

2021-07-10

## Saturday History Call

**“Never doubt that a small group of thoughtful, committed, *organized* citizens can change the world; indeed, it’s the only thing that ever has.”** Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

### DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

### I TO ACCESS THE THREE WEEKLY CALLS via the Internet

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on “64K Listen”

\* **Thursday: *A Night at the Round Table*** Hosts: Panel Members  
6 pm Pacific / 9 pm Eastern

\* **Friday: *Friday Night Hard News*** Hosts: Tara & Rama  
6 pm Pacific / 9 pm Eastern

**One Hour conference Call: 1-641-741-1704 - Access Code: 353 863#**

\* **Saturday: *History of our Galactic World & NESARA*** Hosts: Tara & Rama  
1:30 pm Pacific / 4:30 pm Eastern

**One Hour conference Call: 1-720 716 7301 – Access Code: 353 863#**

**Call to interact / ask questions:** Canada & US: **STATION 2 1- 888-429-5471**  
**Direct 1- 323-744-4841**

**C Skype:** BBSradio2

### **D Archives for the 3 Programs listed above:**

- Go to *BBSRadio.com*; in first column, LHS, **FIND TALK SHOW**
- Enter **The True History**, press the GO button. You’ll be taken directly to the True History call: click on **“Archives”** which takes you to the listing of all program archives, the latest one being at the top.
- You can listen directly or download the program to your own computer.
  - To listen directly, click on the arrow on the black bar.
  - To download, go to **Episode MP3 link**. Then **right click** on the name 'theturehistory including the date' and the drop down menu appears. Click on **'save link as'**

**E Archives, both written and audio, also exist on the 2013 website:**  
<http://2013rainbowroundtable.ning.com/> look under the “Archives” tab for written notes plus audio recordings of the conference calls plus the entire podcast.

### II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

**A Sunday, Mondays:** ***Cheryl Croci's Activation Calls***  
**6 pm Pacific/ 9 pm Eastern**  
By telephone only: 1 – 605-475-4120; PIN 946 7441#

**B Tuesdays**

***Ashtar on the Road***

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday** each month  
**6 pm Pacific/9 pm Eastern**  
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

**by Phone:** 1-228-339-7800 or 1-712-832-8330

- Call is free [except for long distance charges]

**via HD Conferencing:** <https://www.freeconferencecallhd.com/hd-conferencing/>  
**PIN # 980339** [always the same]

**via Skype**

**Click on the voip button** and enter what they ask for:  
<https://www.freeconferencecallhd.com/hd-conferencing/>

**C Wednesdays:**

***The Friends of The Aboriginal Moabite Nation Call***

**7:00 – 9:00 EST**

By telephone only: 1-712-432-0900 PIN 666238#

Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

**D Every 2<sup>nd</sup> Wednesday**

***The Abundance Call***

**5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call**

with The Collective, a group of Angelic and Galactic beings,  
channeled by Caroline Oceana *Ryan*

**To be notified: email [AscensionTimes@gmail.com](mailto:AscensionTimes@gmail.com) with the message  
"YES to Abundance!"**

**III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION  
SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST**

**A. Opening Meditation: Rainbird Celebrating Juneteenth today**

**B. Housekeeping: Rainbird**

**BBS:** • Listener-supported radio programs – Cost is \$300 per week  
**THIS WEEK, THE SUM IS \$300 - thanks for keeping us up to date!**

**All BBS archives can be accessed for free,** including the podcasts for  
the Thursday, Friday, Saturday calls, listed above.

- [www.rainbowroundtable.net](http://www.rainbowroundtable.net) has archives, too.

- Go to [BBSradio.com/Station2](http://BBSradio.com/Station2); find **The True History** call listing & **Paypal** button
- BBS appreciates getting checks via the mail: no Paypal fees!

- The mailing address for those who do not like paying electronically:  
**B B S RADIO** [Please put **"Attention Don"** on the envelope]  
1500 Pleasant Hill RD [Note inside that it's for T&R calls  
Lafayette, CA 94549 [& the Thursday call, as well]

**Tara, Rama:** Their full-time, life-time commitment is to be tuned in to  
what is really going on behind the artificial world we see around us.  
They don't ask for anything but they do require food, a home, gas

for the car, and access to BBS Radio in order to compile and distribute this information to the world.

- Donations via Paypal button on **homepage of [www.rainbowroundtable.net](http://www.rainbowroundtable.net)**

### **FOOD, BILLS, BASICS:**

**Living Expenses: Food \$ for Paschats, R & T, car - \$200 + Bills \$400**

VIA PAYPAL OR GO TO [www.rainbowroundtable.net](http://www.rainbowroundtable.net) –  
**where there is a donate button !**

- **Please notify T & R if you're sending something:** [koran999@comcast.net](mailto:koran999@comcast.net)

**EVERY \$ HELPS: no amount is too small!~ ALL GRATEFULLY RECEIVED**

- Rama's mailing address for cheques, Money orders: Ram D Berkowitz  
PO Box 280  
Santa Cruz, NM 87567
- **Remember: you can book a session with Mother, as well!**
- Let Rama know by e-mail that you are sending any donations: [koran999@comcast.net](mailto:koran999@comcast.net)

**FREEMART:** <https://www.shopfreemart.com/tarram> a/c # 7000

- Freemart is a private shoppers club; it's **FREE TO JOIN.**
  - all the products have much to offer, so take a look!
  - check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.  
**The returns also help RainbowRoundtable**

### **C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION**

contact Rainbird with questions: [lightenergync@gmail.com](mailto:lightenergync@gmail.com)

<https://www.youtube.com/watch?v=aLaVutWXju0> **(CHECK THIS OUT)**

#### **One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus**

[https://en.kfwiki.org/wiki/One\\_Cup\\_One\\_Life\\_-\\_Production\\_and\\_Application\\_-\\_Prevention\\_and\\_Reversal\\_of\\_the\\_Corona\\_Virus](https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_-_Prevention_and_Reversal_of_the_Corona_Virus)

#### **KF Wiki**

<https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

#### **Keshe Foundation Store**

<https://store.keshfoundation.org/store/?alias=store>

#### **Keshe Corona site**

[www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/](http://www.plasmainnature.com/health/coronavirus-1-cup-1-life-series-protocols-and-other-info/)

**Keshe Letter to World Leaders about the studies/g th////e plasma technology with covid patients**  
[www.plasmatimes.com](http://www.plasmatimes.com)

**KFTV Launch of KFTV - March 19, 2021**

<https://vimeo.com/526497248> – GOES LIVE AT 40 minute mark

**E: ACCESS TO PODCAST:** The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-july-10-2021>

**F: THE NEW WEBSITE AND ADDRESS: [WWW.RAINBOWROUNDTABLE.NET](http://WWW.RAINBOWROUNDTABLE.NET) –**

Still under construction, but already in use: take a peek . . .  
all of Caroline Oceana Ryan's updates are posted there too

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**Rama and Tara: R, T • •**

**Both: Greetings!** And thanks to all – grateful to be here!

Something is up in the zoo . . .

**R:** saw **Anonymous 7 ½ today** at the plaza; he got into Rama's tiny Mazda & told R:

- we're at the end of the story; the Dark Side continuing the Big Lie – even going to do the CPAC conf in Texas c/w the orange
- spoke of the racial hatred going on which has to end -
- and the galactics are showing up whether people like it or not
- a Clarion Call has gone out: the metaphoric distress beacons which have been lit across the galaxy
- The Dark Side want a civil war and want it now – in August: keep pushing the idea that the election was stolen;
- both sides are getting paid by the 13 families to create chaos – it's koyaanisqatsi: life out of balance
- the Time of the 6<sup>th</sup> sun is here: everyone shows up, and accountability is to be dealt with
- he laid it out: **what happened on Jan 6 was insurrection and treason** – we know what treason is about
- Uncle Joe wants to abolish the death penalty – lots of talk about it- and this is where the Wise Council of Elders that RAB called in: there is a procedure of how to deal with folks like this and it's lawful and peaceful, and the galactics will back up those who do what they have to do – and back up Mother as she takes them to Dracos

**R asked Anon:** what's to happen on Monday and what shoes are to drop . . .

- he said anything and everything could drop – R has no idea of what it means
- talk of Aug 31<sup>st</sup> and troops to be called out: the 31<sup>st</sup> is the anniversary of Lady Di's 'death'
- 31 is a backwards 13 and they like to play with numbers

- This is why the hints he hears – why is the US so gungho on pulling out of the Middle east by Aug 31<sup>st</sup>
- the Green Zone in Iraq is another horror story – they violated Lady Ishtar – the original creation story talked of by Zacheria Sitchin and the pre-flood people coming in who knew of the incoming cataclysm – the Great Flood – and said nothing about it
- we are heading towards something -
- with all due respect to Ed the galactics will not let those things happen - it's an extinction level event – **the cosmic hoax is their final card:**
  - that they can play with the final card and push the buttons – and THEN ASHTAR WILL SHOW UP AND THERE WILL BE A REAL DISCUSSION – WE ARE THAT \*F\*\*\*\*\* CLOSE!

**T:** she heard today: a black kitty was saved from the wreckage of the Florida condos – after 2 weeks!

**R:** Mother knows how to show up everywhere

**R:** wife of President of Haiti spoke out today – out of hospital: said he wanted to re-write the constitution and that's why they wanted him killed

- Bill and Hillary are in this story – behind it all. It's all based on hate!

**R:** The #1 issue – goes back to Enki and Enlil who drained the melanin out of people and drained their power, so to speak

**R:** Charlottesville, NC - confederate statues went down – Jackson, Richard E Lee, Lewis & Clark

**R:** Richard Bronsen wants to take a little ride in space

**AUDIO:**           **2021-07-06**           **It's Hidden in Plain Sight | David Icke**

**[https://www.youtube.com/watch?v=nUPIf1t\\_CI8](https://www.youtube.com/watch?v=nUPIf1t_CI8)**

The Truth is hidden in plain sight. It's so obvious once you lose the blinders and allow for it to reveal itself to you. The time is now!

**AUDIO:**   **THE COSMIC HOAX**

**<https://www.bitchute.com/video/BnhRhbGXOMpt/>**

This documentary is Dr. Greer's answer to the current government and media disinformation campaign promoting 3 big lies:

1. We do not know what these UAPs/ UFOs are. WE DO.
2. Humans cannot make craft that can maneuver like UFOs. WE CAN and WE DO.
3. The UFOs are a threat. THEY ARE NOT.

**Download the video:**

**<https://dlsharefile.com/file/YzM4MjlxNjIt>**

**AUDIO: Kryon July 2021 ✨ How to Receive Unlimited Guidance**  
<https://www.youtube.com/watch?v=EkZDRzzSSWg>

**AUDIO: Kryon July 2021 ✨ Bright Future 2021-07-06**  
<https://www.youtube.com/watch?v=8drpjFyUZ7Q>

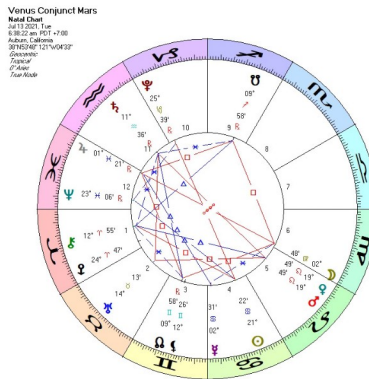
**ASTROLOGY RICHARD [RI]**

**Ri: Moon in 1\* Leo  
Sun in Cancer  
Venus, Mars – 17\*, 18\* Leo [Cancer and Leo are the 2 most personal signs]  
Jupiter at 2 Pisces  
at 12  
Chiron at 13\* Aries  
Mercury goes into Cancer  
Sabian Symbol - Zuni Indians perform a ritual to the sun**

**2021-07-07 Astrology Forecast**

[Astrology for the Soul July 7, 2021 https://youtu.be/snuynAVEGII](https://youtu.be/snuynAVEGII)

[Click here to listen to the Pele Report](#)



***It's up to me, as old as I am,  
To care for the child within.  
I laugh and cry, fall down and fly,  
Embracing it all thick or thin.***

**Hi Kids!**

**Yup! It's the time of year to celebrate kids and the kids within. We've got a new Moon coming up in Cancer that sets the tone of feel, play, laugh, and cry for this next month. So let's all just be us for a little while, let our hair down (if we have any), open up, and just "hang out" a little bit. We not only have the new Moon in Cancer, the sign of moms and babies but Venus**

and Mars joining together in Leo, the sign of teenagers and romance. **We are emerging from a tense period marked with stress and opposition, so be sure to leave those at the door.**

**Seriously, as I say in the [lunar report](#), it is not like all the world's problems will disappear, but it is not our responsibility to solve the world's problems either.** There is a balance between personal and social responsibility, and the emphasis is now on the personal. **When we are at our best, we give our best, shine our brightest, and inspire the most.** We also see/find ourselves on ever-deepening levels through our creations. So let's get to it, CREATE!

Speaking of creating, I'll be doing the "What Will Happen When" weekend workshop starting Friday. We closed the registration for this course as it involves a lot of calculating charts and personal reports for everyone. **However, stay tuned as we will be posting the whole thing as a bundle in the [store](#) very soon!** You'll be able to view it at your own pace and in your own space.

Additionally, the Friday night talk I'm giving that goes through all the different ages/years of a human lifespan, describing what changes happen when, will be airing for free to the New Paradigm Astrology Community on Sunday! **If you'd like to catch that little piece of the 14-hour course, check out all our community benefits and [join us HERE!](#)**

**It's an emotional time! And that feels like a roller coaster of extreme emotions right now as not only the new Moon in Cancer brings them up but Venus in square to Uranus (the planet of sudden radical change).** From the adult witness/observer, we "let the children play," knowing that whatever mood or feeling is dominant now will be replaced with another. However, that doesn't make it any less intense, and there can be important information seeking recognition, so try and sit with these feelings. Better yet, talk to them and ask them what they want!

**As I mentioned in the report, the energy will be lightening up as la Luna moves into Leo, first joins, and then passes Venus and Mars, uniting in the sunny rays of Leo.** This is a good week to hang out at home with friends, pick up that old guitar, cook some amazing dishes, or dust off the hobby shelf. Taking time for ourselves is nourishing, wholesome, and strengthening. Let's get to know ourselves through creating beautiful, original works of art (and just about anything can be art, LOL)!

[Shinedown – Simple Man](#)  
[Cat Stevens – Where Do The Children Play](#)

***So Much Love,  
Kaypacha***

**Audio: Tania Gabrielle Cancer New Moon – July 10 at 2:16 am UST**

**Celestial Messages for the Cancer New Moon [July 9-10]**

**Cancer New Moon [July 9-10] Your LOVE Compass**

<https://youtu.be/Rihr4VgczTs>



New Moons are always a perfect time to start fresh and **inject your life with newfound passion and enthusiasm.**

After the tension created by Mars, Saturn and Uranus, this New Moon and Venus' lovely conjunction with Mars in Leo – the sign of fun and romance – brings pleasure and love to life!

During the New Moon...

- Sun and Moon meet at **18° Cancer – 18**, governing healing and rest, reduces to **9**, symbolizing endings and emotional release.
- Happening on July **10** *Universal Time* symbolizes **new beginnings.**
- New Moons initiate, help you start fresh, set new goals and welcome new directions.
- 9 and 1, endings and beginnings, signify **the onset of a new era.**

Endings create space and excitement for fresh starts.

Anytime 9 and 1 combine we are entering a new era. Endings open the way for fresh starts, thus the 9-1 new moon code is a pivot point.

In astrology Cancer rules the 4<sup>th</sup> house of the home. It is the sign aligned with the Moon – nurturing, sweet, caring and protective.

Just as Venus is soothing us with beauty, this New Moon is embracing us with LOVE.

Plus the lovely **trine from Neptune** in Pisces to the Cancer New Moon stimulates tremendous creativity and spiritual awakening.

You are so much more open to inviting new, happy adventures into your life (New Moon sextile Uranus)!

Discover what to lavish your energy on – and what to avoid.

Discover the **long-awaited gifts appearing now** in the most lovely, surprising ways!

Love and Blessings,

Tania Gabrielle



**RI: Monday am at 9 am – Venus conjunct Mars, conjunct the Moon**

most of us have Pluto in Leo so the conjunction will affect natal Pluto = a set-up for growth and expansion

**Sabian Symbols: HERE IS THE LINK TO THE SYMBOLS RICHARD REFERRED TO**

<http://www.mindfire.ca/An%20Astrological%20Mandala/An%20Astrological%20Mandala%20-%20Contents.htm>

1<sup>st</sup> half of Leo = Combustion – a fire issue that usually includes oxygen

2<sup>nd</sup> half of Leo = Release

Leo 16\* - surge of life and love after a major crisis!

Leo 17\* - the feeling of togetherness that unites men and women

Leo 18\* - chemist conducting experiments for his students  
the human mind experiences the thrill of discovery

Leo 19\* - the enjoyment of temporary freedom from rigidly structured behaviour

Leo 20\* - the picture the Zuni Indians performing a ritual to the sun – return of glorification of natural energies

Some discussion of relationship to current events ! ! !

**CONFERENCE CALL**

**Ca/Me:** an avalanche of news in all its forms - dropped down to 80\*

**T:** energies are so intense that Me is describing – makes us all tired

- now has a breeze – all is dark;

- General discussion about heat and heat survival; living in New Mexico and California; driving across the desert and how to prepare – temperature on asphalt

**Ca/Me:** almost ready to issue the proposal to get Caroline Oceana Ryan on Coast to Coast with George Noory

- the friend writes music – a piece called Cosmic Coast – she writes the lyrics for him:  
says the words write themselves

**Ca/Co:** speaks of her Mother writing songs – it's a Danish tradition

- has the same geo-thermal system; a lot healthier than air conditioning

**Ca/Me:** lives in California – in a canyon area, up in the hills – Alphadina and animals that love piano music

**Ca/Pa:** talks of what elephants do when one dies

Eduardo Duran: **Buddha in Redface** – the name of the author caller was thinking of!

**Ca/Me:** does animal calls – back and forth with owls and others

**Ca/Pa:** has an owl who comes to visit and talks to her – owl medicine

- Crows come in a group to greet the partner who returns from a gig

- the Dr Greer piece – all he has to say is right on the money
- Revelation: about the person who got \$100 million for printing what was already in place  
- realized how much we need the new Rainbow currency

**T:** they are just doing this to themselves

**Ca/Me:** the more they act up, the more they are the target

**T:** the people are showing tremendous resilience – have the number of the 13 families

**Caller:** in answer to why are the US soldiers being drawn out by August 31, 2021 – has it to do with 9/11?

**T:** a hard time for the pres – he was the one who ordered 9/11 and lots of people around the world know it

- a new energy is present – a gift: of balance, calmness – there is help everywhere

- Brings up **August Rush** and the music of the movie – a good movie

**R:** downloaded **The Cosmic Hoax** when it first came out – has seen it up by some youtube people

## **B B S RADIO**

### **Rama's Music**

**Yusef/Cat Stevens . . .** where do you go when hearts are closed?

**Yusuf alias Cat Stevens - Roadsinger 2009**

<https://www.youtube.com/watch?v=x4iZuZJb33o>

**Where do the Children play?**

<https://www.youtube.com/watch?v=BUVvyTqncNM>

**AUDIO:**     **[Deep Space](#) ET Evidence in the Bible**

<https://www.gaia.com/video/et-evidence-in-the-bible>

3:Ep8

31 mins

June 2021

Over the last few decades, an intense religious and scientific debate has been building around the idea of an extraterrestrial influence in the Bible. In 2014, the Center for Theological Inquiry, a research institute in New Jersey, was awarded \$1.1 million by NASA to study “the societal implications of astrobiology”. What would the overall impact be on religions if they were to discover we are not alone in the Universe? As we conclude Season 3 of Deep Space, consider that if a distant race of ancient aliens once inhabited the lands of biblical times, and these were real-life events and not merely visions, then is it possible that a new paradigm awaits us where science, spirituality, and Open Contact is the next scripture about to be written?

**Featuring:** William Henry, Billy Carson, Daniel Sheehan, Jonny Enoch

**Video Language:** English

**AUDIO:**      [Cosmic Disclosure with Emery Smith](#)      **Psionics and Open Contact**

<https://www.gaia.com/video/psionics-and-open-contact>

S13:Ep13

30 mins

July 6, 2021

What will it take for humanity to be ready for Open Contact? Tim, Tactical Advisor from Germany, suggests that psionics is the reason we will have full Disclosure. Psionics, the science of developing our psychic abilities, enhances our perceptions so that we can interact with the living field more intentionally. Anyone can utilize psionics, however, we need to realize that we are part of the field of intelligence. When this awareness happens, we are better equipped vibrationally to receive Open Contact.

Tim is a new Disclosure insider who is a Tactical Advisor within the covert governance in Germany whose job is to analyze, anticipate, and suggest various strategies connected to extraterrestrial groups in contact with Earth.

Instructor/Host: Emery Smith      Featuring: Tim Tactical Advisor      Video Language: English

**AUDIO:**      [Beyond Belief with George Noory](#)      **Transcending 5G Frequencies**

**S 17: Ep 5**

**44 mins**

**July 7, 2021**

<https://www.gaia.com/video/transcending-5g-frequencies>

Fear and stress in the mind and body diminishes our frequency, but we can strengthen ourselves by living and acting in gratitude and connecting to the natural world. Following the popular interview Living in a 5G World, Ben Stewart, researcher and documentarian, returns to answer our viewer questions review the impact of 5G connection and surveillance in a high speed society. He communicates that we can coexist in a world of technology and transcend the negative impact it poses. One example would be the Schumann Resonance -- which is the heartbeat of our planet. Realigning to this individually can have an effect on our global frequency to move us to a brighter future.

Instructor/Host: George Noory Featuring: Ben Stewart Video Language: English

**AUDIO:**      [Open Minds with Regina Meredith](#)      **A Simple Method for Manifestation**

S 19: Ep10

44 mins

July 8, 2021

<https://www.gaia.com/video/a-simple-method-for-manifestation>

Our energy field is influenced by our minds, and we can manifest healing within ourselves through our chakra energy. Bill McKenna shares that in his experience as an energy healer and teacher, he has learned how the energies of the chakras are connected to what manifests in our lives. As we work to mindfully release attachments to past events, we can move our energy upward, and manifest a state of well being. McKenna demonstrates a method for manifestation by clearing energy through visualizing a physical connection to negative thoughts, then letting them go.

Instructor/Host: Regina Meredith      Featuring: Bill McKenna      Video Language: English

**AUDIO: REDACTED TONIGHT American totalitarianism, new nukes, US-Cuba relations, Jovenel Moïse assassinated 2021-07-10**

**Video: <https://www.rt.com/shows/redacted-tonight-summary/528815-american-totalitarianism-cuba-haiti/>**

**Podcast: <https://soundcloud.com/rttv/redacted-tonight-american-totalitarianism-new-nukes-us-cuba-relations-jovenel-moise-assassinated>**

Lee Camp looks into how Western notions of authoritarianism are disconnected from reality. The talking heads of imperialist propaganda will attack the enemies of US empire – with or without evidence – for economic inequality, a lack of freedom, illegitimate elections and whatever they think they can get away with saying. The same talking heads will also ignore or justify the existence of those same problems in the US and the societies of its allies.



Camp reports on the development of a new gargantuan nuclear weapons program.

Anders Lee takes on the state of US-Cuba relations. President Joe Biden has taken the same hardline stance as Donald Trump by maintaining the embargo. This position moves away from Barack Obama's policies that sought to cool tensions between the neighboring nations.

Naomi Karavani and Camp discuss the assassination of Haitian President Jovenel Moïse. The unfolding story started this week when mercenaries raided his compound and murdered the country's illegitimate and heavily protested president. Karavani also covers the latest revelations in the prosecution of Julian Assange.

**Closing: Rainbird**

**Reading: a piece from Master Asun [Radiant Rose Academy]**

**Rama's Final Words:**

**from Alan Watts**

These are the opening words: **If you are perfectly honest about loving yourself . . .**