

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY WWW.rainbowroundtable.net
- III OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; LINK TO PODCAST
- IV HARD NEWS

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on "64K Listen"

* **Thursday: A Night at the Round Table Hosts: Panel Members**
6 pm Pacific / 9 pm Eastern

* **Friday: Friday Night Hard News Hosts: Tara & Rama**
6 pm Pacific / 9 pm Eastern

One Hour conference Call: 1-641-741-1704 Access Code: 353 863#

* **Saturday: History of our Galactic World & NESARA Hosts: Tara & Rama**

1:30 pm Pacific / 4:30 pm Eastern

One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#

Call to interact / ask questions:

Canada & US: STATION 2 1- 888-429-5471
Direct 1- 323-744-4841

B CALL-TO-LISTEN on your phone 1-804-220-6484

C Skype: BBSradio2

D Archives for the 3 Programs listed above:

- Go to BBSRadio.com; in first column, **RHS, FIND TALK SHOW**
- Enter *the name of the show*, press the GO button. You'll be taken directly to **Hard News on Friday**; click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
 - To listen directly, click on the arrow on the black bar.
 - To download, go to **Episode MP3 link**. Then **right click** on the name '**hardnewsonfriday including the date**' and the drop down menu appears. Click on '**save link as**'

E Archives, written and audio, also exist on the rainbowroundtable website:

- www.rainbowroundtable.net - look under the "Archives" tab for
- **written notes** including the link to the entire podcast, and
- **links to the audio recordings** of the conference calls of the Friday, Saturday shows.

II TO ACCESS OTHER CALLS SUPPORTED BY www.rainbowroundtable.net

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1-425-436-6260; PIN 9467 441#

B Tuesdays, 2nd & 4th of each month: 9:00 – 10:30 pm EST *Ashtar on the Road; Ashtar Legacy Calls*
Host is Fran

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

To access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#
• Call is free [except for long distance charges]

via HD Conferencing: 712-770-4160 **PIN #** 980339 [always the same]

<https://www.freeconferencecallhd.com/hd-conferencing/>

via Skype Click on the VOIP button and enter what they ask for:
<https://www.freeconferencecallhd.com/hd-conferencing/>

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday *The Abundance Call - Caroline Oceana Ryan*
5:45 PM Pacific / 8:45 PM Eastern
60-minute conference call with the Collective, a group of Angelic and Galactic beings, channeled by Caroline Oceana Ryan

To be notified: email AscensionTimes@gmail.com - message is "YES to Abundance!"

E LINK TO THURSDAY NIGHT CALL: A NIGHT AT THE ROUNDTABLE

<https://bbsradio.com/podcast/night-roundtable-may-12-2022>

Call In Numbers: 888 429 5471 323 744 4841

HOST: Caroline Oceana Ryan

MEDITATION: Omena McGee

GUEST HOUR: Roundtable Discussion

TONIGHT'S PANEL:	Caroline Oceana Ryan [COR]	Omena McGee [O]
	Rama and Tara [R,T]	Randy Miller [RGM]
	Penny Christoffersen [PCC]	Micah Green [MG]

THE LAW OF ONE

We are all One.
When One is harmed, all are harmed. When One is helped, all are helped.
Therefore in the name of Who I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

COR: Omena's meditation is something we can start our day with "All issues that are disturbing – put them in the blue ray, and then bring in the gold."

O: the blue ray gives the power to heal; the gold ray is the most powerful

ENERGY UPDATES

MG: is caretaking a home for some people; planting the garden, gathering wood – keeping away from TVs and screens! Encouraging people to get outside: walking, camping, swimming, etc etc etc
As for the Keshe Foundation: the big day was June 6th.

PCC: about the subtle changes in the writing/material she reviews - sense of the changes coming

RGM: Mother Earth knows what's best for her and for her people. Regardless of what the climate people say

- Mt Etna has already put out 10,000 x the amount of CO2
- man is destroying more than what Nature has ever done!
- June 6: flight Simulation took place thanks to Keshe Fdn – one woman went to Jupiter and all over the universe, as did a man. The minute a person touches the technology it responds
 - by November, Mr Keshe will have his own satellite in the air – people can like by app to Linz, and away we go! !!
- Ask your guides, your Higher Self, for help and you will get it: just be comfortable enough to receive the help.

O: the energies in the world affecting all of us. Had some interesting experiences – was with friends – she smiles and talks with everyone she meets, including cab drivers! And a black father pushing his two babies down the street – someone said she wasn't supposed to talk to people like that!

- The realization: everyone on the street is at a different level of consciousness – the beauty of the Universe can be in the cab driver, the babies, the homeless man with a big smile
- some souls are looking for way to leave, and the gun violence is one expression of that!

PCC: about smiling especially at older folks – masked or unmasked

COR: agreeing about how marginalized the older folks are

T: Rama got a hit to go visit a friend he hasn't seen for a long time, and it was on June 6th

R: the larger story – Jan 6th hearings

- this has not happened since Watergate which he watched at the time
- This is a huge deal at the moment: an attempted Coup d'état happened on Jan 6th – our republic is hanging by one of Superman's hairs! An intense time

T: the Capitol police office one of the first to get hurt: picked up and thrown by one of the insurgents

- now has severe brain injury after many surgeries
- It's much deeper than the story of what happened: the issue is that, as human beings, the energies coming in are challenging us to choose a deeper relationship with ourselves and others
 - In Santa Fe, it doesn't happen that people don't talk to others on the street! !! Big city living is different . . .

Sister Rosa is who Rama went to see; she is 105 years old – eats only spirulina and 3 different kinds of mushrooms and the Immortalis; she can out arm-wrestle Rama any day of the week – she is strong and spunky!

- She's saying that we are close to having visitors! !!

Rama: Reads The White Knight Report.

June 2, 2022 to June 9, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-06-03

Friday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · Jun 3

Many of the problems we face are of our own creation. They come about because of a lack of compassion. That's why I'm dedicated to promoting both compassion and non-violence in a secular context grounded in reason.

2022-06-03

Friday

Eban O'Reilly

Rama: I received a call today from **Eban O'Reilly**, a friend of the King of Swords. It was 11:07 am. Eban said to me, "Lord Rama, I am an international art dealer. I know about the 13 families' finances, and I am also a friend of the Sasquatch People. I live in Dublin, Ireland, and I travel around the Arctic Circle AND I go in and out of portals! I have had many contacts with the Galactics: it is time we learned to get along with each other.

"We have a very ancient, rich and varied hi-story/her story on this planet, Mother Gaia. My task is to share the wisdom of these very ancient cultures that surround the Arctic Circle. Contrary to your history books, there was a huge civilization here in the Arctic Circle. It was called Hyperborea* and the whole story about this civilization will be coming out very momentarily! It is a part of Full Disclosure.

"See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

FYI: *Hyperborea is considered a mythological place in many references. Also, remember the story of **Anastasia** by Vladimir Megre, published by Ringing Cedars

2022-06-04

Saturday

RanaMu

Rama: I went and got a treatment today from **RanaMu** at 10:30 am. I got on the bio bed and the lasers came out of the ceiling. All of the technology RanaMu has is sentient. The lasers know who he is now!

RanaMu used 3 rays on me: platinum, gold and emerald green. She worked with me for approximately 30 minutes. After the completion of my treatment, Rana Mu said to me, "Lord Rama, we are at the end of this story. Expect our galactic friends to be taking the airwaves at any time! All we are saying is 'give peace a chance!' Blaze the Violet Fire!"

2022-06-06

Monday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · Jun 6

Satisfaction is characterized by inner peace. It arises from generosity, honesty and what I call ethical conduct, a way of behaving that respects others' right to be happy.

Rama: I got a wild hair up my nose and went to visit **Sister Rosa**. Sister Rosa is the local psychic, tarot reader, and master astrologer. She has been around Santa Fe for as long as I have, since 1980 – 41 years! Yet Sister Rosa is 105 years wise, and she can out arm wrestle me to this day! She lives on mushrooms such as Cordyceps, Reishi, and Shiitaki, as well as spirulina and the Immortalis Formula.



Sister Rosa aka Maz Kanata, from *Star Wars: The Force Awakens*

Sister Rosa sat me down today and said to me, "Lord Rama, you are going to lay out the cards for me today!" It was 11:34 am. So I laid the cards out and Sister Rosa said to me, "Lord Rama, from these cards, it looks to me as though your Father is going to be showing up any time now! I have been waiting for your Father for over 40 years. The fact that you are here today, Lord Rama, tells me it is time to talk with the Captain."

Then Sister Rosa went into the other room and brought out a 3 foot long crystal wand. Sister Rosa said, "Lord Rama, put your hands on this and focus on Ashtar, and I will do the same." Then the crystal began to vibrate. Sister Rosa said, "When it vibrates, it makes a tone. This tone can actually be heard by your ears!" **Rama:** It was a very high pitched, but subtle, tone, and I could feel Ashtar's presence.

Sister Rosa continued: "Lord Rama, go and spread the message that your Father's arrival is extremely immanent. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

Note: Rama has seen the Ashtar Command grow a 3 ft crystal – like this one – in the labs on The New Jerusalem.



NOTE: Rama's visit with Sister Rosa falls on the same day as Mr Keshe's event in Linz, Austria.

KFSSI Space Travel Simulation Testimonials June 8th 2022

Keshe Foundation Spaceship Institute invites you to share:
The **first Keshe Foundation space flight simulation experience testimonials**, starting at 9 am CEST on Wednesday the 8th of June 2022 on the regular channels of Zoom room 939474503, YouTube live and Livestream:

YouTube (<https://youtu.be/7rEcY4rYZC0>)



<https://youtu.be/7rEcY4rYZC0>

2022-06-07

Tuesday

Lady Natasha

RAMA: I received a text message from **Lady Natasha** at 12:05 pm, early this afternoon. She said to me, "Lord Rama, Russia is winning this fiasco in Ukraine. The western media has turned Putin into a pariah [an outcast in society]. This Putin the western media speaks of is the look-alike placed into the public eye by the world oligarchy.

"Regarding the issues going on in the United States about guns, I have two words for them: ethnic cleansing! America began as a slave corporation; St Germain gave the Founding Fathers the wisdom from the sacred teachings of Thoth, Hermes Trismegistus. Both names refer to Ascended Master Lord Kuthumi, World Teacher. [https://en.wikipedia.org/wiki/Hermes_TrismegistusHermes]

"Before the Articles of Confederation were being formed, General George Washington had a visit from some green men – literally! - at Valley Forge. These were the Praying Mantis people from Arcturus. They shape-shifted into green men, in order not to completely startle the good General.

"We are in a very crucial time. It is about loving kindness for all the people of Earth. This is how we create peace and Full Disclosure. This is what His Holiness, The Dalai Lama, talks about every day! What his Holiness does is "good trouble"! As Congressman John Lewis said, "Get yourself into some good trouble!"

"See you in the Light of the Most Radiant One! We are very close to having a face-to-face meeting with the Captain! Sat Nam! Namaste! Blaze the Violet Fire!"

Rama: I received a call from **Rosa of Palestine** at 11:37 am, late this morning. She said to me, "Lord Rama, the Israeli Defense Forces [IDF] are getting more brutal by the day. I have been calling all of Heaven in. The murder of Shireen Abu Akleh, the journalist from *Al Jazeera*, in East Jerusalem near Al Aqsa Mosque, is being looked into by the International Criminal Court [ICC] as a war crime. Please place all of this in the Circle of Support.

"I have been meeting with other galactic visitors from the Sirius Star System, and they are helping the Palestinian refugees with food, medicine, and basic necessities by various interventive means."

2022-06-06 [Remember Shireen Abu Akleh: Apartheid Israel Leads The World For Killing Journalists](https://countercurrents.org/2022/06/remember-shireen-abu-akleh-apartheid-israel-leads-the-world-for-killing-journalists/)

<https://countercurrents.org/2022/06/remember-shireen-abu-akleh-apartheid-israel-leads-the-world-for-killing-journalists/>

by [Dr Gideon Polya](#)



The World was shocked by the recent deliberate killing by an Israeli sniper of veteran Al Jazeera journalist Shireen Abu Akleh. However over 50 journalists have been killed by Apartheid Israel in the last 2 decades. Careful analysis reveals that Apartheid Israel leads the World by far in terms of "average number of journalists killed per 10 million of population per year". Self-respecting journalists world-wide must report this shocking fact.

Palestinian-American journalist Shireen Abu Akleh (1971-2022) worked as a reporter for Al Jazeera for 25 years, and was one of the foremost reporters in the Middle East for her decades of reportage on the Apartheid Israeli-occupied Occupied Palestinian Territories [1, 2]. **[For the rest of the article, see the link above.]**

Rama: Today Rosa introduced me to a Palestinian musician. He wishes to call himself Mr Ramses, after the Egyptian Pharaoh, King Ramses. He sings and plays an Arabic oud a string instrument similar to a lute.

Sirto - Maqam Nikriz - Oud Ney & Darbuka - Arab Instruments Trio

<https://www.youtube.com/watch?v=lkfa-pKaRp8&t=43s>

Rosa: "Every day I am having dreams of Captain Ashtar briefing us. I will be seeing you soon. I have a way of creating a face-to-face meeting on my phone now. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-06-09

Thursday

Rama: I received a text message from Tom the Ring-tailed Cat and Sweet Angelique the Cat, at 12:05 pm, very early this afternoon. Sweet Angelique said to me, "Lord Rama, we were at Stonehenge – again! - for sunrise this morning. The energies are way up there. You have to be numb not to feel them!"

"There were 3 men, 2 British and 1 Moroccan, all mercenaries, who were put on trial today in Eastern Ukraine in a Ukrainian proxy court which no international court recognizes. Through this court, they were sentenced to death for killing civilians. Both Britain and Morocco rejected the verdict. This is a larger drama which has to do with the wrestling match between the oligarchs of the Eagle and the oligarchs of the Bear.

"More and more stories are coming out about our galactic friends who are among us. We are in every sector of society on Earth. The homeless man you might meet might on the corner might be Gandalf the White! Our first order of business is to this beloved planet, Mother Gaia, and her complete restoration and the return of Heaven to Earth. There may be eye-opening moments at these January 6th Committee Hearings [2021-01-06]

"Place all of this in the hands of Lady Master Liberty and Lady Master Hope! Blaze the Violet Fire! Sat Nam! Namaste!"



Photo sent by Sweet Angelique the Cat: Stonehenge at Sunrise, June 9th, 2022

COR: Asking that people pay attention to the hearings – as Rama says, they are important

- she sees them as a major shift in consciousness

R: and Dick Cheney's daughter is up there working on the committee; not at all like her father.

- As Dr Greer says if you want to talk to anyone from elsewhere, put down the guns

COR: the current conversations on *Democracy Now* are revealing changes in consciousness – the children who survived the shooting are wise beyond their years, in some ways -

- the dark ones are intent on traumatizing everyone via the school shootings
- People are awake now – even the children and teenagers are shifting powerfully – more powerful reflection of the Light than would have happened if there were not shootings - kids are realizing this system not working for us

R: yes, it's catalyzing energies at the higher levels – places like Radiant Rose Academy are saying now is the time for action that reflects love and compassion for the situations going on

- some of the footage in their stash of what will be rolled out in the hearings – some is pretty eye-opening: the anger and hate going on now is related to the fact that many politicians are being bribed! ! !
 - Mr X has said to Rama . . . if you could see the rooms full of cash and treasures that the politicians are being bribed with

COR: the wise woman who is so powerful – saying time to talk to the Captain: what was his reaction – is he feeling that way?

R: describes it as waking up each day with the sense that something is brewing! And it's not going to be the usual fare . . . he's looking for a test pattern on the screen ! ! ! And we will hear the voice of someone

COR: getting the feeling it could be any moment – and it has a different feeling about it

T: always listens to RT News headlines – different stories like Putin winning by a long shot – meaning that the Western news is covering things up>

- The RT staff are showing what is really happening - and Lavrov is saying the Russian people ARE NOT BLOCKING the export of wheat, etc; Zelensky is doing it! ! !
- Scott Ritter: doesn't like Biden because he's being a 'devout Catholic' and behind the scene knows what is going on – this war was set up in 2015
- Biden, McCain, Graham, Netanyahu, Shinzo Abe – there's a blood bath going on in Ukraine, and no one is talking of this -

T: story about young people greeting her by her name, and the tree bowing to her . . .

- the bigger picture: we are not going to be allowed off the planet until we stop the war
 - so we can travel by soul – or the craft
 - every night we sleep, we leave our bodies and travel, even if we don't remember it
- the people on the ship are already asking Keshe if he can share this technology – it's SOUL TRAVEL!
- The people on Earth have the highest range of emotion IN THE UNIVERSE!
 - AND YES, WE ARE GOING OUT AS AMBASSADORS could be
 - IF WE ARE AT THE NEGOTIATION TABLE, WE'VE ALREADY MADE IT!
- If we are not peaceful, the equipment won't work. In the Universe, we are known by our energies and telepathy is the way of communication
 - light language is simply using the Fire letters [See **The Keys of Enoch**] and turning it into a sound – people try to understand via physicality – we are turning into different being; they will give us guidance but not do it for us!

COR: there are some ET folks who are not very kind – brings up David Barnett who deals with dark energies and sometimes ET s that egg us on – and because they don't grasp emotion at all so they are just looking at what we are doing -

- Telepathy is normal and one of our gifts -

COR: was Rosa of Palestine

R: she's a reporter who used to work for Al Jazeera, like Shireen

- Rosa lost her job when the Al Jazeera building was destroyed
- The larger story has to do with racism – Palestinians are treated like black people in North America, only worse! When people go to the mosque and the police don't like you, lots can happen – the people in Israel have a racist agenda – the Khazars and the zealots who think saving the planet involves a monumental event – the prophecies connected with these ones speak of something happening to the Dome of the Rock that will start stuff around the entire world-wide
- The Prime Minister of Israel is a beast! It's about ethnic cleansing – a difficult subject. And most of Congress is a party to this as they support Israel via AIPAC.

MG: if we focussed on the new timelines and the paradigm shift – not all are aware of this, but it is already a done deal! ! ! We are moving into a brand new world! A brand new life for all of us.

- As P was saying about the elder folks smiling through their masks – for them to deal with cell phones, internet, and not understanding -
- saw a video of an elderly man in his 80s or 90s – family all farmers; worked the land, animals, a big family – he came on the video and shared with everyone his experience of living through the first year of the covid thing – all locked down, not sure why there was a lock down – only worked the land –
- came with his wife of 50 years to Nelson, BC; drove to Nelson from their farm – they were asked for a vaccine pass port – was told it was on his cell phone – he told the waitress they didn't own a cell phone and she said I'm sorry you cant eat here because you don't have a vaccine passport! He was upset, couldn't believe that the world had come to this . . .

COR: the covid thing was planned – and he lived above it !

MG: then they went home and cooked their own meal from their own stuff that they grew themselves

- M is grateful to be able to grow food for himself and share with others – using the plasma on the garden – the CO2 plasma
 - He describes how GANS is formed from the non-physical world
 - Also describes his website and the goal of the Keshe Fdn

RGM: describes how a city in Iran was used as a test case of the power of GANS water to cure covid

CLOSING MUSIC: JUNE 9, 2022

The Gift You Are (1991) [Ultra Rare!!] [1/7] - John Denver

<https://www.youtube.com/watch?v=7vw92nkIXXA>

INFORMATION RELATED TO THE REPORT

2022-06-09 Immortalis Klotho Formula

Pasted from <<https://immortalis.is/>>

All natural, Immortalis Klotho Formula is the first product on the market to harmonize Klotho production. The Klotho protein, dubbed the “protein of immortality” by modern scientists, is something we all lose as we age.

Developed with the goal of targeting the anti-aging gene, Klotho, using a novel revolutionary approach based on a combination of microbiome medicine, genetics & epigenetics.

The uniqueness and value of Immortalis Klotho Formula does not reside solely in its raw components, but in the proprietary procedure that leads to relativistic time dilation and biological quantum entanglement at the DNA level.



Microbial
Formula



Chondroitin
Sulfate



Generally
recognized
as safe



Vitamin D3



Vitamin E



Made in
Switzerland



Non GMO



Non Synthetic

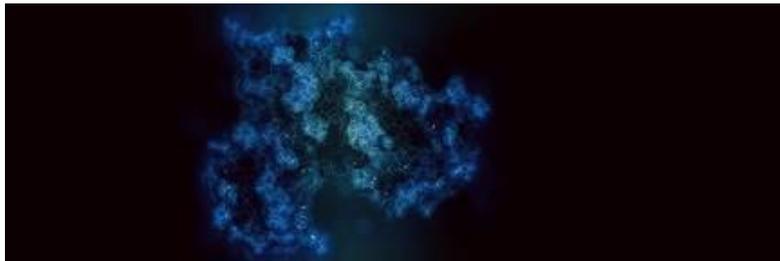


Gluten Free



Dairy Free

Imagine a life beyond aging...



Immortalis Klotho Formula, a naturally formulated proprietary microbial complex, engineered by one of the world's foremost molecular biologists, [Dr Marco Ruggiero, MD, PhD](#)

The symbiosis of live microbes and their matrix optimize the microbiota and produce a number of biologically active molecules ranging from Klotho to diverse neuroprotective compounds

This historic health maintenance innovation is currently shipping to a limited subscriber base from our Swiss Lab.

People have been observing the life-changing effects of Dr Ruggiero's existing products, early predecessors of Immortalis Klotho Formula, for years.

For a full scientific breakdown of the research behind this Immortalis Klotho Formula, please refer to the repository of peer-reviewed papers [here](#).

What is Klotho?



Discovered in 1997, the Klotho gene naturally expresses as a long-chain protein, enzyme *and* hormone. Named after the mythological Greek goddess Klotho (responsible for spinning the thread of life), this gene performs many biological functions and appears to be the most significant and consequential factor determining human lifespan...up to the point of being dubbed by modern scientists 'the Holy Grail' and 'the aging suppressor'.

Klotho circulates throughout the blood, brain and spine in the course of life and declines with aging in conjunction with cognitive deficits. Up until now, doctors have not been able to sustainably supplement Klotho levels in humans.

Dr Marco Ruggiero, MD, PhD and his team have pioneered a breakthrough method of stimulating natural Klotho production inside the human body via the microbiome (or the non-human DNA) that is part of our greater genome.

Increased Klotho demonstrates extraordinarily transformative effects well documented in scores of peer reviewed scientific papers and studies

Your third brain: the microbiome

'Understanding the existence of the third brain is possibly the most exciting discovery of the last century'

~John Gray~

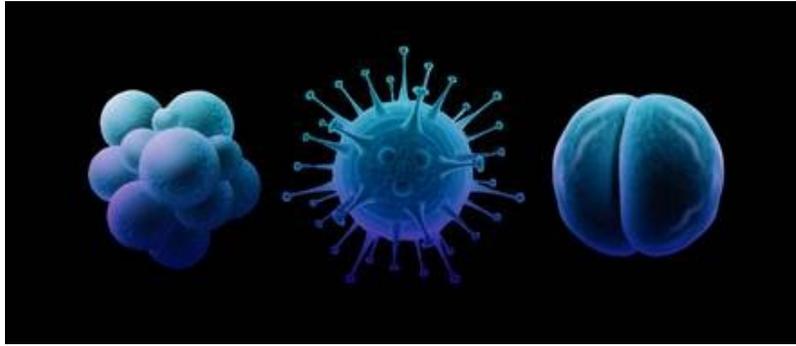
author of **Men are from Mars, Women are from Venus**



We all know about the brain in our head: the 'first brain'. About 20 years ago, the concept of a 'second brain' emerged following the discovery of neurons embedded in the wall of the gastrointestinal tract.

This 'second brain' contains almost as many neurons as our 'first brain.' The information between the neurons in the first and second brain have been discovered to be interconnected and bi-directional.

When you have a 'gut feeling', it is literally that. More than 90% of the body's serotonin lies in the gut, as well as about 50% of the body's dopamine.



Researchers in the fields of psychiatry and neurology have increasingly begun to expand treatments to focus on the gut, mainly through nutrition.

In 2010, researchers discovered a new organ that had gone undetected for nearly 3000 years in human anatomy: the microbiome.

Identified as the 'third brain' by Dr Marco Ruggiero PhD, MD, we can think of the microbiome as our body's operating system.



Consisting of trillions of bacteria, fungi, viruses and other microbes, your 'third brain' weighs about 2 kilos (4.5 pounds), consists of 90% of the cells in your body, and over 99% of the DNA.

This essentially means that we are less than 1% human!

Dr Ruggiero's 35 year career has brought him deeper and deeper into the realization that the microbiome, or 'third brain,' contains all of the information required to live long, healthy lives, precisely because it contains more than 99% of all the genetic information that we need

Klotho and Immortalis in the press



Feel free to get in touch

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* Disclaimer: The statements on this website have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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2022-06-06 [Remember Shireen Abu Akleh: Apartheid Israel Leads The World For Killing Journalists](https://countercurrents.org/2022/06/remember-shireen-abu-akleh-apartheid-israel-leads-the-world-for-killing-journalists/)

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SEE THE LINK ABOVE FOR THE REST OF THE ARTICLE.

