up to WW3. All warfare is commerce, and all commerce is warfare. All fictitious entities operate under Roman Law.

24. **The Pope can abolish any law in the United States.** (Elements of Ecclesiastical Law Vol.1 53-54)
25. **A 1040 form is for tribute paid to Britain.** (IRS Publication 6209)
26. **The Pope claims to own the entire planet through the laws of conquest and discovery.** (Papal Bulls of 1455 and 1493)  
[The Triple Crown of Rome | Papal Bulls | The LOR](#)      <https://youtu.be/94P59mLmgVU>
27. **The Pope has ordered the genocide and enslavement of millions of people.**(Papal Bulls of 1455 and 1493)
28. **The Pope's laws are obligatory on everyone.** (Bened. XIV., De Syn. Dioec, lib, ix., c. vii., n. 4. Prati, 1844)(Syllabus, prop 28, 29, 44)
29. **We are slaves and own absolutely nothing not even what we think are our children.** (Tillman v. Roberts 108 So. 62, Van Koten v. Van Koten 154 N.E. 146, Senate Document 43 & 73rd Congress 1st Session, Wynehammer v. People 13 N.Y. REP 378, 481)
30. **Military Dictator George Washington divided the States (Estates) into Districts.** (Messages and papers of the Presidents Vo 1, pg 99. Websters 1828 dictionary for definition of Estate.)
31. **" The People" does not include you and me.** (Barron v. Mayor & City Council of Baltimore. 32 U.S. 243)
32. **The United States Government was not founded upon Christianity.** (Treaty of Tripoli 8 Stat 154.)
33. **It is not the duty of the police to protect you. Their job is to protect the Corporation and arrest code breakers.** Sapp v. Tallahasee, 348 So. 2nd. 363, Reiff v. City of Philadelphia, 477 F.Supp. 1262, Lynch v. N.C. Dept of Justice 376 S.E. 2nd. 247.
34. **Everything in the "United States" is For Sale: roads, bridges, schools, hospitals, water, prisons airports etc.** I wonder who bought Klamath lake. Did anyone take the time to check? (Executive Order 12803)
35. **We are Human capital.** (Executive Order 13037)
36. **The UN has financed the operations of the United States government for over 50 years and now owns every man, women and child in America.** The UN also holds all of the Land in America in Fee Simple.



37. **The good news is we don't have to fulfill "our" fictitious obligations. You can discharge a fictitious obligation with another's fictitious obligation.**
38. **The depression and World War II were a total farce.** The United States and various other companies were making loans to others all over the World during the Depression. The building of Germany's infrastructure in the 1930's including the Railroads was financed by the United States. That way those who call themselves "Kings," "Prime Ministers," and "Furor."etc could sit back and play a game of chess using real people. Think of all of the Americans, Germans etc. who gave their lives thinking they were defending their Countries which didn't even exist. The millions of innocent people who died for nothing. Isn't it obvious why Switzerland is never involved in these fiascoes? That is where the "Bank of International Settlements" is located. Wars are manufactured to keep your eye off the ball. You have to have an enemy to keep the illusion of "Government" in place.
39. **The "United States" did not declare Independence from Great Britain or King George.**
40. **The etymology of government means to control the mind.** From Latinised Greek **gubernatio** "management, government", from Ancient Greek κυβερνισμός, κυβέρνησις (kybernismos, kybernesis) "steering, pilotage, guiding", from κυβερνάω (kybernao) "to steer, to drive, to guide, to act as a pilot" plus Latin *mente* "mind".

**SEE ALSO:** <https://www.slideshare.net/exopolitika/40-outrageous-facts-most-people-dont-know>  
Some of the photographs are those in the original document

## 2021-05-07 On Contact: America's endless war

<https://www.rt.com/shows/on-contact/517339-america-endless-war-edstrom/>

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**Chris Hedges:** *Welcome to On Contact. Today we discuss America's endless wars with combat veteran, Eric Edstrom.*



**Erik Edstrom:** They are reportedly killing multiple civilians which was identified from a second UAV which was unmanned and had video evidence of dead civilians. And when I returned back to the base, the U.S. Military and my battalion covered it up and the report said what was the battle damage assessment and it was written in large capital letters, "UNKNOWN" and that was done specifically to not admit that this event happened and to avoid any further investigation, and that was the moment for me when my experience in this war changed radically.

**CH:** *"The U.S Government sent me to Afghanistan at the age of 23," writes West Point graduate Eric Edstrom in his memoir "Un-American: A Soldier's Reckoning of Our Longest War." "I protected myself and three-quarters of the men in my platoon. I endangered and hurt many. I lived in mud shacks and trolled dirt roads for IEDs, either with my tires or, worse, my boots. We did dangerous humdrum unilateral patrols without conducting any meaningful training with Afghan security forces. I accomplished nothing that one could consider worth fighting for. I wasted a lot of taxpayer money. The Afghans I met either didn't want us there or wanted us to stay long enough to relieve us of our money taxpayer dollars that the military was aching to spend on exorbitant military contracts, knowingly lining the pockets of warlords, guilty of human rights abuses. On the ground, the war felt mostly dubious, illegal in scope, and unjust in terms of proportionality. Many of my friends died or became permanently handicapped. I personally buried one of my West Point classmates in Arlington National Cemetery, handing the folded flag to his crying mother. Another one of my soldiers killed himself after returning home. One of my soldiers is serving life in prison after murdering and dismembering the body of someone whom he never knew in a bathtub in Oregon."*

*Joining me to discuss America's longest war and a Syrian memoir of his time as a Platoon Commander in Afghanistan is Eric Edstrom. So you begin the book in--well, you actually talk about your childhood a little bit, but you begin the book in--at West Point which creates a certain image that you buy into in terms of the mythology of war. So, let's first begin with that myth of war and that indoctrination that you went through as a cadet.*

**EE:** Sure. Well, thanks for having me, Chris. And when it comes to sort of mythology, the way that I think about it is that in order to feel as though you are on the right side of things in political violence, you need to believe beyond a shadow of a doubt that the people you are fighting and that the people you are killing in some way deserve it, and that they are "killable." And the way that one achieves this is through a form of indoctrination, and that is precisely what you get in the

military to make and to sort of alleviate the conscience when you are faced with that situation where you are fighting somebody who has legitimate grievances to fight against you.

**CH:** *And talk a little bit about the process of hazing, which is extreme. They don't call it hazing but that's what it is, and each year would you go in--what's your first year, are you called a plebe I think?*

**EE:** That's right.

**CH:** *And all of the upperclassmen are kind of tormenting you in all sorts of institutionalized ways, the role that that plays. And then just mention briefly because you write in the book about how by the time you were in your senior year as a cadet you actually engaged in that kind of behavior.*

**EE:** Yeah, absolutely. And then I imagine that in terms of hazing, if you were to stretch out the timeline a bit longer that what counts as hazing today is far different than what it was in, say, 1930, and that it was far more extreme and far more severe in past decades. However, there is something still in it about a willingness to go about your job without questioning things too much or too deeply. One is sort of a protocol followership that's indoctrinated where you are given a set of instructions and it is your job to execute on them no matter how ludicrous or ridiculous this may be, whether this is, you know, making your socks smile in the way that in which you fold them, or you tape your underwear into perfect little rectangles, this is all sort of part of this institutionalization where the objective is not necessarily to make you a better officer, because if you really wanted to do that, you would ask, is this going to help me down the road? And folding underwear probably does not achieve that, but what it does achieve is a willingness to follow instructions without question which, I think, can be rather dangerous.

**CH:** *Well, you end up in Afghanistan protecting a section of a road solely so supplies can be delivered to you to protect a section of a road and so the absurdity of the small things that were inculcated you into West--at West Point are--become manifest in very large things in terms of that moment in the military.*

**EE:** Yeah. Yeah. I think what is important to recognize there is that the type of thinking that I refer to is sort of downstream thinking. It is your job to focus on your area of operations and what is within your realm. You're not supposed to think too much about political issues or why we are at war at all or why are these people fighting against us. Those are sort of upstream issues for politicians and you're not supposed to think about that; that's outside the purview of most folks in the military. And where that became evident, as you mentioned, is this circular loop referred to as Operation Highway Babysitter where we would drive up and down a road. And to frame it for you, you know, at this point in time, my platoon had received about 25% casualties and this was not unusual within the battalion. So, the biggest threat was roadside bombs or IEDs buried in the road or next to the road, and so our battalion was sent on this circular self-licking ice cream cone of a mission where you drive up and down the road to protect it and basically see if you get blown up. And if you do not get blown up, the road is at least momentarily free or free and clear, allowing the logistics convoys to resupply you so that you could continue doing this, and you could see that this is just a circular loop. But the problem is that it's impossible to protect and secure all of the roads all of the time. So, they would still slip IEDs in and you would still end up getting blown up. And in a very sort of ironic fashion, the way that the sort of commerce would work is that, when we would get blown up by an IED and the road would be destroyed, quite often the United States would offer money to local contractors to rebuild the road but these local contractors feared for their lives, too, and it was common practice well-documented that they

would then pay as a tribute to the Taliban money so that the Taliban would not harass or kill them, which then the Taliban would use to buy more bomb-making materials to continue the mission. So in conclusion, we are indirectly funding the Taliban to kill us. That is the circle that you experience as a soldier and it's absolutely infuriating.

**CH:** *When I covered the war in El Salvador, A.I.D was pumping in a lot of money and the same thing, they had to pay off the FMLN rebels not to burn down the A.I.D built schools. And in fact, the rebels negotiated a bit where they were allowed to go into the morning and teach, you know, Marxists and revolutionary literature of the kids in order to keep the schools up and the schools were there so the visiting congress people could come see them. It was exactly, you know, wars have a kind of commonality to them. Let's talk about the moment you deploy. So, you come in really having been indoctrinated, I think, and believing what it is you have been told about the military, about the mission. How quickly did it go sour and why?*

**EE:** Yeah, it's a good question. I think that when I deployed, my idealism was mostly intact. I had just finished West Point. You have some creeping questions about what it is that you are participating in this war. Never did I sort of think that this is the conflict where there's never been a time in American history where more was spent accomplishing less but you did get a sense from hearing from older classmates that graduated maybe a year or two before of, you know, the, sort of, the horrors and the self-defeating nature of the conflict in which you were going to participate but you still want to hold on to some shred of belief because you're investing a lot of yourself. You're investing years of your life, your, sort of, conscience, your physical body, your social relationships are all being invested in this career and you really want to believe that the purpose for which your service is being used is a good one. There is a lot writing on that.

So when--in that moment, on that day when you deploy with your sort of 30 soldiers to what was referred to as the heart of darkness or the green death for the district that we were in, it was quite literally the district which was the spiritual heartland of the Taliban where Muhammad Omar once lived, and resided, and taught. [taught] So this is a place that was not permissive. And, you know, upon arriving there, you realize that these people have had weapons aimed at them for years. These people have seen drone strikes kill a farmer without cause, you know, and maybe a hollow apology. What I saw was the Arkansas National Guard shooting a bus full of civilians excusing it and effectively victim blaming the bus and the bus driver for driving too close to the American convoy instead of punishing and at least, at the very least, investigating thoroughly with an Afghan perspective, what happened on the ground. Often, those voices are sort of excluded.

And over a period of time, which really culminated in this moment when I was on patrol with my platoon out in a grape field and we were told that there was some suspicious fighting aged males, as they're referred to, and we dismount and walk into this field and we are ambushed, and there are machine gun rounds fired at us and we fire back at them. Eventually, through overwhelming fire superiority, they break contact and a pair of Kiowa helicopters that we called on comes on station. We tell them that we do not have positive identification of any weapons and cannot identify specifically where the enemy is. But from their vantage point, we hope that they might be able to identify them. So, they racetrack around a village and end up firing all of their munitions, the rockets, .50 caliber machine guns into a series of mud buildings and they are reportedly killing multiple civilians, which was identified from a second UAV, which was unmanned, and had video evidence of dead civilians. And when I returned back to the base, the U.S. Military and my battalion covered it up and the report said what was the battle damage assessment and it was written in large capital letters "UNKNOWN" and that was done specifically to not admit that this

event happened and to avoid any further investigation and that was the moment for me when my experience in this war changed radically.

**CH:** *Great. When we come back, we'll continue our conversation about America's longest war with former platoon commander and combat veteran, Eric Edstrom. Welcome back to On Contact. We continue our conversation about America's longest war with combat veteran, Eric Edstrom.*

*So let's talk about the high command, the senior officers, because throughout the book, there's a constant tension between you. You cite this incident, you are fully aware that there are large numbers of civilian casualties. This isn't the only moment, but the careerism on the part of let's call them, you know, the colonels and on up, for those of you who are on the ground, it creates a kind of tension between you and them. Can you--can you explain that?*

**EE:** I think that there are different motivations, and I would generally--and this is my thought is meeting most field grade officers and most flag officers, general officers, I'm usually fairly impressed. However, I think there are moments where when we are talking about personal courage and morality, that there is a willingness to break with what would ordinarily be taught at an--at an institution like West Point and report these things, as you are taught to do, as this is what honorable behavior is and instead sort of push it under the rug and exclude it as this is an unfortunate incident or that there was still a certain amount of doubt that we couldn't be sure if they were, you know, enemy or not. So, let's just label them as such because that would be more convenient for us and we won't have to undergo any further, sort of, investigation.

So I think oftentimes, when you have the power to be sort of the judge, jury, and executioner of your own case, with very little oversight because frankly, there isn't a journalist attached to every single platoon that's operating out there reporting on what's happening. And when you're in that position with a group of impoverished people on the other side who don't speak English particularly well and you have the ability to write the reports in this rural part of Afghanistan about what did and what did not happen, sometimes, the worst comes out. And I saw this multiple times in terms of reporting civilian deaths and sometimes celebrating civilian deaths.

**CH:** *I would just say that any journalist who is embedded with a combat unit who did report those kinds of atrocities, within a few hours would no longer be embedded; that is the kind of very dirty quid pro quo between embedded journalists and the military which is why I didn't embed. You end up having, I think, a great deal of empathy for the people you're fighting.*

*You write, "The people who are trying to kill me weren't international terrorists. They weren't attacking me because they hate our freedoms or some other bull [BLEEP] Bush era line, they were angry farmers and teenagers with legitimate grievances. Their loved ones breathing and laughing minutes before had been transmuted before their eyes into something unrecognizable, like someone hit by a pinata full of raw hamburger meat. They were now little more than a stringy sinew and bloody mashed potatoes dressed up in tattered rags. That's what rockets fired from a pair of U.S. Kiowa helicopters do to civilians."*

*I think it's important that people understand the immense destructive power of this kind of weaponry especially, once you get up to crews, hellfire missiles, the kill range is a staggering. And if you haven't been around those kinds of weapons, you don't get a sense of their destructive power, and I think you do a very good job in the book of talking about those weapon systems and how indiscriminate that killing becomes as soon as you deploy them.*

**EE:** I mean, by and large I--when you talk about the scale and scope of those weapon systems, we did not, as a unit, use indiscriminate weapons very often. And what I'm referring to for instance is that there was quite a lot of restriction on the use of, say, mortars. Mortars, which can be quite dumb and in the course of trying to bracket an enemy position, you drop it 600 meters too far and then--or, you know, maybe not that far, 200 meters and you continue to bracket it in. But in the course of those errors, it's very easy or possible to kill civilians. And for that exact reason, the military was more cautious about using them and did not use those as a--as a first option, more like a last option. So I think generally speaking, the types of weapon systems being used are more precise.

That being said, the person who is sometimes making those decisions might be an Air Force UAV operator in Nevada who has never been on the ground, doesn't understand the social context of what it is like to be an Afghan, and what is misconstrued as suspicious behavior is completely normal, because they haven't lived in a place where the average salary is \$2,000 a year and someone might be digging for something else or seeing sort of rudimentary farming at a—firsthand. And misconstrue farming as someone in placing an IED and they decide I'm going to kill them with this precision weapon. So, there is a lot of that as well.

But I think the point which, when you're talking about empathy, that I really wanted to get across is that oftentimes in combat--and you can't fault the Americans or Afghan people because the logical decision for your side and the morally repugnant decision sometimes are the same. And that is the absurdity and sort of egregiousness of war where it makes sense if you are a platoon commander to protect a wounded soldier and try to evac them. This is somebody that you know and that you want to exfil for higher level care. And you don't know if by calling in close air support, whether you're going to kill civilians, so you have a decision to make where you know that someone will die if you take no action and some--and people you don't know might die if you do. And for that reason, oftentimes, tradeoffs are made where, to the best of their abilities, you know, soldiers and officers will make a decision which ends up killing 20, 30 civilians as I documented in the book when one of my friends, a former Green Beret Commander was killed. But that decision on their side makes sense. It also makes sense if you grew up in Afghanistan, if the birth lottery allocated Chris Hedges to Afghanistan and you watched this for 19 years and maybe a member of your family was killed you, too, would understand why they would resist and why they might want to fight back against an occupying force.

**CH:** *You write "when I became capable of killing, I killed a part of my former self. I was absolutely and irreversibly changed. Indoctrination is a double declaration of what is gained and lost simultaneously. I gained an identity, military skills, and personal confidence. I was losing my future and my moral self." Talk about the cost for you.*

**EE:** I think this is something I grapple with sort of still to this day. I returned back from Afghanistan. I spoke with mental health clinicians, which is sometimes a stigmatized thing to do. And when I returned back and you see that there's sort of a standard form, checklist form that you fill out, and it says something to the effect of have you experienced the following, yes, no. And all of mine were checked yes where it is. Have you seen civilians injured or killed? US soldiers injured or killed? Have you been shot at? Have you been in a vehicle that's been blown up? All these sorts of things. And, you know, after that experience, even the military said, you know, we--we have diagnosed you with PTSD from going through this experience of leading a platoon where about 25% became casualties.

And it is something that, at least for a considerable amount of time, I thought about a lot and I still think about today which is I am not the same person as a result of this experience and I will not know the version of myself, perhaps a more gentle version, maybe a more creative version, maybe a happier version than the person that I became through this experience. And that's a large tradeoff and I think that people considering military service should really know about that, and that's why I chose to share my experiences, hoping that they have what I call sort of informed consent, sort of similar to a medical language of you should know what are the range of possible outcomes from serving. One of which, because it doesn't have any ability to protect yourself, is that you cannot object to the individual war you are being sent to. A conscientious objector is one who doesn't believe in defense at all and that's not who I am; I'm very happy to defend the national territory of the United States. But if you find yourself in what you believe is a war of aggression, there's very little that you can do. And that is something that sticks with you and it has stuck with marine veterans or, sorry, Vietnam veterans for a very long time and their stories are prevalent. And I think that the same thing will be true about the war on terror.

**CH:** *You have a very heartbreaking moment where you visit a former West Point classmate very badly burned in Walter Reed Hospital. We have just two minutes left. Why is this war continuing? Twenty years, clearly a failure, why doesn't it stop? Why don't we withdraw?*

**EE:** It's a difficult question to answer and I hope that the Biden administration will withdraw. I think that the question that should be posed is that how can a country that has dedicated over 6.4 trillion dollars, nearly two decades of time, and had a coalition of the most powerful militaries on earth, how is it possible that they cannot defeat a bunch of ragtag Taliban fighters? And if that's not possible after all of that investment, what makes us believe, as a nation, that spending more time, more money, more American lives, and especially because it's a far larger number Afghan civilian lives, what makes them believe that something is going to change? And I don't think they're going to get a rosy pronouncement at the end of that question.

**CH:** *Do you think it's just contractors? There's too much money involved? Why do you think it perpetuates itself?*

**EE:** I think it's a variety of things. I think it's probably there's an element of money for sure. I think there's also an element of pride that is hard to shake. There's also an element of the people who get hired for the positions to lead troops in combat are hired on the belief that they are going to win, not that they are going to lose. So that is why you have commander after commander after commander promising progress because that is what they promised to get the job. And so pronouncements of progress go back to the United States and people say, "Well, maybe we should keep going. There's progress being made. The commander says so." But as we--the Afghanistan papers have revealed, that's not true at all. So there is, I think, this sort of Pollyanna sort of element of belief that this is going to be a rosy story. And it's not and it never will be going forward. And I think that we just have to have the hard truth, tell it like it is, that we're not making progress, that we're harming American soldiers, the civilians and the American taxpayer, and we're losing an opportunity as a nation to do far more with those funds if we allocated them elsewhere.

**CH:** *Great, thank you. That was Eric Edstrom, author of "Un-American: A Soldier's Reckoning of Our Longest War."*

**2021-03-05 A Message to Lightworkers – March 5, 2021 by Caroline Oceana Ryan**

*This week's guidance from the Ascended Masters, Galactics, Earth Elements, Fae Elders, Angelic legions, and Archangels known as the Collective:*

Greetings, dear ones! We are more than pleased to have this time to speak with you today.

And so as always, we bow to you.

Because what you are, is highly intelligent, highly developed and evolved Light Beings who have chosen an entire path of Earth life experiences which have included hundreds, and for some of you, well over a thousand lives upon the planet.

You didn't only do this for your own understanding, or perhaps a sense of adventure or a sense of creativity, though all that is fine.

**You did it because you looked down the timeline that Earth would be evolving into—and you are moving into a new timeline now—and you saw what was coming.**

Or you have already experienced it, and decided to go back in time to try to revise a bit of what was going to happen, and lift the current evolvment into a higher energy.

You saw all of this, and you said, "Let me add my particular line of harmony to this powerful, beautiful melody."

There is a video of a group of young men, young high schoolers in a lovely choir, singing this beautiful song, "[Come Travel With Me.](#)"

As you listen, you hear different lines of harmony in that song.

It's based on a beautiful poem by Walt Whitman, "Song of the Open Road" from his wonderful self-published book, *Leaves of Grass*, which was, at the time it was published, considered interesting, but which is now considered a classic of US literature.



*Sunset in Ballydesmond, Ireland  
Photo by Sheila Fitzgerald*



This song was shared recently by a dear one called Penny, who is part of the [A Night at the Roundtable](#) BBSRadio.com show, and chose that song for the closing music one night.

**She points out that Whitman, in this song, celebrated democracy, but he spoke of it in spiritual terms that were intercultural in meaning.**

And we would wish for you, as well, to see it in terms of intercultural connection.

Penny quoted a writer from [The Atlantic](#) who says, "At a time when Americans hate one another across partisan lines as intensely perhaps as they have since the Civil War, Whitman's message is that hate is not compatible with true democracy, spiritual democracy."

He noted that "We may wrangle and fight, squabble and disagree. Up to a certain point, Whitman approved of conflict. But affection and friendliness must always define the relations between us."

Then he shares that perhaps what Whitman mainly offers, is hope.

The hope that this new form of social living can prosper, and give people access to levels of happiness and freedom they have never enjoyed.

**Now, what is being presaged there—what is being introduced without anybody saying so—is NESARA itself.**

**Because there will be nothing more powerfully integrative and intercultural in that moment, in all moments on Earth, than that moment when NESARA is finally fully birthed into Earth life reality!**

So that when the lyrics, based on Whitman's poem, say:

*Let's go!  
Whoever you are, let's go  
Come travel with me . . .*

*We'll go down the open road  
We'll go where high winds blow  
We will go down pathless and wild seas, the world before me . . .*

Could there be a more perfect description, dear ones?

Certainly for many, where you are now on your planet feels to be pathless!

**And this is because the Earth has not gone in this direction before. Earth, like Her people, has not gone this way before now.**

So you may feel that that path is only being created as you take each step, one in front of the other.

And this can be difficult, yes. We understand.

Our writer and many others have been saying, "This virus has taken so many lives! And what is this shot they're giving everyone? There have been adverse reactions to some. What if the shot only makes things worse?"

It's an interesting question, because this is a time in which you almost can't be on the Earth if your vibration refuses to flow with the higher vibration.

Or you may be in a beautifully high vibration, but realize on a higher level that your work will be more properly shared and expressed now from the higher realms, and that you can help Earth's Ascension more fully from that place.



So we wouldn't say, wholesale, "Ah, well—everyone of a lower vibration is leaving!"

**We would say, allow that this pathless space in front of you doesn't have to look so blank and unformed, when you understand that each of you is only responsible for his or her own path.**

Yes, you can try to awaken people here or there. You can share what you wish people to move into, and what you would like them to realize.

Let us make that simple for you, dear ones: Arguments are what people have had for a very long time.

Being convinced, being trained, being persuaded or programmed into something that is not natural, does not spring from deep within you, is where you have already been for many, many thousands of years.

**So a new task would be simply, "Here I AM, anchoring the beauty, the power, the unique presence of my soul.**

**"And each day, all I ask, as anyone would, is that that beautiful Presence shine through me, and develop on the Earth its own resonance.**

**"So that my particular line of music is added to all the others, and it blends with all of them in ongoing harmony."**

And as you are doing that, dear ones, you are simply following your path with Joy, loving and accepting everyone you meet.

Never mind what they believe; never mind who they voted for.

Never mind, dear ones, whom they seem to represent to you.

See the different colors in the astoundingly green tapestry that has always been Earth life.

From the beginning, you were a sort of living library of varying ideas, cultures, colors, shapes, and interests.

And that won't be lost, post-NESARA, by simply living who you are.

Asking every day to be your best, brightest, most beautiful, most loving, unique self.

If that isn't world-changing, we don't know what is!

Can you imagine if everyone did that? There would be no injustice allowed anywhere on the Earth, because *it wouldn't even occur to people!*

And as you lead the way being this beautiful, bright self—not trying to tell others how to live—certainly if you want to share some information, that’s beautiful—but you don’t, as they say, sweat over the idea that they might not agree with you on everything—

**As you plant that beautiful empowering Light into the Earth, you are changing everything.**

Never doubt that, dear ones!

We understand it’s distressing to some to see what’s happening in government, distressing to see what’s happening with the Earth’s climate.

We understand the economic reality is difficult, and that indeed, this looks to be a “pathless and wild sea” you are on.

Understandably, you’re unhappy many days because of that, and you’re unhappy to see disruptions in your own life.

Yet, as Saint Germain pointed out recently on an [Abundance Call](#), “None of this is an accident!”



*Photo by Lynne Newman*

This is your path, to bring about the *true reformation of this planet*.

And life can be restored. Don’t think that it can’t be, dear ones!

Most assuredly, it can. If it can be created into the physical, then prolonged in helpful ways—if rejuvenation can occur—then resurrection can occur!

**Do not ever feel that that which appears to be lost is lost irretrievably, in terms of loved ones. And soul connection can remain, in any event.**

So right now, dear ones, open your hands and your hearts, to receive.

We’re going to call in the Light of each of your individual souls, soul families, and twin flames, requesting that that pour down upon you, so that you receive the gifts of living in the Present Moment as being the only

thing you need do.

And in fact, the thing that's going to save you many days from panic or upset, at this turn of events or that. Notice how quickly things are happening! So it's almost sort of useless to react as if, "Oh, now everything's gone *this way!*"

Because in a moment, it will go another way.

Remember that a ship pitches, tosses back and forth. Do not feel you have to emotionally invest in any one of those tossings and turnings!

**Just open to receive this Light which we call forth now, dear ones.**

This is soul courage coming into every cell of the body, every particle of the etheric, mental, emotional bodies—all of your energy bodies.

You can image your seventh chakra at the crown of the head, opening to receive this.

We're going to move this beautiful Transmuting Violet Flame of Saint Germain into each of you, and into each person now on the planet.

Just image this lovely cool Violet Flame enveloping all.

It's transmuting everything that is not of each person's Higher Self, everything that does not lead them onto that which is for their higher good.



Just allow that for a moment, as we bring in a lot of Light.

And feel your beautiful soul family surrounding you now, dear ones, with Love! Standing around you in a beautiful circle.

Accept the energetic download now of their message that *you are never alone*, dear ones, whatever you may face.

**The Divine Mother Herself has you in Her hand, and is lovingly guiding you through this pathless, wild sea.**

What's interesting about this lovely lyric from this song "Come Travel With Me," is that it's sung with so much expressive Joy and anticipation.

**It goes well beyond feelings of uncertainty as to where the path or pathlessness will lead.**

That lyric ends with the phrase—full of excitement at all that is unfolding now!—"the world before me."

*"We must not stop here . . ."*

*There are things more beautiful and divine than words can ever tell*

*There are things that will never, ever die*

*There are things that will not grow old . . .*

*Let's go! We must not stop here!*

*Let's go! And we will not fear*

*Let's go! I give you my hand. I give you my heart. I give you my self."*

Truly, a lovely thing!

So that the next time you hear someone saying something you don't agree with, or you see something on social media which strikes you as particularly odious and untrue, or ridiculous, use that phrase:

*"Let's go! We must not stop here. Come travel with me!"*

For all is a matter of growth and evolvment, dear ones. For this you came.

And so we send our Love and many blessings.

And as always, we are awed by your bravery, your creativity, your courage, and your strength.

Namaste!

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