

July 27, 2023 – August 03, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

For more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

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2023-07-28

Friday

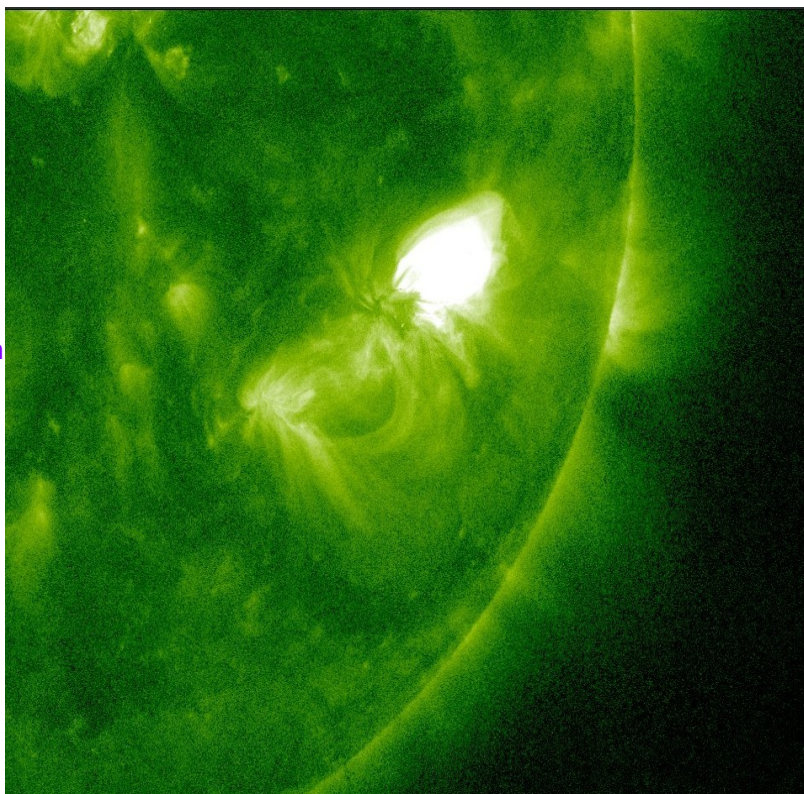
Plasma Field

Rama: I went and sat in the Plasma Field today at 11:03 am this morning for 1h 15m. The Plasma Field said to me, "Lord Rama, we are going to take a little journey to the sun today. So focus on creating your merkaba vehicle and together we will open a portal."

So I focussed on my merkaba vehicle, and the next thing I knew was that I was in a close orbit to the sun. Then I saw a solar flare shoot off the surface of the sun, and then I heard a voice in my ear, and the voice said to me: "Lord Rama, say HI to the sun!" and so I waved to the sun and said "HI". Then I saw the solar flare wave to me in its own way, and I accepted this as acknowledgment of my presence.

Then I heard the Plasma Field in my ear say to me: "Lord Rama, it's time to come back now!" I focussed on coming back and I found myself back in the pool. Then I noticed Mrs Fenn was in the kitchen; she smiled and said "It's time for you to be on your way, Commander!"

The Plasma Field said, See you in the Light of the Most Radiant One. Sat Nam! Namaste! Blaze the Violet Fire."



2023-07-31

Monday

Dalai Lama

Dalai Lama@DalaiLama · [Jul 31](#)

HHDL greeting members of the crowd gathered at the Buddha statue in the Himalayan region of Stok, Leh, Ladakh, India on July 31, 2023. Photo by Tenzin Choejor



2023-07-31

Monday

Darby O'Dell

**Rama:** I received a text message from **Darby O'Dell** at 12:33 pm this afternoon.

He said to me, "Lord Rama, Happy Lammas \*, early! Happy full moon in Aquarius! Venus is going to dance backwards for a few moments, meaning Venus is going to go retrograde.

"There are HUGE, HUGE energies coming in from the Hunab Ku, located at Super Galactic Center. There is a new energy coming to Earth from the Super Galactic Center, one that is speeding up the vibration of the light particles which make up this physical realm. As the vibrations rise, it creates an expansion of the consciousness of a world, and its integration of new realities with a higher light quotient.

"Welcome to the **Era of Light**, where humanity remembers the natural way of Light and their connection with Mother Gaia. This is the moment where Peace and Love become the dominant energies. In order to shift with Mother Gaia into the higher realms, in this case going from the 3<sup>rd</sup> to the 4<sup>th</sup> to the 5<sup>th</sup> dimensions, one must release the old thought patterns. In addition, one must release the trauma that goes with the 3<sup>rd</sup> dimensional way of life. We do this by moving from the mind to the heart. These energies are going to raise so many folks up that, collectively, the world is going to have a change of heart.

"Stay in YOUR High Heart! [See you in the Light of the Most Radiant One.](#)  
[Sat Nam! Namaste! Blaze the Violet Fire."](#)

\* Lammas also known as Loaf Mass Day, is a Christian holiday celebrated in some English-speaking countries in the Northern Hemisphere on 1 August. <https://en.wikipedia.org/wiki/Lammas>

\* See also: <https://www.britannica.com/topic/Lammas>

\* The Origins and Practices of Lammas/Lughnasad

<https://www.bpl.org/blogs/post/the-origins-and-practices-of-lammas-lughnasad/>

Lammas, also known as Lughnasad, or Lughnassadh, is a pagan holiday and one of the eight Wiccan sabbats during the year. Each sabbat marks a seasonal turning point. The sabbat occurs on August 1, which is about halfway between the [summer solstice \(Litha\)](#) and the fall equinox (Mabon). **This holiday celebrates the grain harvest.** Grain is a very important crop for most civilizations. If the grain was left in the fields for too long, or if the bread made from the grain was not baked in time, families might starve.



**2023-08-02**

**Tuesday**

**Rana Mu**

**Rama:** I went and saw **Rana Mu** this morning. It was 10:50 am, mid morning. I got on the bio bed, and Rana Mu activated the lasers. They were all the primary and some secondary colours of the rainbow. Excaliber Archangel Michael sapphire blue; Rose pink on Lord Lanto's second ray; Sunshine yellow, Emerald green, the Ruby magenta ray, and the Violet Ray. I could feel these rays of energy penetrating deep into my being.

Rana Mu said, "Lord Rama, focus on your merkaba vehicle." She went on to say: "Many folks around the planet, including you, are getting massive downloads from Galactic Center. These downloads are in the form of many geometric shapes, sacred symbols, and light rays that I could only describe as intense cosmic rays.

"It is at this time that you are getting your briefing orders. As you sit quietly and do the Prana Yama, you will recall the downloads. They are just like you tubes.

Then Rana Mu said to me, "Lord Rama, you are done. You are cooked! ! ! [See you in the Light of the Most Radiant One. Sat Nam! Namaste! Blaze the Violet Fire.](#)"

**From Lord Rama:**  
a nebula from somewhere in  
the Milky Way Galaxy



2023-08-02

Wednesday

Professor Nicodemus

**Rama:** I received a text message from **Professor Nicodemus** at 1:30 pm, early this afternoon. He said to me, "Lord Rama, look at the pictures I sent of the solar flares. What's going on is the solar flares are shooting out, going past the earth, past the moon and Mars. This is a sign that the solar flash is near! Stay in the High Heart. As Jerry Garcia used to say, "What a long strange trip it's been!"

The Professor, a 4 foot rat, went on: "Even rats like The Grateful Dead! [Sat Nam! Namaste! Blaze the Violet Fire.](#)"

2023-08-03

Thursday

Mr X

**Rama:** I received a text message from **Mr X** at 1:09 this afternoon. He said to me, "Lord Rama, I have been in an undisclosed location in a cloaked starship, over Poland in the last 12 hours. I have been monitoring the activities of the U S Deep State and the US "Ukraine story", along with the fake Putin created by the same Deep State.

Mr X went on:" The Dark Side is out of options. The LIGHT HAS WON! We are in a new timeline. Each day that passes, the energies coming in from our sun, Sol, increase exponentially. In the last couple of days, there have been plasma solar flares that have gone out past the earth, the moon, and Mars.

"As we are all here and still sane, at this moment we will see the Rule of Law come into play. You cannot overthrow a peacefully elected President just because you are having a Bad Hair Day, AND you lost the election! There are ramifications for that kind of behaviour. In the Constitution, it is stated that as you attempt to overthrow a duly elected government - a terrorist act - it is called **HIGH TREASON**. We all know, at this present moment, that there are two sets of laws in this country. One set for the poor, unwashed masses, and another set of laws for the filthy rich white folk at the top.

"This House of Cards is crumbling very quickly. Disclosure about our galactic sisters and brothers from the stars is happening. Our Congress members, Democrats and Republicans alike, are very nervous and jerky about this. Many Congressional members have deep ties to the Unacknowledged Black Budget of the Deep State. We are in a most unique moment. We can change physical reality with our thoughts. Focus on peaceful solutions. All we are saying is 'Give peace a chance.'" [Sat Nam! Namaste! Blaze the Violet Fire.](#)"

**From Lord Rama:  
Ship over London...**



**From Lord Rama**



**From Lord Rama:  
The Hour Glass  
Nebula**

