

**"Never doubt that a small group of thoughtful, committed, organized citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead**

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### **DOCUMENT OVERVIEW**

- I ACCESS to THE THREE WEEKLY CALLS via the Internet**
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST**
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS**

#### **I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on "64K Listen"

**\* Thursday: A Night at the Round Table** Hosts: Panel Members  
6 pm Pacific / 9 pm Eastern

**\* Friday: Friday Night Hard News** Hosts: Tara & Rama  
6 pm Pacific / 9 pm Eastern

**One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#**

**\* Saturday: History of our Galactic World & NESARA** Hosts: Tara & Rama  
1:30 pm Pacific / 4:30 pm Eastern

**One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#**

**Call to interact / ask questions: Canada & US: STATION 2 1- 888-429-5471**  
**Direct 1- 323-744-4841**

**C Skype: BBSradio2**

#### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You'll be taken directly to the True History call: click on **"Archives"** which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory **including the date**' and the drop down menu appears. Click on **'save link as'**

#### **E Archives, both written and audio, also exist on the 2013 website:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes** plus **audio recordings** of the conference calls plus the entire podcast.

#### **II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: 9 – 10:30 EST Cheryl Croci's Activation Calls**  
By telephone only: 1-425-436-6260; PIN 9467 441#

**B Tuesdays, 2<sup>nd</sup> & 4<sup>th</sup> of each month: *Ashtar on the Road; Ashtar Legacy Calls***  
9:00 – 10:30 pm EST Host is Fran

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

Access **by Phone:** • 1 – 559 – 726 – 1300; PIN 972400#  
• Call is free [except for long distance charges]

**via HD Conferencing:** 712-770-4160 **PIN #** 980339 [always the same]  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**via Skype** **Click on the VOIP button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays: 7:00 – 9:00 EST** ***The Friends of The Aboriginal Moabite Nation Call***  
By telephone only: 1-712-432-0900 PIN 666238#  
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday** ***The Abundance Call - Caroline Oceana Ryan***  
**5:45 PM Pacific / 8:45 PM Eastern** 60-minute conference call with the Collective,  
a group of Angelic and Galactic beings, channeled by

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message "YES to Abundance!"**

## II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

**A Sunday, Mondays:** ***Cheryl Croci's Activation Calls***  
**6 pm Pacific/ 9 pm Eastern**  
By telephone only: 1 – 605-475-4120; PIN 946 7441#

**B Tuesdays** ***Ashtar on the Road***  
**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month  
**6 pm Pacific/9 pm Eastern**  
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330  
• Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN #** 980339 [always the same]

**via Skype** **Click on the voip button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

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**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**  
with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana Ryan

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message "YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: RAINBIRD**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**Need \$300 for this week. Thanks for keeping us up-to-date!**

**All BBS archives can be accessed for free**, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

• **2013 Rainbow Roundtable has archives, too.**

• Go to BBSradio.com/Station2; find **Hard News** call listing & **Paypal** button

• BBS appreciates getting checks via the mail: no Paypal fees!

• The mailing address for those who do not like paying electronically:

**B B S RADIO** [Please put "**Attention Don**" on the envelope]  
1500 Pleasant Hill RD [Note inside that it's for T & R calls]  
Lafayette, CA 94549 [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas, and access to BBS Radio in order to compile and distribute this information to the world.

• Donations via Paypal button on the **homepage of 2013 Rainbow Roundtable**

**FOOD MONEY, BASICS:** They need **\$ for food, basics, gas + \$450 FOR BILLS + \$1,150 FOR RENT**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

**THANKS TO EVERYONE FOR THEIR GENEROSITY: \$ for BBS RADIO, FOOD & EXPENSES**

• **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)  
**EVERY \$5 HELPS ALL GRATEFULLY RECEIVED**

• Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567

• **Remember: you can book a session with Mother, as well!**

• To make donations to the **Fresh Produce Fund** for Tara & Rama -

**\*\* go to [www.rainbowroundtable.net](http://www.rainbowroundtable.net) and find the link to the donation button**

**[koran9999@hotmail.com](mailto:koran9999@hotmail.com) is the link to use with Paypal**

• Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM

- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama. They and the sponsors are very grateful for your assistance.
- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
  - all the products have much to offer, so take a look!
  - check out the headings called **READ MORE** - it's definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there. **The returns also help 2013 Rainbow Roundtable**

## **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> **(CHECK THIS OUT)**

### **One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_-\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

#### **KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

#### **Keshe Foundation Store**

<https://store.keshfoundation.org/store/?alias=store>

#### **Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies using the plasma technology with covid patients**

[www.plasmatimes.com](http://www.plasmatimes.com)

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/archive-description/audio/listen/255638>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) –**

Still under construction, but already in use: take a peek . . . all of Caroline Oceana Ryan's updates are posted there too

**HARD NEWS**

**Rama, Tara [R, T]**

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