

2023-04-06

A NIGHT AT THE ROUNDTABLE

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY Internet / BBS Radio CALLS
- B ARCHIVES - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST

- II OPENING MEDITATION; ENERGY UPDATE
- III HARD NEWS
- IV GUEST HOUR

I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

B B S RADIO STATION 1 B B S RADIO STATION 2

INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable
Friday Night Hard News

Saturday History Call

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CLICK ON **AUDIO ICON**

1-804-220-6484

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[NO code needed]

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I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading
TALK SHOW PROGRAM ARCHIVES FOR PODCASTING
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to Archives" tab for audio links on LHS:
includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested
To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)			

Call In Numbers: 888 627 6008 323 744 4831

LINK TO BBS PODCAST:

<https://bbsradio.com/podcast/night-roundtable-april-6-2023>

HOST: Intro: Caroline Oceana Ryan; Rama, Tara
MEDITATION: Caroline Oceana Ryan
GUEST HOUR: DANIEL REKSHAN

TONIGHT'S PANEL:

Caroline Oceana Ryan	[COR]	Micah Green	[MG]
Penny Christoffersen	[PCC]	Omena	[O]
Rama, Tara	[R,T]	Randy Miller	[RGM]

THE LAW OF ONE

We are all One.
When One is harmed, all are harmed. When One is helped, all are helped.
Therefore in the name of Who I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

ENERGY UPDATES

- O:** between her dreams and her exhaustions, and the ups and downs of the energy inputs, finding things a bit more tiring – for some people, the energy helps; for others, tires them -
- Everything is energy and time is the construct of humanity, not our guides etc
 - To manifest: want it, no doubt, trust the energy to make it happen!
 - Doubt: opens the door to fear, not being good enough – forgive yourself if you think you are misusing the energies – and you don't have to have a belief system as per a religion – just call on your higher power and they can't say no!
- COR:** finding the energy ups and downs – maybe dizzy, head-achey – can be disconcerting if you don't know it's about the energies
- O:** tells folks it's the energies – go with the flow – presents 3 of the things her mother always said
- COR:** recognize that this is Maundy Thursday, and tomorrow is Good Friday
- PCC:** as above PLUS letters jumping around when I'm typing, or letters being edged with a green tinges or violet tinges; feeling energies in the room; stuff getting 'lost' and appearing again in a different form
- MG:** a message from the Universal members of the Keshe Fdn

Greetings to all of our listeners from around the planet and throughout the cosmos!

To begin with I Wanted to share a message from the Universal Council Members of the KF...

"Thank you to everyone who joined at the Level of their Soul, with us the Members of the Universal Council and the World Leaders, as One Soul.

Together, we are taking great steps to achieve Peace and Justice, for everyone.

Today more than ever, we must advance in that Soul unification daily."

Now, in plasma science and the science of creation and the universe, All life comes from the interaction of fields, and Earth is a nursery for the Soul of humanity. When Souls find balance they create a MaGrav (Magnetic and Gravitational Field) of themselves to create a new cycle - to become a new star or dust; Our Souls travel through space till they find a balance and then seed new life, and that doesn't need to necessarily become a new physical life. Each Soul has to be washed clean

and then start a new perfect life cycle; This new soul should carry no "dirt" within the Soul of Physicality (STP) so that it doesn't create a cycle of killing. Killing has to be washed out of the soul of humanity, which has kept us separate from the U Community; This is what the knowledge of plasma science and space technology has come here to correct;

So, Earth is a nursery of Souls. There are souls that have the seed of killing, spreading through the Universe - this needs to be corrected at the root - our mother earth needs to be Cleansed of killing from the energy pattern of the STP; The new crystal Children are being created out of fields, cleaned of killing. We are part of the embodiment of the Totality of fields of Soul of the Creator - we are all Connected to the Creator because we are made from the same fields. Creation never stops - life of the souls of humanity never stops; Now humanity has to be taught how to live in the Universe; Life has to be correct in all dimensions, we can't steal from others, no more killing. We all need to learn to absorb the fields of the universe, And to share love of Creator.

Pass talking stick

RGM: a short and sweet report: 'Something has gone really wrong with this circus, and the clowns are everywhere.'

R, T: the report from MG is interesting: yesterday someone called in to Thom Hartmann's show, talking about the 10 commandments and the church; only 2 need to be adhered to: thou shalt not kill, and thou shalt not steal - ties in with what came from the Keshe call

they require some assistance: they are not in 'the system' so rely on donations: can pay BBS on Friday, need help for the bills, including the repairs for the car

a challenge with the energies too . . . the energies are so high! The Schumann resonance was so high can only flow with it

an elk in the medicine card means stamina,

2023-04-06

Rama's White Knight Report

APRIL 06, 2023

March 30, 2023 – April 06, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

To find more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-03-31

Friday

[Dalai Lama](#)

[Dalai Lama@DalaiLama-Mar 31](#)

There are no natural boundaries between human beings on this earth, we are one family. At a time of increasing natural disasters, climate change and global warming affect all of us. We must learn to live together, to work together, and to share what we have together.

2023-04-02

Sunday

Darby O'Dell

Rama: I received a text message from **Darby O'Dell** at 12:55 pm this afternoon. He said to me: "Lord Rama, the energies of spring are pouring in! There are a lot of solar flares going on; there was a G-Class geomagnetic solar storm which has brought in lots of gamma rays to our atmosphere. I was given some classified information concerning the Solar Flash; supposedly it is going to be coming from Galaxy M87. That is where it may originate.** Then it would travel to Super Galactic Center; then to our great Central sun, Alcyone; then to Helios and Vesta, the sun behind the sun; then to our sun Sol, and finally to earth."

"And again it is going to raise the vibration to even higher thresholds of bliss. However, for the dark side, it is going to create more chaos and confusion. Yet the Light will upgrade them, nevertheless. It is a gift from Creator Source. This is the biggest upgrade of Light, Love, Peace and Joy – EVER! - in the last 26, 826 years on Mother Gaia! ! !

"HOSANNA IN THE HIGHEST!

"See you in the Light of the Most Radiant One! Sat Nam! Namaste! And **Blaze the Violet Fire!**"

****Insert from Rama:** Galaxy M87 is in the constellation Virgo; it's many, many light years – millions, in fact – from earth, and there is a big black hole in the constellation Virgo. It's a portal between different dimensions and universes, through this particular polar universe of Nabadon.

SEE PHOTOS ON THE NEXT PAGE.

2023-04-03

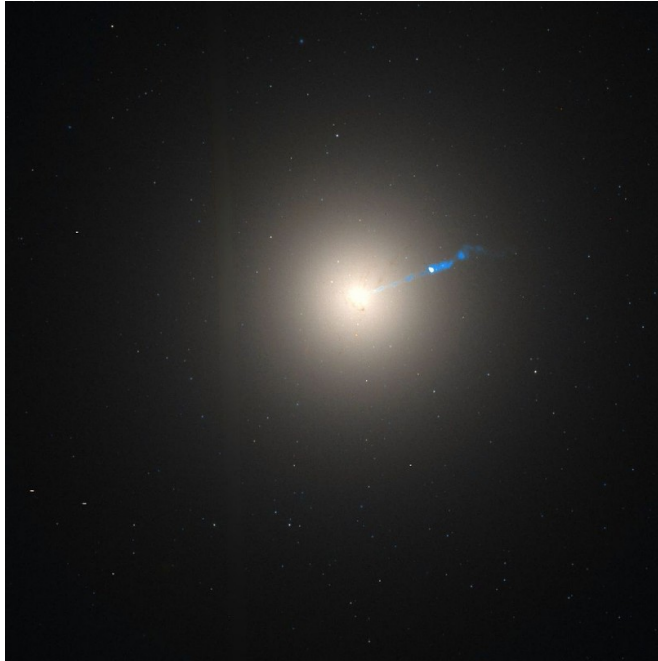
Monday

Dalai Lama

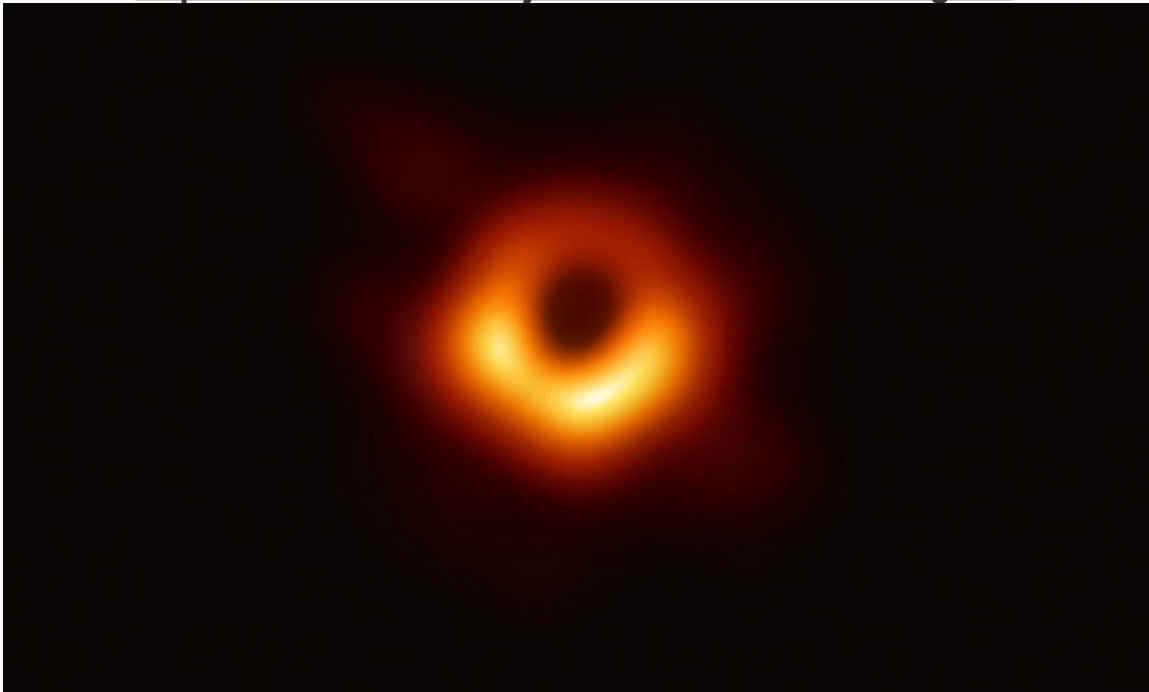
[Dalai Lama@DalaiLama-Apr 3](#)

The source of a happy life is within us. Troublemakers in many parts of the world are often quite well-educated, so it is not just education that we need. What we need is to pay attention to inner values.

Galaxy M 87



<https://www.messier-objects.com/messier-87-virgo-a/>



2023-04-03

Monday

Darby O'Dell

Rama: I received a text message from **Darby O'Dell** again at 12: 35 pm early this afternoon. He is a bit of an Irish wizard and takes people from all over the world to sacred sites in Ireland,

Egypt, Scotland, England etc, to work with the ley lines, vortices, portals and so forth to call in the higher energies and Beings of Light. All done with a pronounced Irish brogue, to be sure.

He said to me, "Lord Rama, I received a remote viewing that the Solar Flash may have originated in Galaxy M87. Then, as we said yesterday, the Solar Flash would travel to Super Galactic Center, then to our Great Central Sun, Lord Alcyone, in the Pleiades, and then travel to Helios and Vesta, the sun behind the sun, and then to our sun, Sol.

"The time is extremely close for this happening – NO DATES! ! ! As this Light comes in, all of humanity and the earth get upgraded. As this is happening, the dark ones are being given a choice: embrace the Light or face the consequences, in the form of Ascension Symptoms! Par excellence!

"The incoming energies of the Office of the Christ are painful to the Dark Side of the Force [as the Buddha would say: 'Pain is inevitable; suffering is optional!'] so stay in the High heart! Sat Nam! Namaste! **Blaze the Violet Fire!**"

2023-04-04 **Tuesday** **Rosa of Palestine**

Rama: I received a text message from **Rosa of Palestine** at 12:50 pm this afternoon. She said to me, "Lord Rama, the IDF (Israeli Police) raided the Al Aqsa Mosque in Occupied East Jerusalem today, attacking Palestinian worshippers during Ramadan prayers.

"Meanwhile, the solar flares increase, and continue. The Ascension symptoms are getting stronger by the day.

"The Israeli people are still protesting in the streets, Jews, Muslim, and others all side by side. They are all peacefully protesting against Prime Minister Netanyahu's persisting intention to overturn the Supreme Court, permanently ending it, and making himself the sole dictator over the Israeli people, ending all democratic rights for all Israelis, forever!

"Stay safe. Stay in the **Violet Flame of St Germain**. Sat Nam! Namaste! World Peace now! **NESARA NOW! ! !**"

2023-04-05 **Wednesday** **Rosa of Palestine**

Rama: I received another message from **Rosa of Palestine** at 11:38 am late this morning. She said to me, "Lord Rama, the IDF forces are still attacking and killing the Palestinian worshippers inside the Al Aqsa Mosque. This is beginning to look like a killing spree on the side of the IDF Forces who are using their weapons of war on unarmed, praying Palestinian worshippers inside their sacred prayer space. This is called cold-blooded murder with impunity and the complicity of their treasonous leader, Prime Minister Netanyahu.

"Please place this in the Circle of support and **Blaze the Violet Fire!** Sat Nam! Namaste! Enshallah – God willing! Peace be upon you! Om Shiva!"

2023-04-06 **Thursday** **Tom the Ringtailed Cat, Sweet Angelique the Cat**

Rama: I received a text message from **Tom the Ringtailed Cat, Sweet Angelique the Cat** at 12:30 pm, early this afternoon. They said to me, "Lord Rama, we are near Paris observing the protests going on in the streets because Mr Macron created a law without the proper democratic process of taking a vote. Then, as the good dictator he is, he imposed the law on the people of France. Thus he unlawfully raised the retirement age by 2 years, from 62 to 64. There have been clashes going on by the protestors in the streets with the police for months now, over the varying stages of this issue. The Schumann Resonance is extremely high today; the solar flares continue."

Then at this point, 3 elks showed up in the forest, close to where I was, by the river. 10 crows were observing all of this with me. Tom and Sweet Angelique continued: "The animals are sensing the energy shift in our realm right now."

Rosa of Palestine Then I received a **text message from Rosa of Palestine**; she said to me, "Lord Rama, there are stories out there that Hezbollah of Lebanon launched rockets into Israel. The true story is the United States Deep State sent their own black ops to Lebanon and THEY did the launching from there. So the United States made it look like Hezbollah did it."

I asked Rosa for what reason did the United States Deep State go to the trouble of doing this. Rosa only responded to me by saying, "Lord Rama, please place all of this in the Circle of Support, and **Blaze the Violet Fire!** Sat Nam! Namaste! Inshallah - Peace be upon you!"



The huge halo around giant elliptical galaxy Messier 87 appears on this very deep image. An excess of light in the top-right part of this halo, and the motion of planetary nebulae in the galaxy, are the last remaining signs of a medium-sized galaxy that recently collided with Messier 87.

The image also reveals many other galaxies forming the Virgo Cluster, of which Messier 87 is the largest member. **In particular, the two galaxies at the top right of the frame are nicknamed "the Eyes".**
Image: Chris Mihos (Case Western Reserve University)/ESO

COR: no one has said the solar flash has started -

R: that's right: and we are all feeling it

COR: and we are already feeling the upgrades? ? ?

R: yes

COR: has the IDF raided Al-Aqsa Mosque before? [Israeli Defense Force}

R: yes – lots of time – the MSM doesn't cover it – only Democracy Now – goes back to after the war and the cosy relationship between the US and Israel -

- a good guess: Netanyahu is connected with other failed world leaders who know their time is up: they are petrified by the idea of our Family of Light coming in – they want to distract from that event!
- They are beings with 6-11 strands of DNA and they have abilities but they didn't activate the 1 strand of DNA that is about love. . .

GUEST HOUR: DANIEL REKSHAN

See his bio below

Please listen to the total interview for Daniel's presentation + questions and answers

Micah conducted the interview; these are his notes and questions:

Daniel Rekshan is the founder of D-SETI (Dream Search for Extra-Terrestrial Intelligence or Dream Studies of Extra-Terrestrial Intelligence, depending on your perspectives.) He is an artist, dreamworker, and researcher. His education and training includes:

BA in Western Liberal Arts from St. John's College in Annapolis

MA in East-West Psychology from the California Institute of Integral Studies

Certified hypnotherapist in the spiritual counselling modality of Depth Hypnosis

Certified Beyond Quantum Healing practitioner

Daniel is a PhD student in the Integral Noetic Sciences program at the California Institute of Human Sciences.

Daniel is an ordained minister in the Universal Life Church. Daniel is the Chief Dream Officer of Dream Well, a mobile app for dream, sleep, and mindfulness. Daniel offers hypnosis, dream work, and spiritual counseling service as a ministry through Cosmic Dream Sanctuary. Daniel has written several psycho-spiritual books and academic papers about dreams, which you can read on the Cosmic Dream Sanctuary website. He is the technical co-founder of Light Net, a citizen science platform for the study of consciousness.

So welcome Daniel, its an honor to have you with us on A Night at the Roundtable!

You have an extensive resume, and you are currently a student of Integral Noetic Science at the California Institute of Human Sciences, could you explain to our listening audience what this is and how it reflects one of your passions in this life?

Dream Well - an ecopsychologically based mindfulness and dream app, can you tell us about it?

What is Beyond Quantum Healing?

In regards to ET contact history you told me about your recent research on Dr. JOHN Dee (D E E), and Edward Kelly who were both scryers (One who divines, sees or predicts the future by means of a scrying tool; especially a crystal ball.) and Alchemists erased from the history books. Also an important note is that these souls were around at the same time as Sir Francis Bacon otherwise known as St. Germaine, who is still alive today and has 2 offices in Virginia, and one in Washington DC.

CE5 footage geometric shapes anomalous body marks traditionally associated with abductions - sacred geometry discern Euclidean geometry as a sort of language that is readily discernable - your hypothesis

Phoenix lights - most famous 1997 - 9 orange orbs

CLOSING MUSIC

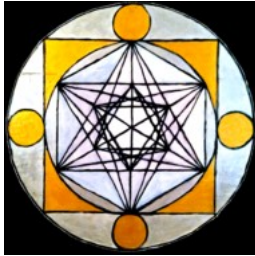
Paul Simon & George Harrison- Here Comes The Sun

https://www.youtube.com/watch?v=KEgBMTMUanU&ab_channel=RockFM

GUEST BIO: Daniel Rekshan

Daniel Rekshan lives with his beloved family. He is an artist, dreamer, and hypnotist. He holds a MA in East-West Psychology from the California Institute of Integral Studies. He holds a BA in the Western Liberal Arts tradition from St. John's College in Annapolis. Daniel is a certified hypnotherapist in the spiritual counseling modality of Depth Hypnosis and is certified in Beyond Quantum Healing.

He is an ordained minister in the Universal Life Church. Daniel is the Chief Dream Officer of [Dream Well](#), a mobile app for dream, sleep, and mindfulness. Daniel offers hypnosis, dream work, and spiritual counseling service as a ministry through Cosmic Dream Sanctuary. Daniel has written several psycho-spiritual books and academic papers about dreams, which you can read on the [Cosmic Dream Sanctuary](#) website. He is the technical co-founder of [Light Net](#), a citizen science platform for the study of consciousness.



Cosmic Dream Sanctuary is an ecumenical, interfaith, and open community of meditation, contemplation, and fellowship offered in the traditions of Mystic Christianity, Mahayana Buddhism, Dream Studies, CE-5, and Quantum Healing

Daniel is shifting his dreamwork to [D-SETI Dreamwork, the Dream Search for Extra Terrestrial Intelligence](#).

You may still get in touch here, please go to <https://dseti.org> for up to date information.

<https://dseti.org/>

Find meaning in **dreams and dream-like experience**

Dreams and ET/NHI (extra-terrestrial / non-human intelligence) contact are taboo, triggering, and difficult to study. Dreams have been with us forever, but they elude objective science because they're experienced within consciousness.

UFO sightings and ET contact appears to happen. ET contact stories are often dream-like and sometimes involve dreams. People often understand their ET contact experiences through dream-like means of knowledge like hypnosis or guided meditation.