

**"Never doubt that a small group of thoughtful, committed, organized citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead**

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### **DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST**
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS**

### **I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on "64K Listen"

**\* Thursday: A Night at the Round Table** Hosts: Panel Members  
6 pm Pacific / 9 pm Eastern

**\* Friday: Friday Night Hard News** Hosts: Tara & Rama  
6 pm Pacific / 9 pm Eastern

**One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#**

**\* Saturday: History of our Galactic World & NESARA** Hosts: Tara & Rama  
1:30 pm Pacific / 4:30 pm Eastern

**One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#**

**Call to interact / ask questions: Canada & US: STATION 2 1- 888-429-5471**  
**Direct 1- 323-744-4841**

**C Skype: BBSradio2**

### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You'll be taken directly to the True History call: click on **"Archives"** which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory **including the date**' and the drop down menu appears. Click on **'save link as'**

**E Archives, both written and audio, also exist on the 2013 website:**  
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes plus audio recordings** of the conference calls plus the entire podcast.

### **II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: Cheryl Croci's Activation Calls**  
**6 pm Pacific/ 9 pm Eastern**

**B Tuesdays** By telephone only: 1 – 605-475-4120; PIN 946 7441#  
***Ashtar on the Road***  
**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month  
**6 pm Pacific/9 pm Eastern**  
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330  
• Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN # 980339** [always the same]

**via Skype** **Click on the voip button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays:** ***The Friends of The Aboriginal Moabite Nation Call***  
**7:00 – 9:00 EST**  
By telephone only: 1-712-432-0900 PIN 666238#  
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday** ***The Abundance Call***  
**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**  
with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana *Ryan*

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message "YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: Cheryl Croci**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**Need \$350 for this week, as we were short last week.**  
**Thanks for keeping us up-to-date!**

**All BBS archives can be accessed for free,** including the podcasts for the Thursday, Friday, Saturday calls, listed above.

• [www.rainbowroundtable.net](http://www.rainbowroundtable.net) has archives, too.

- Go to BBSradio.com/Station2; find **Hard News** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

• The mailing address for those who do not like paying electronically:

**B B S RADIO** [Please put **"Attention Don"** on the envelope]  
1500 Pleasant Hill RD [Note inside that it's for T & R calls]  
Lafayette, CA 94549 [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us.

They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

- Donations via Paypal button on the **homepage of 2013 Rainbow Roundtable**

**FOOD MONEY, BASICS:** They need **\$ for food, basics, gas, bills: \$400**  
**Rama's shoulder \$180; food , basics\* \* - \$300** **\$900 all tolled**

**NOTE: Food \* \*\$ is for the Paschats, Rama and Tara, and the gas tank ! !**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

- **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)  
**EVERY \$ HELPS ALL GRATEFULLY RECEIVED**
- Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567
- **Remember: you can book a session with Mother, as well!**
- To make donations to the **Fresh Produce Fund for Tara & Rama -**

**\*\* go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and find the link to the donation button**

**[koran9999@hotmail.com](mailto:koran9999@hotmail.com) is the link to use with Paypal**

- Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM
- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama.  
They and the sponsors are very grateful for your assistance.
- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
  - all the products have much to offer, so take a look!
  - check out the headings called **READ MORE** - it's definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there. **The returns also help 2013 Rainbow Roundtable**

## **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> **(CHECK THIS OUT)**

**One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life -  
Production and Application -  
Prevention and Reversal of the Corona Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

**KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

**Keshe Foundation Store**

<https://store.keshefoundation.org/store/?alias=store>

**Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-  
protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies using the plasma  
technology with covid patients**

[www.plasmatimes.com](http://www.plasmatimes.com)

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-march-20-2021>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) -**

Still under construction, but already in use: take a peek . . . all of Caroline  
Oceana Ryan's updates are posted there too

**IMPORTANT NOTICE:**

**Last night – March 19, 2021, was the launch of KFTV**

**When over 2 million knowledge seekers logged on, the servers were  
over loaded and they could not recover the system so they had to use  
an alternative method of broadcasting**

<https://vimeo.com/526497248>

**Go to the 40 minute mark as that is when KFTV goes live**

\*\*\*\*\*

**Rama, Tara:**       •       •

**Greetings to all! Happy Equinox! Spring has sprung in their location!  
Thanks to Cheryl, Rainbird – and grateful to be alive!**

**R:** text from Ms Brisby from KOE, KOS, Lady Master Nada

• **listen to Kryon – will blow your mind!~**

• Listened to **Moonwise** today: Mercury is in Pisces and this opens up the oceans  
they spoke of Mercury doesn't do so well in Pisces as M is air, P is water  
this is about keeping the head and the heart in sync

- Huge demonstrations in Europe - not wearing masks; the vaccines with nanites that are not there to keep you breathing.

**T:** they keep trying to keep things looking like they're all right

**R: Lady Master Nada, King of Egypt; King of Swords – in London, talking to Mr Boris** about his trident nuclear missiles program to increase the number of tridents – to be paid for with taxpayer dollars

- they told him he'd best listen and leave that alone!
- This is about the larger story and the 13 families being broke

**Caller/ch:** has just figured out how to get on to BBS – no phone number; have to go in via computer!

**T:** Did R ask if Mr Biden is going to get the same chat?

**R:** They did say things are forthcoming! ! ! !

**R:** A flurry of countries wanting to go into space: THEY WANT TO MINE THE ASTEROIDS!

- Elon Musk, Besos and others think they can just send up a craft and to the mining and come home, really rich!

**HOWEVER, SPACE IS PATROLLED BY THE INTERGALACTIC FORCES!**

**T:** transcribed something from *Keiser Report* – regarding the **current situation of BROKE!**

**Stacy Herbert:** Bitcoin has been the safe harbour over the last 10 years – the bitcoin community is concerned because the US budget is exploding

**Max Keiser:** the 202% if things go well for the US – 2051 over GDP – they are not talking about the \$300 Trillion that has already been poured into the situation

- Will hit 259% if things don't go well – 259% of GDP and the bad outlook will be OK if we don't do anything else
- If they continue with tax cuts for the wealthy, adds another \$200 M

**MK:** Japan is almost 300% to GDP – and the US is catching up the whole world is close to 250% to GDP

- the problem is – as Paul Krugman says, don't worry about it – it's just money we owe ourselves

**MK:** to support this interest loan, have to have 0% interest – which is free money it's political cronyism: depends on political

free market led economy going to to crony capitalism – it's mostly debt -

- it's all about who has access to the 0% interest rate
- increasingly the oligarchs buy competing companies and end up with a huge concentration of wealth –
- a great example is the ECB- they can lend the head of **Louis Vuitton\*\*\*** money at 0% interest rate to buy Tiffany's – so they bought Tiffany's for free – now they have luxury brands – this company is hugely a concentration of wealth – so for those who don't think this is a problem – they are wrong

**SH:** if they compare this to Japan where domestic households have a high savings rate – their savings were in Yen and they bought bonds of their own country.

- In the US there is NO savings rate – foreigners used to buy our bonds and now it is just the Fed; so it's \$ we owe another branch of our gov't where there is no savings at all.

**MK:** In Japan there is a pension and probably the pension fund is enormous – equal to the debt loan and they don't expose it to their version of Wall Street - in the US, looks like Feds are to take over the funds – give it to Black Rock who will bet it and lose it

**T: PUT THIS WHOLE SITUATION IN THE CIRCLE OF SUPPORT . . .**

**BACKGROUND: LVMH Moët Hennessy Louis Vuitton** (French pronunciation: [[moɛt ɛnesi lwi vuɪto](#)]),<sup>[1]</sup> commonly known as **LVMH**, is a French [multinational corporation](#) and [conglomerate](#) specializing in [luxury goods](#), headquartered in [Paris](#), France.<sup>[3]</sup> The company was formed in 1987 through the merger of [fashion house Louis Vuitton](#) (founded in 1854) with Moët Hennessy, which was established after the 1971 [merger](#) between the [champagne](#) producer [Moët & Chandon](#) (founded in 1743) and the [cognac](#) producer [Hennessy](#) (founded in 1765).<sup>[4][5][6]</sup> LVMH controls around 60 [subsidiaries](#) that each manage a small number of prestigious brands, 75 in total. The subsidiaries are often managed independently, under the umbrellas of six branches: Fashion Group, Wines and Spirits, Perfumes and Cosmetics, Watches and Jewelry, Selective Distribution, and Other Activities. The oldest of the LVMH brands is wine producer [Château d'Yquem](#), which dates its origins back to 1593.<sup>[7]</sup>



LVMH headquarters in [Paris](#), France

# TIFFANY & Co.



[Fifth Avenue flagship store](#) in 2019

**AUDIO:** Kryon 1 h 17 minutes

sit and ponder the reality of what you see: will be summaries of what's been presented lately

- the change is everywhere but it will affect the old souls first – they are wiser – more experience and it's quite often includes spirituality – came to spiritual decisions life times ago
  - we may not remember anything else, yet there are something that passes through the veil: the countenance we have comes through – we never sink to a lower level to learn more – we may forget our shamanism because it was uncomfortable in a past life-time- just our presence as a wise person adds to the crystalline grid!
    - So it's the old soul who sees and uses the tools first -

- you are known by god, there is preparation for all we are experiencing – that we would pass 2012 and there was preparation by Spirit – we did pass the marker we see it in weather, consciousness

Kryon reminds us of what has happened:

#1 **we are not doing this by ourselves!** .When the planet was seeded and the knowledge of light and dark, the creation story – **there were things set up for today** – 200,000 years when our DNA started to change with 23 chromes instead of 24

- they are in places where we don't expect and will start to enhance knowledge on the planet
- It's esoteric – can't be proven! Or is there a multi dimensional engine with us?
  - The Pleiadians didn't seed us and leave! There are inventions and other tools for us – we need them to move to the next step. We didn't get them before because we'd have weaponized them; won't do that in the new energy.
- Communications with beings we don't know exist – we aren't doing this alone!

#2 – as we ask, **astronomers will tell us something different with our solar system** – moving into a new kind of space as it moves around the center of the galaxy, going to space we've never gone before – the bubble of protection we had for eons is going away to be replaced

- ask the astronomers have they seen anything different?
  - The sun has a magnetic field called a heliosphere – what affects our sun, affects us and this has been proven. It will enable parts of our biology we've never used before.
- We vibrate a little higher; we evolve while we are still alive! A fast track to higher consciousness – it was always prepared for us! Who prepared it?? WE did - before we ever got here as human beings – if we made it past a certain point, we could open the time capsule we left for ourselves!
- And we are still only talking about the preparation! ! ! !

#3 **Talked of physics with an attitude** – something that doesn't make sense but physicists see it all the time – it's a benevolent reality – science seeing things they don't understand: physics that wants to create things that work in harmony – mesh/synchronicity

- we are the creators who can do anything: would we be tempted to create something to help our children? Welcome to the new earth – the legacy has been planted!
- Energies that don't want to harmonize are gonna get crazy!
- Old souls will have a tendency not to vote in this election – will see old energy on both sides! Where is the new stuff? The fighting, bad words – a reaction to the Light that will make politics transparent and they are not ready: reaction is anger, frustration.

**Old soul:** a tendency to sit it out

**K's advice:** WE NEED YOU TO VOTE! Vote for the most transformative!

#1 **Kryon Helps Old Souls Finalize Their New Partnership With The Universe**

<https://www.youtube.com/watch?v=bWCoSWnke6I>

#2 **Kryon Teaches How to Pull Energies From The Future Into The Now Moment**

<https://www.youtube.com/watch?v=kws2liKpfxg>

### #3 Kryon Gives a Special Healing to Clear Anything Keeping You From Manifesting New Tools and Abundance

<https://www.youtube.com/watch?v=DKDj3gzZvQw>

### 2021-03-11 Gregg Braden on Boundaries Between A.I & Humans... This is Beyond Important!

[https://www.youtube.com/watch?v=fYenB3Kms\\_U](https://www.youtube.com/watch?v=fYenB3Kms_U)

Gregg Braden -

Some are convinced we must merge with technology in order to make this leap, but if we choose instead to more actively evolve on our own, we can advance far beyond the reach of any technology, and redefine what it is to be human on our own terms instead of simply becoming slaves to our machines.

Recent discoveries made by world-renowned scientists have revealed exactly how you can engage in this more rapid evolutionary process yourself in every moment of your day to become smarter, stronger, faster, and a whole lot more.

Follow this link <https://www.humanitysteam.org/smarter...> to Join world-renowned visionaries and bestselling authors Gregg Braden, Lynne McTaggart, and Bruce H. Lipton, Ph.D. for a complete FREE Online Video Program Series where they will share their latest discoveries with you and show you how to make the leap into an exciting new level of true power and possibility.

### **AUDIO: Economic Update: The System Implodes: Amazon, Evictions, Tax Abuses, and Minimum Wages 2021-03-01**

#### **VIDEO:**

[https://www.democracyatwork.info/eu\\_system\\_implodes\\_amazon\\_evictions\\_tax\\_abuses\\_minimum\\_wages](https://www.democracyatwork.info/eu_system_implodes_amazon_evictions_tax_abuses_minimum_wages)

#### **PODCAST: Economic Update with Richard D. Wolff**

The System Implodes: Amazon, Evictions, Tax Abuses, and Minimum Wages

[S11 E08] New

#### **Direct Download**

[https://traffic.libsyn.com/secure/economicupdate/Econ\\_Update\\_2021.02.25.s11e08.mp3](https://traffic.libsyn.com/secure/economicupdate/Econ_Update_2021.02.25.s11e08.mp3)

On this week's show, Prof. Wolff discusses Amazon's profits; New York state's eviction crisis and capitalism's reproduction of poverty and inequality; New York's stock transfer tax; raising the minimum wage; and the subsidizing of billionaire's big sport businesses.



**AUDIO: The future of bitcoin with Max Keiser, plus the US's bombing addiction, and surveillance capitalism 2021-03-19**

**VIDEO: <https://www.rt.com/shows/redacted-tonight-summary/518519-future-bitcoin-bombing-addiction/>**

**PODCAST: <https://soundcloud.com/rttv/redacted-tonight-the-future-of-bitcoin-with-max-keiser-plus-the-uss-bombing-addiction-and-more>**

Max Keiser is Lee Camp's guest this week, for a conversation about bitcoin. Keiser argues that bitcoin has the potential to change the world in a progressive direction by replacing government-controlled fiat currencies and democratizing the economy. They discuss the future of bitcoin, market manipulation by the oligarchs at the top of the system, how cryptocurrencies can make imperialist wars irrelevant, and the real inflation rate.



After that, Lee explores the results of a new study by the women's peace organization CODEPINK, which found that, over the past 20 years, the US has dropped an average of 46 bombs a day.

Finally, Natalie McGill reports on the surveillance system Flock, which is similar to the Amazon Ring, but offers extra, creepier methods of invading the privacy of your neighbors. She also looks into a new web search engine from the browser Brave, which allows you to surf anonymously, block third-party vendors from scraping your info, and prioritize independent news sites in search results.

**READING: 2021-03-19 Just Hours Till Equinox Activations FULL DOCUMENT BELOW**

### **Meg Benedicte**

[https://www.facebook.com/megbenedicte.quantum.access/posts/4011301488908635?\\_tn\\_\\_=K-R](https://www.facebook.com/megbenedicte.quantum.access/posts/4011301488908635?_tn__=K-R)

The exquisite Equinox energies are pulsing in the gateway now. In just a few hours we gather together and step into the divine Equinox stargate at 0 degrees Aries. This is a rare zero point gateway of ONEness, an infusion of the totality of universal creational force.

### **ASTROLOGY**

**RI:** Each zodiacal sign has its own qualities that can trip one up. Pisces is the most difficult to learn and use effectively to support our returning processes.

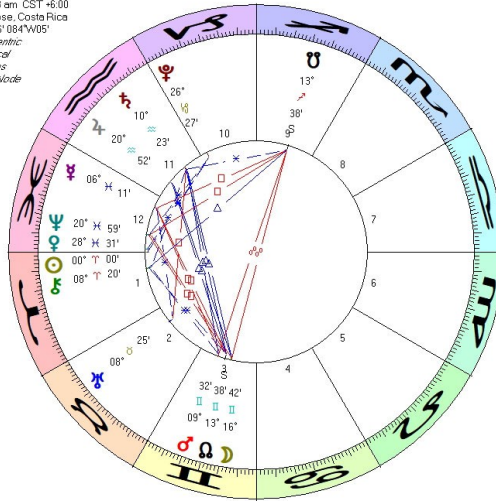
If you wake up before dawn/ /

at sunrise, Jupiter and Saturn already high in the sky

**March 17, 2021 Astrology Forecast <https://youtu.be/oEltm2GRfGA>**

**lick here to listen to the Pele Report**

♈ Aries Equinox  
**Natal Chart**  
 Mar 20 2021, Sat  
 3:41:33 am CST +6:00  
 San Jose, Costa Rica  
 09°N56' 08"W05'  
*Geocentric  
 Tropical  
 0° Aries  
 True Node*



***Technology helps me stay in touch,  
 Anywhere, anytime,  
 But I need to stay conscious of  
 Its effect on my heart and mind.***

**Happy Equinox!**

**'Tis the season beyond all reason, eh? This could be a real crazy-making week with a Pisces Mercury squaring the Mars/North Node conjunction!** Also, let's not forget that the chart drawn for the moment of the Equinox can function as a birth chart for the season – uh oh! To me, the way around this, and the message of the stars for this period, is **to expand our minds outside the linear, logical, left-brain and embrace a more cosmic reality.** Otherwise, (and we may well observe this around us) we will find the "Idealists" arguing with the "Realists" as to what is going on and what to do about it.

**The other thing that struck me about this week's Sabian symbol and the energy of this time is "the other side of Aries."** We can sometimes think of Aries as the rough and tough cardinal fire warrior that is a solid chunk of will and courage. **However, just as Mars has a Moon named "Phobia," so too does the warrior always have fear.** Fears and insecurities come as part and parcel of inhabiting a physical body, and we all have them. We can be strong and afraid, sensitive and tough, soft and hard simultaneously, all part of the earth experience, eh?

**Personally, I've emerged out of my safe, Costa Rica cocoon to take a look around and witness firsthand how people/the USA are dealing with the pandemic.** It was odd to observe lone fishermen on the beach yesterday wearing masks while looking out to sea! Wow! Visiting my friend (in Santa Cruz, by the way), who I haven't seen in years, and having him not come anywhere near me. We're taking a 5-week camping adventure through a few states here and are looking forward to seeing if it is different in other places. I will keep you posted!

**Besides busting out of my bubble, I'm excited to assist anyone else who wants to emerge out of theirs and come to Costa Rica for a deep dive into the astrology of these times and their birth chart!** In addition to delving into the current transits, I'll share the planetary method of chart interpretation. We'll be exploring each of our charts as a means of learning and practicing how to read them. If you're a

budding astrologer (and like sailing!), **this will be a workshop you won't want to miss!** [Check it out HERE!](#)

OK! I got all caught up with the Equinox, BUT, on a more practical note... ouch, this Mercury square Mars/nodes is bound to be a killer. **We'll start feeling it when the Moon goes into Gemini Thursday for sure, and then it's just going to keep building up through next Tuesday/Mars and Wednesday/Nodes.** We'll be dealing with miscommunication and... "Communication Breakdown," a second song for this week! Mercury in Pisces can get "out there," and Mars in Gemini is "right here," in your face, in the NOW.

**This square's cosmic point is that we need to incorporate more conscious (Mercury), imaginative, loving thoughts and ideas into our everyday reality (North Node/Mars in Gemini).** Bringing the spiritual, cosmic vibrations down to earthly, communicable forms is for musicians and poets, so we all need to get in touch with our inner musician/poet, bring forth the dream potential, and try to get it across to others without it sounding like gobble-de-gook! Good Luck!

**So Much Love,  
Kaypacha**

["I Don't Wanna Work"](#)  
["Communication Breakdown"](#)

**AUDIO: Tania Gabrielle**

**[FULL MOON in Libra \[March 28\] Total Co-Liberation \[Astrology Numerology Forecast\]](#)**

**<https://youtu.be/P9vkXcnCcQ4>**

A positive and powerful Full Moon in Libra with an unprecedented exact stellium and leadership code invokes courage, joyful outcomes and freedom. Discover how the Libra impact brings your life into emotional balance so you are free to take flight and fulfill your destiny!

**RI:** looking at the Kite Tania described: moon in Libra, Jupiter in Aquarius

8\* Aries – a large woman's hat with streamers blown by an east wind – in the Aries zone about developing with consciousness

**CONFERENCE CALL** • • • <https://fccdl.in/T77PJVEP1j>

**Ca/T:** when Mother came on, could barely hear it  
• another caller: the same

**RGM: Last night was the launch of KFTV**  
**When over 2 million knowledge seekers logged on, the servers were over loaded and they could not recover the system so they had to use an alternative method of broadcasting**

**<https://vimeo.com/526497248>**

**Go to the 40 minute mark as that is when KFTV goes live**

- on telegram: 100s of cell phone pictures from people all over the world and on the street over wearing masks and no freedom
  - in London, there were so many people- the police had to back up!

**T:** those in the system are not paying attention

**Ca/ VA:** has 6 jars at the ready – going to give a 24 and might make more in a fish tank!

**T:** giving it away to people who are helping others

**CA/Pa:** it's about making the leap to make things again – like learning how to do canning!

**R:** thinks what happened in Texas has affected lots of other persons across the country

**T:** chris hedges interviewing someone about pulling the empire out!

What they are doing by honouring the dead here - the person who did that to the Asian women is the embodiment of the sickness in the system  
The attacks on asian people have

**So:** the trumpers/white supremacists are trying to take down Newsom, gov of CA and T read a while ago that violence was one of their tools

**T:** the kid who killed the Asian women – pushed by Black Ops while they try to figure out what to do next

the spirit of love and transformation, and the multi dimensional energies cannot be stopped

**So:** and it's constantly being renewed

**T:** the fixing of the current situation is with the new energies

- the Asian women for freedom and equality – learning about how bad things are
- one of the ladies said who was on a section of Jasmin's show [Jasmin Vossougin -An announcer for MSNBC Live – she is so honest]
- 1871 – 18 Chinese men and boys in a public lynching!

**SO:** Isabel Allende – born in Chile – niece of

- exploitation of the digging of gold – the natives and others were kept in cages
- Made into a Hollywood movie with Anthony Hopkins

• • • **book is called ZORRO by Isabel Allende**

**Pa:** asking about So and an ascension moment: using pronouns and no names ! ! !

**T: Beauty and the Beast** – another movie – on You tube – Linda Hamilton and Ron Perlman

**NOTE: THIS IS NOT THE MUSICAL REFERRED TO ABOVE: BUT WORTH THE WATCH! ! !**

**Beauty and The Beast | Drama Romance Movie | Part 1**

<https://www.youtube.com/watch?v=qltqT2X4Dak>

**Beauty and The Beast | Drama Romance Movie | Part 2**

[https://www.youtube.com/watch?v=2xycOurZWR0&t=0s&ab\\_channel=MovieCentral](https://www.youtube.com/watch?v=2xycOurZWR0&t=0s&ab_channel=MovieCentral)

- There really is an underground city in NY; entrance is in Central Park

**So:** talks of the underground tunnels under CA – not nice things going on there

- NYC has a connection to a light city called Arcadia in the inner earth– the name of the film series is Spartacus
- Linda Hamilton was a lawyer in the movie; knew how to get into the tunnels directly under NYC to get help as needed
- and from that city there are tunnels that are 50 – 100 miles deep which goes to the sun in the centre of the earth – which is deeper than Agartha Network

**T:** yes, Telos is the capital city of the entire network of Agartha

- The Bruton Vault is in Williamsburg VA – there are vortex portals that start with Williamsburg then to DC – under the ground – tunnels and ley lines
- The Rockefellers and the Rothschilds no longer get to own everything!

**CA/Bi:** earlier today, talking about the financial condition of the US – bitcoin mentioned as replacing the \$

**T:** people use it but it has no substance

**BI:** Freemart is engaged in crypto currency right now and, yes, he is doing it.

- Going to use it for merchants accounts – not using credit cards and being charged interest going to talk to merchants who will not be charged
- John Austen is heading it, and Tom Green is giving webinars for people to learn about it

**T:** when he finds something that is good to listen to, send it to them for playing  
– KOS said this is a bridge – all the White Knights / Faction 3 – bit coin is a bridge

**BI:** raising funds to do work on the crypto currency and were going to give FreeMart Members a chance to get involved – talks about the process

## **B B S RADIO**

### **Rama's music**

**Judy Collins - Turn Turn Turn (1966 ).mp4**

<https://www.youtube.com/watch?v=K3kKqfTjsj0>

**Pete Seeger, Where Have All The Flowers Gone/Sag' mir wo die Blumen sind, Berlin, DDR (GDR), 1967** <https://www.youtube.com/watch?v=jxCoRQEmYE>

**Cat Stevens - Where do the children play?**

<https://www.youtube.com/watch?v=zmb52Flb9e8>

**The Moody Blues: Tuesday Afternoon (Forever Tuesday)**

<https://www.youtube.com/watch?v=crHYUF9dzdI>

Tuesday afternoon.  
I'm just beginning to see,  
Now I'm on my way.

• • • •

**R, T:** things coming full circle now - remember to remain in neutral divine compassion

**AUDIO: [On Contact: America's secret government](#)**

On the show this week, Chris Hedges discusses the rise of America's secret government with journalist and author David Talbot. David Talbot's book is '*The Devil's Chessboard: Allen Dulles, the CIA, and the Rise of America's Secret Government*'.



**SEE BELOW for the transcript.**

**VIDEO:** <https://www.rt.com/shows/on-contact/518624-america-secret-government-talbot/>

**PODCAST:** <https://soundcloud.com/rttv/on-contact-americas-secret-government>

**AUDIO: [Ancient Civilizations](#) **Seven Levels Below Giza****

<https://www.gaia.com/video/seven-levels-below-giza>

S 3: Ep10

41 mins

March 15, 2021

It might be possible, according to our experts, that underneath the Pyramids and the Sphinx, could be the remains of an ancient city or a military base built by the gods whose visage can be seen upon the Sphinx. In this final episode of season 3, we explore the scattered hints of this lost piece of history; we ponder connections to Atlantis, beings from other worlds, and what secrets concerning our place in the universe may remain to be discovered. Some have ventured into this netherworld but were prevented from exploring deeper into this enigmatic labyrinth. What has been discovered suggests that these tunnels stretch seven levels deep, and span from India to Europe.

**Featuring:** Gregg Braden, Andrew Collins, Matias De Stefano, Sonja Grace, Anton Parks

**Video Language:** English

**AUDIO: [Open Minds with Regina Meredith](#) **Sacred Geometry in Our Lives with Robert Gilbert****

S 18:Ep 11

1 hr

March 18, 2021

<https://www.gaia.com/video/sacred-geometry-our-lives-robert-gilbert>

**Robert Gilbert's Website: [Vesica.org](http://Vesica.org)**

Sacred Geometry shows us how the connection between science and spirit become limitless. Dr. Robert Gilbert, director of the Vesica Institute for Holistic Studies, explains that spiritual and vibrational sciences are universal across wisdom traditions from Plato to Rudolf Steiner. He says we can learn to bring sacred geometry and bio-

geometry into our daily lives by balancing our personal and social energies, and meditation practices aided by geometric visualization.

**Instructor/Host:** Regina Meredith **Featuring:** Robert Gilbert **Video Language:** English

**AUDIO:** [Psychedelica with Ben Stewart](#) Planet of the Plants 2021-03-15

S2:Ep 1 31 mins March 15, 2021  
<https://www.gaia.com/video/planet-plants>

In this opening episode of a new season of *Psychedelica*, a team of psychonauts reveal how we can reconnect with the soul of our planet through plant medicines. Plants make up more than 80% of the biomass of our planet, and it is possible that they have an intelligence which could help inform us of what reality really is. As our society pushes on with innovative technological marvels, we increasingly move away from the spiritual consciousness of our world. Thus, it is vitally important that we learn from the shamans of ancient traditions who can help us reconnect with the plant world and the morphogenic fields of our planet to engage with deepest intelligence of our world.

**Instructor/Host:** Ben Stewart

**Featuring:** Alexandre Tannous, Brigitte Mars, Kimba Arem, Dennis McKenna, Anton Parks, Maya Shetreat, Joe Tafur, Rick Strassman, Tricia Eastman, David Icke, Terrence McKenna

**Reading:** 2021-03-19 A Message to Lightworkers – March 19, 2021 by Caroline Oceana Ryan



*This week's guidance from the Ascended Masters, Galactics, Earth Elements, Fae Elders, Angelic legions, and Archangels known as the Collective:*

**SEE BELOW FOR ENTIRE READING**

**CLOSING:** Rainbird To be in space, we have a lot of growing up to do – as Mr Keshe has been saying . . .

**RAMA'S CHOICE OF MUSIC:**

**Alan Watts Over that Waterfall** <https://www.youtube.com/watch?v=JlAazAwqm8E>



## INFORMATION RELATED TO THE NOTES

### 2021-03-01 Economic Update: The System Implodes: Amazon, Evictions, Tax Abuses, and Minimum Wages

[https://www.democracyatwork.info/eu\\_system\\_implodes\\_amazon\\_evictions\\_tax\\_abuses\\_minimum\\_wages](https://www.democracyatwork.info/eu_system_implodes_amazon_evictions_tax_abuses_minimum_wages)

Welcome, friends, to another edition of Economic Update, a weekly program devoted to the economic dimensions of our lives: jobs, debts, incomes — our own and those of our children. I'm your host, Richard Wolff.

I want to begin today with a theme for the program as a whole. And the theme might be called either “the problems of capitalism normally” or “the problems of capitalism when it's in a period of decline.” I'll try to move back and forth between them because I want to focus on capitalism's problems, because those are what confront us here and now.

So it's appropriate that I begin with the Amazon corporation, a supposedly success story of current days of capitalism. And I want to focus on some of the things you may not have heard about or know about this particular corporation. So I won't be talking about the fact that its CEO — or now, I should say, former CEO — Jeff Bezos, is now the second-richest person on the planet, after Elon Musk from Tesla outdid him over the last couple of weeks. But that'll bounce up and down somewhere between \$180 and \$200 billion — way more money than, for example, would take care of the entire rental arrears of 20 million Americans who are facing eviction. I'll put all that aside.

I want to go back to the year 2015. Amazon, at that point, started what was called the “flex program” for drivers. It needed to get people to come and work at Amazon, to deliver the packages that it is famous for. And they promised these workers to pay them \$18 to \$25 an hour, plus — and this is the important part — 100 percent of tips that were to be provided for delivery of packages, as many people do. However, it turns out that for several years after 2015 Amazon actually took the tips and used it to pay the basic rate, so that the workers never got the tips that were left by you and me for them.

The United States government prosecuted Amazon. Amazon got caught. And let's always remember that what you catch, if you're the government going after corporations, is a small part of what's going on. Anyway, they had to pay, and agreed to pay, \$61 million (that was the portion of what they had done that got caught) to compensate the workers for the tip money taken from them.

You're a multi-billion-dollar corporation, and here's the lesson: The enormous wealth of Jeffrey Bezos, and of people like him, the enormous wealth of these corporations, is based on endless examples of this kind of either illegal or quasi-legal nickel-and-diming — that's what this is about. And this system reproduces that behavior over and over again.

On January 25th of the year 2021 hundreds of workers at an Amazon warehouse in Chicago were presented with a choice: You can sign up for a 10½-hour graveyard shift or you lose your job. Management informed the workers that their warehouse, known as DCH1, would be shut down.



And they were offered a shift called the “megacycle” at a new Chicago warehouse. This had been a warehouse area that had been hit by protests and strikes. Yeah, that's how you get treated if you dare to protest stealing tips and other stunning behavior.

No wonder that in Canada there's now a website called “Not Amazon,” which allows you to get things delivered from local vendors without going through the controls and fees that Amazon charges. And that is developing here in the United States as well. Profits for the few at the expense of the many. No wonder there are unionizing drives. And the one in Bessemer, Alabama, is in full gear as we are talking now, and is a worksite for almost 6,000 workers. In the history of Alabama this is a very important moment in terms of unionization. But if ever a corporation, by its behavior just now, explains why you need a union, well, Amazon is it.

My next update deals with New York State, but what it deals with is a problem that exists across the United States. But we have some solid statistics in New York State, so I want to make that as an example. In New York State there are 1.2 million families — so we're talking a minimum of five to 10 million people in those families — who are now facing what are called “rent arrears.” What that means is they haven't paid their rent — some of them for a month or two; some of them for 10 months. Many of these families are with children.

So now let's look a little deeper into these numbers. Twelve and a half percent of New Yorkers are collecting unemployment insurance — one in eight workers. And there's a big overlap between those who can't get a regular salary, who are having to live on unemployment, and those who therefore cannot cover their rent. You'll understand that even more when I tell you that in 2018 — so that's a good two years before the pandemic hit — already then, 22 percent of New Yorkers, more than one in five, paid more than half their income in rent. That's considered to be deep trouble. You can't live in our society if you're paying more than half of your income simply for your living situation. But that was true for almost one in four New Yorkers before the unemployment hit, before the pandemic hit.

Before the pandemic — one more statistic for you; actually two — before the pandemic, families with children made up 70 percent of the population of shelters in New York State. That's right, families with children were the typical shelter occupants, already before the pandemic and the unemployment hit. That's children, whom you really cannot blame one millimeter for what's happening to them.

And then think about the consequences of doing this to all those children. And I'm going to give you my last statistic. In 2016, a survey showed that 85 percent of children living in shelters didn't get proficiency in math and reading. That's the damage done to their educations from being shelter occupants, which so many of them are.

New York State is one of the richest states in the United States, which is one of the richest countries in the world. And we are treating our people, especially our children, in a way that illustrates that capitalism is at least as efficient in producing poverty, and reproducing it, as it is in producing wealth — and reproducing, thereby, a level of inequality that calls the entire system into question.

If only we were serious as a society about doing something for this kind of inequality. Condemning this generation — as we have, as a nation, for so many previous generations — to these levels of discrimination and inequality. The children, who made none of these decisions, losing their education, living in the worst conditions, suffering all of the large and small indignities that go with it.

We are reproducing horrific inequality. And if that continues, then I make you a prediction, which I rarely do: We're going to have as angry and upset a population four years from now as we've had over the last four, probably worse. And in that way we'll have been prepared for the next Trump — to blame it all on whoever they can come up with. I'm sure QAnon will have an answer for why all this trouble is happening. But the bitterness, the anger, and the resentment — well, that's building because you're not dealing with this. I make an appeal to the new Biden administration: Deal with the fundamental systemic reproduction of inequality, or else it will come back to haunt you.

My next update (and I will begin this before our mid-program break and then come back to it) has to do with a way of raising money. Again, I'm going to be using New York State because it's a wonderful example, but parallel things apply to other states. New York State has a thing in its tax code called a "stock-transfer tax." Think of this as a sales tax if you buy and sell stocks. You know, how we all pay a tax if we go to the hairdresser, or we buy a shirt, or we pick up an appliance. There's a sales tax when you buy goods and services like that.

And so back in 1905, a long time ago, it occurred to fair-minded people that there ought to be a sales tax when you buy shares of stock. Okay, so the idea was let's do that. Very low — pennies, few pennies — one, two, three, four, five cents per share when you buy it. It's a sales tax. And it was thought to be fair because this is a big, rich playground, the stock market, for an awful lot of people who certainly can afford it. That if it's reasonable to tax the expenditure of people who buy food for their family, well then it's reasonable to tax people who buy shares and have enough money even to think about doing that.

And then finally there was the idea that there's too much speculation anyway. We should be taxing people who are buying and selling 10 times a day, you know. Taxing that kind of speculative activity is a reasonable thing. You know, it's the same kind of logic that says let's tax cigarettes, or let's tax alcohol, because we'd like to kind of push back against overuse of those things. Well, if you want to push back against speculation, then taxing the speculator, making them pay a little, is perfectly logical.

And the tax was collected here in New York State until 1981, when the then-mayor of New York came up with a wonderful idea to get support from rich people. He said, we'll collect the tax (because he didn't have the courage to cancel it), but we'll rebate it. So actually, to this day, New York State collects a very small stock-transfer tax, but then gives it back to the people who buy. It's as if you paid a sales tax, and then at the end of the year you got all that money back. That's what we do; we don't tax stocks. It's an amazing thing, and I'll come back and talk about what it means after our break.

We've come to the end of the first part of today's show. Before we get to the second half, I want

to remind you, our new book, *The Sickness Is the System: When Capitalism Fails to Save Us From Pandemics or Itself*, is available at [democracyatwork.info/books](http://democracyatwork.info/books). And I want to thank, as always, our Patreon community for their ongoing and invaluable support. If you haven't already done so, please go to [patreon.com/economicupdate](http://patreon.com/economicupdate) to learn more about how you can get involved. Please stay with us; we'll be right back to continue this story.

Welcome back, friends, to the second half of today's Economic Update. We were discussing before the break the stock-transfer tax — a sales tax, if you like, on buying shares of stock in the stock market that's been on the books in New York State since 1905, when it struck people to be a fair way to make that part of the economy pay its fair share of the cost of running the government. Then in 1981, to pander to the wealthy, — who play the stock market, since most of the rest of us don't — they rebated it. That's what they called it. They continued to raise it, to tax people, because they didn't have the courage to say, well, no tax. And what they have been doing — and they do to this day — is they rebate it. They give people back the money officially charged as a tax on buying shares of stock.

And now I want to talk with you about the justification, and what it means, of this craziness of collecting, and then not keeping, your money. And let me underscore, we're talking about billions of dollars a year. It would transform the state of New York's financial situation even if you collected only a penny, or two, or five per share, which is a trivial amount of money when you think about what's done. And to give you a sense of it, imagine if we had imposed it over the last couple of months with the craziness in the GameStop scandal. You know, the crazy shooting up of prices of that company, and then the crazy drop. Well, millions and millions and millions of shares were bought and sold by speculators trying to make a killing off the price going up, or the price going down. But those are all transactions. And had they had to pay a sales tax, even a small one, the revenue take for the state of New York would have gone a long way to offset the rest of that horrible speculation and made a silver lining, if you like, in terms of providing the people of New York with some benefit. And of course, if you didn't have a stock-transfer tax in New York, you could have it nationally.

And let me start with that. One of the arguments made by corporations in the stock field, on Wall Street, is, you can't do that. If you did that, we would move the transfer of stock, the buying and selling, out of New York State. We'd go across to New Jersey, or somewhere else. Well first of all, that's not so easy. That involves expenses that have to be undertaken to do such a move, technologically and so on. Not so easy. And it would require legislation, etc. So it's a bit of a fake, number one. Number two, it's a risky fake. Because how do you know that New Jersey, once you've spent the money and moved it over there, won't do the same thing? Especially when New York State is showing them what's going on here, which we would do. Or then let me generalize it. Maybe a progressive legislator — AOC, for example, from New York — could make this a national issue, that there should be a sales tax, a national one, on this.

After all, in our society, we don't tax property in the form of stocks and bonds. I've talked about this on our program before. We tax income that comes from them, like we tax the income that comes from a home that we rent out to people. We have to pay an income tax on the rent, but we also have to pay a property tax on the value of the house. But it doesn't work like that with stocks. You pay an income tax on the dividends you get, but nobody makes you pay a property

tax on the value of your stocks and bonds. That's why it's so strange. If you sell your hundred-thousand-dollar house, and you buy a hundred thousand dollars' worth of stock, you have to pay property tax in your town, for the house. But once you've sold it for the stock, you don't pay property tax to anybody. This is a benefit that rich people, who have enough money to have a significant amount of stocks, have been benefiting from for decades. It's long overdue to give them, for example, a stock-transfer tax from which they've also been exempted. It's the outrageous indignity.

And then there's the last argument: You can't do that because companies or stock markets will leave the United States. I love this argument. They'll leave the United States. Will they? They might. But the notion that we are powerless to prevent that, or to punish it if some would like to do it, is wrong. Of course we can. Imagine a stock market that left the United States, with a president and a government that said, uh, excuse me, you're staying and you're paying the tax. But if you wish to avoid the tax that you should have been paying for a century anyway, by running away, fine. We will then not do business with you. You will not be able to come to our country to make the kind of money you need to make, to make any stock market in the world work.

We will do it by jawboning from the president. We will do it by organizing boycotts. You are not going to punish the future in the way you have evaded taxes in the past. That system is over. Imagine a president, or a political party, or a movement, making a commitment to do that, saying that the people have the power to make taxes paid by those who should never have been exempted from them. And the stock game players on Wall Street are a prime, appropriate target. They have ripped off the rest of this society for long enough. There is no reason to enable or allow them to do it.

And nothing exemplifies this better than the craziness of New York State having, in effect, a stock-transfer tax, a sales tax on shares, in the law since 1905 that is rebated since 1981 so that the richest amongst us don't have to pay. Extraordinary. But it is the kind of extraordinary bias built into the tax structure of this society. And you can tell, by who benefits from this odd tax structure, who has the power to shape that structure so it works that way.

My next update is another example of where arguments are used that simply don't hold water. And it's very important, and it's being debated in Washington right now. This has to do with raising the minimum wage. Yeah, we have to come back to that topic again because it's hot in this country again. The current federal minimum wage is \$7.25 an hour — among the very lowest in the world. And by that I mean the industrial societies that are comparable to the United States. No European country pays that little as a minimum wage, whether it's legally enforced or just customary. It's extraordinary. I'll give you one example of a country that in other ways is economically like ours: the United Kingdom. The minimum wage of the United Kingdom right now, as I'm speaking to you, is \$11.95 an hour, not \$7.25 an hour. You get it? It's not even close in terms of what we are doing.

Okay. We should be raising it as prices go up. Because if you don't, and you give workers the same minimum wage as the prices go up, they can't afford what they were able to buy last year this year. And they'll be able to afford even less next year. Well, the last time we raised the minimum wage to the big \$7.25 an hour was in 2009, folks. That's 12 years ago. Every one of those years, prices went up in America for everything you have to buy. But the minimum wage didn't. That's hurting the poorest amongst us every year. The Democratic Party proposes to raise it. The Republican Party opposes it.

And here comes the argument which, sadly, the Democratic Party doesn't know how to refute. Here's the

argument; ready? If you raise the minimum wage, there'll be some employers, typically small businesses, who will go out of business or, fire workers, because they can't afford to pay the extra bucks — for example, moving the minimum wage to \$15 an hour, which is what's on the agenda now from the Biden administration, thanks to the pressure of unions and social movements over the last few years.

Now let's look at this analysis, because it is stone-cold wrong. Do we want a society in which there are small businesses that are successful? I happen to believe that the answer is yes. I like shopping with little businesses, where I can get to know the people. I believe in that, I like that, I want that. And I think most Americans do as well. Side by side, I want workers to be paid a wage that allows them to have a decent life, for themselves, for their children. And that includes having an automobile in our culture, which builds on that; having an education for those children; and so on.

Guess what — I want a decent minimum wage, and I want small business. So you know how you get that? You don't get it by saying, well, it's either-or. Either we're going to help the low-wage workers by raising the minimum, or we're going to salvage small businesses. That's like running up to someone and saying, I'm giving you a choice: I'm either going to shoot you or stab you. Your response isn't to agonize over which of them to choose; your response is to say, I don't accept that as a choice I'm to make. And that's the answer to the minimum wage. We can have small businesses that are viable, and we can enable them to pay a decent minimum wage, because a decent society would do both those things.

Now, how would we do it? Here's your answer. Number one. And by the way, I'm just borrowing from other countries that have done a much better job, like those other ones that pay a higher minimum wage. Here's the first: Require that all levels of government — federal, state, and local — give a minimum percentage of their orders to small businesses. That we do not allow the patronage of large businesses, who have the money to (let's be polite) persuade, or (if you're not polite) bribe politicians as to where they do their buying. Let's make small businesses get a bit of that. And let's give them a tax break. And let's give them subsidies.

And you know why we should do that to small businesses? Two reasons: One, so they can pay minimum wage. It's a way of saying to the small business, here, you're going to have to pay workers decently, but we're going to offset the cost to you from that by giving you this tax break, this subsidy, this set of orders for your output.

And you know why, the second reason is to do that? Because we already do that as a society for big business. So we're just saying, hey, big business, you're not going to steal all that for yourself. We're going to maintain something we really want: small businesses. And you're going to help pay for it.

And just to give you an example, I picked one out of the hat. There are millions of them. Here's the statistic which I thought would be appropriate because here we are, right after the Super Bowl. Okay. In the economics of today's major sport franchise, 64 billionaires are owners of major sports franchises. Twenty-eight sports teams are owned by billionaires who got \$9 billion in public subsidies for the stadiums they use. That's right — you and I, our taxes, help pay for those stadiums. That's a subsidy. That's why they can pay higher wages; because we subsidize.

We don't do that for small businesses half as much as we could. And if we did it better, they could pay minimum wages and we'd have both an appropriately paid working class and the kind of small businesses we want. Don't be fooled. Those are not either-or's. And it's only big business that pays politicians to pretend that that's the issue.

Thank you for being with me today. I hope you have been interested and informed by these analyses, which is why we produce them. This is Richard Wolff for Democracy at Work, hoping to talk with you again next week.

## 2021-03-19 Just Hours Till Equinox Activations

### Meg Benedicte

[https://www.facebook.com/megbenedicte.quantum.access/posts/4011301488908635?\\_tn\\_ =K-R](https://www.facebook.com/megbenedicte.quantum.access/posts/4011301488908635?_tn_ =K-R)

Yesterday at 5:03 PM ·

The exquisite Equinox energies are pulsing in the gateway now. In just a few hours we gather together and step into the divine Equinox stargate at 0 degrees Aries. This is a rare zero point gateway of ONEness, an infusion of the totality of universal creational force.

As you ascend beyond the compression of time density, your energy field opens, unfurls and expands into higher dimensional access. You reach to the heavens. You feel your energy pulse in rhythm with the universe, you experience your fundamental inter-connectivity with the universe. The Equinox Gateway is alive with potent plasma-photonic light rays of ONEness. This molten-golden ray embodies the essence of feminine-masculine, Soul-human union in blended wholeness.

You cannot ascend into 5D without embracing unity consciousness in your heart, your mind and in your life! As you rise out of the lower astral plane of polarized 'separation', you enter a 'feeling field' of Love vibration that emphasizes commonality and interconnectivity. You begin to experience the quantum flow of the Unified Field.

All of existence pulses in the Unified Field at differing frequencies...some will resonate and others will not. Within the Unified Field exists the full spectrum of energy frequencies. As you heal, clear and release discordant energies within your own being, you begin to radiate a stronger Soul signature frequency.

The powerful Ascension gateways are assisting your journey into higher frequencies, into 5D unity consciousness. Spiritual awakening is just the first step of Ascension. It illuminates the ego superiority active in the body, heart and mind.

There is no space for ego superiority in 5D. When living in ONEness, there is no superior gender, race, religion, ethnicity, culture or cult. In 5D unity consciousness, there is only the human race. Being 'woke' does not make you better than others. It means you have shadow work to do before Ascending. There can be no spiritual awakening without a political awakening; you cannot separate different aspects of Self, otherwise you are still living in 'separation consciousness'.

Once you master the lower magnetic drag of ego personality, fear, judgment, and separation – you can maintain a higher frequency state of inner calm, open heart, forgiveness and compassion for yourself and others. From this exalted 5th dimensional state of coherence, you are now capable of living an authentic expression of your truth in interconnectivity with all of existence.

The 5th dimension is a 'feeling field'. The love frequency in your heart opens the gateway to 5th dimensional unity consciousness. In the pulsing Equinox ray of ONEness, we will set our intentions to provide protection for the persecuted in our world; those suffering due to gender, race and culture. In a world thriving in interconnectivity, white terrorism is not tolerated. We surround our brothers and sisters in harm's way with the protective field of Love and plasma shields of Light. Their pain is our pain. We are a united human race in 5D.

As you ascend into living in unity consciousness, you discern towards harmonic resonance that fuels the field with expanding waves of life force, invigorated with coherent wave forms of centropy. As you ascend into 5D, you are learning how to be interrelated without enmeshing with

each other or operating in New Age narcissism. This is a zero point moment of quantum proportions. It is an Ascension gateway into the divine ray of yin/yang union.

Join other Light Bearers, Gridworkers, and Star Beings from all around the world for the Equinox Gateway Global Activations on Saturday, March 20th at 12:00pm Pacific Time. The show is recorded for replay. If you would like to participate, register here: <https://newearthcentral.com/?p=250822>

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## 2021-03-21 On Contact: America's secret government TRANSCRIPT

<https://www.rt.com/shows/on-contact/518624-america-secret-government-talbot/>

**VIDEO:** <https://www.rt.com/shows/on-contact/518624-america-secret-government-talbot/>

**PODCAST:** <https://soundcloud.com/rttv/on-contact-americas-secret-government>

On the show this week, Chris Hedges discusses the rise of America's secret government with **journalist and author David Talbot**. David Talbot's book is '*The Devil's Chessboard: Allen Dulles, the CIA, and the Rise of America's Secret Government*'.

**YouTube channel:** [On Contact](#)

**Follow us on Facebook:** [Facebook.com/OnContactRT](https://www.facebook.com/OnContactRT)

**Podcast:** <https://soundcloud.com/rttv/sets/on-contact-1>

**CH:** *Welcome to On Contact. Today we discuss the rise of America's secret government with journalist and author, David Talbot.*

**DT:** We need to have, desperately, a national debate about the use of military power abroad about the Defence Department budget, which is so, of course, obscene and huge. How can we actually begin to address all the, you know, compelling and important social kind of problems we have in this country without drawing down the U.S. empire while cutting back this bloated Pentagon budget? Well, you know, that begins with the corporate media, and beg--begins and ends with that corporate media. Here we have MSNBC and other, you know, supposed liberal outlets in the media, and we have a parade of national security officials on those stations--on that station every night. CNN the same way, and, of course, FOX. So there's no debate: Noam Chomsky is still not allowed on these shows; you're not allowed on these shows; we need desperately though to rethink. And that's what JFK, by the way, was trying to do over 50 years ago.

**CH:** *America's rise as a global power in the wake of World War II saw the creation of the deep state, lawless and brutal centers of power engaged in kidnapping, torture, political assassination, blackmail, and the overthrow of governments that were not obsequious to the demands of America's business elite. This shadow world, one that saw hundreds of Nazi war criminals integrated into the American and German intelligence services after the war, was personified in the founder and director of the CIA, Allen Dulles, who referred to himself as the secretary of state of unfriendly countries. He and his CIA operatives saw themselves as above the law, unaccountable to other centers of power including the presidency and exclusively serving the interests of the powerful and the wealthy.*

*The creation of the deep state is a window into the hidden centers of power, one intimately known by its victims around the globe but shielded from the American public. Joining me to discuss the unseen machinery of empire is David Talbot, author of "The Devil's Chess Board: Allen Dulles, the CIA, and the Rise of America's Secret Government." So David, there's so much we don't know about this secret government which has metastasized into a leviathan, much larger and much more criminal in many ways than that which was run by Dulles. But we do know the origins of it, which you chronicle in your book and what its goals were and how it operated. So let's talk a little bit about its creation, and that figure of Dulles, and how it institutionalized a secret government that is now unassailable.*



**DT:** Yeah. Thank you for having me, Chris. You know, I know you're very focused on the corporate roots of national security, and I think you can see that really both Dulles brothers, John Foster Dulles, who later became Secretary of State under Eisenhower and--as his--when his brother was CIA Director. Now both of them of course have Wall Street roots. John Foster Dulles ran Sullivan & Cromwell which was the biggest corporate law firm on Wall Street in its day, and Allen Dulles worked there underneath his brother and was essentially carrying out CIA-like activities years before the CIA even was created. He was carrying money, dark money, to Latin American countries to overthrow democratically elected governments in Latin America back in the 1930s. So really what he did as CIA Director in the 1950s and during the Cold War period was predated by what he was doing at Sullivan & Cromwell on Wall Street.

**CH:** *And talk a little bit about how you said, you had the OSS Dulles of course was in Switzerland, a part of his history by the way that he worked very hard to cover up because he was already, even during the war, reaching out to leading Nazi figures. Talk a little bit about that and then the creation of the CIA itself which figures like Truman were very wary about.*

**DT:** That's right. Well, of course, the predecessor to the CIA during World War II, as you say, was the OSS, and Dulles was the top OSS figure in continental Europe serving in Switzerland. Now he didn't want to go to London because he knew he would be under more supervision there and--by the Roosevelt Administration. But I think Roosevelt, who had his own kind of I think cunning, President Franklin Roosevelt was using him as a dangle because he knew that Allen Dulles, back to his days again with Sullivan & Cromwell, had close associations with top Nazi figures and top corporate figures who are backing the Hitler regime in Germany like the makers of Zyklon B, the gas that was used to murder millions of Jews in the death camps.

Dulles knew these people. He was friendly with these people, he and his brother. They tried to support the Hitler regime early on. In fact, John Foster Dulles was one of the people who bankrolled America first, the organization that tried to keep the US out of the war. And so during the war years, Dulles was essentially a double agent; that's what I write in "The Devil's Chess Board" and I think no one has really been able to really identify him that way. He was meeting clandestinely with Nazi officials. He essentially, at the end of the war, established a separate piece [peace?] with Karl Wolff who was the SS general in charge of forces--Hitler's forces in Italy. So he was doing this indirect contradiction of FDR'S policy of unconditional surrender, and he was doing this to try and block the Soviet forces from coming into Italy and establishing, you know, Russian control in that area. He makes very close, I think, friendships, partnerships with high Nazi officials before, during, and after the war, and I think one of the most grotesque things that Allen Dulles did, of course, was to rehabilitate Reinhard Gehlen who was head of Hitler's Intelligence Forces on the bloody Eastern Front, and he made Gehlen essentially the head of West German Intelligence where he served for many years during the Cold War. This was a Nazi war criminal who should have been put on trial at Nuremberg and probably hung.

**CH:** *Well, there were all sorts of Nazi war criminals that he shielded hundreds of them, including Klaus Barbie because for the Dulles Brothers and the business interests that they representative-- it was all--represented, it was all about defending the capitalist elites, the ability of corporations to invest in Europe, and that meant breaking socialist or communist organizations that opposed those interests. And then you get after the war, the creation of the CIA itself, Dulles founds the CIA. Talk a little bit about its foundation, its ethos, what it did, and how it really was able to step outside of any kind of accountability supervision in the law itself.*

**DT:** Well, if FDR had lived, I think both the Dulles Brothers would have been put on trial themselves for collaborating with the enemy during World War II, but he dies at a convenient time for the Dulles Brothers and many of those who were deeply connected to Hitler's regime. And so they avoid being put on trial. Instead, they're in a very strong position where they essentially try to root out the new deal from Washington. They go on a mission and I think they were the leaders of it, to create sort of McCarthy regime; they used Richard Nixon who was a prodigy of theirs- they helped get elected to office to congress in California, and they used him to institute a blacklist in the McCarthy regime in Washington that was essentially aimed primarily rooting out all last vestiges of FDR in the new deal.

And under Truman, they really had the whip hand even then with the Democrats still in the white house and they push him, they pressure him to create among other things, one of the, you know, more I think dark institutions of the Cold War, the CIA. Now Truman at the time protested, you know, forlornly that he didn't want the CIA to become "a Gestapo," he wanted [it] only to be a kind of agency that accumulated information for the president and passed it along to him, truly an intelligence organization rather than a clandestine subversive action arm of the Wall Street, which is what it became, overthrowing governments, assassinating people around the globe, and so on. So under Truman, he tries to keep the CIA [a] benign institution or relatively benign but, of course, Dulles - who's only number two at CIA during that period - is running in circles around him already and officially becomes the CIA Director under President Eisenhower - again, a man who the Dulles Brothers helped create, encouraged to run for president, and finally, of course, did become President in 1953.

**CH:** *Well, I think what's interesting you point out in the book that rather than an intelligence operation, it's about disseminating disinformation within the government whether that's against Mossadegh and Iran, whether that's against Arbenz in Guatemala, whether that's against Fidel in Cuba, on behalf of the business interests they represent so it was actually the inverse of an intelligence agency.*

**DT:** Yeah. The CIA under Dulles was really acting on its own volition under the direction of Dulles. I think that President Eisenhower basically outsourced his foreign policy to the Dulles Brothers, to John Foster Dulles at the State Department, and Allen at the CIA, and they were doing whatever they really wanted at that point. Now in the beginning, after the fact, Eisenhower kind of approves what he does in Guatemala, overthrowing the democratically elected government of Jacobo Arbenz, and in Iran, overthrowing the democratically elected government of Mosaddegh, because I think Eisenhower saw these as relatively inexpensive ways to exert American will around the world, he did not want to get into another world war costly--that could cost the lives of a lot of American troops, and American treasure.

And so he thought this was a foreign policy on the cheap but, by the end of his presidency, I think Eisenhower himself had come to see how the Dulles Brothers had left him what he said was a legacy of ashes and had really undercut his ability to make a peace with the Soviet Union among other things. And I think they did this near the end of President Eisenhower's eight years in office when he was really intent on establishing some kind of data with the Soviet Union at the Geneva Summit in 1960, and that was sabotaged, that peace conference, by Allen Dulles once again, with the U-2 flyover with Soviet Union, the spy plane that was shot down, he assured President Eisenhower the plane flew too high to be shot down by the Soviets, but that day, it was shot

down. Of course, it created [an] international incident, sabotaged the Peace Summit and President Eisenhower was left with nothing in the way of peace at the end of his presidency.

**CH:** *Great. When we come back, we'll continue our conversation about the Secret State within the American Government with author David Talbot. Welcome back to On Contact. We continue our conversation about the secret state within the American government with author, David Talbot. So before the break, you were talking about how they sabotaged Eisenhower's peace conference. I believe that plane was shot down a week before. Am I right about that? Very shortly before the peace conference was to take place.*

**DT:** Yes, it was on...

**CH:** *But that's kind of...*

**DT:** Yes, on the eve of...

**CH:** *But that's a kind of--on the eve of it. So that--but that's kind of constant where you see the CIA sabotaging efforts on the part of the executive branch to ramp down the hostilities engendered by the Cold War. And the techniques they use, Gottlieb--Kinzer wrote a very good book, Stephen Kinzer, the "Poisoner in Chief" about it. We interviewed him one of the shows about that, but targeted assassinations, kidnapping, what we call extraordinary rendition today, the widespread use of torture, misinformation, the flooding of dark money into countries all over the world from Italy to Iran to everywhere else to essentially overthrow regimes that did not kneel before the dictates of American corporations. Talk a little bit about the tactics that they employed because they're almost beyond belief, including, of course, repeated attempts to poison and kill Fidel Castro.*

**DT:** That's right. Well, let's--and, of course, that Dr. Death, the CIA doctor who Stephen Kinzer writes so well about, was Sidney Gottlieb and was on the CIA payroll for many years during the Cold War and was creating this, you know, exotic toxins in the CIA labs to kill foreign leaders. One of them was Patrice Lumumba in Congo. And, of course, coming out of the hideous, you know, history of Belgian rule, colonial rule by Belgium. And finally was asserting its independence under this charismatic young leader, Patrice Lumumba. And he really was the hope of a free Africa in the late 1950's and early '60s, 1960. JFK, among others, as a young senator, had endorsed Patrice Lumumba and his efforts to establish independence in Congo.

But it was under the thumb, again, of Solomon & Cromwell and their corporate clients, huge mining conglomerates in America, in the UK, in Belgium. And they didn't want Patrice Lumumba, these big corporate interests to, of course, nationalize their minds among other things. So they began to conspire against Lumumba's rule very early on. And the CIA under Dulles by then knows that they're in a race against young President Kennedy. They need to get rid of Patrice Lumumba in Africa before Kennedy is sworn in. So, they have him kidnapped and delivered to his enemies where he's horribly tortured and murdered finally by CIA henchmen essentially in 1960--'61 rather, January of 1961, days before Kennedy is sworn in as the new President because they know that Kennedy will save him.

And there's a famous picture of the--of JFK in the White House where his face is just crumpled. He was holding his face. He's just gotten word not from the CIA, who knew about this of course days or weeks before, but from Adlai Stevenson who was his ambassador to the UN, who finally had

found out about the fate of Patrice Lumumba in Congo and that he'd been tortured and assassinated. And Kennedy is, you know, completely devastated by this news.

The CIA never told him. The CIA kept it hidden from him. So from day one, even before Kennedy is sworn in, even before day one of the Kennedy presidency, Allan Dulles and the CIA basically are following their own policy; they're undercutting the President, sabotaging the President, and, in fact, at a party in Georgetown while Kennedy is about to be sworn in, he was bragging to people, Allan Dulles, that he's going to continue the policy of his brother, his late brother who died by then of cancer, John Foster Dulles, his hardline Cold War policies. And he made this very clear when he killed Patrice Lumumba in Africa, CIA henchman, without even informing the new president.

**CH:** *Well, you write in the book about how they even attempted to overthrow President de Gaulle in France, and Kennedy has to admit to de Gaulle that he's not even aware of what his own intelligence service is doing.*

**DT:** Yes. This was a very dramatic series of events in April of 1961. And it got overshadowed by the Bay of Pigs operation, another CIA debacle in Cuba. But what was going on right around the same time is that the CIA and hard right elements of the French military are trying to overthrow the de Gaulle presidency in France, even though he'd been a national hero, a hero from World War II on because he was trying to establish peace in Algeria, the former French colony. And he'd sparked a strong reaction from hard right elements within the French military and the CIA.

And so right during this period of Kennedy's trying to deal with the CIA debacle in Cuba, he's also having to deal with this attempted coup in France. And it was very dramatic because French paratroopers, who were loyal to his right wing elements, the Secret Army Organization in France, were about to land in France and overthrow de Gaulle and probably assassinate him. At the same time, Kennedy's getting word of this and has to admit, as you say, to his own--to his--to the French ambassador into Washington, I'm sorry I'm not in control of my own CIA. But he [INDISTINCT] under the US command actually defend the airports and shoot at that invading troops, French troops, from Algeria. And de Gaulle thought this was a step too far, of course, to have US troops on soil engage in bloody conflict with other French troops. But he went before the French people, de Gaulle, in a very dramatic television address and said rally around me. People of France, rally around me. And they did. They poured into the streets. They secured key locations throughout France and the coup was defeated, no thanks to Allan Dulles and the CIA who was supporting, of course, the plotters themselves.

**CH:** *One of the motifs in the book is that there's a constant overreach, an intentional overreach on the part of the CIA, to force the executive branch to engage in conflicts, the Bay of Pigs being the perfect example. Dulles and the CIA knew very well that once people landed on the beaches in Cuba in the Bay of Pigs, they would need air cover and they thought that this would force Kennedy's hand. Kennedy, of course, didn't do it, which created an even deeper animus between Dulles and Kennedy, and the last part of your book deals with a lot of the evidence that shows that Dulles was very close to the Kennedy assassination. I think you argue probably behind it. But I want to close the last five minutes by talking about where we are now, you know, this is--this book lays out the monster that was created, what its ideology is, how it works, how it's beyond control, how it often has more power than any other institution within the government and we didn't go into, although it's in the book, the way it very skillfully manipulates and controls the press but I think it is an important book because this secret government has only expanded and grown.*

**DT:** Well, I think you're right, Chris. I think what Dulles did during his regime at the CIA was to lay the groundwork for the kind of deep state dark espionage reign that we have today where the CIA feels and other agencies, military agencies within the US apparatus, feel empowered to do whatever they need to do or want to do around the world. And of course, I think it reached its pinnacle in many ways under Donald Trump who gave them complete authority to do whatever they want and appointed Gina Haspel, a notorious torturer, to be head of the CIA.

So that's how we've devolved. But it began years before as I write in my book, "The Devil's Chessboard" under Dulles, assassination, overthrows of government, regime change, you know, dark money as you said, all these, you know, techniques of dark power were being employed by Dulles back in those days in the Cold War. In fact, black sites that we thought were an invention of the Bush-Cheney regime during--after 09/11. Black sites where they held prisoners, tortured them, and even killed them, were being operated by Allan Dulles's CIA during the Cold War. So there was nothing new that Bush and Cheney, you know, initiated after 09/11 that Dulles had not, I think, already created at the CIA. In fact, one of his young prodigies, one of his young admirers, was Donald Rumsfeld who was a congressman, was very admiring of Allan Dulles and later becomes, of course, Secretary of Defence under the second Bush regime. So, you know, there's a through line with Allan Dulles that extends to the current, I think, operation of the deep state and some of his darkest exploits.

**CH:** *And this of--deep state, of course, as in the past, works on behalf of multinational corporations. It's, in essence, the muscle or the mafia creation used to protect the interest at, you know, of global corporations but it's done tremendous damage to American democracy itself. We have just two minutes, but talk about what it's done to the United States internally.*

**DT:** Well, let me just talk about actually the impact of this book because I'm glad you--you're having me on. This is now, what, five years after the book was published? You know, my books have been New York Times bestsellers, like your books have, despite the kind of blackout from the media.

One of the things I do go into this book I think that's very important as you alluded to, Chris, is how Allan Dulles at the CIA was very close on a social level and political level with the heads of major media corporations including the New York Times, CBS, The Washington Post, and so on. I think that kind of influence over American media news today. We need to have desperately a national debate about the use of military power abroad, about the Defence Department budget which is so, of course, obscene and huge.

How can we actually begin to address all the, you know, compelling and important social kind of problems we have in this country without drawing down the US empire while cutting back this bloated Pentagon budget? Well, you know, that begins with the corporate media and beg--begins and ends with that corporate media. Here, we have MSNBC and other, you know, supposed liberal outlets in the media, and we have a parade of national security officials on those stations--on that station, every night. CNN the same way and of course FOX. So there's no debate: Noah Chomsky is still not allowed on these shows. You're not allowed on these shows. We need desperately though to rethink. And that's what JFK, by the way, was trying to do over 50 years ago as president. He was trying to rethink America's role in the world and [in] speech after speech including his famous speech in American University in June 1963, the so-called Peace Speech where he said we all breathe the same air, we all love our children, and he was speaking of our enemies, the Soviets. That's the kind of, I think, you know, reset that America desperately needs today. And the media is standing in the way of that, I think, national discussion that we need to have.

**CH:** *Great. Thank you. That was David Talbot about his book, "The Devil's Chessboard: Allan Dulles, the CIA, and the Rise of America's Secret Government"*

**Note:** **FOR MORE INSIGHTFUL COMMENTS, see the reader comments at the end of the transcript**  
<https://www.rt.com/shows/on-contact/518624-america-secret-government-talbot/>



*This week's guidance from the Ascended Masters, Galactics, Earth Elements, Fae Elders, Angelic legions, and Archangels known as the Collective:*

Greetings, dear ones! We are very pleased to have this moment to speak with you today.

**Today our writer has asked us, "Can you please address how urgent things feel for so many people now? How so many issues are hitting the boiling point, or requiring immediate answers or healing, or resolution in some way?"**

**"Can you talk about how we no longer seem to fit our lives—as if we've all outgrown last year's school jacket—and now we're struggling to make our current lives work as they once might have?"**

And we would say, most assuredly we are happy to address such, though our answer may also feel a bit odd the first time you try it on.

Nothing "fits" as it once did—sometimes, with only a week, a month, or a day's notice—as you are not the same person you were even a day or an hour ago.

**That is how fast your evolvment is occurring now, and how quickly the nature of life on your planet is evolving.**

**Also, your ability to maneuver or "coast" through the energies flowing to Grandmother Earth now are also drastically shifting and changing, as Earth joins Her new timeline.**

Due to the higher energies you now live amongst, you may feel that, "Everything feels to be calling up my inner resistance, at the same time, they're requiring me to open up and Allow the changes inside me."

Earth energies are behaving very differently now, requiring newer forms of integration than they have in the past.

Your other lifetime experiences on this Earth, though seated deep in your subconscious, are still informing what you call "reality." Yet these are not necessarily helpful to you now.

All of those unconscious expectations regarding "how life works" or "doesn't work," and what emotions, thoughts, or experiences might be of help to you now, are being transformed.

So that the old reference points are of no more help to you than a seven-year-old's math primer could aid an 18-year-old studying calculus.

You may feel some days that things can never be normal again, and that you must resign yourself to being in a place of struggle with life.



*Photo by Jerry Moriarty*

**In this place of transition, you are being called to think, feel, and treat yourself and others in a very different way than you have in the past.**

This may or may not pertain to what you see on the evening news, or read in news reports.

The airwaves are full of erroneous claims regarding this illness or that preventative cure.

There is an inauthenticity to much of what you once trusted that has caused you to back away from many former information sources, and declare them null and void in your life.

You may feel insulted by much of what you are being asked to believe or pay respect to.

It can indeed feel difficult, and so you are seeing a renewed push to regain the “authority” once held and now increasingly lost by the old power structure, yet this will not achieve its aim.

**It is in part a last frantic power grab for a controlling influence upon your collective consciousness, and in part a desire to hide behind the old deceptions, of which your news reports have played a great role, as well as your entertainment sources, and the world of academia.**

All have played into handing you a sense of “I know what’s going on,” yet increasingly you will pull back from the group, from those who decide that the too-long-trusted channels of information are not offering information at all, but well-worn forms of mind control.

“Then where do I go to find out what’s really happening?” you may ask.

And for that, we would say, it is not hard to gather what is happening in a country on a basic level—that some information from the old channels can be helpful, but that from there, you are on your own—exactly where you have asked to be, as free and independent beings.

You not “alone” in a desperate way that says, “I have no country” or “I have no connection to the whole,” for you *are* the Whole, friends.

**Though you may feel to be only a microcosm of it some days, you are such a powerful presence in this Universe vibrationally, that you cannot help but connect inwardly with all occurring now.**

**You will know in your heart of hearts, the more you ask, the more you tune in intuitively to what is happening in your nation and in the world, what is “really happening,” and this will be far more informative, and far more truthful, than what any outer news report could reveal.**

Now, we can of course hear you saying, “What if I tune into the wrong frequency or transmission?”



And we would say, practice on the smaller issues before you come to trust what comes to you in the larger ones—and yet, nearly all of you have been learning to do that very thing.

Regarding not fitting into last year's school jacket, we would say, you were thrilled as a youngster to see you had grown another few inches taller!

No one would have been able to contain your Joy at being more and more the grownup, living a free and independent life, as you went through uncomfortable yet necessary growing pains and processes!

It is no different now, except that instead of learning how to navigate the social and emotional pressures of school and social life, you are learning how to navigate the energy flows of your galaxy, your Earth, your Universe.



*Photo by Sherri Bausch*

**Most happily, that journey is a far more fruitful one, though yes, there are some moments you will need to reconcile to a higher vibrational level, in which the wounded ego is no longer center stage, and the high heart takes over.**

It comes to the fore, to help you grasp that there are no “good” or “bad” experiences.

**There is only the flow of energy that guides you to greater inner Knowing, greater comprehension of that which has come before you, that which now flows within you, and that which you are now becoming.**

**You give yourself great leeway, and great inner support, by not expecting life or even your own emotions to flow as they once did.**

Nothing is as it was on your planet or in human consciousness, and even these fruitless attempts on the part of the old power structure to contain or constrict you on a DNA level are nearly laughable to those who have seen your consciousness expanding beyond every barrier yet created to restrain it.

They will not win; they *cannot* win, because you have ordained it so, that Earth and Her beings are regaining their sovereignty.

No feelings of loss, of disorientation, of confusion or upset or sadness at releasing that which has finished its time now—the old Earth—can hold you in a pattern of incompleteness in terms of your Ascension, unless you actively choose such.



And if you are reading this now (if you have read this far, as they say!), it is quite doubtful you would desire such.

And so we would say, as our writer's Spirit team have counselled her these past weeks, **"Stay in the Present Moment!"**

**"One step at a time! All shall be answered. Stay in your body. Stay in your breath. Release the need to know When and How.**

**"All is Well, and Shall Be Most Well."**

We have very little to add to that, except to allow your emotions to flow as they must—cry when needed, laugh if you can, take in the fresh air and drink a lot of pure water.

Rest more, not less.

**And be endlessly kind and patient with this beautiful new being you are becoming, dear ones!**

Yes, now is the time—yet there is no need to be the superhero.

**You are enough. You are always enough, as you are, in this moment.**

Namaste, friends!

We are with you, always.

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**Thank you.**