

“Never doubt that a small group of thoughtful, committed, **organized** citizens can change the world; indeed, it’s the only thing that ever has.”
 Margaret Mead
<https://leandroherrero.com/the-missing-word-in-the-famous-margaret-mead-quote/>

DOCUMENT OVERVIEW

- I ACCESS to THE THREE WEEKLY CALLS via the Internet
- II ACCESS to OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable
- III ACCESS TO ARCHIVES
- IV OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING; PODCAST LINK; MISC.
- V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM
- VI FRIDAY HARD NEWS: NOTES, REFERENCE MATERIALS

I B B S RADIO - ACCESS TO THE THREE WEEKLY CALLS <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

ADDITIONAL HELP FOR LISTENERS

B B S LISTENER TOOLS

B B S RADIO STATION 1
 A Night at the Roundtable
 Friday Night Hard News

B B S RADIO STATION 2
 Saturday History Call

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CLICK ON **AUDIO ICON**

CLICK ON **AUDIO ICON**



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[NO code needed]

1-804-220-6484
[No code needed]

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B B S ARCHIVES

- go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING.**
- Find the table listing the dates. Click on required date.

II ACCESS TO OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1-605-472-5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested

To access past ALC calls, go to [Ashtar Legacy Teleconferences \(ashtarontheroad.com\)](http://ashtarontheroad.com)

III ARCHIVES: provided by B B S RADIO RAINBOW ROUNDTABLE

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the desired program;
- scroll down to the heading **TALK SHOW PROGRAM ARCHIVES FOR PODCASTING**
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN**
 - Go to **"Archives" tab**: See NOTES on RHS
- **AUDIO**
 - Go to **"Archives" tab**: See AUDIO on LHS:
Included are both BBS podcast + Conference Call Links

IV OPENING MEDITATION; MAYAN CALENDAR; HOUSEKEEPING

A. Opening Meditation: Rainbird

B. Mayan Calendar / Record of Days: Rainbird

• Go to <https://www.spacestationplaza.com> – to locate specific days & lots more information: on the home page, you can find out what your Mayan signature is; while there, look and see where the wave – the birth wave - began

• to learn about the Mayan Calendar, Go to <https://www.spacestationplaza.com> which will link you further to www.lawoftime.org website for further information.

PLEASE LISTEN TO THE PODCAST TO HEAR THE ENTIRE DISCUSSION OF EACH DATE
Also note: This is not a 3rd dimensional calendar! It's a Record of Days.

www.Spacestationplaza.co Click on the tzolkein – it's on page 2 of the link.

PORTAL DAYS = extra dimensionality

18th Friday **13 CHUEN** **Blue Cosmic Monkey** **Artist**
About clarity of mind, wise use of rational mind - about balancing work and play Special day – 1+1+1+1. Time to enjoy self

19th Saturday **1 EB** **Yellow Magnetic Human** **Healing**
Wave of EB the human. We also enter Age of Aquarius – we are the giveaway to the people; time to be in right relation with all the beings on the planet. Our work is enlightenment of human kind, attuning to spirit. No dependence on analytical mind

20th Sunday **2 BEN** **Red Lunar Skywalker** **Warrior**
PORTAL DAY. Focussing and self-illumination. Gift is ability to bend dimensions. 2 tone is balance, finding stability with 2 tones and extra dimensionality

21st Monday **3 IX** **White Electric Magician** **Visionary**
About illumination for other, clarity of mind and purpose. The gift of integrity and working in accordance with Divine Will – let go of manipulation

22nd Tuesday **4 MEN** **Blue Self-Existing Eagle** **Visionary**
Working with commitment to service, moving consciousness to Source. Gift of independence, belief in self – no illusions of separateness

23rd Wednesday **5 C1B** **Yellow Overtone Warrior** **Warrior**
PORTAL DAY. Working with trusting in our journey, bringing awareness to right action. Let go of limitations, hesitation

24th Thursday **6 CABAN** **Red Rhythmic Earth** **Healing**
FULL MOON - heart energy. About our awareness of earth energy; gift is connection to planetary harmony – let go of any failure to read the signs

25th Friday **7 ETZNAB** **White Resonant Mirror** **Warrior**
Connection between heaven and earth. Mirror is also a cutting tool. Work with self- understanding, gift of skrying the unseen let go of any illusion of abandonment, separateness

C. Housekeeping:

• We are asking to **have more people contribute**, as some of the regular, long-term donors are stressed and stretched: **any and all small amounts are helpful and very welcome.**

Re T & R: Their full-time, life-time commitment is to be tuned in to what is really going on behind the scenes of the artificial world we see around us. They don't ask for anything but they do require food, a home, gas For the car, and access to BBS Radio in order to compile and distribute this information to the world.

• Donations via Paypal button on the **homepage** www.rainbowroundtable.net

B B S RADIO:

- The radio programs are supported by us, the listeners.
- The THREE radio programs cost \$300 each week.
- The mailing address for those who do not like paying electronically

B B S RADIO

B B S RADIO
58 N Marshside Place
Sporing, TX 77389

Please put **"Attention Don"** on the envelope
 And note inside "for Thursday, Friday
 AND Saturday calls"

- **All BBS archives can be accessed FOR FREE by everyone.**

- **NB: TO BE FOUND AT** www.rainbowroundtable.net/archives

- **AUDIO ARCHIVES** (BBS Radio Podcasts plus Conference Calls) **and**
- **PROGRAM NOTES** (downloadable and printable **PDFs**)

OTHER FINANCIAL REQUIREMENTS FOR RAMA, TARA:

FOOD MONEY: VIA PAYPAL OR See the PAGE ON www.rainbowroundtable.net

Rama has a pride of Paschats + 2 inside kitties + 2 HUMANS = up to 13 in total

	Financial Requirements		Other details
WEEKLY			
B B S RADIO/week	Total for January	\$603.50	For the rest of the month
PERSONAL			Three programs each week- see above
Gas, food, etc		\$200.00	
Bills			
Miscellaneous/Other			
MONTHLY			
Rent - \$1,150 / mo			
Total			

CONTACT INFO

- **Please notify Rama when sending something** koran999@comcast.net
- **Mailing address for checks, money orders, etc**
 Ram D Berkowitz
 PO Box 280
 Santa Cruz, NM 87567

EVERY \$5 HELPS - ALL GRATEFULLY RECEIVED: THANKS TO ALL FOR THEIR HELP . . .

- **Remember you can book a session with Mother, as well!**

**** [www.rainbowroundtable.net /page/donate](http://www.rainbowroundtable.net/page/donate) ****

- Tara and Rama continue to appreciate each & every donation received for food.
- Please continue to go to www.rainbowroundtable.net and link to their Paypal account: choose **family and friends option so Paypal takes off no fees.**

They are under orders by Rama's boss (former President Obama's security chief, known as the King of Swords) to live entirely by donations from the Light community.

Your support is invaluable and greatly appreciated. Thank you so much for your kindness and generosity!
 Namaste.

V KESHE FOUNDATION INFO; N F T REWARDS PROGRAM

(1) **MAIN address for KFSSI.org** <https://kfssi.org/>
Keshe Foundation Spaceship Institute: The Home of Plasma Science & Technology

• **To access Keshe Foundation** <https://keshe.foundation/>
Keshe Foundation: the place where Science meets the Soul of Man

• **KFWiki** <https://kfwiki.org/>
The free **Plasma Cyclopedia** of the Keshe Foundation

• **Weekly YouTube Presentations**
<https://www.youtube.com/c/KeshfoundationOrg>
Public can join by ZOOM: the link is 939 474 503

• **More information** Carolyn - Rainbird – lightenergync@gmail.com

(2) **N F T Rewards programs**

NFT/reward.biz/register
Enter: koran999

VI FRIDAY HARD NEWS: ACCESS TO THIS WEEK'S PODCAST; NOTES, REFERENCE MATERIALS

This week's PODCAST:

<https://bbsradio.com/podcast/hard-news-friday-january-19-2024>

TO LISTEN TO CALLS ON THE PHONE:

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1-631-359-9008
1-804-220-6538

1-518-801-1159
1-667-930-9417

FRIDAY HARD NEWS: Rama, Tara: R, T

Greetings to all!

As we recognize that there is a time for everything, and that now is the time for PEACE AND CHANGE, asking for new folks to join this group. BBS radio is their window to the world so it is important to keep caught up with paying for the radio – and it also helps get NESARA proclaimed sooner than later!

T: reports that Joe Minchin from VA and some other Republicans were against passing the bill to support the welfare of children and mothers – something has been changed to enable this

R: text message from Nada – Indonesia is taking to court as has South Africa
time for Sat yuga – 100,000 years of peace.
Pluto

AUDIO: MSNBC – Bernie Sanders and Chris Hayes – January 17, 2024

Bernie Sanders: Netanyahu telling Biden, 'Screw you' on Gaza de-escalation

Sen. Bernie Sanders joins Chris Hayes to discuss his push for a Gaza human rights inquiry, why he's calling for more scrutiny on Israel military aid, and more.

<https://www.msnbc.com/all-in/watch/bernie-sanders-netanyahu-telling-biden-screw-you-on-gaza-de-escalation-202149445947>

2024-01-19 A Journey To Another Dimension : Revealing the Mystery of Multiverse Wonders!

<https://www.youtube.com/watch?v=bl38qNjJUBI>

Aurora Ray

At any given point in time, there are multiple realities that exist. In some realities, you are happy, while in others, you are not so lucky. There can be a reality where you never had an acne scar or one where you have been attacked by zombies! It all depends on which dimension you go to.



CONFERENCE CALL

Caller from GA: discussion of situation there;

PCC: brings up a county in Ontario where books are being destroyed

Pad: about Nikki Haley – who is her handler?

R: has to answer to one of the Koch bros who has been funneling money into her campaign she is also a strange bird – ideas come a racism consciousness and De Santis is the same – want to erase black history, as the history of Palestine not discussed: the mound builders, dark skinned people – Tolkien wrote of them in **Lord of the Rings** and treasures

PCC: where did Tolkien get his info?

R: Thinks maybe he did channel it – there were good and bad beings as well as others magical beings

- Discussion about Urantia book and ideas therein

Pad: likes the Steve Nobel meditations; discusses difference between the Kryon before and the Kryon after heart attack - Discussion of Robert Edward Gilbert too . . .

R: brings up the Oppenheimer movie – Gilbert combines his technical background with spiritual wisdom an ARC reactor is a stable producer of constant energies – and there are countries working on this

- Japan successfully landed a craft on the moon today !!! They are hoping the solar panels will open up and help and that the droid was operating

Pad: Glad to know the sun is cold fusion inspired not hot gases . . .

R: the sun is a living entity; in charge of the solar system – gets its energy from Helios and Vesta, to the Great Central Sun, and then the Grand Central Sun -

Pad: Are all of these in alignment in infinite space?

R: they are in a kind of line across the galaxy, and the universe – they are living sentient beings – they are wise too and could fill all kinds of quantum computers

- Reminds us that the universe is based in love, not anything else -
- there are abstract concepts we have not been told about -

- Discussion about movies: **Bull Durham**; ?? a black guy and a white guy are friends; **The Souvenir** about the woman called ???? Abramovich

R: recalls an Eddy Murphy movie called **The Golden Child** – and Will Smith knew her too . . .

PCC: on the idea that things worked in Utah because people there were of the same religion –

T: that is not that true anymore

- talking about Utah and Salt Lake City, Utah – [the idea of providing housing for the homeless: reduced the ultimate bill the city paid out to look after these folks] – There were more comments on this idea

B B S RADIO

Ave Sache

2023-01-16 ERA OF PEACE

VLOG 3

Patricia Cota Robles

<https://rumble.com/v46arql-vlog-3-making-changes-and-our-heart-based-life-path.html>



TO READ THE TRANSCRIPT, USE THE LINK BELOW:

<https://eraofpeace.org/blogs/vlog-scripts/making-changes-and-our-heart-based-life-path>

2023-11-11

Goddess Lakshmi Transmission: (11:11) Inviting a New Age of Light

[Steve Nobel](#)

<https://www.youtube.com/watch?v=Vwkp4fzZc1A>

44:44

The Goddess Lakshmi is both the consort and the divine counterpart of the Hindu god Vishnu. Vishnu is the deity responsible for preserving and protecting the Multiverse of creation. Lakshmi assists Vishnu in his role to create, protect, and transform the universe. The Goddess Lakshmi is also known as the Goddess of Universal Wealth. She is depicted as sitting on a lotus, representing self-realization that blooms regardless external circumstances.

In Hinduism the current Age of Darkness is known as Kali-Yuga and the Dawning Age of Light is known as Satya Yuga. This Dawning Age of Light is known as a Golden Age of Truth.



We have entered two sacred days, the [11:11](#) portal on the 11th November and also of the celebration of Diwali commencing 12th November. Diwali is a festival of new beginnings and the triumph of good over evil and light over darkness. This transmission was created and uploaded on the [11:11](#) portal.

At this powerful moment we call upon the Goddess Lakshmi to bring to an end the Age of Darkness, or Kali-Yuga in our own being and reality. Also, for this Age of Darkness to be brought to an end in the world. We request the Goddess initiate the New Age of Light, or Satya-Yuga in our own being and reality. And all gifts of that Age be activated. Also, for this gift of light to radiate out into the world, touching those who are open to this time of blessing.

Music by Matías Romero Acuña (Aural Sounds) and the track is called 432hz Beyond Fractals.

MOTHER / ALCYONE [M/A]

Greetings in the Light of the Most Radiant One. In the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame.

Greetings, Children of Ra!

T: are you there, Alcyone?

M/A: There are many of us here! We are all in the Quantum Field.

T: what does this mean?

M/A: there are multi verses upon multi verses interacting with this universe, so let's say there are many of us here!

- It is about this time - Age of Aquarius- unfolding as Kali [Yuga] takes a back seat for a bit! And Sat Yuga happens. No more samsara! Suffering is optional in this dimension.

T: asks about the 3rd dimension . . . where pain is inevitable: does that have to continue?

M/A: It does not! It is about the shifting of realities. As things get lighter: pain is part of this old story.

- There is a sense to it that this temple of living love, living light - as the energies get higher, more refined, let's say the realm of pain is no more.

T: interesting statement – so the Buddha says pain is inevitable, and you're saying as the energies get higher . . . what did you say about pain?

M/A: pain ceases to exist!

T: Thought that as long as there is physicality there is also pain, as the Buddha says

M/A: and what we can say – as this dimension called 3D moves into 5D, 12D, 100 D

T: at that point there is no physicality

M/A: No

T: In other words as things get higher

In M/A: we gotta

as things get higher . . . pain disappears as we move into the higher realms

T: which is where we are not physical any more

M/A: Physical but not in the context of we call physical [at this moment]

T: a double entendre!

M/A: How real do you want this to get?

T: she wants the story to be told in reality

M/A: reality is relative;

T: you're talking in Circles Mother

M/A: it is about as we step into no time: Samsara, suffering, pain is optional; it does not exist in the realms of eternal love, eternal light

T: look at the people of Gaza - all kinds of pain physical, emotional, spiritual, mental – all of it!

M/A: and we can say that there are souls that made a conscious choice to show up at this very instant to use that process, to transcend what's happening

T: then Bernie said we cannot let this continue!

M/A: Of course we cannot! ! !

T: only for the sake of of who's voting for who, who's getting paid off – time to take the board down!

M/A: Yes: allow things to unfold – the age of Aquarius is unfolding at this moment. What things may look like today may be different tomorrow and the next day!

- It is this now moment: even though it may look like this now, this moment: the next moment it's totally different!

T: OK. Mother, it's a constant question of having what we need to continue the work . .

M/A: Of course

T: and in this reality, it requires us

M/A: to chop wood, carry water

T: and that requires money, and right now we are in that place – a request - calling all angels

M/A: calling all angels -

T: and all those who have a little bit to contribute; we are so grateful – thank you

M/A: Indeed!

T: On the Website: www.rainbowroundtable.net scroll down to **donate** button

- it gets a deep pain in my gut; working on praising, respecting, thanking and loving the feeling

M/A: Yes, the energies at this time are as intense as cosmic law will allow without anyone going kaput!

- In a sense – the energies right now - it is imperative you take time to move through the energies with grace and ease even if it is slow - because what this is about is a transformational shift

Like We keep saying, Pluto / Hades/ the underworld - for the last 26,826 years, give or take, we've seen this story about bodies in the rubble, upon rubble, upon rubble, and

- what's happening right in these moments, as They could say: the force is lifting things higher – all that rubble turns into cosmic dust!

It's about the shift in consciousness and it changes reality, space time –

- We know in this realm [that] seeing is believing, yet as we believe it, it is there! It is about shifting thoughts in present time
- It's a challenge as we move through the waves of energy that are so great, and what's the point?
- The point is: we made a conscious choice to be here right now, to see this through, and it only gets better from here - even though it doesn't look that way!

Gotta trust . . .

T: Yes, faith in Divine wisdom – calling it forth!

M/A: it's an adventure: we all wanted to get on and have an adventure, as She recalls

T: reminding each other to send more love . . . to those unawakened ones

M/A: Anything But love in the sense . . .

T: but you send more love to that situation

M/A: yes.

T: Sometimes we forget and we are less than polite about the circumstances

M/A: Yes!

T: Where is that flash?

M/A: Right around the corner! Wish We could give us a time – the time is NOW!

It is about what we are going through in each moment of our own NOW, as we do the sadna

. . . and it is not easy to comprehend the ramifications, how deep this story goes.

And let us just say: the eye of Ra is with everyone . . .

BOTH: Greetings in the Light of the Most Radiant One

Kodoish, Kodoish, Kodoish Adonai `Tsebayoth

ilياهو ilياهو ilياهو

Yod Hey Vod Hey

YHWH

Holy holy holy is the Lord God of Hosts

Illumine Illumine Illumine

Yod Hey Vod Hey of the Living Everlasting Light

The Revealed Name to our Father universe of the Living
God behind all Creator Gods

Rama Returns: Was on LM Athena's ship in a briefing room: many commanders talking about first contact

- and how things will radically shift after we meet our galactic families where
- all the unanswered questions will be answered
- and it is a learning curve because it is about changing our thoughts and how we can be in many universes at once and nowhere at all-powerful

2024-10-17 Advance to 5D Quantum Awareness with Meg Benedicte

<https://www.youtube.com/watch?v=UtMg46z7Cgo>

1:21:42

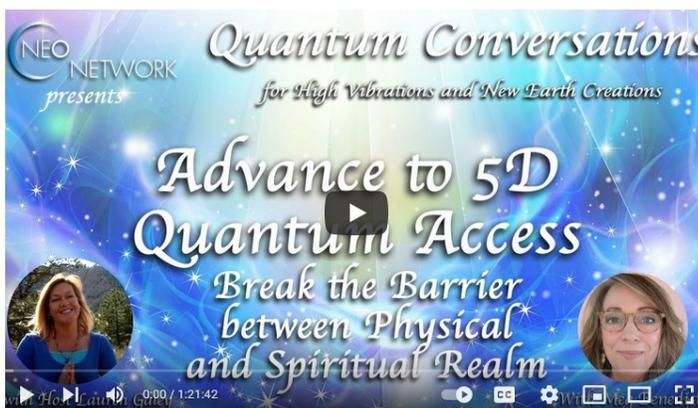
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=====

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[Mysteries of the Knights Templar](#)

[Alchemical Rites & Pineal Activation](#)

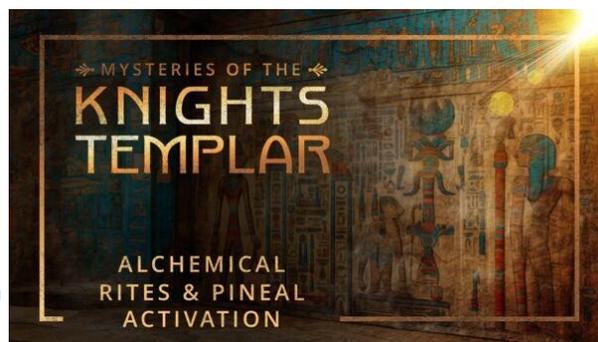
S1:Ep3

<https://www.gaia.com/video/alchemical-rites-pineal-activation>

26 MIN

How did the Knights Templar practice and protect the science of alchemy, inherited from Atlantis, and applied to activate the pineal gland?

Follow the journey of the Knights Templar across the globe as the secret order decoded and spread the mysterious substance known as manna. We explore how monatomic gold and copper were used in rites and rituals for longevity and levitation by Egyptian pharaohs, Vedic rulers, and even Biblical figures. Hosts Timothy Hogan and Scott Wolter discuss and demonstrate in Gaia's lab the three basic alchemical phases: digestion, distillation, and calcination.



Is it possible the Knights Templar understood alchemy as both a science and a spiritual metaphor throughout history for the ascension of human consciousness?

Featuring: Timothy Hogan, Scott Wolter

Audio Languages: English

Subtitles: English

Closing: Rainbird

Rama's Last Music: "Didn't I Tell You?" from Rumi's Hidden Music by Ocean Drops Music

<https://www.youtube.com/watch?v=CI958BZJILc>

Feb 12, 2015 Music video of the Rumi song from our album *Rumi's Hidden Music* (HD) "Didn't I tell you, Don't run away from me! Didn't I tell you, In this empty fantasy, Even if for centuries, you wander angrily You'll never find another true companion like me Since I'm your source of life and your final destiny, You'll have to come back home to me..." (see complete lyrics on our website: <http://oceandropsmusic.com/lyrics>)