

2023-05-04

A NIGHT AT THE ROUNDTABLE

DOCUMENT OVERVIEW

I INFORMATION REGARDING ACCESS TO

- A THE THREE WEEKLY Internet / BBS Radio CALLS
- B ARCHIVES - provided by BBS and by Rainbow Roundtable
- C OTHER CALLS SUPPORTED by <https://www.rainbowroundtable.net>
- D LINK TO PODCAST

- II OPENING MEDITATION; ENERGY UPDATE
- III HARD NEWS
- IV GUEST HOUR

I INFORMATION REGARDING ACCESS TO

I – A THE THREE WEEKLY CALLS: GO TO BBSRADIO.COM <https://bbsradio.com/>

DAY	B B S Station	TIME	PROGRAM	CONFERENCE CALL	HOSTS
Thursday	#1	6 pm Pacific 9 pm Eastern	A Night at the Round Table	None	Panel Members Guests Callers welcome.
Friday	#1	6 pm Pacific 9 pm Eastern	Friday Night Hard News	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.
Saturday	#2	1:30 pm PT/ 4:30 Eastern	History of our Galactic World & NESARA aka The True History	720-716-7301 Pin Code: 353 863#	Rama, Tara Callers welcome.

NOTE: 2nd CONFERENCE CALL # for both Friday, Saturday
605-313-5166
 Pin Code: 353 863#

B B S RADIO STATION 1	B B S RADIO STATION 2
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INFORMATION RE: OPTIONS FOR LISTENERS are listed below

A Night at the Roundtable Friday Night Hard News	Saturday History Call
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I - B ARCHIVES - provided by BBS and by Rainbow Roundtable

ARCHIVES: B B S

- Go to www.bbsradio.com
- In **Search** box, enter the name of the required program;
- scroll down to the heading
TALK SHOW PROGRAM ARCHIVES FOR PODCASTING
- Find the table listing the dates. Click on desired date.

ARCHIVES: Rainbow Roundtable

- Go to <https://www.rainbowroundtable.net/>
- **WRITTEN** • Go to "Archives" tab for written notes: NOTES on RHS
- **AUDIO** • Go to Archives" tab for audio links on LHS:
includes BBS podcast + Conference Call Links

I - C TO ACCESS OTHER CALLS SUPPORTED BY Rainbow Roundtable

NAME OF CALL / HOST	WEEKDAY / TIME	ACCESS POINT	TELEPHONE NUMBER
Aboriginal Moabite Nation Call Grand Goddess Lillie	Wednesday 6:00 – 7:30 MST	Telephone Only	1- 605 - 472 – 5406 PIN 402-493#
Abundance Call Caroline Oceana Ryan	Every 2nd Wednesday 5:45 PM PT/ 8:45 PM ET	Telephone ZOOM	
To be notified: email https://www.ascensiontimes.com/the-abundance-group Scroll down to the sign-up sheet and enter the requested info.			
Ascension Call Cheryl Croci	Every Sunday, Monday 9 – 10:30 EST	Telephone Only	1-425-436-6260 PIN 9467 441# Call Cheryl for # in your area
Ashtar Legacy Calls Fran Pearre	Every 2nd, 4th Tuesday 5 th Tuesday – no call 9:00 – 10:00 pm EST	Telephone VOIP/ H D via Skype	1-717-908-1834 PIN 980 339# Call is free; LD charges are not 1-717-908-1834 PIN #980 339# https://www.freeconferencecallhd.com/hd-conferencing/ Click on VOIP button and enter info as requested
To access past ALC calls, go to Ashtar Legacy Teleconferences (ashtarontheroad.com)			

Call In Numbers: 888 627 6008 323 744 4831

LINK TO BBS PODCAST:

<https://bbsradio.com/podcast/night-roundtable-may-4-2023>

HOST: Rama, Tara
MEDITATION: Omena
GUEST HOUR: Panel Discussion

TONIGHT'S PANEL:

Caroline Oceana Ryan	[COR]	Micah Green	[MG]
Penny Christoffersen	[PCC]	Omena	[O]
Rama, Tara	[R,T]	Randy Miller	[RGM]

THE LAW OF ONE

We are all One.
When One is harmed, all are harmed. When One is helped, all are helped.
Therefore in the name of Who I AM – and I AM One with All there is -
I ask only that the Highest Good of all concerned – Happen.
And I give thanks that this is done!
So Be It!

Omena's Meditation is great! ! !

R: the shift happening now is about ascension; expects all their cats to start talking like human beings;
He is seeing the holographic, geometric diagrams the animals are sending him telepathically.

ENERGY REPORTS

MG:

Greetings to our listeners from around the planet and throughout the cosmos!

Coming back to the plasma systems of the Keshe Foundation [KF]. These systems work by elevating & expanding the Soul of The Human Being over its physicality. Up to now, thousands been through these systems. The key component of knowledge has been missing from Humanity for thousands of years, and it is now here. The Keshe Foundation is about to breakthrough worldwide with a huge leap forward and new direction over the next 5 years. The Space Technology of America will become obsolete in the coming time. Playing with rockets and combustion engines burning fuels will become a memory in museums. KF will collaborate with a major government to implement new technologies that are waiting to be delivered. It will be the government's job to announce it.

As we move into space, we will be given 2 options to travel, by Physicality like a UFO - or through the Soul as an energy pack, through creating a plasmatic envelope, delivering it to the destination, and unpacking it. On Earth it will be the same but in space we will manifest differently; we don't need to wear a spacesuit on the Moon. And on that note, the first 2 humans will land on the Moon in next 6 months, and it won't be out of a film studio at Never A Straight Answer AKA NASA.

The KF in Linz will be shut down in the next couple of weeks. It will move out of Austria in totality, and will be moving to one of the largest cities on the plane, yet to be announced. It is time for humanity to stop killing, become peaceful, and have all our needs met.

The Knowledge up to now is like grain of sand, and humanity has to recognize there is a desert of sand, to become aware of our own ignorance. Every grain of sand has its own knowledge; we need to learn and share with each other. There are more stars in sky than there are grains of sand in the desert. Putting aside our pride, we can be humble enough to learn. Humanity is proud of its knowledge yet it's nothing compared to the desert or the knowledge of Creator. To receive the

totality of knowledge, one must visit every grain of sand in the desert - each one unique, created out of its own conditions. Accepting this, then we can move forward.

Now, in the not so distant future, Keshe Foundation will present Mobile Apps which will provide food - health - energy for all of humanity. These Apps will be free and part of One Nation, One Planet, One Race. The Biggest Industrial Revolution will take place in the next few months with the progressive release of Technology. This is NOT talk: One Nation One Planet One Race will be a reality in the next 5 to 10 years. Entering new era of understanding emotion and the STM, the creatures of U and the knowledge of U. Let's see how humanity decides to bring the change.

Pass the talking stick

MG describes some ways he has reacted to the sessions offered by the Keshe Fdn

- Reports on an experience another person had with the Addiction Awareness to cigarettes and drugs; he speaks of being helped – no sign of the addictions after a week, no
- Micah says the main goal of this program is to help humanity drop its addiction to killing

T: they have been told that the enactment of NESARA brings with it the desire for world peace

R: is seeing many realms opening up: has to be careful as all the portals are opening and wouldn't do to be in a dimension one didn't want to be in!

T: on the "death" of Di and Dodi and the other clones who died in Paris

O: confirming that the Christ and Buddha were the same soul; and Jeshu/Sananda/Jesus Christ is back on earth and will soon be making himself seen . . . she wonders how and when . . .

T: it has been made completely clear to them that the real Putin is in an underground base in Siberia – the media has been doing what the deep state of the empire wants: the 3 obelisks in DC, London, the Vatican are indications of who is making up The Empire . . .

- Explains the implications of Harmonic Convergence – including the creation of *Star Trek* stories
- Rama got into the Integratron a way back when

PCC:

speaks of how the current energies are showing up in her own life, and of growing signs of humanity's increasing desire for change

- the article on Agrivoltaics and how it is being used in Calabria, southern Italy
Also of Canadian researchers being involved with the same idea
- the articles on Robert F Kennedy Jr going to run for President –
people are hungry for honesty, fearlessness; integrity, strength of character, intelligence and ability to analyze, broad background of knowledge and experience

SEE READING LIST ON THE NEXT PAGE [5] . . . documents to be sent to The List

COR: apologizes for lateness: got lost on a hiking trip

- the energy shifts: people with aches and pains; eating habits are being turned around; sleep patterns either improved or completely unended! !!
- what's happening to our bodies is intricately tied in with our spiritual growth and changes: WE'RE INTEGRATED BEINGS!
- All the amazing astrological events are focussing all the energies of change
- ALLOW THE CHANGES, don't be in resistant – drink tons of water, lots of rest, keep on talking to our teams – don't judge yourselves . . .

- the shifts we're going thru are part of what is happening to us, and not to be denied
- Brings up her friend Garrett Duncan – a shaman who links with Sasquatch

T: today is 4 fives – a huge influx of energies! !!

moon in Scorpio opposite the sun – at 14 8 which equals #5

R: Natasha could neither confirm or deny that there was anything going on in DC : which is what is said when they cannot be forthcoming – and that it's IS happening! !!

T: reads Tania Gabrielle's latest on the 5-5-5-5 –

COR: what about the entire senate being under arrest?

T: Yes – and Randi Rhodes did say that AND she said an entirely new Congress is also required this is part of NESARA – a new government needs to be created

- reminds us that, since 2006, all the indictments have been being created – the Dark Side is intent on building an entire Fascist state across the whole world, the entire planet!
- In 2006, started to put these people in ships which are cloaked and lined up around the continents on the planet
- When Mother says it will only take a month post Nesara to get them off planet and taken through Divine Justice procedure, She is referring to the time it will take to restore the physical planet not to the changes that will happen in the people
- the tribunals will be held Dracos, and these ones will be charged with inter-galactic war crimes –
 - AND humans have galactic DNA too . . .

R: makes a request for further financial assistance -

- have a lead on a new computer, as the current one is fading, and quickly . . . [\$375]
- plus they still owe ET, the mechanic [\$496]

READING LIST ON RFK JR'S LATEST PRESENTATIONS

Listed in order of the activities, not the date order of the documents

1. Presidential Announcement

2023-05-03 (2023-04-19) Robert F. Kennedy Jr.'s Historic Presidential Announcement in Boston, MA – April 19, 2023 0:00 / 2:27:47

<https://www.cbsnews.com/boston/news/robert-f-kennedy-jr-2024-presidential-election-campaign-announcement/>

2. Speech at Hillsdale College seminar on 'Big Pharma'

2023-05-03 (2023-04-13) 'R.F.K' Jr. "Your Government & 'WHO' Planned 'COVID-19' Pandemic For Decades To Consolidate Power"

<https://rumble.com/v2hxi04-r.f.k-jr.-your-government-and-who-planned-covid-19-pandemic-for-decades-to-.html>

3. Speech at Dartmouth College

2023-05-02 Concerned Alumni of Dartmouth host sold-out COVID-19 vaccine discussion panel and Robert F. Kennedy Jr. at Hanover Inn

<https://www.thedartmouth.com/article/2023/05/han-concerned-alumni-of-dartmouth-host-sold-out-covid-19-vaccine-discussion-panel-and-robert-f-kennedy-jr-at-hanover-inn>

4. Two pieces of analysis of the 3 events, RFK's qualifications and achievements – and his integrity!!!

2023-05-03 "US Foreign Policy Has Collapsed." RFK Jr. Pledges to Close 800 US Bases and Bring American Troops Home

<https://www.globalresearch.ca/us-foreign-policy-has-collapsed-rfk-jr-pledges-close-800-us-bases-bring-american-troops-home/5817951>
By Renee Parsons

2023-05-03 Superlawyer Robert Barnes — The Real History of Robert Kennedy Jr.

https://www.globalresearch.ca/superlawyer-robert-barnes-real-history-robert-kennedy-jr/5818024?utm_campaign=magnet&utm_source=article_page&utm_medium=related_articles By Charles Burris

2023-05-04

Rama's White Knight Report

MAY 4, 2023

April 27, 2023 – May 4, 2023

To our readers: Rama's White Knights Report, for the most part, will present information from Rama's contacts on very current events. Sometimes, additional commentary may show up, in the form of more explanation about an important issue, or as an article inserted to provide more insight on the subject being presented.

To find more info on the folks Rama talks to – who keep ALL OF US in the loop as well! – go to

<https://www.rainbowroundtable.net/rama-s-contacts>

2023-04-28

Friday

Dalai Lama

Dalai Lama @DalaiLama · Apr 28

Compassion is the basis of courage and determination—qualities we require because suffering cannot be overcome immediately. We have to be realistic. We must seek out its causes and uproot them—something we human beings can do because we have intelligence and self-confidence.

2023-04-28

Monday

Rosa from Palestine

Rama: I received a text message from **Rosa from Palestine** at 12:30 pm, early this afternoon. She said to me, "Lord Rama, Prime Minister Benjamin Netanyahu and the Israeli Defense Forces [IDF] will be held accountable for crimes against humanity and international war crimes in the next few nano seconds. It is all about the unravelling of the world wide Deep State.

There are many craft still flying over this area. It a bit like the movie *Star Wars*, where there are good guys and not-so-good guys! And then there's the Empire – this very ancient story is at an end. Enki and Enlil, Jehovah and Lucifer, **DO NOT CALL THE SHOTS!!!** Goddess is here to change this whole dynamic. Let us honour the return of Spring in the Office of the Christ. Enshallah! Peace be upon you! Sat Nam! Namaste! [Blaze the Violet Fire!](#)"

2023-05-01

Monday

Dalai Lama

Dalai Lama@DalaiLama·May 1

Every human activity can be infused with affection. Today, all 8 billion human beings have to live together, so a sense of the oneness of humanity is crucial. When people are motivated by compassion—honesty and truthfulness naturally come about, leading to trust and friendship.

2023-05-01

Monday

**Plasma Field
Sweet Angelique the Cat and Tom the Ring-tailed Cat**

Rama: I went and sat in the **Plasma Field** today. It was 10:55 am this morning. The Plasma Field said to me, "Focus on the sun and listen to the sound of my voice." Then the Plasma Field started speaking in Light Language. As I listened to the voice, I went into an altered state, and I laid down in the pool with my head resting on the top step.

Then I found myself in orbit around the earth, and I was sitting in my merkabah vehicle while doing this. I was sitting cross-legged in my merkabah vehicle. Then I began to see other merkabah vehicles with people sitting in them, just like me: cross-legged and meditating. As we all were observing each other, the sun was sending out pulses of light, and every few seconds, I experienced a heartbeat with all the others, all of us together, and this lasted almost an hour. Then my phone rang, and instantly I found myself back in the pool, back in my body, and my head still resting on the top step!

It was **Sweet Angelique the Cat and Tom the Ring-tailed Cat**; they said to me, "Lord Rama, we are in Paris, in an undisclosed location near the Eiffel Tower. There is close to a million people in the streets of Paris, all protesting Emmanuel Macron's defacto law to raise the retirement age by two years: from 62 to 64 **WITHOUT A VOTE BY THE PEOPLE**. There have been clashes with the police; tear gas has been employed by the police to control the crowds. There have been over 300 people arrested. Please put all of this in the Circle of Support. Sat Nam! Namaste! **Blaze the Violet Fire!**"

2023-05-02

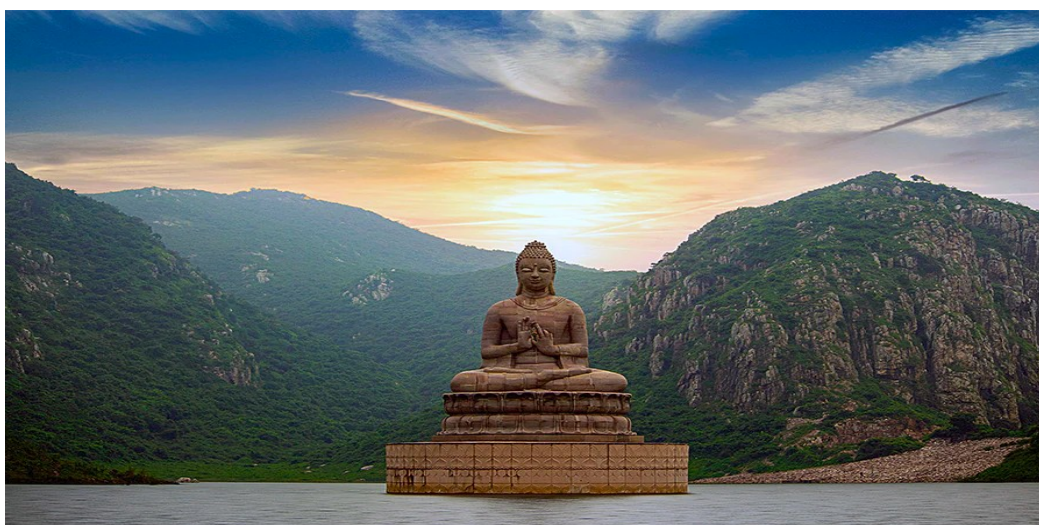
Tuesday

Professor Nicodemus

Rama: I received a text message from **Professor Nicodemus** at 11:55 am, late this morning. He said to me, "Lord Rama, the solar flares are M Class today and they are moving higher to **X Class flares which are very high in frequency!** These X Class flares are so high in frequency that they could short out the circuits in the satellites in orbit around Mother Gaia. These satellites travelling around Mother Gaia are used for every kind of communication on earth. Sometimes, the dark side uses them for propaganda as well! For good or bad, they are used for wi-fi, TV transmissions, military communications. Even I am sure, for communicating with off-planet beings. [See page 4]

"Meanwhile, these high energy frequencies could be very disorienting; it could cause heart palpitations, stomach aches, headaches, extreme mood swings, etc. Our best recommendation is to stay in the High Heart with the Violet Flame. This **next lunar eclipse** is coming up on Friday, May 5th, and it is in Scorpio at 14* 58', right alongside the **Scorpio full moon** at 1:34 pm eastern time.

Friday is also the celebration of **Cinco de Mayo Day** AND Friday May 5th, 2023 is also **WESAK, Buddha's birthday**. Stay in the High Heart; expect magic and miracles and **KEEP LOOKING UP!!!** Sat Nam! Namaste! **Blaze the Violet Fire!** "



From Satya Center

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.satyacenter.com%2Fblogs%2Fcosmic-weather-forecast%2Fwesak-buddha-shamballa->

2023-05-03

Wednesday

Natasha

Rama: I received a text message from **Natasha**, at 12:10 pm, early this afternoon. She said to me, "Lord Rama, the drone story out there today is all about the Deep State over here in the U.S.A., stirring the pot for World War III. And indeed as only RT reported, there were TWO drones, not one. The Dark Side is attempting to push away the ocean of Love and Light that continues to pour in! This is a futile effort! Captain Ashtar is at the ready.

"Lord Rama, you will hear a signal in your Metatronic chip in your head. The energies of Lord Maitraya are coming in at this time, and you will hear from your Nameless Friends in the Wesak Valley. Love is always the answer for whatever is / isn't going on. Stay in the Light of St Germain and the **Violet Flame** during the course of this lunar eclipse and full moon. These energies will be rippling about across our Milky Way Galaxy for the next 6 months. Sat Nam! Namaste! **Blaze the Violet Fire!**"

This is what it will look like when the Captain gives the word: picture / comment from Lord Rama



2023-05-04

Thursday

Lady Natasha

Rama: I received a text message from **Lady Natasha** at 12:10 pm, early this afternoon. She said to me, "Lord Rama, the two drones seen over the Kremlin today were sent there by President Zelensky at the behest of the United States" Deep State. This is called 'sabre rattling for war by the Empire'!

"Meanwhile, the solar flares are increasing in number and magnitude. This is increasing the pressure on the people of Earth to pursue higher and higher conscious awareness of how to use the power of the positive thought towards solutions geared for the highest good of all concerned to happen here. This lunar eclipse tomorrow, May 5th, at 14* 58" in Scorpio, alongside the full moon tomorrow at 1:34 pm ET, is going to make huge waves in all of our lives. This is one of the strongest eclipses in a while.

"Keep looking up! See you in the Light of the Most Radiant One! Sat Nam! Namaste! **Blaze the Violet Fire!**" All we are saying 'is give peace a chance'`.

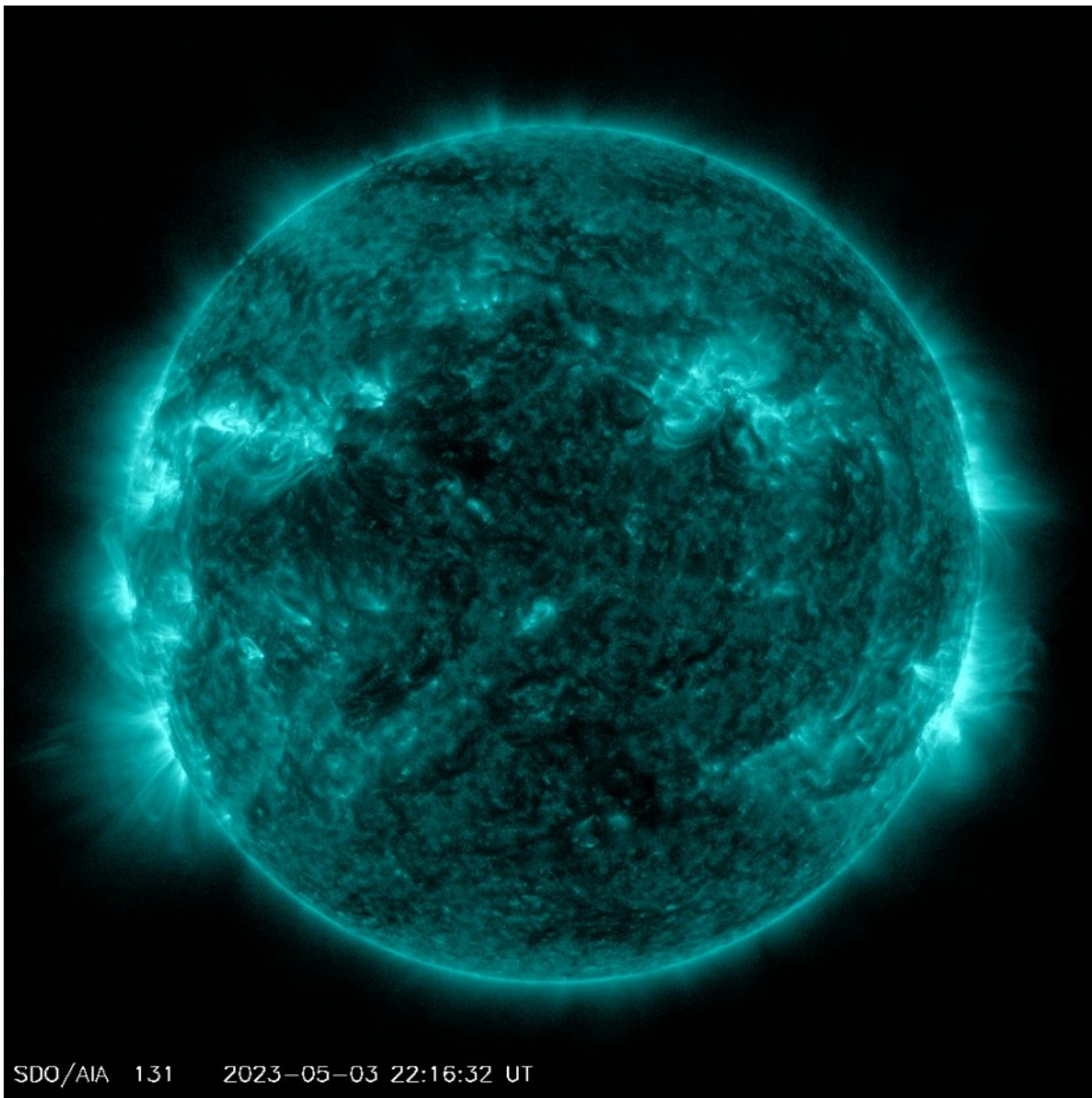
2023-04-03 Tweet from Solar Ham

SolarHam (@SolarHam) tweeted at 5:01 AM on Wed, May 03, 2023:

Multiple M-Flares today around AR 3293 including a rapid M7.2 event at 10:45 UTC. The potential for an X-Flare appears to be increasing.

<https://t.co/aqK4Q6XdAY> <https://t.co/jAsEQRK46y>

(<https://twitter.com/SolarHam/status/1653716510379069440?t=ULskd1RMTKfLpjz2H8aNSg&s=03>)



KEEP LOOKING UP! ! !

Ship over Washington: from Lord Rama



Thor's Hammer: from Lord Rama

Lunar Eclipse: from Lord Rama



COR: asking about Nicodemus and the flares and if there is a need for generators ? ? ?

R: the energies are increasing exponentially and there could be a possibility of power failures across the planetary grids or part of it – solar generators are the best!

T: the galactics will probably back us up- we are getting there in terms of the accountability factor as everyone is beginning to notice what is really going on.

Gives out the numbers to join the Friday Hard News Call (Station 1) and The True History / Saturday History Call (Station 2) – check out the first 3 pages of these notes for more info

Tomorrow – May 5th - will change everything

O: about the blessings of gardens and the beauty of the natural world

CLOSING MUSIC:

Gordon Lightfoot - Canadian Railroad Trilogy - live in concert - BBC 1972

https://www.youtube.com/watch?v=NjoU1Qkeizs&t=401s&ab_channel=tonyblackhall

