

June 16 2023 – June 22, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

To find more info on the folks Rama talks to – who keep **ALL OF US in the loop** as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-06-16

Friday

Dalai Lama

[Dalai Lama@DalaiLama-Jun 16](mailto:DalaiLama@DalaiLama-Jun16)

If we can develop inner peace, we can build on it to create world peace. Many experts agree that our current education systems are inadequate. What we require is a more universal approach to human values that can appeal to everyone. There are grounds for hope.

2023-06-16

Friday

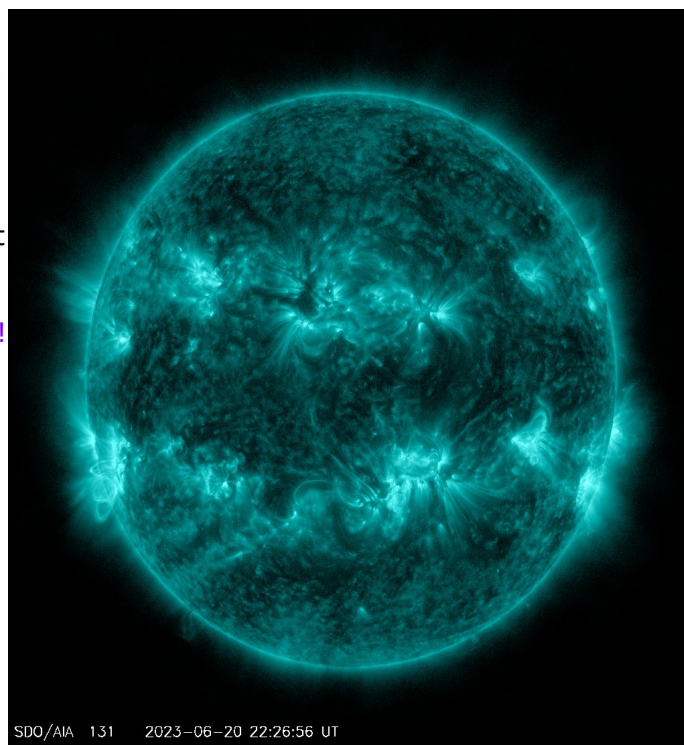
Darby O'Dell, Ray McGovern.

Rama: I received a text message from two Irish wizards, **Darby O'Dell** and **Ray McGovern**. It was 12:16 pm, early this afternoon. They said to me, "Lord Rama, the plasma energies are way high once again! There is a coronal hole in the sun facing the earth. As we move into this new moon, expect the magic of Saturn to bring in the wisdom of the higher realms.

"Meanwhile, there are Galactic Federation Starships in our skies, all around Mother Gaia. Disclosure is happening whether the governments are reporting it or not. Stay in the High Heart; expect magic and miracles at this time. See you in the Light of the Most Radiant One.

"Sat Nam! Namaste! Blaze the Violet Fire!
May Peace prevail on Earth!"

from Lord Rama: the sun on
June 20, 2023



SDO/AIA 131 2023-06-20 22:26:56 UT

2023-06-19

Monday

Lady Nada

Rama: I received a text message from **Lady Nada**, at 12:20 this afternoon. She said to me, "Lord Rama, there are rumours that Jack Smith is going to send Donald Trump to The Hague. As we have been saying for many years, this story is larger than Watergate! It is about the whole empire goes down. The answer is LOVE!!!

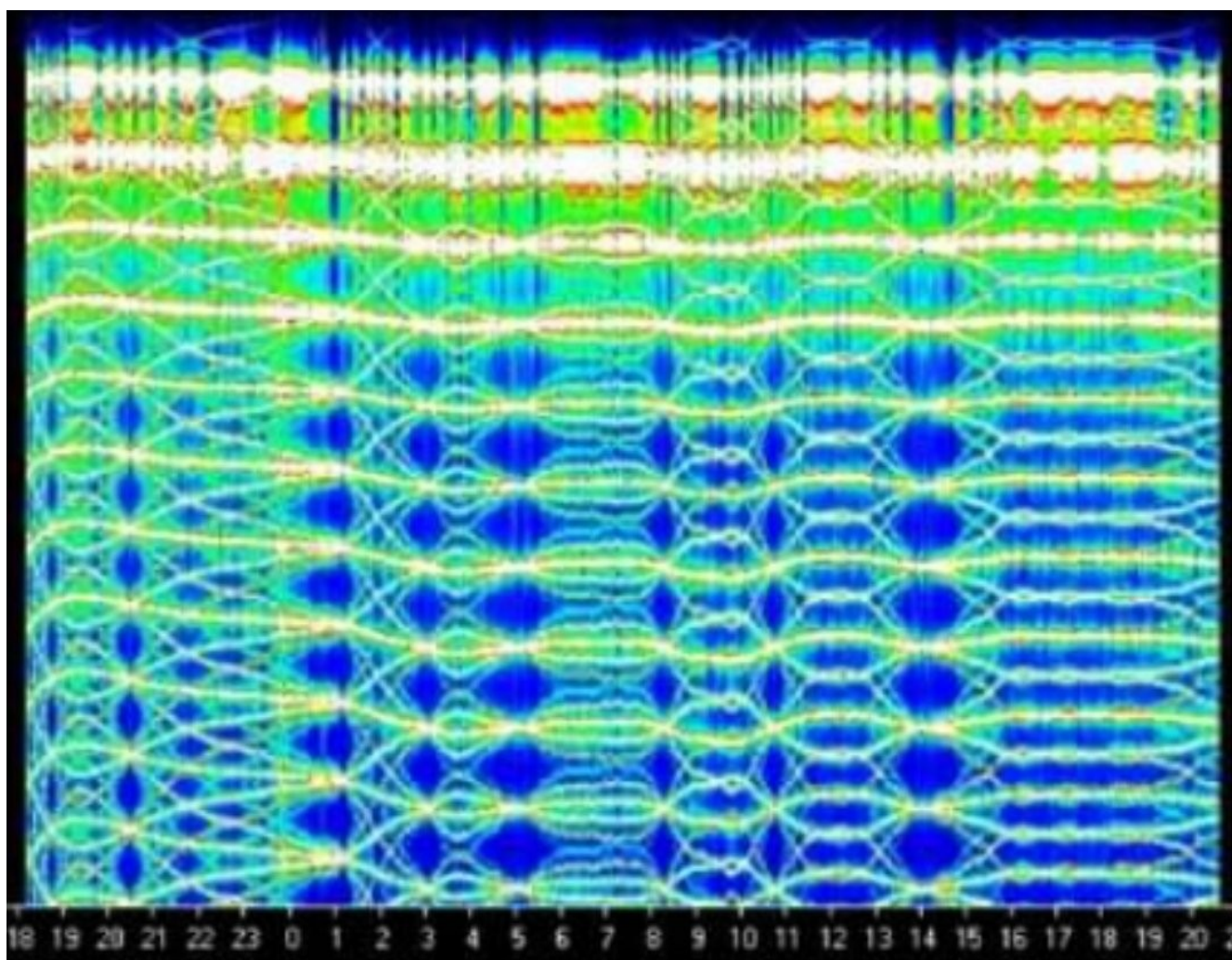
"The solar flares coming in are EXTREMELY large! The Schumann Resonance is so high, I have no words! See you in the Light of the Most Radiant One! [Blaze the Violet Fire!](#)"

2023-06-20

Tuesday

Tom the Ringtailed Cat, Sweet Angelique the Cat

Rama: I received a text message from **Tom the Ringtailed Cat** and **Sweet Angelique the Cat**, at 12:19 pm early this afternoon. They said to me, "Lord Rama, the sun continues to churn big solar flares! The Schumann Resonance is sending out the 12 strand DNA codes in the form of very high frequencies. One of these solar flares could be the one that lights the match for The Very Big One!



LORD RAMA'S PICTURE: THE SCHUMANN RESONANCE SHOWING US DNA UPGRADES! ***

"We are in the gateway portal of the Solstice energy; all kinds of Pleiadians, Sirians and Lyrans are here. As your paschats are howling, this is why! We are nano seconds away from that cup of tea! Leave the stuffy old files in the boxes alone. What we really need is our government to open the X Files, the real story that we have never been alone in this Universe of Nebadon – or any other universe, for that matter! ! ! As we go through this solstice energy, drink lots of water, rest, do not allow the old paradigm to get to you. See you in the Light of the Most Radiant One!

"Sat Nam! Namaste! Blaze the Violet Fire!"

***** See also: 2023-06-20 Pleiadians Have Arrived on Earth to Assist Us in Our Evolution (Aurora Ray)**

https://thegalacticfederation.com/0013-09?utm_content=14313756&utm_medium=Email&utm_name=Id&utm_source=Actionetics&utm_term=Email

They have come to help us evolve in many ways, including by helping us with our DNA. We are being upgraded from two helical strands of DNA to twelve helical strands of DNA.

They have helped to upgrade our DNA so that it is more flexible and able to adapt to the changes that are coming. The Pleiadians are assisting us with this process because they know how important it is for us to be able to evolve as individuals.

**From
Rainbird,
via
Lord Rama.**



2023-06-21

Wednesday

Lady Natasha, The Poppy Lady

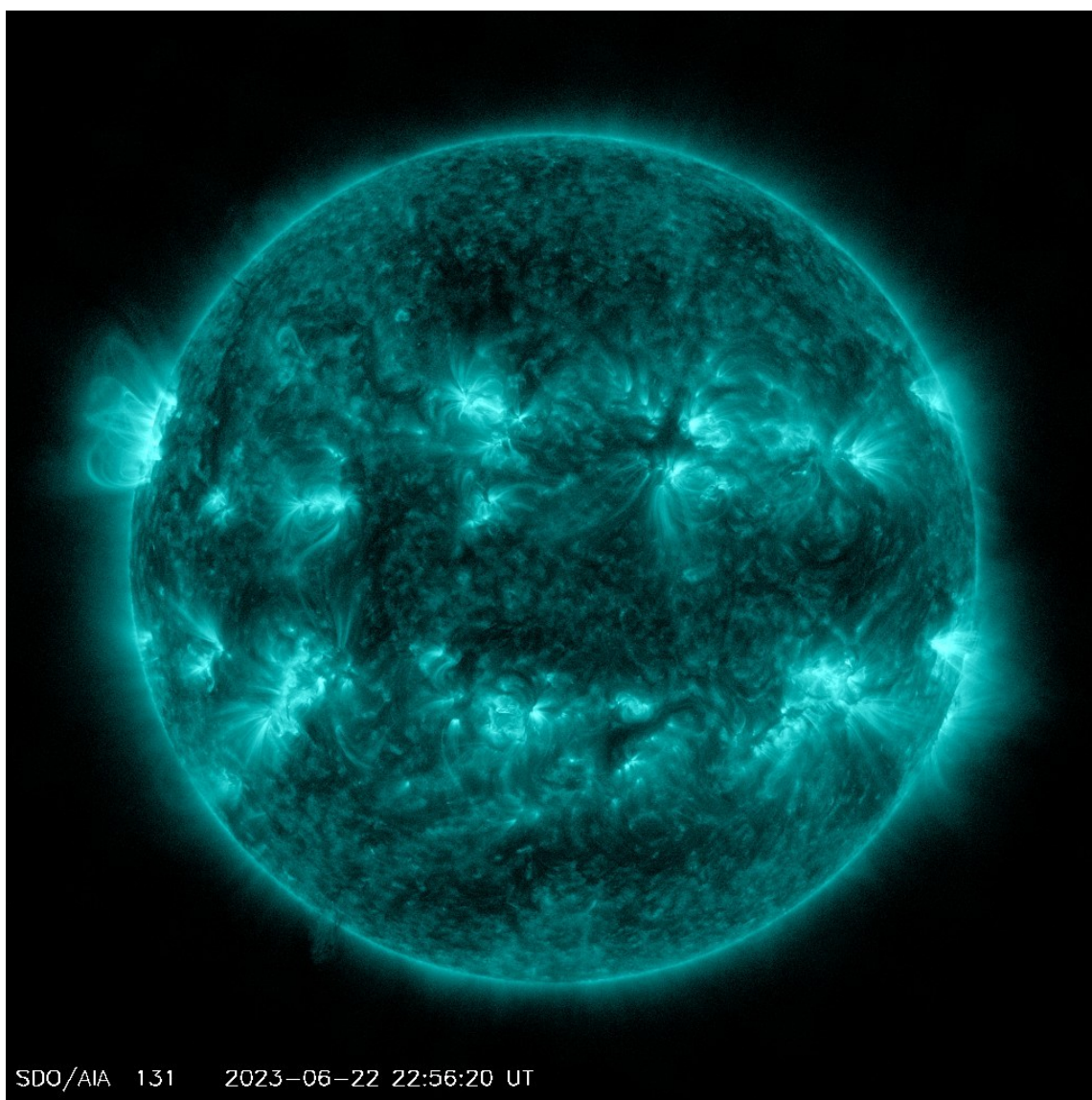
Rama: I received a text message from **Lady Natasha** and **The Poppy Lady** at 12:33 pm. They said to me, "Lord Rama, there were 2 monster sized X Class flares today – the Solstice Portal is fully open! We are receiving directly from the Hunab Ku, the Great Central Sun, Helios and Vesta from the Sun Behind the Sun, as well as our sun, Sol. We are quite literally, nano seconds from the flash!

"All the old stories are just that: "the old stories". Leave it all alone. Focus on this solstice portal opening right now! As you want to ascend, listen to our words!

That's an order!!! See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

Note: They also said: NFT Rewards is a bridge to the new economy within NESARA law.

Our sun, Sol,
today - from
Lord Rama



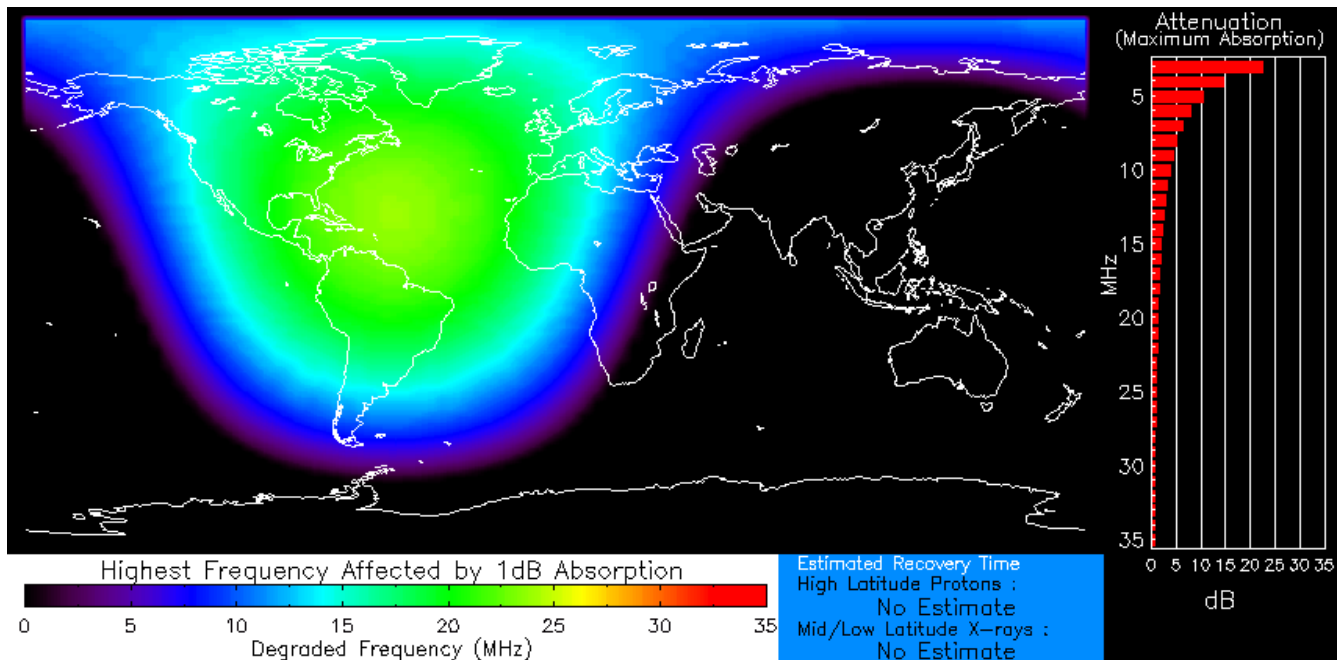
2023-06-22

Thursday Tom the Ring-Tailed Cat, Sweet Angelique the Cat

Rama: I received a text message from **Tom the Ring-Tailed Cat and Sweet Angelique the Cat** at 1:10 pm this afternoon. They said to me, "Lord Rama, we have been at Stonehenge for the last three days, hoping to bring in the new energies with the Summer Solstice portal. There were about 1,000 people there with us for the ceremony.

"The Solar Flare energies are EXTREMELY high! There were two X Class flares in the last 2 hours. There was a ham radio blackout, yesterday, on the Summer Solstice, throughout North, Central and South America. All the beings of Light are here; there are dragons, fairies and elves about. Watch where you step; as you see a flash in the corner of your eye, it just might be one of your elvish friends. Remember to say "HI!"

"All the legends are real; all the kingdoms and queendoms of ancient folklore are real, those Beings of Light in those stories are here with us NOW! See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"



Minor X-ray flux
Product Valid At : 2023-06-21 15:39 UTC

Normal Proton Background
NOAA/SWPC Boulder, CO USA

Note: The area indicated in this photo coincides with the area hit by the ham radio blackout, as reported by Tom and Sweet Angelique. Sent by Lord Rama