

2022-06-09 Rama's White Knight Reports

JUNE 9, 2022

June 2, 2022 to June 9, 2022

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

Find more info on those folks Rama talks to - who are there to keep us in the loop as well - at <https://www.rainbowroundtable.net/rama-s-contacts>

2022-06-03

Friday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · **Jun 3**

Many of the problems we face are of our own creation. They come about because of a lack of compassion. That's why I'm dedicated to promoting both compassion and non-violence in a secular context grounded in reason.

2022-06-03

Friday

Eban O'Reilly

Rama: I received a call today from **Eban O'Reilly**, a friend of the King of Swords. It was 11:07 am. Eban said to me, "Lord Rama, I am an international art dealer. I know about the 13 families' finances, and I am also a friend of the Sasquatch People. I live in Dublin, Ireland, and I travel around the Arctic Circle AND I go in and out of portals! I have had many contacts with the Galactics: it is time we learned to get along with each other.

"We have a very ancient, rich and varied hi-story/her story on this planet, Mother Gaia. My task is to share the wisdom of these very ancient cultures that surround the Arctic Circle. Contrary to your history books, there was a huge civilization here in the Arctic Circle. It was called Hyperborea* and the whole story about this civilization will be coming out very momentarily! It is a part of Full Disclosure.

"See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

FYI: *Hyperborea is considered a mythological place in many references. Also, remember the story of **Anastasia** by Vladimir Megre, published by Ringing Cedars

2022-06-04

Saturday

RanaMu

Rama: I went and got a treatment today from **RanaMu** at 10:30 am. I got on the bio bed and the lasers came out of the ceiling. All of the technology RanaMu has is sentient.

RanaMu used 3 rays on me: platinum, gold and emerald green. She worked with me for approximately 30 minutes. After the completion of my treatment, Rana Mu said to me, "Lord Rama, we are at the end of this story. Expect our galactic friends to be taking the airwaves at any time! All we are saying is 'give peace a chance!' Blaze the Violet Fire!"

2022-06-06

Monday

Dalai Lama

[Dalai Lama@DalaiLama](mailto:DalaiLama@DalaiLama) · **Jun 6**

Satisfaction is characterized by inner peace. It arises from generosity, honesty and what I call ethical conduct, a way of behaving that respects others' right to be happy.

2022-06-06

Monday

Sister Rosa

Rama: I got a wild hair up my nose and went to visit **Sister Rosa**. Sister Rosa is the local psychic, tarot reader, and master astrologer. She has been around Santa Fe for as long as I have, since 1980 – 41 years! Yet Sister Rosa is 105 years wise, and she can out arm wrestle me to this day! She lives on mushrooms such as Cordyceps, Reishi, and Shiitaki, as well as spirulina and the Immortalis Formula.



Sister Rosa aka Maz Kanata, from *Star Wars: The Force Awakens*

Sister Rosa sat me down today and said to me, "Lord Rama, you are going to lay out the cards for me today!" It was 11:34 am. So I laid the cards out and Sister Rosa said to me, "Lord Rama, from these cards, it looks to me as though your Father is going to be showing up any time now! I have been waiting for your Father for over 40 years. The fact that you are here today, Lord Rama, tells me it is time to talk with the Captain."

Then Sister Rosa went into the other room and brought out a 3 foot long crystal wand. Sister Rosa said, "Lord Rama, put your hands on this and focus on Ashtar, and I will do the same." Then the crystal began to vibrate. Sister Rosa said, "When it vibrates, it makes a tone. This tone can actually be heard by your ears!" Rama: It was a very high pitched, but subtle, tone, and I could feel Ashtar's presence.

Sister Rosa continued: "Lord Rama, go and spread the message that your Father's arrival is extremely immanent. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

Note: Rama has seen the Ashtar Command grow a 3 ft crystal – like this one – in the labs on The New Jerusalem.

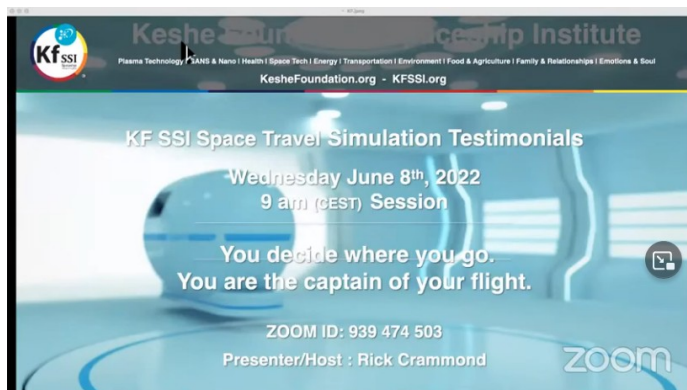


NOTE: Rama’s visit with Sister Rosa falls on the same day as Mr Keshe’s event in Linz, Austria.

KFSSI Space Travel Simulation Testimonials June 8th 2022

Keshe Foundation Spaceship Institute invites you to share:
The **first Keshe Foundation space flight simulation experience testimonials**, starting at 9 am CEST on Wednesday the 8th of June 2022 on the regular channels of Zoom room 939474503, YouTube live and Livestream:

YouTube (<https://youtu.be/7rEcY4rYZC0>)



<https://youtu.be/7rEcY4rYZC0>

2022-06-07

Tuesday

Lady Natasha

RAMA: I received a text message from **Lady Natasha** at 12:05 pm, early this afternoon. She said to me, "Lord Rama, Russia is winning this fiasco in Ukraine. The western media has turned Putin into a pariah [an outcast in society]. This Putin the western media speaks of is the look-alike placed into the public eye by the world oligarchy.

"Regarding the issues going on in the United States about guns, I have two words for them: ethnic cleansing! America began as a slave corporation; St Germain gave the Founding Fathers the wisdom from the sacred teachings of Thoth, Hermes Trismegistus. Both names refer to Ascended Master Lord Kuthumi, World Teacher. [https://en.wikipedia.org/wiki/Hermes_TrismegistusHermes]

"Before the Articles of Confederation were being formed, General George Washington had a visit from some green men – literally! - at Valley Forge. These were the Praying Mantis people from Arcturus. They shape-shifted into green men, in order not to completely startle the good General.

"We are in a very crucial time. It is about loving kindness for all the people of Earth. This is how we create peace and Full Disclosure. This is what His Holiness, The Dalai Lama, talks about every day! What his Holiness does is "good trouble"! As Congressman John Lewis has described, "Get yourself into some good trouble!"

"See you in the Light of the Most Radiant One! We are very close to having a face-to-face meeting with the Captain! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-06-08

Wednesday

Rosa of Palestine

Rama: I received a call from **Rosa of Palestine** at 11:37 am, late this morning. She said to me, "Lord Rama, the Israeli Defense Forces [IDF] are getting more brutal by the day. I have been calling all of Heaven in. The murder of Shireen Abu Akleh, the journalist from *Al Jazeera*, in East Jerusalem near Al Aqsa Mosque, is being looked into by the International Criminal Court [ICC] as a war crime. Please place all of this in the Circle of Support.

"I have been meeting with other galactic visitors from the Sirius Star System, and they are helping the Palestinian refugees with food, medicine, and basic necessities by various interventive means."

2022-06-06 [Remember Shireen Abu Akleh: Apartheid Israel Leads The World For Killing Journalists](https://countercurrents.org/2022/06/remember-shireen-abu-akleh-apartheid-israel-leads-the-world-for-killing-journalists/)

<https://countercurrents.org/2022/06/remember-shireen-abu-akleh-apartheid-israel-leads-the-world-for-killing-journalists/>

by [Dr Gideon Polya](#)



The World was shocked by the recent deliberate killing by an Israeli sniper of veteran Al Jazeera journalist Shireen Abu Akleh. However over 50 journalists have been killed by Apartheid Israel in the last 2 decades. Careful analysis reveals that Apartheid Israel leads the World by far in terms of "average number of journalists killed per 10 million of population per year". Self-respecting journalists world-wide must report this shocking fact.

Palestinian-American journalist Shireen Abu Akleh (1971-2022) worked as a reporter for Al Jazeera for 25 years, and was one of the foremost reporters in the Middle East for her decades of reportage on the Apartheid Israeli-occupied Occupied Palestinian Territories [1, 2].
[For the rest of the article, see the link above.]

Rama: Today Rosa introduced me to a Palestinian musician. He wishes to call himself Mr Ramses, after the Egyptian Pharaoh, King Ramses. He sings and plays an Arabic oud, a string instrument similar to a lute.

Sirto - Maqam Nikriz - Oud Ney & Darbuka - Arab Instruments Trio
<https://www.youtube.com/watch?v=lkfa-pKaRp8&t=43s>

Rosa: "Every day I am having dreams of Captain Ashtar briefing us. I will be seeing you soon. I have a way of creating a face-to-face meeting on my phone now. See you in the Light of the Most Radiant One! Sat Nam! Namaste! Blaze the Violet Fire!"

2022-06-09

Thursday Tom the Ring-tailed Cat, Sweet Angelique the Cat

Rama: I received a text message from **Tom the Ring-tailed Cat and Sweet Angelique the Cat**, at 12:05 pm, very early this afternoon. Sweet Angelique said to me, "Lord Rama, we were at Stonehenge – again! - for sunrise this morning. The energies are way up there. You have to be numb not to feel them!"

"There were 3 men, 2 British and 1 Moroccan, all mercenaries, who were put on trial today in Eastern Ukraine in a Ukrainian proxy court which no international court recognizes. Through this court, they were sentenced to death for killing civilians. Both Britain and Morocco rejected the verdict. This is a larger drama which has to do with the wrestling match between the oligarchs of the ego and the oligarchs of the Bear.

"More and more stories are coming out about our galactic friends who are among us. We are in every sector of society on earth. The homeless man you might meet might be Gandalf the White! Our first order of business is to this beloved planet, Mother Gaia, and her complete restoration and the return of Heaven to Earth. There may be eye-opening moments at these January 6th Committee Hearings [2021-01-06]

"Place all of this in the hands of Lady Master Liberty and Lady Master Hope! Blaze the Violet Fire! Sat Nam! Namaste!"



Photo sent by Sweet Angelique the Cat: Stonehenge at Sunrise, June 9th, 2022

INFORMATION RELATED TO THE REPORT

2022-06-09 Immortalis Klotho Formula

Pasted from <<https://immortal.is/>>

All natural, Immortalis Klotho Formula is the first product on the market to harmonize Klotho production. The Klotho protein, dubbed the “protein of immortality” by modern scientists, is something we all lose as we age.

Developed with the goal of targeting the anti-aging gene, Klotho, using a novel revolutionary approach based on a combination of microbiome medicine, genetics & epigenetics.

The uniqueness and value of Immortalis Klotho Formula does not reside solely in its raw components, but in the proprietary procedure that leads to relativistic time dilation and biological quantum entanglement at the DNA level.



Microbial
Formula



Chondroitin
Sulfate



Generally
recognized
as safe



Vitamin D3



Vitamin E



Made in
Switzerland



Non GMO



Non Synthetic

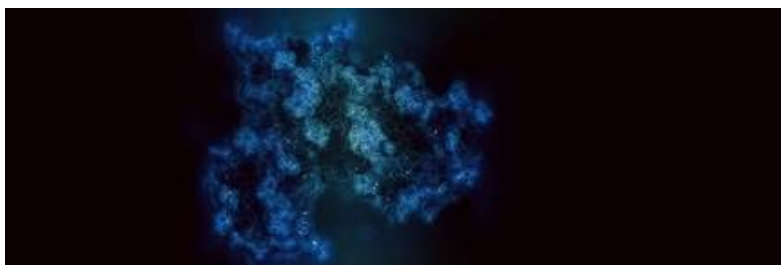


Gluten Free



Dairy Free

Imagine a life beyond aging...



Immortalis Klotho Formula, a naturally formulated proprietary microbial complex, engineered by one of the world's foremost molecular biologists, [Dr Marco Ruggiero, MD, PhD](#)

The symbiosis of live microbes and their matrix optimize the microbiota and produce a number of biologically active molecules ranging from Klotho to diverse neuroprotective compounds

This historic health maintenance innovation is currently shipping to a limited subscriber base from our Swiss Lab.

People have been observing the life-changing effects of Dr Ruggiero's existing products, early predecessors of Immortalis Klotho Formula, for years.

For a full scientific breakdown of the research behind this Immortalis Klotho Formula, please refer to the repository of peer-reviewed papers [here](#).

What is Klotho?



Discovered in 1997, the Klotho gene naturally expresses as a long-chain protein, enzyme *and* hormone. Named after the mythological Greek goddess Klotho (responsible for spinning the thread of life), this gene performs many biological functions and appears to be the most significant and consequential factor determining human lifespan...up to the point of being dubbed by modern scientists 'the Holy Grail' and 'the aging suppressor'.

Klotho circulates throughout the blood, brain and spine in the course of life and declines with aging in conjunction with cognitive deficits. Up until now, doctors have not been able to sustainably supplement Klotho levels in humans.

Dr Marco Ruggiero, MD, PhD and his team have pioneered a breakthrough method of stimulating natural Klotho production inside the human body via the microbiome (or the non-human DNA) that is part of our greater genome.

Increased Klotho demonstrates extraordinarily transformative effects well documented in scores of peer reviewed scientific papers and studies

Your third brain: the microbiome

'Understanding the existence of the third brain is possibly the most exciting discovery of the last century'

~John Gray~

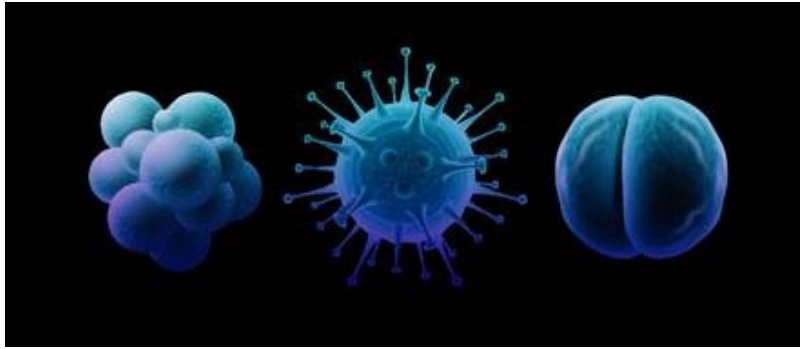
author of **Men are from Mars, Women are from Venus**



We all know about the brain in our head: the 'first brain'. About 20 years ago, the concept of a 'second brain' emerged following the discovery of neurons embedded in the wall of the gastrointestinal tract.

This 'second brain' contains almost as many neurons as our 'first brain.' The information between the neurons in the first and second brain have been discovered to be interconnected and bi-directional.

When you have a 'gut feeling', it is literally that. More than 90% of the body's serotonin lies in the gut, as well as about 50% of the body's dopamine.



Researchers in the fields of psychiatry and neurology have increasingly begun to expand treatments to focus on the gut, mainly through nutrition.

In 2010, researchers discovered a new organ that had gone undetected for nearly 3000 years in human anatomy: the microbiome.

Identified as the 'third brain' by Dr Marco Ruggiero PhD, MD, we can think of the microbiome as our body's operating system.



Consisting of trillions of bacteria, fungi, viruses and other microbes, your 'third brain' weighs about 2 kilos (4.5 pounds), consists of 90% of the cells in your body, and over 99% of the DNA.

This essentially means that we are less than 1% human!

Dr Ruggiero's 35 year career has brought him deeper and deeper into the realization that the microbiome, or 'third brain,' contains all of the information required to live long, healthy lives, precisely because it contains more than 99% of all the genetic information that we need

Klotho and Immortalis in the press



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* Disclaimer: The statements on this website have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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in [World](#) — by [Dr Gideon Polya](#)



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