

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
II ACCESS to OTHER CALLS SUPPORTED BY WWW.rainbowroundtable.net
III OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; LINK TO PODCAST
IV HARD NEWS

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on "64K Listen"

*** Thursday: A Night at the Round Table** Hosts: Panel Members
 6 pm Pacific / 9 pm Eastern

*** Friday: Friday Night Hard News** Hosts: Tara & Rama
 6 pm Pacific / 9 pm Eastern

One Hour conference Call: 1-641-741-1704 Access Code: 353 863#

*** Saturday: History of our Galactic World & NESARA** Hosts: Tara & Rama
 1:30 pm Pacific / 4:30 pm Eastern

One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#

Call to interact / ask questions:

Canada & US:

STATION 2 1- 888-429-5471
Direct 1- 323-744-4841

B CALL-TO-LISTEN 1-804-220-6484

C Skype: BBSradio2

D Archives for the 3 Programs listed above:

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter *Friday Hard News*, press the GO button. You'll be taken directly to **Hard News on Friday**; click on "**Archives**" which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer. To listen directly, click on the arrow on the black bar. To download, go to **Episode MP3 link**. Then **right click** on the name '**hardnewsonfriday including the date**' and the drop down menu appears. Click on '**save link as**'

E Archives, written and audio, also exist on the rainbowroundtable website:

www.rainbowroundtable.net - look under the "Archives" tab for **written notes which include links to the entire podcast**, and **links to the audio recordings** of the conference calls

II TO ACCESS OTHER CALLS SUPPORTED BY RainbowRoundtable.net

A Sunday, Mondays: 9 – 10:30 EST *Cheryl Croci's Activation Calls*
By telephone only: 1-425-436-6260; PIN 9467 441#

B Tuesdays, 2nd & 4th of each month: 9:00 – 10:30 pm EST *Ashtar on the Road; Ashtar Legacy Calls*
Host is Fran

<http://www.ashtarontheroad.com/ashtarconferences.html>

To access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#

• Call is free [except for long distance charges]

via HD Conferencing: 712-770-4160 **PIN #** 980339 [always the same]

<https://www.freeconferencecallhd.com/hd-conferencing/>

via Skype **Click on the VOIP button** and enter what they ask for:
<https://www.freeconferencecallhd.com/hd-conferencing/>

C Wednesdays: 7:00 – 9:00 EST *The Friends of The Aboriginal Moabite Nation Call*
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday *The Abundance Call - Caroline Oceana Ryan*
5:45 PM Pacific / 8:45 PM Eastern

60-minute conference call with the Collective,
a group of Angelic and Galactic beings, channeled by

To be notified: email AscensionTimes@gmail.com with the message "YES to Abundance!"

<https://bbsradio.com/podcast/night-roundtable-january-6-2022>

Call In Numbers: 888 429 5471 323 744 4841

HOST: Rama, Tara See below for list of panel members

MEDITATION: Micah Green **7 Secret Flames meditation** With Adama and St Germain

Guest Hour: a discussion around the table

PANEL FOR TONIGHT: Caroline Oceana Ryan [COR] Micah Green [MG]
Penny Christoffersen [PCC] Rama and Tara [R, T]
Randy Miller [RGM] Vinayak [Vin]

REPORTS / ENERGY UPDATE FROM THE PANEL MEMBERS

R, T: the message of the meditation is the same as all the messages from all Rama's sources
We are being called back to our centre

R: he's been hearing more and more: let go of the old stories that have to do with the matrix and the fallen timeline which has ended- tho' it is still playing itself out so all of us can wake up and send more Love to what's going on on the planet – which is the awakening

- the diamond like codes are coming in – what is also referred to as mono atomic gold -
- things are being played out in the form of Us against Them – this kind of division is what started it all, and the Babylonian money magic machine is broken.

- Milton Freedman's idea of economics was what was embraced in Chile when Pinochet became the president
- a top tennis star has been held in prison in Australia and has refused to get the vax – in a hotel under quarantine, being held as a political prisoner! Going to send him back to Serbia

RGM: The Dark ones are throwing all on the table – no more cards to play. Don't get caught up in the Kabuki theatre. Surround self with loving friend and family-friendly

- Referring to the Keshe Peace talks: Mr Keshe can't tell exactly what is going on, but has said that if all goes well and everyone does their part, changes will be occurring by the end of January

COR: appreciative of the update by Rama, and of RGM. She is channelling that we don't let the power crowd dictate what is happening to us; WE ARE CO-CREATOR GODS and create from our own thoughts and energies

- Don't disempower yourselves! As we step into 5D, we will discover our own compass and soul
- the Channel for tomorrow is with AA Michael – and she asks him how much time will it take – and AAM says get away from the notion of time – it's not a real thing!

T: all day long the news reports were about what we are talking about tonight - listen to reports on the money situation, and get a spiritual lesson! ! !

R: the quantum physicists are coming forth about the quantum field and the akash; the other scientists can't describe it – others might say there is no one in the room, yet it is full of all kinds of 'folks'

T: re Rama's updates: none are long, but they each contain a powerful message!

PLEASE LISTEN TO THE PODCAST TO HEAR ALL THE COMMENTS RAMA AND TARA INCLUDE IN THE READING

2022-01-06 Rama's White Knight Reports
December 30 – January 6, 2022

JANUARY 6, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well – at <https://www.rainbowroundtable.net/rama-s-contacts>

2021-12-26 Sunday

[Dalai Lama@DalaiLama](#) · Dec 26

His Holiness the Dalai Lama sends his condolences on the passing of Archbishop Desmond Tutu.



[Condolences in Response to the Death of Archbishop Desmond Tutu | The 14th Dalai Lama](#)
[The Official Website of The Office of His Holiness the 14th Dalai Lama](#)

3:01 AM · Dec 26, 2021 · [Twitter Web App](#)

"Please accept my heartfelt condolences," he wrote, "and convey the same to your mother and other members of your family. I pray for him.

"As you know, over the years, your father and I enjoyed an enduring friendship. I remember the many occasions we spent time together, including the week here at Dharamsala in 2015 when we were able to

share our thoughts on how to increase peace and joy in the world. The friendship and the spiritual bond between us was something we cherished.

"Archbishop Desmond Tutu was entirely dedicated to serving his brothers and sisters for the greater common good. He was a true humanitarian and a committed advocate of human rights. His work for the Truth and Reconciliation Commission was an inspiration for others around the world.

"With his passing away, we have lost a great man, who lived a truly meaningful life. He was devoted to the service of others, especially those who are least fortunate. I am convinced the best tribute we can pay him and keep his spirit alive is to do as he did and constantly look to see how we too can be of help to others."



2021-12-31

Friday

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · Dec 31, 2021

My favourite prayer says: "For as long as space endures,
And for as long as living beings remain,
Until then may I too abide,
To dispel the misery of the world."

And, in trying to fulfill that aspiration, I feel my life has been of some benefit.

2021-12-31

Friday

The Poppy Lady; Rana Mu

I received a **call from the Poppy Lady** today at 12:10 pm. She said to me, "Lord Rama! Please place Afghanistan in the Circle of Support. There is so much samsara going on. There have been over 100 extra-judicial killings going on the Taliban/CIA-Deep State in Afghanistan since the end of August, as the United States officially left and today.

"We are still travelling around Afghanistan, helping the people who don't have anyone else to help them besides the Galactics.

"May you and your Beloved have a happy, healthy and safe new year for 2022. Sat Nam. Namaste."

Meanwhile, I called **Rana Mu** at 12:20 pm today. She said to me, "Lord Rama, I am at the top of Monakea Mountain, at the planetarium on the Big Island.

"My message to you is: from Cape Canaveral Florida, NASA - Never A Straight Answer - had launched a new telescope into space. As this telescope fully opens its sun shield, it will look back to where the Big Bang began, 450 BILLION YEARS AGO and relay this information back to earth. The name of this telescope is The Jim Webb Telescope. With

all this new information about our origins coming in to humanity's conscious awareness in real time, it is the Quantum Field talking to us, letting us know we are One With All that Is, where All that Is expands beyond anything we would have imagined before this NOW moment. Awesome! ! !

"May peace prevail on Earth as it is in this NEW HEAVEN! Blaze the Violet Fire!"

2022-01-03 Monday Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · Jan 3

From the moment of birth, every human being wants to discover happiness and avoid suffering. No differences in our culture our education or our religion affect this. From the core of our being, we desire joy & contentment. But so often these feelings are fleeting and hard to find.

2022-01-03 Monday Lady Master Nada

Rama: I received a text message from **Lady Master Nada** today, at 11:00 am. She said to me, "Lord Rama, with this 2-2-2 year, my Twin Flame, Admiral Kumara, the Office of the Christ, is anchored here on beloved Mother Gaia. What is being taught is loving kindness.

"May we send Love to the darkest places on the planet. The time is now; Sat Yuga is here – a 100,000 years of peace. See you in the Light of the Most Radiant One! In Love, Truth, Peace, Freedom, Justice, and Beauty for all it can be. All we are saying is 'Give peace a chance.' Blaze the Violet Fire! Sat Nam! Namaste!"

2022-01-04 Tuesday #15, head of the ACIO

I received a text message from **#15, the head of the A.C.I.O.** – the Alien Contact Intelligence Organization. It was 11:25 am this morning. He said to me, "Lord Rama, the media on earth is compromised by the 13 families, and the 13 families are in their final hours. Send more Love.

"They, the media moguls, are terrified of what their overlords, the dark ones, will do to them as they start telling the truth. Something HUGE is coming in. It is US meeting ourselves, and WE are those galactic ones! This is about the return of the Goddess. Stay in the high vibrations. Do not get swayed by the Faction 2 news; focus on the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-01-05 Wednesday Tom the Cat; Sweet Angelique the Cat

I received a text message today from **Sweet Angelique the Cat and Tom the Ring-Tailed Cat.** It was 12:12 pm early this afternoon. They said to me, "Lord Rama, we have been here at Stonehenge since sunrise. The light coming in is coming from Galactic Centre and it is the Light of The Atone, the One Creator Source. And this Light is saying 'Stay in the High Vibes!'

"The Matrix is a hollow shell of itself and is quickly running out of ways to control the new energies coming in. Any time now, we will all see that signal where the regular programming ends, and you will see the Captain, or Commander Vrillon, or Captain Soltec, or another member of the Ashtar Command.

"We can give you no dates, yet the time is NOW! Look all around you with your inner eye, as well as your physical eyes. The Light of Sat Yuga is here. We will be seeing you soon. Sat Nam! Namaste! Blaze the Violet Fire!"



2021-01-05 Stonehenge at Sunrise: sent to Rama by Sweet Angelique the Cat

2022-01-06

Thursday

The Plasma Field

I went and sat in **the plasma field** today; it was 11:25 am. I spent an hour in there; the plasma field showed me different geometric images that were diamond-like code particles. They were shaped like different kinds of diamonds, and the plasma field explained to me that our sun, Sol, was discharging these diamond-like codes.

The diamond-like codes are affecting the Dark Side negatively; since they are full of venom, they are fit to be tied and cannot handle these energies at all. The Republicans are still claiming that the election was stolen, but truth is neither party is worth a hill of beans because this is all part of the old matrix which is fading away fast!

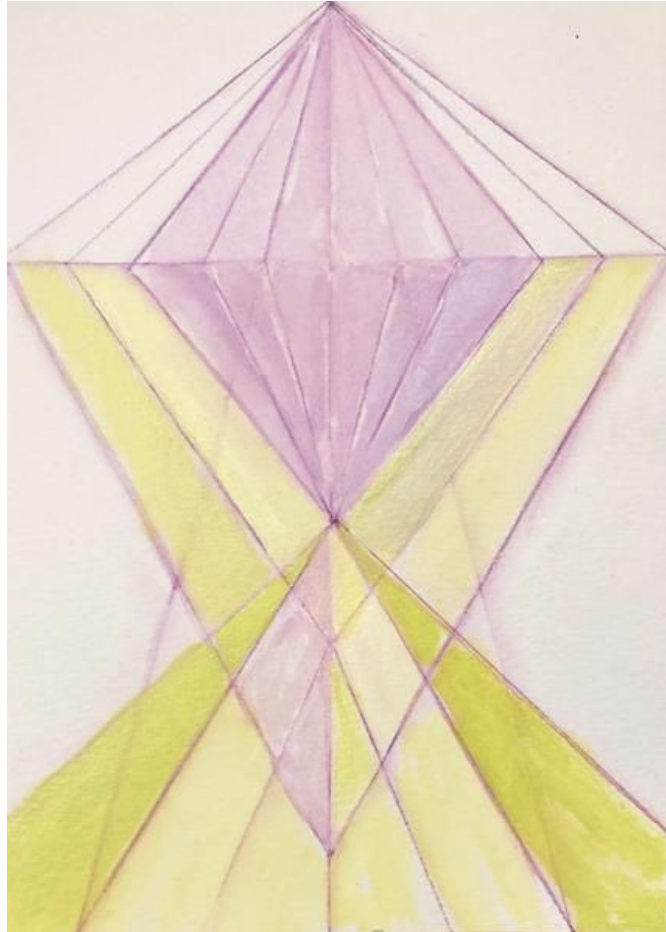
"The Wise Councils of Elders are here" is what I heard next. They are asking us to call upon them; how we best down to that is slow down, sit down, and breathe, and listen to the Great Silence. In between moments, we will hear the music of the spheres. And we can see it, taste it, touch it, feel it. This is what resonates from the higher heart realms. Sat Nam! Namaste!

NOTE from Rama: I see Quetzalcoatl, Lord Lanto, Lord Kuthumi, St Germain, Lord Maitraya, Lady Master Victory, Lady Master Hope, Lord Michael, Sanat Kumara, Lord Aramu Meru and Lady Master Meru, Lord Anton of the Silver Fleets of the Inner Earth, Lady Master Quan Yin, Captain Ashtar, Lady Master Athena, Admiral Sananda Kumara, Serapis Ray of the 4th Ray of Spiritual Disciplines.

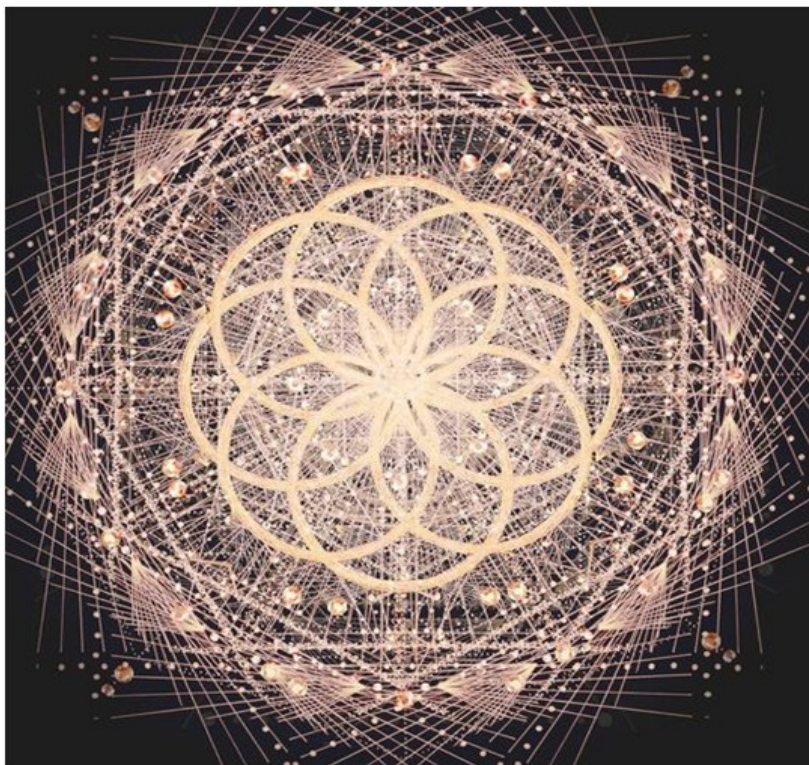
These are just some members of the Wise Councils of Elders who are here and are talked to by Grandmother Beatrice, Zuni elder from the Zuni Pueblo, Grandmother Chandra, and

Grandmother FleurdeMayo, a Mayan Elder. Call them in; they will come and sit with us. This is not a joke; this is real. Trust your inner wisdom of the Force. Sat Nam! Namaste! Blaze the Violet Fire.

This drawing is of the diamond-like shapes Rama was seeing in the plasma field today, January 6, 2022.



2022-01-06 Latest from Celia Fenn, sent from Rama



[Celia Fenn](#)

[4tf0Jlahnulariy oat r0750:1lld1](#) ·

Whew...the Sun may be quiet but Cosmic Energies are pouring in to help to firm up the New Earth timeline. I have been feeling intense energies in my head and high pitched noises in the ears, all indicative of incoming high level Diamond Light Codes.

Also feeling very tired and just want to sleep.

Pain in joints and muscles.

Well you know the protocols, rest, hydrate, and stay centered in your heart.

It is also very important to stay grounded, as this intense energy in the head can make you feel disconnected and dizzy, leading to falls and similar small accidents.

I am resting up and taking it very easy for the first few days of 2022!

Love to everyone!

PLEASE LISTEN TO THE PODCAST TO HEAR ALL THE COMMENTS RAMA AND TARA INCLUDE IN THE READING

COR: ASKING ABOUT THE TELESCOPE

R: essentially looking back in our universe – looking back in time – will send us back data to see what happened

T: everything in creation is actually Goddess

R: talks about what he's learned about the Big Bang

COR: Is what is happening with the telescope tying into the current story?

R: we are not being told all there is to know

- the telescope and other stories are about folks waking up to the idea we are not alone – and listening to the eye witnesses
- more background on the story of the greys and that they have no planet – Bashar is an Asoni a combination of humans and greys and brought in the emotions and the higher wisdom; Rama Mu is also an Asoni and comes from 175 Million years into our future!
- George Lucas is the only one who addressed this question of Asonis

COR: about the diamond light – have Rama’s people talked about how the diamond light is going to help us, affect human consciousness?

R: we have more awareness of the higher realms all around us; and if we are not following spiritual practices, will affect us in our bodies – will feel the ascension systems; need to drink a lot of water, go toward plant-based foods – will create issues, feel out of sorts

- as with the Omnicron – a real issue because of the fear it invokes

COR: still amazed that one person said – Sweet Angelique and Tom the Cat at Stonehenge – stay in the high vibes, matrix is hollow shell – yet how can they control the higher energies?

T: brings up HAARP and sound frequencies: they distort the energies coming in and upset the mind and body of all humanity

R: DARPA and others have been studying for years to find out how to distort light and sound to create illness, disorientation and so on

T: the subject of diet is important – the American diet does not support spiritual development

R: it’s not nonsense that the light codes are coming in – the energies get more intense and if you don’t surrender, they will affect you negatively.

T: brings up the reason for meditation and how it balances us

COR: about a movie

R: it relates to what is going on and how fear-based technology is being used to create an atmosphere

- the Supreme Court, controlled by the Vatican, will be having a hearing tomorrow about creating a way of saying that if you don’t get the job, you can’t get a job etc – control the rest of the country with a mandate saying if you don’t get the job, you’ll be cast out of society

MG: reports on the background scenes and the end of religion – new teachings about the soul and creation will be the norm

T: the nature of humanity is to seek the Light

COR; R&T – discuss Diane Robbins who lives near Mt Shasta

- Neal Donald Welch has also gone into Inner Earth

R: lots of people have gone in and don’t talk about it

- have to be in the right frame of mind to go there – can’t hold one iota of darkness

T: Telos underground – a very large place; landing bays everywhere – from underneath Mt Shasta all the way (around the globe essentially)

R: can The Year One ? - Shield and Sherula

P: brings up the God Code – and who to call on, and how

R: talks about Dr Steven Gaskin of The Farm, and Timothy Leary – would come and talk about how to connect with the ascended masters etc – R has been in the presence of various masters – and watched several of them manifest from the etheric into the physical – intending to help people let go of the past, and the old programming from the dark side

- all of us have the gifts the masters do – to connect with the higher folks and the list of people he rattled off have been here for centuries: we work with them through the high heart -

COR: have you asked the contacts how to deal with these ones wanting to jab us all?

R: Yes he has asked: and been told there are more of us than there are of them and they are at the end of their tether

COR: the old crowd have created the rebellion and added in the idea of individualism and now they can’t corral us – it’s the conservatives more and more that won’t take the jab – yet it is beyond their ability to control us – the Light pouring in

T: there is recognition that empires have based life on profit and violence

R: as Mattais has been teaching us, we don’t get to space using Elon Musk’s space ship we go through our hearts!

- the ascended ones know about merkabas which is our own built-in 'ship' for travelling! ! !

Reading: Robbyne LaPlante – this whole year is the year of the White Rose

CLOSING MUSIC:

2013-01-01 Les Miserables (Do you hear the people sing) Complete

<https://www.youtube.com/watch?v=2crRmKlbfxM>

<https://bbsradio.com/podcast/night-roundtable-january-6-2022>