

"Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead

<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III OPENING MEDITATION; HOUSEKEEPING; LINK TO PODCAST
- IV SATURDAY HISTORY CALL – NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

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B B S ARCHIVES

B B S RADIO STATION 1

- A Night at the Roundtable
 - Friday Night Hard News
- CLICK ON **AUDIO ICON**



1-631-359-9353
[NO code needed]

1-866-627-6008
 Direct: 323-744-**4831**

Toll Free:
 1-888-710-8061

- [Free BBS Radio Android phone app](#)
- [Free BBS Radio iPhone and iPad app](#)

- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

B B S RADIO STATION 2

Saturday History Call

CLICK ON **AUDIO ICON**



1-804-220-6484
[No code needed]

1-888-429-5471
 Direct: 323-744-**4841**

Direct Line:
 1-323-744-4828

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call	Wednesday	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Grand Goddess Lillie	6:00 – 7:30 MST		
Abundance Call	Every 2nd Wednesday	Telephone	
Caroline Oceana Ryan	5:45 PM PT/ 8:45 PM ET	ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call	Every Sunday, Monday	Telephone Only	1-425-436-6260 PIN 9467 441#
Cheryl Croci	9 – 10:30 EST		Call Cheryl for # in your area
Ashtar Legacy Calls	Every 2nd, 4th Tuesday	Telephone	1-717-908-1834 PIN 980 339#
Fran Pearre	5 th Tuesday – no call		Call is free; LD charges are not
	9:00 – 10:00 pm EST	VOIP/ H D	1-717-908-1834 PIN #980 339#
		via Skype	https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested
To access past ALC calls , go to Ashtar Legacy Teleconferences (ashtarontheroad.com)			

III OPENING MEDITATION; HOUSEKEEPING; FREEMART WEBSITE; INFORMATION SOURCES RE: M.T. KESHE AND KESHE FOUNDATION; ACCESS TO PODCAST

- A. Opening Meditation: Cheryl Croci**
- B. Housekeeping: Rainbird**

BBS: • Listener-supported radio programs – Cost is \$300 per week
All BBS archives can be accessed for free, including the podcasts for the Thursday, Friday, Saturday calls, listed above.

- www.rainbowroundtable.net has archives, too.
 - Go to BBSradio.com/Station2; find **The True History** call listing & **Paypal** button
 - BBS appreciates getting checks via the mail: no Paypal fees!
- The mailing address for those who do not like paying electronically:

B B S RADIO [Please put “**Attention Don**” on the envelope]
17419 Wilton Park CT [Note inside that it’s for T & R calls
Spring, TX 77379 [& the Thursday call, as well]]

Tara, Rama: Their full-time, life-time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require food, a home, gas for the car, and access to BBS Radio in order to compile and distribute this information to the world.

OTHER FINANCIAL REQUIREMENTS

FOOD MONEY: VIA PAYPAL OR See the MENU PAGE ON www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

Financial Requirements

WEEKLY

B B S RADIO/week

\$ 359.00 There are 3 programs: Thurs, Fri, Sat
Thank you, thank you, thank you! !

PERSONAL

Gas, food, etc

Bills

Miscellaneous/Other

\$200.00 General living expenses

\$400.00 4 bills this week

ALSO GO FUND-ME A/C

MONTHLY

Rent - \$1,150 / mo

CONTACT INFO

- **Please notify Rama when sending something** koran999@comcast.net
- **Mailing address for checks, money orders, etc**
Ram D Berkowitz
PO Box 280
Santa Cruz, NM 87567

PLEASE MAKE AN ATTEMPT TO DONATE THIS MONTH

- **Remember you can book a session with Mother, as well!**

Please donate: VIA PAYPAL, either your own a/c or Rama's a/c [koran9999]

There is also a donate link on www.rainbowroundtable.net

**** www.rainbowroundtable.net/page/donate ****

EVERY \$ HELPS: no amount is too small! ALL GRATEFULLY RECEIVED

FREEMART: <https://www.shopfreemart.com/tarram> a/c # 7000

<https://www.nugenmart/tarram> CHECK OUT THE WEBSITE

- Freemart is a private shoppers club; it's **FREE TO JOIN**.
- all the products have much to offer, so take a look!
 - check out the heading **READ MORE** - definitely worth the time!

Rama and Tara are being helped by this account: they get their supplements there.

The returns also help RainbowRoundtable

THE NUGEN COIN: <https://www.nugencoin.com/tarram>

To help Marshall and support him by signing up under his name:

<https://www.nugencoin.com/marnor>

TO GET HELP, Call Carolyn[Rainbird] or Micah

Carolyn's E-mail: lightenergync@gmail.com

Micah's E-mail: thegreenalchemist@gmail.com

C: INFORMATION SOURCES RELATIVE TO M.T. KESHE AND KESHE FOUNDATION

Contact Rainbird with questions: lightenergync@gmail.com

<https://www.youtube.com/watch?v=aLaVutWXju0> (CHECK THIS OUT)

One Cup One Life – Production and Application; Prevention and Reversal of CoronaVirus

https://en.kfwiki.org/wiki/One_Cup_One_Life_-_Production_and_Application_Prevention_and_Reversal_of_the_Corona_Virus

KF Wiki <https://www.kfwiki.org>

The free Plasma Cyclopdia of the Keshe Foundation

Keshe Foundation Store <https://store.keshfoundation.org/store/?alias=store>

D: ACCESS TO PODCAST: The audio link below allows you to listen to the entire program.

<https://bbsradio.com/podcast/true-history-august-5-2023>

E: THE NEW WEBSITE AND ADDRESS: WWW.RAINBOWROUNDTABLE.NET

RAMA, TARA [R, T]

Greetings to all –

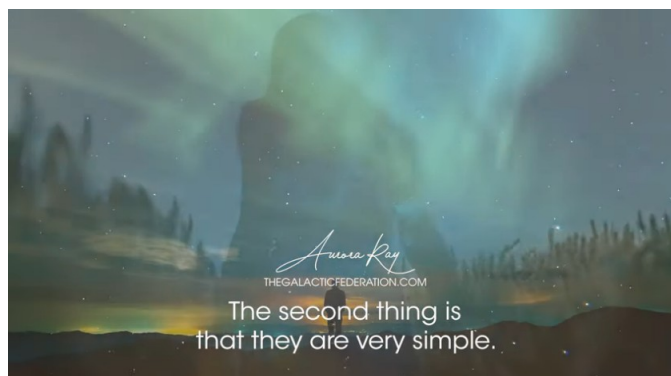
R: his update – Tom and Sweet Angelique by text – an extreme geo-magnetic storm with a KP index of 7 – heard about auroras from Edmonton, AB and Yellowknife, NWT to Seattle and Oregon - energies are way up there
saw 6 deer and 4 crows – hungry today: raw or cooked will do . . .
El Nino supposed to be coming in and winter to be a bear – as in, very cold!

All kinds of wild things – including the old timeline etc

talked to a horse today: happy to see him, prancing around the pasture – had an apple to give him!

AUDIO: 2023-08-04 The Ascension Equation what it feels like to be ascended

https://www.youtube.com/watch?v=-GSdSLgvnsU&t=91s&ab_channel=AuroraRay



R: re the Aurora Ray audio: when he feeds the deer and the horse, they come to him as he is in the NOW moment! ! !

Audio:

2023-07-23 FULL Disclosure: Where We Really Come From! NEW Evidence From ETs, Atlantis & Pyramids Gregg Braden



https://www.youtube.com/watch?v=YxW00fIa2DM&ab_channel=MichaelSandler%27sInspireNation **1:33:34**

436,850 views Premiered Jul 27, 2023 [Inspire Nation Show with Michael Sandler](#)

It's rare an interview comes along that completely shatters our perception of reality, why we're here, and where we came from. But with Gregg Braden, you'll learn the real truth about pyramids, Atlantis and Antarctica, ET interventions, the true story behind our DNA, the climate and what's REALLY happening to the Earth, the hidden cycles of civilization and whether we'll make it through...And even what the powers that be, want to do to remove our humanity as they insert artificial parts and chips in our bodies and through AI.

Gregg Braden is a five-time New York Times best-selling author, scientist, international educator and renowned as a pioneer in the emerging paradigm based in science, social policy and human potential.

The Wisdom Codes: <https://greggbraden.com/product/wisdo...>

Find more from Gregg Braden: <https://greggbraden.com/>

2023-07-29 Starseeds, Star Families, & Master Teacher Guidance for Our Next Stages of Ascension w Dr John Ryan

<https://www.youtube.com/watch?v=vQSJ4jcPOUE> 1:00:36

Jul 29, 2023 [The Sacred Planet Podcast](#)

The Sacred Planet Podcast – Episode 8

John Ryan MD is a Professor of Medicine & Practitioner of Energy & Consciousness based Medicine.

He is the author of Unity Field Healing Vol 1 – Foundations of Energy Medicine & Quantum Healing, and he is the founder of Unity Field Healing (UFH) - a new “quantum” process based on conscious activation of the DNA field to support healing & personal evolution.



John channels the Sirian Blue White Collective, who support UFH and humanity's ascension through ascension transmissions.

Explore Dr. John's websites: <https://www.unityfieldhealing.com> and <https://drjohnryan.org>

Click here to receive Dr. John's free gift: Unity Field Healing Contest Draw - 3 people will be chosen to receive the full package of UFH Sessions 1, 2 and 3

Highlights & topics covered in this episode:

[7:00](#) – Who are the Sirian Blue White Collective, and why are they reaching out to us?

[10:25](#) – What is the nature of the transition that humanity is experiencing, and how is this related to our DNA?

[12:45](#) – What are the transmissions that the Sirians deliver?

[16:25](#) – How can our star families help us?

[20:15](#) – Why we should be very gentle and patient with ourselves at this time

[22:35](#) – What is happening on the planet right now?

[25:10](#) – What the Sirians are saying about the changes in our consciousness at this time

[26:30](#) – The fluidity of reality & how this helps us to understand the changes

[29:45](#) – How young people today are different than previous generations

[31:40](#) – How we will approach world circumstances & interpersonal relationships differently in the future

[34:30](#) – How the current changes are related to Pluto in Aquarius

[36:00](#) – The Sirians acknowledge that it is not easy to live through the challenges we as humans are living at this time

[40:27](#) – What the Sirians say about the increase in solar flares & our relationship with the sun

[46:35](#) – Is it safe for us (as humans on Earth) to proceed into ascension? How has the earth been prepared for these changes?

Enjoy this powerful conversation!! Please write in the comments to tell us - What stood out the most to you from what Dr. John shared?

Ensure that you'll receive notifications about future Sacred Planet Podcast episodes by registering here:

<https://www.wearesacredplanet.com/pod...>

2023-08-05 [Crystals: Healing, Manifestation & Alchemy](#) Geometries of Crystal Healing

S 1:Ep4 <https://www.gaia.com/video/geometries-of-crystal-healing> 23 mins

Does the structure of a crystal inform its use? Is there a best shape for processing grief, attracting a partner, or creating abundance?

When we look out into the cosmos, we find the same geometric patterns splayed across the universe that we see within crystals on Earth. How do these lattice structures and the origins of crystals impact the healing of the physical and emotional bodies?

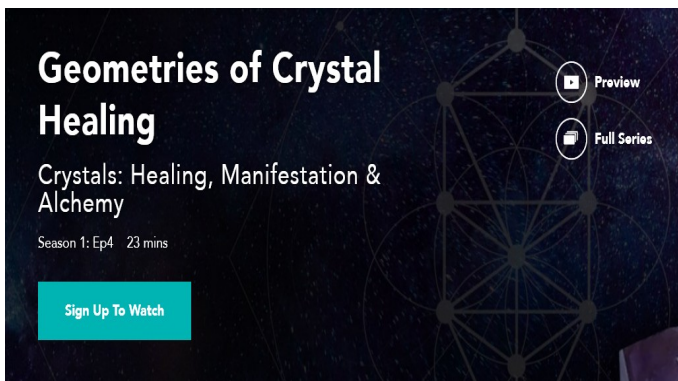
In this episode, our experts explore the inner workings of crystals and how their geometries are used for different types of healing. This gives us insight to:

- How the origin story of a crystal's formation is transmitted into our bodies
- Difference between lab-made and naturally-formed crystals
- Vogel crystals as quantum converters correlate with the tree of life to amplify healing resonance

Featuring: [Gregg Braden](#)

Audio Languages: English

Subtitles: English



ASTROLOGY

RICHARD [RI]

Pele Reports

August 2, 2023 Astrology Forecast

With so many cultures and religions,
Family and friends and social expectations,
I need to let go and break with tradition,
To discover my own unique self expression.

[Click here to listen to the Pele Report](#)



Astrology for the Soul August 2, 2023 – 29:00

https://www.youtube.com/watch?v=YqTObrYm-ZU&ab_channel=NewParadigmAstrology



Hola New Paradigmers!

Not to distract you from your inner work with external world news, but let's take a peek at some mundane astrology while we're in the Venus retrograde period. **Retrograde often includes REversals along with rebel, revolt, rethink, reschedule, etc.** Venus not only symbolizes love and relationship but, as the ruler of Taurus, "rules" money and finances as well. In short, this can also be a 40-day period of financial reversals, i.e., higher unemployment and inflation, with stocks decreasing and currency exchange rates growing less favorable.

Indeed, all of these are happening currently, and things will get worse as Venus goes into the underworld this week, not returning to sight until she rises in the east around the 20th. As I've mentioned before, this is a good time to reflect on our values, including our investments. **What are you investing your time, energy, and money into? And why?**

Perhaps your values are changing, and your priorities are changing. If so, your investments, spending habits, and time commitments need to change also. You may value love over money these days, or meditation and nature walk alone more than either. Your health or family may be taking a front seat now and need more time, love, and money! **The important thing is to have our actions follow in alignment with our intentions and desires, as this is what Virgo health is all about.** The saying "Put your money where your mouth is" fits these times well!

With so many cultures and religions,
Family and friends and social expectations,
I need to let go and break with tradition,
To discover my own unique self expression.

How about that owl thumbnail? Mr. Owl sat and talked on my way down to the river! Good animal totem, the owl. Anyway, **this week's astrology tells us to be who we are, discover new parts of ourselves and not be afraid to show them.**

Even the Sun is breaking away from Jupiter with a 90-degree square which is the aspect relating to the sprout breaking through the crust of the earth to receive its very first sunbeams. **The challenge with the 90-degree square is breaking free from the past and overcoming doubt to push forward with the new impulse.** Let's do it!

One way you can break free is to come to Spain, the Bahamas, or Florida and do some astrology, yoga, and more with me! **These retreats can be life-changing events** wherein you give yourself the time/love, and space to go inward, transform, connect more deeply with yourself and others of like mind, and walk away renewed, empowered, and energized. Check them out and [sign up today!](#)

Also, check out [Gajumaru!](#)

**So Much Love,
Kaypacha**

AUDIO: 2023-08-05 15 Universal Month in AUGUST: Magical Abundance



https://www.youtube.com/watch?v=3Wdhz8j3vE4&ab_channel=TaniaGabrielle

Welcome August! In 2023 **August is a special 15 Universal Month**, number of "Spiritual Alchemy".

This beautiful code is an invitation to:

- Act on opportunities to be of service and to uplift others.
- Appreciate all that feels abundant and joyful – to create more of the same.
- Focus your energy on your Home and Family.

Combined with 2023's **7 Universal Year**, life in August will feel especially *surprising and life-changing*.

15 reduces to **6** – number of the **home and family** – which means, August is a wonderful month to focus on *the location and quality of your home*.

Venus is retrograde all month long too, so good areas to focus on are:

- Is my home and place I work beautiful and pleasant?
- Do you feel comfortable and nurtured in my home environment?
- Where is the best location for me to live?

For example, you'll be made aware that before you move (or travel), [check your Astro-Cartography map in those locations](#), **so you can make the most of your time and investment** – and bypass unnecessary obstacles and challenges.

And definitely discover the astro-cartography of your *current home*.

Physical spaces hold a specific energy frequency – you absolutely feel more “at home” in certain locations (and with address numbers) than others.

- These are areas of the world are most *beautifully aligned* to your birth promise.

They were destined as “happy places” at birth!

Fortunately there is an [exact science](#) to pinpoint your *fortunate locations* for home, work and travel:

Astro-Cartography is based on your *living* and *permanent* birth star code map:

- • You have **permanent** and **current lines** criss-crossing the globe – these lines were imprinted and set in motion onto the world map *at the moment you took your first breath*.

Astro-cartography is the *divine cosmic mapping tool* pointing out the BEST locations that bring **optimal conditions** for fulfillment, abundance, love and health. Just as importantly, you’ll also know the *less* optimal locations – areas to avoid whenever possible.

Some of the locations are helpful or challenging for a lifetime – some for just a temporary amount of time.

August's **15/6** Universal Month is the perfect time to discover your most fortunate locations – now, in the future and forever!

[Book your reading here.](#)

Love and Blessings,

Tania Gabrielle

P.S. Once you register for your reading I create a blueprint of your astrology-numerology birth code, forecast charts and personal Astro-Cartography maps.

During your reading we'll focus on your permanent and temporary locations including *how they relate to your natal chart* – plus I'll guide you through any other questions you may have.

[Discover your fortunate places in the world here!](#)

Mercury retrograde – Aug 23 it goes direct

CONFERENCE CALL

- What happened in Israel: someone killed again – an everyday thing in Israel and Palestine.
- The similarities between Israel/Palestine, and the US/slave owners
 - it changed when Izak Rabin was killed – and there were issues going back and forth with Yasser Arafat being poisoned -
- what’s going on Bergino Faso and Niger – and the mercenaries – run by the Wagner Group and Russian leader, connected to

T: it’s outrageous that China now has a peace army, and supported a man who knows his responsibilities and what he was called in to do . . .

- brings up Gregg Braden said about using oil for 6000 applications that won’t go items – he meant not for cars and vehicles

R: anything made with the hemp plant can replace much of the gas and oil -
John Austen was talking of this a while ago -

Discussion of weather, gophers, neighbours . . .

[https://www.gaia.com/share/clkv6v4vg00030191cmcxhhua?language\[\]=en&utm_source=share](https://www.gaia.com/share/clkv6v4vg00030191cmcxhhua?language[]=en&utm_source=share)

S 25: Ep 2 39 mins

What is the difference between pink and gray ascension? Exploring gnostic perspectives on organic evolution versus artificial intelligence and technological hybridizations, author and investigative mythologist William Henry rejoins Regina Meredith to discuss the future of humanity and the different potential paths ahead of us. Learn different perspectives on “perfected humans” from divine Angelic hybrids to how our rapidly unfolding advancements in technology are changing our reality.



Discover how we can transcend existential threats to humanity and achieve organic evolution despite living through what feels like science fiction and what was prophesied in the Book of Revelations.

Instructor/Host: Regina Meredith Featuring: William Henry Audio Languages: English Subtitles: English

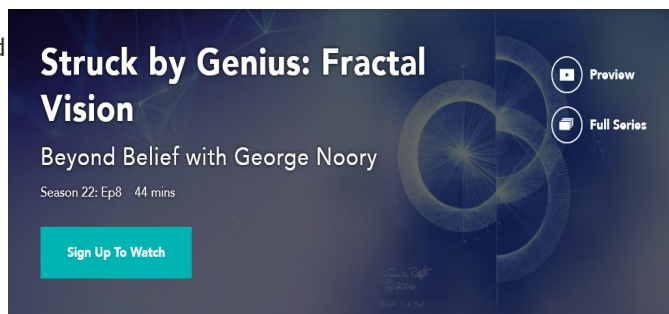
2023-08-05 Beyond Belief with George Noory

Struck by Genius: Fractal Vision

S 22: Ep 8 <https://www.gaia.com/video/struck-by-genius-fractal-vision> 45 mins

Can brain trauma lead to improvements in cognitive function?

Artist and number theorist Jason Padgett gained acquired savant syndrome at age 32 after surviving a horrible attack, and now he is able to visualize mathematics in a way few can. Padgett shares his journey from a man uninterested in math to his current life as a savant undergoing medical testing and brain scans, sought after by scientists for his unique genius. His story sheds light on the innate potentials of our brains and the mysteries connecting consciousness and physics.



Padgett is also joined by Dr. Doll, who has been researching savant syndrome and synesthesia for decades alongside late legendary Dr. Treffert, a consultant for the Hollywood film “Rain Man.”

Instructor/Host: George Noory Featuring: Jason Padgett Audio Languages: English Subtitles: English

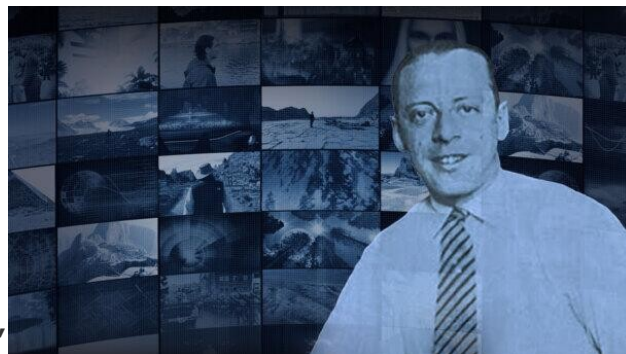
AUDIO: The Arc of Time: Prophecies: the Visionaries of Time

S 1 – Ep 4 <https://www.gaia.com/series/la-nave-del-tiempo>

29 minutes

Delve into the mystery of divine manifestations and prophecies. Is there a connection? According to Ricardo, these non-ordinary states of consciousness are the common theme between those contacted by extraterrestrials, mediums, and shamans.

Throughout history, there have been people like Nostradamus, who predicted the atomic bomb, the appearance of Hitler, and other relevant events in history. More recently, in Argentina, **Benjamin Solari Parravicini**, whose predictions include:



"Extraterrestrial beings will come back to Earth. They will manifest themselves telepathically. It will be in the year 2000." (1959). Ricardo gives us his perspective on who sends these messages and where they come from.

Host: Ricardo González Corpancho Audio Languages: English, Spanish Subtitles: Spanish, English, čeština

AUDIO: 2023-07-06 7/7 Sirian Portal With A Channeled Message From Goddess Isis | Ascension Message Podcast

https://www.youtube.com/watch?v=sJsArcIbEbA&ab_channel=ActivationswithJJ

27:02 min

Hello, dear ones!

This podcast episode is designed to help you understand and take advantage of the powerful Sirius Gateway portal coming up on July 7, 2023. It also includes a channeled message from goddess Isis!

I've created a companion Light Language Activation for the portal which you can listen to here:

- [7/7 PortalSirian...](#)

Websites referred to:

Sirius Gateway Info : <https://foreverconscious.com/intuitiv...>

Sirius C Info: <https://www.inspirationdivination.com...>

- 🌀 The Golden Age Of Lemuria Conference: <https://www.reikiandflowhealing.com/n...>
- 🌀 Personalized Starseed Origin and Light Language: <https://activationswithjj.myshopify.c...>
- 🌀 +Apply to be part of our July Light Language & Co-Channeling Circles: <https://www.activationswithjj.com/co-...>

Thank you for co-creating! JJ



Reading: Tania Gabrielle – August 5, 2023 at 09:13 - Facebook
<https://www.facebook.com/taniagabrielleofficial/>

On Sunday our vibrant Sun moves into a square with joyful Jupiter.

A 90° square between planets captures your full attention and requires ACTION. In this case, your attention is focused on joy and understanding.

But before your heart can feel joy, you must feel free. Specifically - free of conflict.

Your whole LIFE is designed to help you release everything you've been attached to that does not resonate with Love. This is the sole purpose we incarnated as human beings.

The awareness that Love is who you truly are - and will always be - leads to an understanding of the total absurdity of engaging in conflict.

Jupiter is open-hearted, open-minded, free and willing to learn.

Jupiter square the Sun invites us to have an OPEN discussion, where all listen and HONOR each other – rather than shouting down others who hold a different view. Jupiter embraces ALL – creating space for ALL perspectives to be expressed, so everyone feels heard.

Love what appears...Love whom you encounter...Love what you discover. Then positive outcomes are yours!

If there is one planet aligned with fortunate shifts, abundance and joyful outcomes, it is Jupiter, making this a wonderful moment to discover your 3 Jupiter Wealth Zones – see how you are naturally designed to manifest abundance and joy.

All is revealed in Your Jupiter Wealth Code... click here!

<https://taniagabrielle.com/lp/your-jupiter-wealth-code/>



Reading: Aurora Ray – August 5, 2023 -

the activation of our DNA code is a vital step in our spiritual evolution . . . this process will continue to intensify

Audio: 2023-08-05 The Resonance Effect: How the Shift is Reshaping Our Vibrational Reality

https://www.youtube.com/watch?v=I7GlnFCluVQ&ab_channel=AuroraRay 5:52 min

The shift is real, and it's happening in our world: from duality to oneness, from ego to higher self, from fear to love. More Starseeds are waking up to their true potential and stepping into their power as creators of reality with every breath they take!

CLOSING: Spirit Song Sat Nam! Namaste!